How Lung-Friendly is Your Workplace?

Many potential causes of lung disease are found in the workplace, but they are easy to control with the proper measures, creating safer and healthier working conditions for all employees.

Lung Disease is Common and Expensive.

Asthma

- 10 million + employees miss work because of asthma
- $56 billion per year in healthcare costs & lost productivity
- 11 million workers are exposed to chemicals, irritants or allergens that cause symtoms at work

COPD and Lung Cancer

- 11 million+ adults have COPD
- 200,000+ adults are diagnosed with lung cancer every year
- Cigarette smoking costs $332 billion each year in healthcare costs & lost productivity
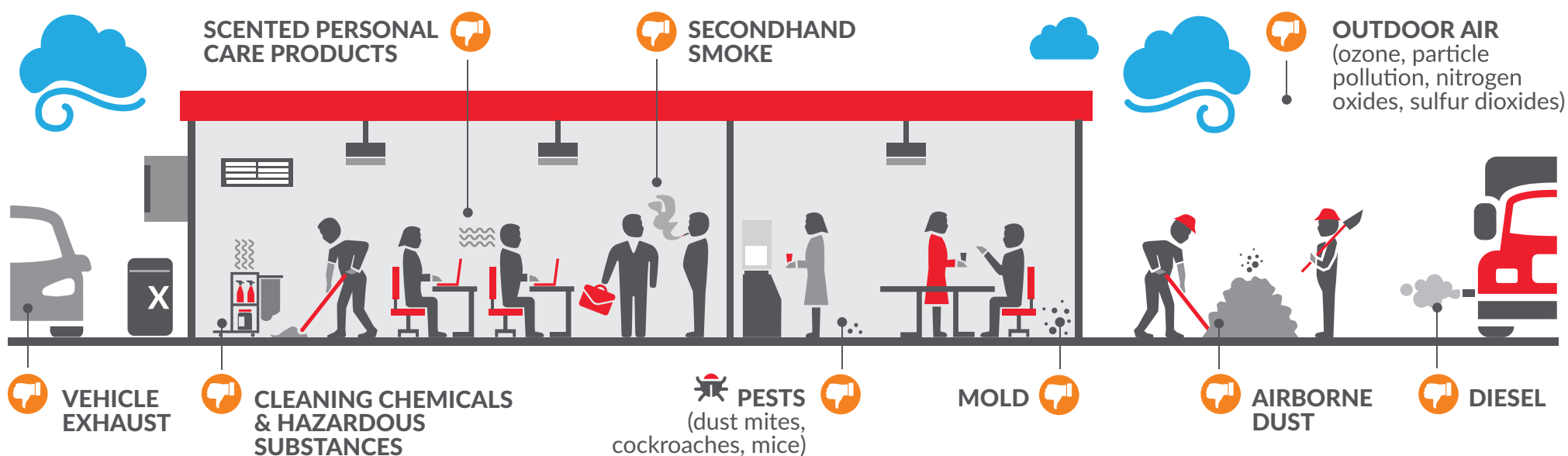- Save $5,000+ per year for every person who quits smoking.

Flu and Pneumonia

- Each year in the U.S., 226,000 people are hospitalized with flu every year in the U.S.
- 200 million days of lost productivity due to the flu
- In 2013, $20 billion was spent on pneumonia and flu healthcare

Does Your Workplace Have These?

Mold | Airborne Dusts | Gases, Fumes, and Vapors | Secondhand Smoke | Cleaning Chemicals
Scented Personal Care Products | Pests (Dust Mites, Cockroaches, Mice)
Unhealthy Outdoor Air | Diesel | Vehicle Exhaust

SCENTED PERSONAL CARE PRODUCTS

SECONDHAND SMOKE

OUTDOOR AIR (ozone, particle pollution, nitrogen oxides, sulfur dioxides)

VEHICLE EXHAUST

CLEANING CHEMICALS & HAZARDOUS SUBSTANCES

PESTS (dust mites, cockroaches, mice)

MOLD

AIRBORNE DUST

DIESEL

Steps to Create a Lung-Friendly Workplace

- Get rid of mold and pest, by having regular trash removal and clean break rooms
- Protect your lungs by using the recommended protective gear
- Establish a tobacco-free workplace policy, and create quit smoking programs for employees.
- Establish a fragrance-free workplace policy that includes cleaning products, scented lotions, scented candles, air fresheners, aftershave, colognes, or perfumes.
- Advocate for comprehensive health benefits that include coverage of asthma care, asthma medicines, and pneumonia and flu shots.

AMERICAN LUNG ASSOCIATION®

For more information and resources visit Lung.org/corporate-wellness.