

Indiana Healthcare Leadership Conference

October 22, 2015 - Indiana Convention Center - Indianapolis, IN

Conference Agenda: October 22, 2015

All sessions and breaks will be in the Sagamore Ballroom, Indiana Convention Center.
Lunch will be served in the 500 Ballroom, Indiana Convention Center

7:30 – 8:30 Conference Registration

A continental breakfast will be available for conference participants.

8:30 – 8:35 Welcome and Announcements

Speaker: Terry Whitson, Assistant Commissioner, Indiana State Department of Health

8:35 – 10:00 The Expressive Arts: Brain-Wise Approaches to Long-Term Care

Speaker: Cathy A. Malchiodi, PhD, ATR-BC, LPAT, LPCC, REAT

Topic: Dr. Malchiodi will discuss the background of the expressive arts and its application to people in all situations including long term care. Much research has been done and is being conducted regarding the value and applicability of the expressive arts to older adults and those with dementia. She will also provide an overview of integrating the expressive arts into your facilities for the benefit of the residents.

10:00 – 10:15 Break

10:15 – 12:00 “Music First”

Speakers: Timothy Brimmer, DA, MM, Professor of Music, Butler University, Indianapolis, Indiana
John M. Plewes II, MD, Forensic Psychiatrist

Topic: Active music listening offers innumerable benefits for all humans. Dr. Brimmer will focus on using music as a first intervention before drugs for those residents with behaviors and for the improvement of quality of care and life for nursing home residents. He will also discuss the important benefits that music has for nursing home staff.

12:00 – 1:10 Lunch

Lunch will be provided for conference participants in the 500 Ballroom.

1:10 – 1:50 Keeping Memory Alive through Writing

Speaker: Dr. Elizabeth Weber, PhD, MFA, Professor of English, University of Indianapolis

Topic: Dr. Weber will share writing prompts that she has used in workshops to help people to write about their lives and gain insight into their experiences. Participants will have a chance to do these exercises themselves and then discuss their discoveries. The purpose is to give participants tools that they can then use with their clients to help keep memory alive through writing.

1:50 – 2:30

Art Therapy

Speaker:

Juliet King, Director of Art Therapy, MA, ATR-BC, LPC, Herron School of Art and Design, Indianapolis, Indiana

Topic:

Ms. King will discuss art therapy from a scientific, evidence based approach. She will discuss how it is used at Joy's House and give examples of the care giver groups used there. She will also include her current research focus on the integration of art therapy and neuroscience.

2:30 – 3:15

Orchestrating the Arts: A Success Story Supporting Clinical Outcomes

Speaker:

Angela Hunt, RPT, MS, Executive Director, The Cedars, Portland, Maine

Topic:

Ms. Hunt will discuss the arts-based programming at the Cedars designed to achieve certain therapeutic goals. These programs have helped to drop the use of anti-psychotic drugs dramatically at their facility. She will explain how the Cedars integrated expressive arts programming and the benefits for the residents and the staff.

3:15

Adjourn

Speakers

Terry Whitson, Assistant Commissioner of the Health Care Quality and Regulatory Commission, Indiana State Department of Health

Terry Whitson was appointed in September 2003 as the Assistant Commissioner for the Health Care Quality and Regulatory Commission for the Indiana State Department of Health. The Commission includes the Divisions of Acute Care, Long Term Care, Program Development and Quality Initiatives and Health Care Education and Quality. He previously served as Supervising Attorney for the Indiana State Department of Health, Instructor of Radiologic Sciences at the Indiana University School of Medicine, and Associate Professor and Program Director of Radiologic Sciences at Marian College of Indianapolis. He has served as a Lecturer for Indiana University School of Allied Health and has been on staff as a diagnostic imaging specialist at several hospitals.

Terry received his law degree from the Indiana University School of Law at Indianapolis. He has attained Ph.D. candidacy in Higher Education Administration from Indiana University School of Education, a M.S. in Health Education from Indiana University School of Education, and B.S. and A.S. degrees in medical radiology.

Cathy A. Malchiodi, PhD, ATR-BC, LPAT, LPCC, REAT

Dr. Malchiodi is an art therapist, expressive arts therapist, and research psychologist, as well as a recognized authority on art therapy with children, adults, and families. She has published numerous books [*Creative Interventions with Traumatized Children*, *The Art Therapy Sourcebook*, *Understanding Children's Drawings*, *Handbook of Art Therapy*, among others], articles, and chapters, and has given more than 350 presentations on art therapy. Dr. Malchiodi is on the adjunct faculty of several universities and is a visiting professor to universities in the United States and internationally. She is also founder of the Trauma-Informed Practices and Expressive Arts Therapy Institute and has worked with a wide variety of community, national, and international agencies, particularly on the use of art therapy for trauma intervention, disaster relief, mental health, and wellness. The President of Art Therapy Without Borders, a nonprofit organization supporting international art therapy initiatives and service, Dr. Malchiodi is the first person to have received all three of the American Art Therapy Association's highest honors: Distinguished Service Award, Clinician Award, and Honorary Life Member Award. She has also received honors from the Kennedy Center and Very Special Arts in Washington, DC.

Timothy Brimmer, DA, MM, Professor, Jordan College of Music, Butler University, Indianapolis, Indiana

Dr. Brimmer is the founder and director of the Jordan College of the Art's Multisensory Learning Facilities (MLF). Using tested technologies to advance innovative teaching and learning. Dr. Brimmer helps students and artists design and publish electronic portfolios, teaching online and hybrid curricula. With Butler's College of Education, Tim places and supervises student teachers internationally via cloud computing technologies. Recognized as a leader in the digital arts, Tim is currently designing resources and technological solutions for arts education organizations on two continents, coordinating videoconferences with colleagues in other countries. Dr. Brimmer became an Apple Distinguished Educator in 2011.

Professor Brimmer holds a Bachelors of Music Education from Central Michigan University, a Masters of Music Education from Northwestern Michigan University and a Doctor of Arts in Conducting and Voice Performance from Ball State University.

Elizabeth A. Weber, PhD, MFA, Professor of English, University of Indianapolis

Elizabeth Weber holds a BA in German from the University of Minnesota, MFA in Creative Writing from the University of Montana, and a PhD in English from SUNY-Binghamton. She has published three collections of poetry, *Small Mercies* (Owl Creek Press), *The Burning House* (Main Street Rag) and *Porthole Views: Watercolors and Poems* on which she collaborated with artist Hazel Stoeckeler (Nodin Press). Her poem "City Generations" was chosen to be a permanent part of the Indianapolis Cultural Trail in 2010. Her poems have appeared in many literary magazines including *Calyx*, *Verse*, *Kalliope*, *Puerto del Sol*, as well as others. Her translations of poets Ingeborg Bachman and Sarah Kirsch have appeared in *Kalliope* and *CutBank*. Her essays and reviews have been published in *CutBank*, *Prairie Schooner*, *The Human Tradition and The Vietnam War*, *Montana Magazine*, and *Consequence: An International Literary Journal Focusing on the Culture of War*. She was a poet-in-the-schools-and-communities for the Montana Arts Council and the North Dakota Arts Council. She has taught at Western New Mexico University, the University of Nebraska. Currently, she is an associate professor at the University of Indianapolis where she teaches creative writing and co-directs the Kellogg Writers Series.

Juliet L. King, MA, ATR-BC, LPC

Ms. King is the director of the Graduate Art Therapy program at Herron School of Art and Design and adjunct assistant professor in the Department of Neurology at the IU School of Medicine. She earned her Master of Art in Art Therapy degree from Hahnemann University and has spent over 15 years as a clinician, administrator and professor of art therapy education at both the undergraduate and graduate levels. Ms. King has worked extensively with children and adolescents diagnosed with behavioral and conduct disorders. She has direct experience with adult forensic, rehabilitation, psychiatric inpatient and aging adult populations, using art therapy assessment and intervention to promote physiological and emotional health.

Through her work as clinical director for a large, urban non-profit community mental health center in Philadelphia, Professor King has developed art therapy internship programs and provided in-service trainings, lectures and presentations locally and nationally. Through multiple collaborations within the city of Indianapolis and surrounding communities, Ms. King is developing clinical art therapy internship programming for people in medical and healthcare settings.

Her current research focuses on the integration of art therapy and neuroscience and has written a text book scheduled for publication in 2016 on Art Therapy, Trauma and Neuroscience: Theoretical and Practical Perspectives.

Angela Hunt, RPT, MS, Executive Director, The Cedars

Ms. Hunt is the Chief Operating Officer at The Cedars. With an MS in Physical Therapy from Boston University's Sargent College, she has published several articles involving pulmonary rehabilitation. She has been with The Cedars since 2000, managing clinical operations and is the Administrator for The Osher Inn, The Rehabilitation Center and The Skilled Care Center. Ms. Hunt oversees all aspects of The Cedars community, including The Atrium, independent living at The Cedars. She is the recipient of the 2015 Excellence in Leadership Award from LeadingAge Maine and New Hampshire for her tireless work, incredible self-direction and unwavering commitment to seniors, staff and the long term care non-profit community.