

Appendix B. Screening Checklist, based on type of self-administered contraception

(adapted from the U.S. Medical Eligibility Criteria for Contraceptive Use)

If combined hormonal contraception (patch, pill, ring) is desired:

*Do you have any of the following?*

- taking antiretrovirals for pre-exposure prophylaxis or HIV treatment
- taking certain anticonvulsants/antiepileptics: phenytoin, carbamazepine, barbiturates, primidone, topiramate, oxcarbazepine, lamotrigine
- taking rifampin
- current or past breast cancer
- $\leq 6$  weeks postpartum
- severe liver cirrhosis
- history of DVT/PE
- upcoming major surgery with prolonged immobilization
- diabetes of  $>20$  years duration &/or with kidney disease, eye disease, neuropathy, or vascular disease
- current gallbladder disease with symptoms
- history of gallbladder disease due to combined hormonal contraception
- migraines with aura
- history of bariatric malabsorptive procedure
- hypertension, with systolic blood pressure  $\geq 160$  or diastolic blood pressure  $\geq 100$  mm Hg or vascular disease
- ischemic heart disease
- known thrombogenic mutations
- hepatocellular adenoma or hepatoma
- Multiple risk factors for atherosclerotic cardiovascular disease (e.g., older age, smoking, diabetes, hypertension, low HDL, high LDL, or high triglyceride levels)
- multiple sclerosis with prolonged immobility
- peripartum cardiomyopathy
- Age  $\geq 35$  & smoker
- solid organ transplant with complications
- History of stroke
- Current or past superficial venous thrombosis
- valvular heart disease with complications
- acute or flare of viral hepatitis
- Lupus with antiphospholipid antibodies or if unknown antibody status

If progestin-only pills are desired:

*Do you have any of the following?*

- taking certain anticonvulsants/antiepileptics: phenytoin, carbamazepine, barbiturates, primidone, topiramate, oxcarbazepine
- taking rifampin
- current or past breast cancer
- severe liver cirrhosis
- hepatocellular adenoma or hepatoma
- current or past breast cancer
- Lupus with antiphospholipid antibodies or if unknown antibody status

If depot medroxyprogesterone acetate is desired:

*Do you have any of the following?*

- Unexplained abnormal vaginal bleeding
- History of stroke
- hepatocellular adenoma or hepatoma
- hypertension, with systolic blood pressure  $\geq 160$  or diastolic blood pressure  $\geq 100$  mm Hg or vascular disease
- diabetes of >20 years duration &/or with kidney disease, eye disease, neuropathy, or vascular disease
- current or past breast cancer
- severe liver cirrhosis
- Lupus with antiphospholipid antibodies or if unknown antibody status