

Counseling News from the Indiana Department of Education

June 2020

Dear Counselors,

I hope you are finding time to relax and de-stress during these summer months. Between COVID-19 and the racial issues facing our country, our students, educators and ourselves are feeling unsettled. As school counselors, we know there is much to navigate and that we will have a lot of work to do when the 2020-2021 school year begins. I hope this newsletter provides you some great resources to help you support our students moving forward. There are a lot of things to be considered.



I am also sharing the link to the ASCA Town Hall below on Racism in Schools. It was so powerful! I hope you will feel the same after listening. As school counselors, we have an ethical responsibility to do this important work. Please take the time to listen and look in to the Anti-racism resources included in this month's newsletter.

Stay healthy and safe!
Michelle



ASCA Town Hall: Racism in Schools

videos.schoolcounselor.org

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"School counselors develop awareness, knowledge and skills in how prejudice, power and various forms of oppression...affect self, students and all stakeholders."
--*ASCA Ethical Standards*



Self-Care Tip

What does your evening routine look like?

Summer is a great time to look at your daily routine and find ways to re-vamp it to help you feel refreshed throughout the school year. Start with your nighttime routine. Are you getting at least 8 hours of sleep? Are you taking a break from screen time? Are you nourishing your body with healthy foods, fresh fruit, and vegetables? Are you taking time to reflect on your day and find gratitude? Doing small things to get your body some solid rest can be key in your self-care routine.



IDOE COVID-19 Resources

Resource Links:

[IN-CLASS \(New\)](#)

[Indiana Continuous Learning Document](#)

[Continuous Learning Weekly Challenges](#)

[Social-Emotional Remote Learning Resources](#)

[COVID-19 FAQs \(Updated\)](#)

[FERPA Guidance](#)

[Graduation Flexibility](#)

[Graduation Flexibility FAQ](#)

[Guidance for Grading during Remote Learning](#)

[Weekly Webinar for School District Leadership every Tuesday at 10 a.m. ET.](#)

[Student Services Remote Learning Presentation Slides](#)

[CASEL COVID resources for teachers \(New\)](#)



All Level Updates

Anti-Racism Resources

Resource Links

1. [Speaking Up Against Racism Around the New Coronavirus](#) – (Teaching Tolerance) teaching learning plan about how to have these conversations through an equity lens

2. [Talking to Students](#)

(Tolerance) Package

support conversations with students about race, the Black Lives Matter movement, and injustice

3. [Reflecting on George Floyd's Death and Police Violence](#)

[Towards Black Americans](#) (Facing History and Ourselves) This teaching guide will help teachers begin conversations with their students about George Floyd's death and the events that surround it, including reflection activities to prepare for teaching, creating space for emotional processing, and diving deeper with multimedia tools.

4. [Circle Scripts for Black Lives Matter at School](#) (ROC Restorative Team, Rochester City School District) Five sample scripts for facilitating Circle discussions about race and identity, challenging racism, and the Black Lives Matter movement.

5. [ASCA Race and Equity Resources](#)

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My counselor believes
BLACK LIVES MATTER



Multi-tiered System of Support (MTSS)

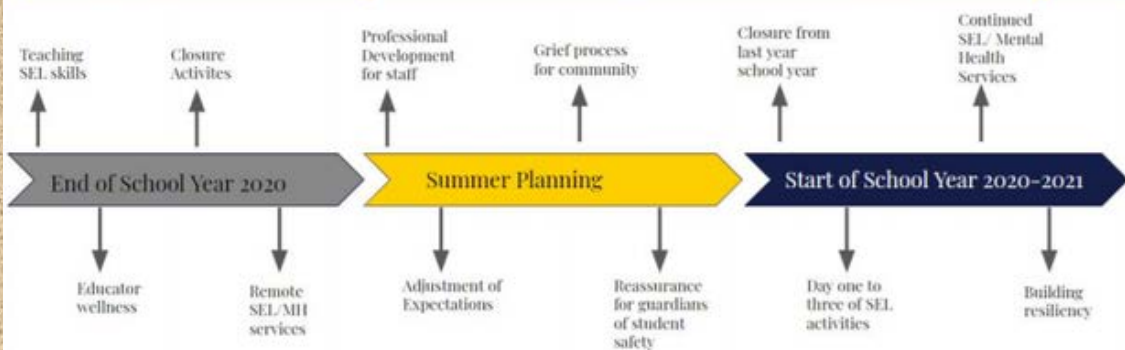
As schools prepare to head back to school, please see new resources (MTSS Pilot Program and Phase 4) for MTSS implementation [here](#).

School Re-entry and SEL

[IDOE Road Map for SEL Re-entry](#)

[ASCA School Reentry Considerations: Supporting Student Social and Emotional Learning and Mental and Behavioral Health Amidst COVID-19](#)

Road Map For SEL Re-entry



School/Mental Health MOU

Addiction by Lisa Truitt | This newsletter was created with Smore, an online tool for creating beautiful newsletters for educators, nonprofits, businesses and more

smore.com

Lilly Endowment Comprehensive Counseling Initiative Videos

Stephanie Reynolds is a counselor at two elementary schools and a middle school in northern Indiana. Please listen as she describes the exciting initiatives her schools have implemented through the CCI grant, and how her counseling program is addressing COVID-19

<https://fleckeducation.com/lillygrant/ccivideos/>

Supporting Indiana Schools through SEL

Mawi Learning is conducting a multi-site pilot of their SEL educator professional development curriculum (Powerful Educator). This pilot will support educators in building SEL competencies for themselves and their students, while contributing to the body of evidence around the efficacy of this innovative program. Learn more through the download linked below.

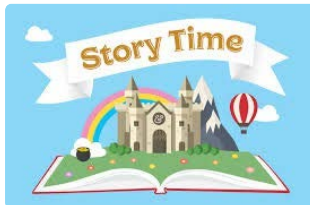


Powerful Educator_Indiana.pdf

Download

874.2 KB

Elementary (K-5)



Story Time with Panorama Education

Developing Literacy Skills and SEL

Story Time Video Library | Panorama Education

Join Panorama Education team members for Story Time with some of our favorite books!

panoramaed.com

Secondary (6-12)

Virtual College Application Boot Camp Resource

Check out this AMAZING resource created by the Greater Indy Northside College Fair committee! They have pulled together resources to help our rising Senior Class of 2021.



From the Committee:

The resources are housed

<https://drive.google.com>

1.3K

[10xLEm?usp=sharing](#).

To maintain the integrity of the files, you are only able to view the files from this link. If you wish to download or manipulate any of the files, you'll need to make a copy and save them in your own Google Drive.

If you wish to see how Carmel High School utilized the resources within a self-directed Canvas Course, you can view the course at <https://carmel.instructure.com/courses/12134> (NOTE: this course will only be posted publicly through the month of June.)

The schools involved with creating this resource include: Carmel High School, Cathedral High School, Fishers High School, Hamilton Southeastern High School, International School of Indiana, Noblesville High School, Westfield High School, and Zionsville High School. Other integral collaborators included INvestEd, Kate Brazzale from Smart College Selection, Aimee Scheuermann from Hanover College, several admission reps from Indiana and out-of-State colleges and universities, and Class of 2020 students from several of the participating high schools. This was truly a team effort that we hope will benefit all of our counseling colleagues and their students in the State of Indiana!

CTE Update

CTE COVID-19 Update Volume XI:

Thank you for your assistance over the last couple of months as we have worked to serve CTE students during this challenging time. We have heard from many of you that these weekly updates have been helpful and appreciate your feedback. As we transition into the summer months, we are going to move to providing updates every two weeks. After today, the next update will be sent out on June 17, 2020. Additionally, future updates will transition to a more general CTE update while still containing important information related to COVID-19. This update contains all information that is still relevant from previous updates (indicated in black) and new information (indicated in red). Future weekly updates will continue to have new information in red and contain all relevant previously shared information.

New information and questions this week (indicated in red throughout the document):

- CTE "Back on Track" Update
- Summer Bridge Grant Program
- WBL and Clinical Placement Update and Options
- Next Level Programs of Study Pilot Programs announced

We know you most likely have additional questions beyond what is shared in this document and we encourage you to reach out with any questions we may not be addressing. As we continue to work with our partners to develop solutions, we will share additional guidance in future updates.

Thank you for your patience and flexibility as we work together to serve students during this time.

Please feel free to contact the Office of CTE at cte@gov.in.gov if you have additional questions



CTE COVID 19 Update_ 6.3.20.docx.pdf

Download

349.6 KB

Scholarship Opportunity for Rising Seniors



Graduation Pathways

If you have further questions you can email [me](#) or direct questions to DOEGradpathways@doe.in.gov.



Professional Development

SEL Re-entry Road Map PD

Join the SEBW team as we provide professional development on the SEL Re-entry Road Map. During this hour attendees will learn the highlights of each phase and have strategies that can be put into place immediately.

Friday, July 10 at 12:00 p.m. EDT

[Click this Link to Join](#)

Meeting number (access code): 160 267 5583

Meeting password: IDOE



Webinar: Road Map for SEL Re-Entry

Webinar: Road Map for SEL Re-Entry - Social, Emotional, and Behavioral Wellness Team IDOE by Lisa Truitt | This newsletter was created with Smore, an online tool for creating beautiful newsletters for educators, nonprofits, businesses and more

[bit.ly](#)

Recorded IDOE Webinars

- [The Science of Happiness 101\(link is external\)](#).
- [Social-Emotional Learning 101\(link is external\)](#).
- [Student Services Supports for Remote Learning\(link is external\)](#).
- [Sensory Motor Integration and Play\(link is external\)](#).
- [Understanding Grief to Better Support Students, Families, and Educator](#)



Supporting LGBTQ+ Students

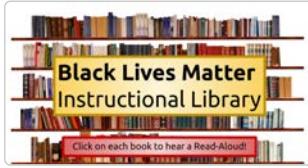
June is Pride month. Take the time to learn how to best support and advocate for your LGBTQ+ students!

Resources:

- [Indiana Youth Group](#)
- [LGBT Law Project](#)
- [Lambda Legal](#)
- [GLSEN](#)

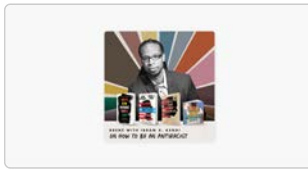
What Are You Reading & Listening to?

It is so important to keep up with current best practices in our field. What books/podcasts/journals/articles are you finding to be helpful for school counselors? I will keep this list updated! Send recommendations to [ME](#) so I can share with others!



BLM Instructional Library

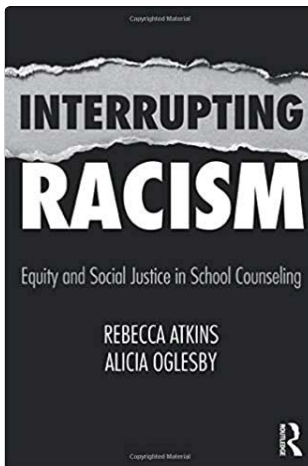
docs.google.com



Unlocking Us with Brené Brown: Brené with Ibram X. Kendi on How to Be an Antiracist on Apple Podcasts

I'm talking with professor Ibram Kendi, New York Times bestselling author of *How to Be an Antiracist* and the Director of the Antiracist Research and Policy Center at American University. We talk about racial disparities, policy, and equality, but we really focus on *How to Be an Antiracist*, which is...

podcasts.apple.com



Interrupting Racism

Equity and Justice in School Counseling
By, Rebecca Atkins & Alicia Oglesby

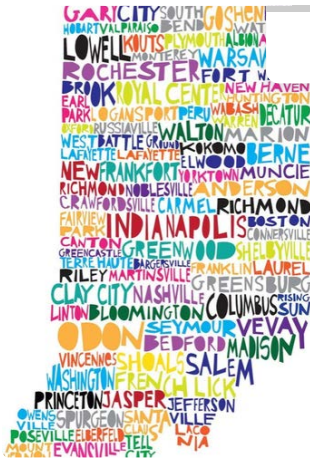
Interrupting Racism

Indiana School Counselor Directory

IDOE provides an array of supports to help counselors connect and promote networking and collaboration. As part of this initiative, an effort is underway to create a statewide school counselor directory. Please take time to complete this quick survey. The directory will be located on IDOE's website under the School Counseling page.

Add your name to the Directory [HERE](#).

1.3K



SEBW Newsletter

If you are not receiving the Social, Emotional, and Behavioral Wellness Newsletter, this is a great resource as well! Check out the June Issue and subscribe!

[SEBW Newsletter](#)



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