



Indiana State
Department of Health
Epidemiology Resource Center

**Indiana Report of Infectious Diseases
2012**

Notes

All incidence rates throughout the report are per 100,000 population based on the U.S. Census Bureau's population data as of July 1, 2010.

Data for counties reporting fewer than five disease cases are not included to protect the confidentiality of the cases.

Data for fewer than 20 reported disease cases are considered statistically unstable.

References

American Academy of Pediatrics. In: Pickering LK, Baker CJ, Long SS, McMillan JA, eds. *Red Book: 2012 Report of the Committee on Infectious Diseases*. 29th ed. Elk Grove Village, IL: American Academy of Pediatrics; 2012.

Centers for Disease Control and Prevention. *Manual for the Surveillance of Vaccine-Preventable Diseases*. Centers for Disease Control and Prevention, Atlanta, GA, 2008.

Centers for Disease Control and Prevention. *Epidemiology and Prevention of Vaccine-Preventable Diseases*. Atkinson W, Wolfe S, Hamborsky J, eds. 12th ed. Washington DC: Public Health Foundation, 2011.

Heyman, D.L. (2008). *Control of Communicable Diseases Manual (19th ed.)*. American Public Health Association.

Websites

www.cdc.gov



The **Indiana National Electronic Disease Surveillance System (I-NEDSS)** is a web based application that promotes the collection, integration and sharing of data at federal, state and local levels. The purpose of I-NEDSS is to electronically report infectious diseases to the state and local health departments. Benefits of I-NEDSS include an increase of speed, accuracy, and accountability in our disease surveillance. This will be accomplished by having all reporting and investigation forms accessed, completed, and submitted electronically through I-NEDSS. I-NEDSS is part of a national electronic disease reporting system that not only links healthcare providers and state and local public health agencies within Indiana, but also provides data to the U.S. Centers for Disease Control and Prevention. This system is currently in use by 99% of the local health agencies in the state and nearly 132 hospitals to report infectious diseases.

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ANIMAL BITES

Animal bites to humans are reportable in order to assess the transmission risk of rabies virus from animals to humans and to assess the need for rabies post-exposure prophylaxis. Animal bite reporting also helps public health professionals assess the circumstances of the animal bite, facilitate appropriate management of the involved animal, and provide information about disease risks and animal bite prevention.

Public Health Significance

While the incidence of rabies disease in Indiana's domestic animals is very low, animal bites are still a common public health issue as they are a preventable injury that causes pain, trauma and infection, loss of function, disfigurement, and anxiety. Bites from some wild animals, including bats, skunks, foxes, coyotes, wolves, and raccoons, have a higher rabies risk.

Once an animal bite is reported to public health officials, the involved animal will either be quarantined for 10 days (to observe for signs of rabies), or the animal will be submitted to the Indiana State Department of Health Rabies Laboratory for diagnostic testing. Post-exposure prophylaxis to prevent rabies may be recommended for the exposed person based on the rabies risk assessment.

While any animal has the potential to bite, most bites come from dogs. According to the Centers for Disease Control and Prevention (CDC), each year approximately 4.5 million Americans are bitten by dogs. Of those who are bitten 885,000 will seek medical attention; 386,000 of whom will require treatment in an emergency department. Half of all animal bites occur in children, the rate of dog bites is highest for children aged 5-9 years. (See the following website for a detailed report: <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5226a1.htm>.)

In general, dog bites can be reduced by adhering to the following guidelines:

- Do not approach an unfamiliar dog.
- Do not scream and/or run from a dog.
- Remain motionless (e.g., "be still like a tree") if approached by an unfamiliar dog.
- If knocked over by a dog, roll into a ball and lie still (e.g., "be still like a log").
- Children should not play with a dog unless supervised by an adult.
- Children should report stray dogs or dogs displaying unusual behavior to an adult.
- Avoid direct eye contact with a dog.
- Do not disturb a dog that is sleeping, eating, or caring for puppies.
- Do not pet any dog without allowing the dog to see and sniff you first.

Reporting Requirements

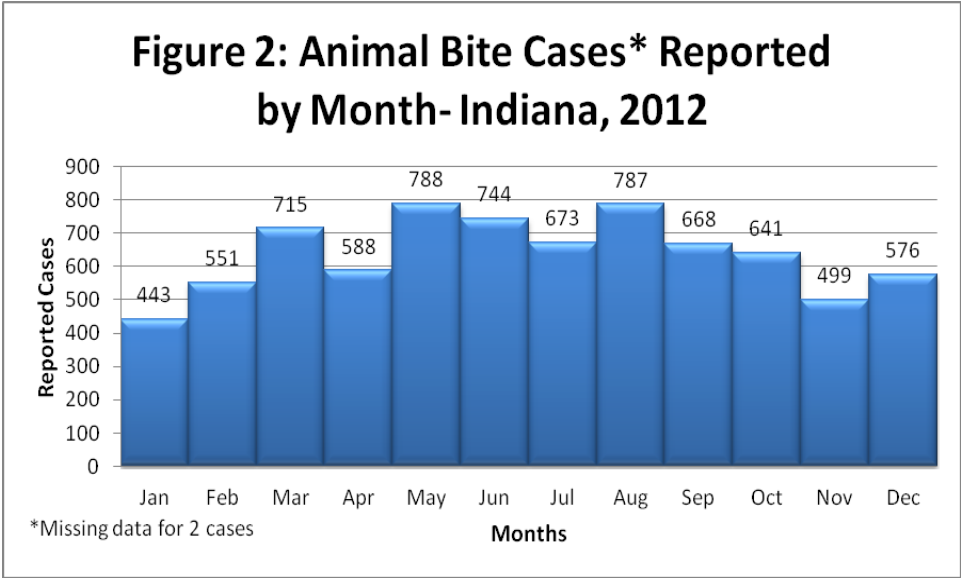
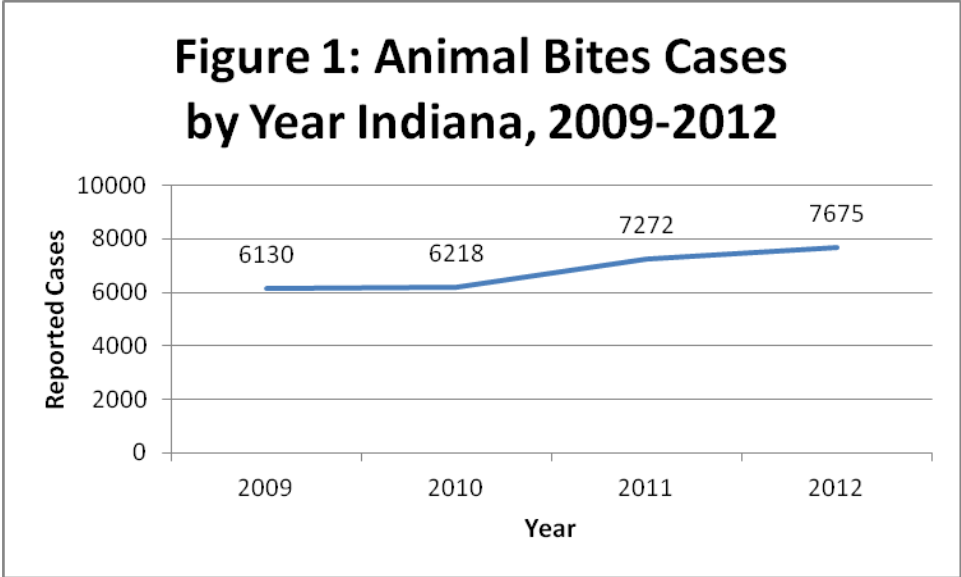
According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report animal bites within twenty-four hours to the local health department or the ISDH.

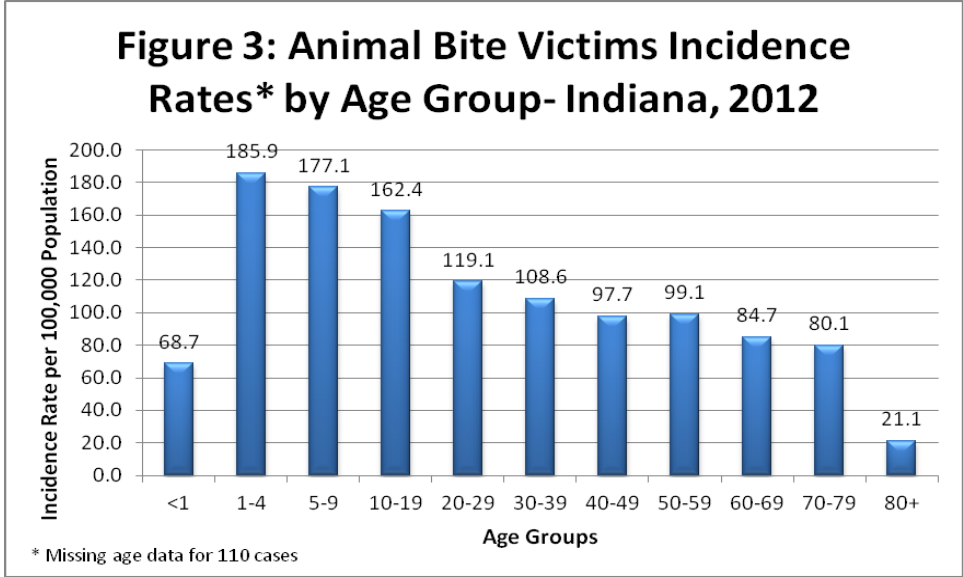
Healthy People 2020 Goal

There is no Healthy People 2020 goal for animal bites.

Epidemiology and Trends

In the 2012 calendar year, 7675 animal bites were reported in Indiana. This is similar to previous years when data was collected (Figure 1). Animal bites may occur in any month of the year as evidenced by Figure 2. In calendar year 2012, of the 7447 records where data was collected on the species of animal involved, over 75% of those bites were attributed to dogs. Animal bites are suffered disproportionately by the young. Figure 3 shows the incidence rate of animal bite victim by age.





You can learn more about animal bite prevention by visiting the following Web sites:

- <http://www.cdc.gov/HomeandRecreationalSafety/Dog-Bites/index.html>
- <https://www.avma.org/public/Health/Documents/dogbite.pdf>

ANTHRAX

Anthrax is a bacterial disease of humans and animals caused by the bacterium *Bacillus anthracis*. Anthrax bacteria form spores, which are extremely stable in the environment. There are three clinical presentations of the disease: 1) Cutaneous infections, the mildest form, occur when bacterial spores become embedded in the skin. 2) The gastrointestinal form, which is extremely rare, occurs when animals ill with anthrax are consumed as food. 3) Inhalation anthrax occurs when the spores are inhaled. Both the inhalation and gastrointestinal forms have high mortality rates. The reservoir of the bacteria is soil, where the spores can remain viable for years. The spores can be found worldwide and are found naturally in some western states in the U.S. and Canada. Animals, including livestock, can acquire the bacteria from contaminated soil. However, there have been no reported cases of anthrax in Indiana livestock since before 1960.

Public Health Significance

Symptoms of anthrax can occur within 7 days of becoming infected except for symptoms of inhalation anthrax, which can take up to 62 days to appear. The symptoms are different depending on how the disease is acquired.

Cutaneous: Skin infection starts with a small sore that resembles an insect bite or blister. The sore develops into a skin ulcer with a black area in the center (eschar). Most anthrax infections are cutaneous.

Gastrointestinal: Symptoms start with nausea, vomiting, fever, and loss of appetite and progress to more severe symptoms such as vomiting blood, stomach pain, and severe diarrhea.

Inhalation: In the beginning stage of the illness, symptoms are similar to a common cold and include sore throat, mild fever, and muscle aches. As disease progresses, breathing problems, tiredness, and chest discomfort occur and become progressively severe.

Antibiotics are used to treat all three types of anthrax. However, treatment success will depend on the type of anthrax infection and how soon treatment can begin.

An anthrax vaccine has been licensed for use in humans. However the vaccine is only recommended for individuals considered to be at high risk for exposure. The vaccine is recommended for the following groups:

- Laboratory personnel working directly with the organism.
- Persons who handle potentially infected animal products, e.g., imported hides.
- Veterinarians or other animal handlers who work in high-risk areas, especially outside the U.S.
- Military personnel.

The vaccine protects against cutaneous anthrax and is believed to be effective against inhaled spores in a biowarfare situation.

Anthrax is a Category A bioterrorism agent*. Anthrax spores could be released into the air and used as a weapon. As an agent of biological warfare, it is expected that a cloud of anthrax spores would be released at a strategic location to be inhaled by the individuals under attack. Spores of *B. anthracis* can be produced and stored in a dry form and remain viable for decades in storage or after release.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report anthrax immediately to the Indiana State Department of Health. Laboratories are also required to report positive results of *Bacillus anthracis* weekly to the ISDH.

Healthy People 2010 Goal

There is no Healthy People 2010 Goal for anthrax.

Epidemiology and Trends

There were no reported human or animal cases of anthrax in Indiana in 2012 or during the five-year reporting period 2008-2012.

You can learn more about anthrax by visiting the following Web sites:

<http://emergency.cdc.gov/agent/anthrax/index.asp>

*Bioterrorism Agent List:

<http://www.bt.cdc.gov/agent/agentlist-category.asp>

ARBOVIRAL ENCEPHALITIS

Arboviral encephalitis viruses are transmitted by blood-feeding arthropods, the most common being mosquitoes and ticks. Indiana residents are at risk for four arboviral encephalitis viruses: 1) eastern equine encephalitis (EEE), 2) St. Louis encephalitis (SLE), 3) LaCrosse encephalitis (LAC), and 4) West Nile virus (WNV), all of which are transmitted by mosquitoes. [LAC](#) encephalitis and [WNV](#) are addressed in separate sections of this report. Most cases of arboviral encephalitis occur from July through October, when arthropods are most active. In warmer climates, cases may occur during the winter months because arthropods are active for longer periods of time.

EEE is caused by a virus transmitted to humans and equines (horses) by infected mosquitoes and is maintained in a bird-mosquito cycle in fresh water swamps. In Indiana, the ecological system that supports the transmitting mosquito, *Culiseta melanura*, occurs only in the north central counties. Horse and human cases occur sporadically. EEE has a high mortality rate and is considered one of the most serious mosquito-borne diseases in the U.S.

Prior to the emergence of West Nile Virus, SLE was the most common mosquito-transmitted human pathogen in the U.S. The SLE virus is maintained in a bird-mosquito cycle involving *Culex* species of mosquito. Most SLE infections are asymptomatic; clinical infections may range in severity from mild nonspecific febrile illness to meningitis or encephalitis (neuroinvasive disease). In the United States, the annual number of reported SLE neuroinvasive disease cases reported fluctuates widely, as result of periodic epidemics. From 1964 through 2009, an average of 102 cases were reported annually, there have been as many as 2000 cases during epidemic years.

Public Health Significance

People infected with EEE often have no symptoms or mild flu-like symptoms, headache, and fever. Symptoms can become severe, affecting the central nervous system and eventually leading to seizures and coma. Symptoms appear 4-10 days after the bite from an infected mosquito. People most at risk of contracting EEE are those who live or visit areas where EEE is common and engage in outdoor recreational activities or people who work outdoors. While no vaccine or specific treatment exists for humans infected with EEE, there is a vaccine for horses.

Symptoms of SLE are similar to EEE and range in severity from headache and fever to coma, tremors, and convulsions. Symptoms appear 5-15 days after becoming infected with SLE. People most at risk of becoming infected with SLE are those who visit or reside in areas where mosquitoes carry the infection and people who work outdoors or participate in outdoor recreational activities. As with EEE, there is no human vaccine for SLE.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report arboviral disease immediately (both neuroinvasive and non-neuroinvasive cases) to the local health department or the ISDH. Laboratories are also required to report positive results of arboviral testing weekly to the ISDH. Arboviral diseases include— dengue, EEE, LAC, SLE, Western equine encephalitis (WEE), West Nile Virus (WNV), Powassan encephalitis, and yellow fever.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for arboviral disease.

Epidemiology and Trends

No human cases of EEE were reported in Indiana in 2012, nor were any reported during the five year reporting cycle from 2008-2012.

No human cases of SLE were reported during 2012 in Indiana. One human case was reported during the five year reporting period, 2008-2012.

You can learn more about arboviral encephalitis by visiting the following Web sites:

<http://www.cdc.gov/ncidod/dybid/arbor/index.htm>

<http://www.cdc.gov/EasternEquineEncephalitis/index.html>

http://www.cdc.gov/ncidod/dybid/sle/Sle_FactSheet.html

BABESIOSIS

Babesiosis is caused by hemoprotozoan parasites of the genus *Babesia*. The parasite attacks the red blood cells, causing their destruction and resulting in hemolytic anemia. Individuals with babesiosis often have enlarged livers and spleens. On the East Coast and in the Midwestern states, the disease is transmitted by the bite of deer ticks infected with the *Babesia* parasite. The deer tick, *Ixodes scapularis*, lives on deer, meadow voles, and other small rodents such as deer mice. Deer ticks also transmit Lyme disease and human granulocytic ehrlichiosis in Indiana. Co-infections of Lyme disease and *Babesia* have been identified in the New England states. Less common routes of *Babesia* infection include transfusion from an infected blood donor and from infected mother to her unborn child.

Public Health Significance

Symptoms of babesiosis usually occur 1-4 weeks after a tick bite, but can appear months later. Most cases have mild symptoms that begin with fatigue and body aches. More severe symptoms may resemble malaria and include headache, fever, chills, and vomiting. Treatment is available and usually includes a combination of antiparasitic medications.

Although anyone can become infected with babesiosis, elderly people, persons with weakened immune systems, and people whose spleens have been removed are more at risk.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report babesiosis within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of *Babesia species* weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for babesiosis.

Epidemiology and Trends

No confirmed cases of babesiosis were reported in Indiana in 2012, and no reported cases during the five-year reporting period 2008-2012.

You can learn more about babesiosis by visiting the following Web site:

<http://www.cdc.gov/babesiosis/>

BOTULISM

Botulism is caused by a nerve toxin (poison) produced by the *Clostridium botulinum* bacterium, which lives in the soil and grows best with little oxygen. These bacteria form spores, which allows survival in harsh environments. The toxin can cause muscle paralysis, which can result in death if the breathing muscles become paralyzed. Botulism is considered a medical emergency. On average, one case of botulism is reported in Indiana every one or two years.

Botulism is not spread from person to person. There are three types of botulism:

- Foodborne botulism results from eating foods, especially improperly home-canned foods that contain botulism toxin.
- Intestinal botulism (formerly infant botulism) results from eating certain foods, e.g., honey or natural syrups that contain spores of botulism bacteria. These spores grow in the intestines and produce toxin in babies and people with gastrointestinal disorders.
- Wound botulism results from wounds becoming contaminated with *Clostridium botulinum*.

Public Health Significance

Symptoms of botulism can include diarrhea, vomiting, constipation, urinary retention, double or blurred vision, drooping eyelids, difficulty speaking or swallowing, dry mouth, muscle weakness, and muscle paralysis that begins in the upper body and progresses downward (“descending paralysis”). Muscle paralysis involves both sides of the body at the same time, starting at the head and moving towards the feet. These symptoms are a result of the bacterial toxin paralyzing the muscles of the body. Botulism symptoms typically begin within 12-36 hours (range of 6 hours to 10 days) after consuming contaminated food or after a wound has become infected with the bacteria. Babies with botulism appear tired, do not eat well, are constipated, and have a weak cry and limp muscles.

If discovered early, botulism caused by contaminated food or an infected wound can be treated with an antitoxin. While the antitoxin keeps the illness from becoming worse, it does not speed recovery. Antitoxin is rarely used to treat babies with botulism. Because the antitoxin can cause severe allergic reactions in some patients, the health care provider must rule out other possibilities for the illness before giving antitoxin.

Outbreaks have occurred following the consumption of uneviscerated fish (guts left inside the fish), fermented fish, and improperly processed foods (e.g., sautéed onions, chili peppers, and canned chili).

Measures that would decrease the likelihood of transmission of botulism include:

- Foodborne:
 - Properly process and prepare all home-canned foods. Instructions for safe home canning are available from county extension services or from the United States Department of Agriculture (USDA).
 - Boil home-canned foods for 10 minutes before eating. The bacterial toxin is destroyed by heat.
 - Never eat foods from cans or jars that are bulging, discolored, have a bad taste or smell, or have swollen lids or caps.
 - If stored overnight, remove aluminum foil from leftover potatoes before refrigerating. Potatoes that have been baked while wrapped in aluminum foil should be kept hot until they are eaten or refrigerated.
 - Refrigerate oils that contain garlic or herbs.

- Intestinal (including infants):
 - Honey should not be fed to babies less than 12 months of age. Honey can contain spores of the bacteria, which can easily grow in infants.
- Wound care:
 - Carefully clean and disinfect all cuts and wounds.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report botulism immediately to the Indiana State Department of Health.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for botulism.

Epidemiology and Trends

One case of botulism was reported in Indiana in 2012, and three cases were reported during the five-year reporting period 2008-2012.

You can learn more about botulism by visiting the following Web sites:

<http://www.cdc.gov/nczved/divisions/dfbmd/diseases/botulism/>

BRUCELLOSIS

Brucellosis is a systemic bacterial disease of animals caused by one of several *Brucella* species (*abortus*, *melitensis*, *suis*, *canis*) that can be transmitted to humans through one of three methods: 1) consumption of contaminated milk or meat; 2) handling of infected animal fetuses, vaginal fluid, or products of birth; or 3) inhalation of the organism in laboratories or slaughterhouses. Person-to-person transmission (from sexual activity and breast-feeding mothers) has been documented but is rare.

Public Health Significance

In humans, symptoms of brucellosis usually appear within 6-12 weeks after becoming infected but may take as long as six months. Symptoms may include fever, sweats (often at night), headaches, weakness, chills, and body aches. Groups at risk for brucellosis include meat inspectors, animal handlers, laboratory workers, veterinarians, and anyone who consumes unpasteurized milk and dairy products such as soft cheese that was made with unpasteurized milk. Treatment is available for brucellosis and recovery may take a few weeks to several months. Treatment requires the use of multiple antibiotics for six weeks or longer.

Since *Brucella* can be transmitted by inhalation, it is considered a Category B bioterrorism agent*.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report brucellosis within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of *Brucella* species weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for brucellosis.

Epidemiology and Trends

Brucellosis cases in humans rarely occur in Indiana and are sporadic elsewhere in the U.S. due to the efforts of the United States Department of Agriculture and state animal health agencies to eliminate *Brucella* from livestock herds over the last 60-70 years. Three cases of brucellosis were reported in Indiana in 2012. Eight cases were reported during the five-year reporting period 2008-2012. Recent cases in the United States have been attributed to the consumption of unpasteurized milk products acquired through foreign travel.

You can learn more about brucellosis by visiting the following Web sites:

<http://www.cdc.gov/brucellosis/>

*Bioterrorism Agent List:

<http://www.bt.cdc.gov/agent/brucellosis/>

CAMPYLOBACTERIOSIS

Campylobacteriosis is a contagious disease caused by *Campylobacter* bacteria, which live in the intestines of many animals, including birds, farm animals, dogs, and cats. There are over 20 types of *Campylobacter* bacteria. Campylobacteriosis is one of the most commonly reported causes of diarrheal illness in humans.

There are many ways a person can become infected with *Campylobacter*. The most common exposures are foodborne (consuming undercooked poultry, unpasteurized dairy products), waterborne (swallowing untreated water, e.g., from lakes or streams), person-to-person contact, and contact with infected animals (primarily puppies, kittens, and livestock).

Public Health Significance

Typical symptoms include diarrhea, stomach cramps, fever, nausea, and vomiting. Symptoms usually appear 2-5 days after exposure, with a range of 1-10 days. For most people, *Campylobacter* causes symptoms that usually last no longer than one week, and they recover within 5-7 days without medical treatment. Since diarrhea can cause dehydration, an infected person should drink plenty of fluids. No specific treatment is generally recommended; however, antibiotics may be used to treat persons with severe cases.

In general, campylobacteriosis can be prevented by strictly adhering to the following guidelines:

- Practice good hygiene:
 - Thoroughly wash hands with soap and water after using the restroom; after assisting someone with diarrhea and/or vomiting; after contact with animals and reptiles; after swimming; before, during, and after food preparation; and after exposure to raw meat products.
 - Clean food preparation work surfaces, equipment, and utensils with soap and water before, during, and after food preparation, especially after contamination with raw meat products.
- Separate raw and cooked foods:
 - Avoid cross-contamination by keeping uncooked meat products and marinades separate from produce, ready-to-eat foods, and cooked foods.
 - Use separate equipment and utensils for handling raw foods.
 - Clean food-preparation work surfaces, equipment, and utensils with soap and water before, during, and after food preparation, especially after contact with raw meat products.
- Maintain safe temperatures:
 - Maintain proper temperatures during refrigeration (<40°F), freezing (<2°F), holding (keep food hot or at room temperature for no longer than 2 hours), and chilling (chill immediately and separate into smaller containers if needed).
 - Thoroughly cook all food items to USDA recommended safe minimum internal temperatures:
 - 145°F – steaks, roasts, and fish
 - 160°F – pork, ground beef, and egg dishes
 - 165°F – chicken breasts and whole poultry
 - If the temperature cannot be checked, cook poultry until juices run clear and the meat is no longer pink.
- Eat safe foods:
 - Do not eat undercooked meat, poultry, eggs, expired foods, or unpasteurized dairy products or juice.
 - Wash all produce before eating raw or cooking.

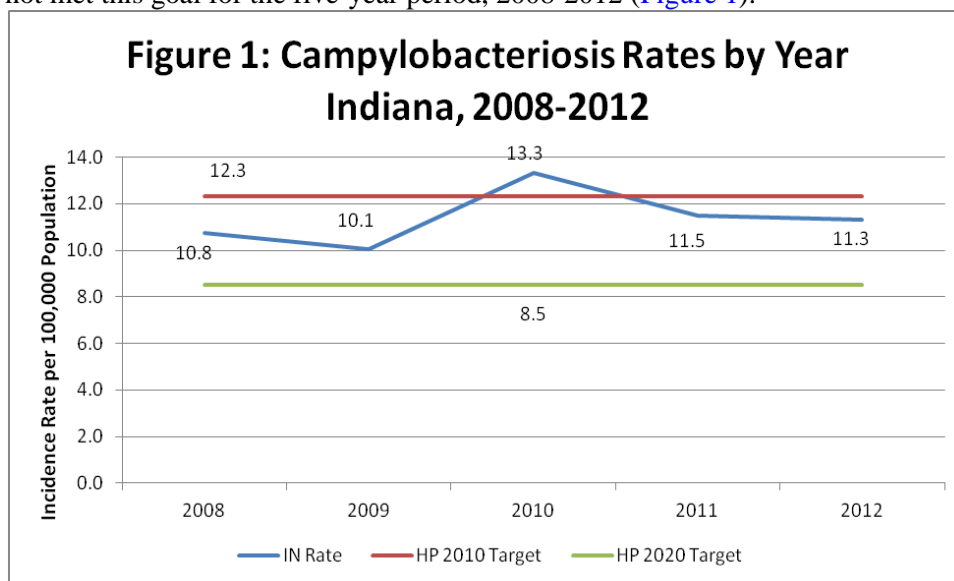
- Use treated water for washing, cooking, and drinking.
- Avoid swallowing untreated water.
- Protect others:
 - Persons with diarrhea and/or vomiting should not prepare food or provide health care services for others and should limit direct contact with others as much as possible.
 - Persons with diarrhea and/or vomiting should not attend a daycare facility or school.
 - Do not change diapers near recreational water.
 - Do not go swimming or use hot tubs if you have diarrhea and for at least two weeks after diarrhea stops.
- Handle animals safely:
 - Wash hands after contact with farm animals, petting zoos, pets (including reptiles and amphibians), especially if they are suffering from diarrhea, and after contact with pet food/treats (including live or frozen rodents).
 - Keep pets out of food-preparation areas.
 - Do not clean pet or reptile cages in the kitchen sink or in the bathtub.
- Travel safely outside of the U.S.:
 - Drink bottled beverages and water, even when brushing teeth.
 - Do not eat uncooked fruits or vegetables unless you peel them yourself.
 - Do not eat foods or beverages from street vendors.
 - Do not consume local water or ice.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report campylobacteriosis within 72 hours to the Local Health Department or the ISDH. Laboratories are also required to report positive results of campylobacteriosis weekly to the ISDH.

Healthy People 2020 Goal

The Healthy People 2020 Goal for campylobacteriosis is 8.5 cases per 100,000 population per year. Indiana has not met this goal for the five-year period, 2008-2012 (Figure 1).



Epidemiology and Trends

In 2012, 741 cases of campylobacteriosis were reported in Indiana, for a rate of 11.33 cases per 100,000 population (Table 1). With 750 reported cases of campylobacteriosis in 2011, the number of reported

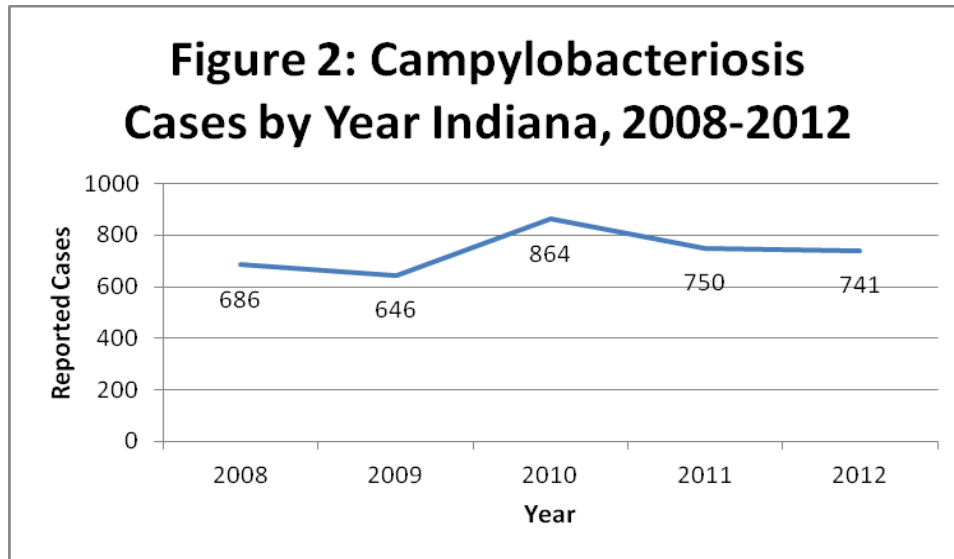
cases did not change significantly from 2011 to 2012. Males (11.99) were more likely to be reported than females (10.64). The rate for other races (13.18) was higher than for whites (8.80), or blacks (3.48); however, 194 cases (26.2%) did not report race data.

Table 1: Campylobacteriosis Case Rate by Race and Sex, Indiana, 2012

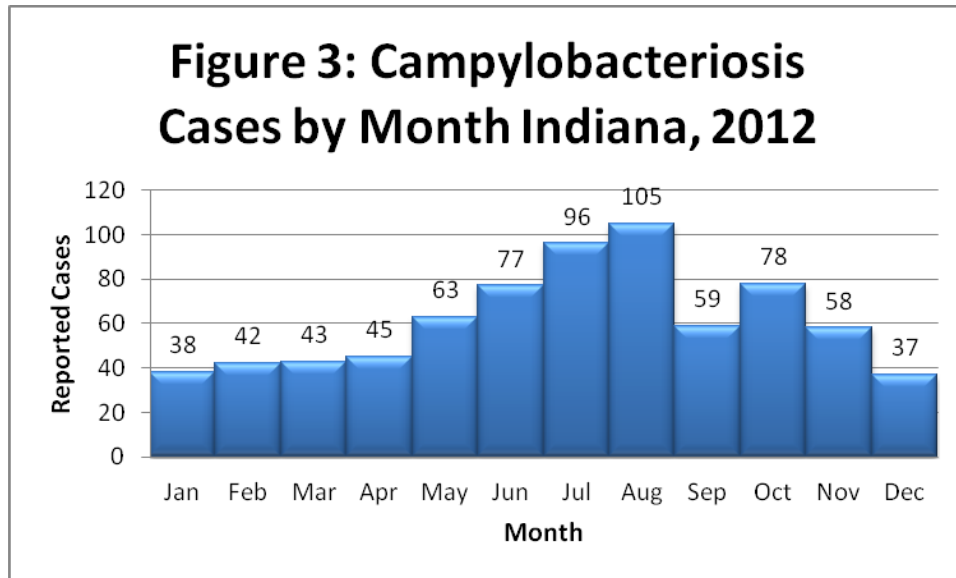
	Cases	Rate*	2008 - 2012 Total
Indiana	741	11.33	3687
Race			
Black	23	3.48	82
White	503	8.80	1799
Other	21	13.18	75
Not Reported	194	-	1731
Sex			
Female	353	10.64	1479
Male	386	11.99	1559
Unknown	2	-	649

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013.

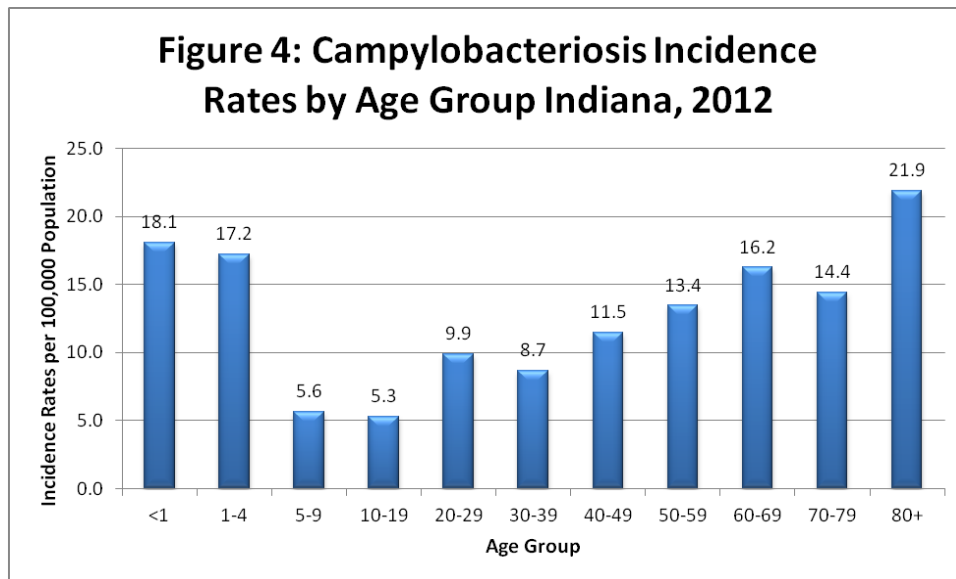
Figure 2 shows reported cases by year for 2008-2012.



Incidence of disease was greatest during the summer months. Figure 3 shows cases per month for 2012.



As shown in [Figure 4](#), age specific rates were greatest for people aged 80 years and older (21.9), followed by infants under the age of 1 year (18.1), followed by preschoolers aged 1-4 years (17.2).



[Figure 5](#) shows counties reporting five or more cases of campylobacteriosis in 2012. The incidence rates were highest among the following counties reporting five or more cases: Brown (46.4), Jackson (39.5), Clay (37.3), Orange (35.6), Decatur (34.6), Jasper (32.9), Lawrence (32.6), Monroe (30.5), and Rush (29.5).

You can learn more about campylobacteriosis by visiting the following Web site:
<http://www.cdc.gov/nczved/divisions/dfbmd/diseases/campylobacter/>

CHOLERA

Cholera is a contagious diarrheal disease caused by toxins produced by *Vibrio cholera* bacteria (O1 and O139 serogroups). Humans are the primary reservoir, although environmental reservoirs may exist in brackish water (a mixture of saltwater and fresh water) and estuaries (places where freshwater rivers and streams flow into the ocean). Shellfish found in the U.S. coastal waters may be contaminated with *V. cholerae*. Cholera is extremely rare in the U.S. and is usually related to travel to areas where cholera is common, such as Africa, Asia, and Latin America.

V. cholerae is passed in the stool, and people become infected by ingesting feces from an infected person (fecal-oral route). *V. cholerae* is typically transmitted via the ingestion of food or water contaminated (directly or indirectly) with feces or vomitus of infected persons (e.g., via sewage). Water contaminated with *V. cholerae* can thus contaminate shellfish and raw produce.

Although direct person-to-person spread is unlikely, cholera may be transmitted as long as stools test positive for the bacterium, most likely until a few days after recovery from symptoms. Shedding of bacteria may occasionally persist for several months.

Public Health Significance

Symptoms of cholera can include diarrhea, vomiting, and dehydration and usually begin within 2-3 days (range of a few hours to 5 days) after exposure. Fever is usually absent. Infection with *V. cholerae* often results in asymptomatic or mild illness involving only diarrhea.

Approximately 1 out of 20 infected people will develop more severe illness characterized by profuse watery stools, nausea, some vomiting, and leg cramps. Because of rapid loss of body fluids, dehydration and shock can occur in the most severe cases. Without rehydration therapy, death can result within hours. The case fatality rate is high and in untreated cases may exceed 50 percent; with prompt rehydration, the fatality rate is less than 1 percent.

Cholera can be treated by immediate replacement of the fluid and salts lost through diarrhea. Patients can be treated with oral rehydration solution, a prepackaged mixture of sugar and salts to be mixed with water and drunk in large amounts. This solution is used throughout the world to treat diarrhea. Severe cases also require intravenous fluid replacement. Antibiotics shorten the course and diminish the severity of the illness, but they are not as important as rehydration.

In general, cholera can be prevented by strictly adhering to the following guidelines:

- Practice good hygiene:
 - Thoroughly wash hands with soap and water after using the restroom; after assisting someone with diarrhea and/or vomiting; after contact with animals and reptiles; after swimming; before, during, and after food preparation; and after exposure to raw meat products.
 - Clean food preparation work surfaces, equipment, and utensils with soap and water before, during, and after food preparation, especially after contamination with raw meat products.
- Eat safe foods and drink safe water:
 - Use treated water for washing, cooking, and drinking.
 - Wash all produce before eating raw or cooking.
 - Do not eat uncooked shellfish or fish, including ceviche.
- Protect others:
 - Persons with diarrhea and/or vomiting should not prepare food or provide health care for others and should limit direct contact with others as much as possible.

- Persons with diarrhea and/or vomiting should not attend a daycare facility or school.
- Do not change diapers near recreational water.
- Do not go swimming or use hot tubs if you have diarrhea and for at least 2 weeks after diarrhea stops.
- Safe travel outside of the U.S.:
 - Drink bottled beverages and water, even when brushing teeth.
 - Do not consume local water or ice.
 - Do not eat uncooked fruits or vegetables unless you peel them yourself.
 - Do not eat foods or beverages from street vendors.
 - Do not bring raw produce or shellfish back into the U.S.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report cholera immediately to the Indiana State Department of Health.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for cholera.

Epidemiology and Trends

In 2012, no reported cases of cholera were reported in Indiana and only one case was reported in the six year period from 2007-2012.

You can learn more about cholera by visiting the following Web site:

<http://www.cdc.gov/cholera/>

CRYPTOSPORIDIOSIS

Cryptosporidiosis is a contagious disease caused by a microscopic parasite, *Cryptosporidium spp*, which can live in the intestine of humans, cattle and other mammals, poultry, fish, and reptiles. Healthy people recover without medical intervention, but cryptosporidiosis can be very serious or life-threatening to people with weakened immune systems. Because the parasite is protected by an outer shell (cyst), it can survive outside the body and in the environment for long periods of time. Concentrations of chlorine used in routine water treatment do not kill *Cryptosporidium* cysts. On average, 80 cases of cryptosporidiosis are reported in Indiana each year.

People become infected with *Cryptosporidium* by ingesting feces from an infected animal or person (fecal-oral route). Risk factors associated with cryptosporidiosis include:

- Eating food (most commonly produce) contaminated with stool from infected animals or humans.
- Swallowing contaminated water from natural bodies of water such as lakes, rivers, or streams
- Swallowing treated, but unfiltered, contaminated drinking or recreational water (such as pools or hot tubs).
- Not washing hands after contact with stool from a contaminated surface such as diaper/linens or toys.
- Engaging in sexual activity that involves contact with stool.

The most common sources of *Cryptosporidium* outbreaks are contaminated drinking water, recreational water parks, pools, lakes, and contaminated beverages.

Public Health Significance

Symptoms of cryptosporidiosis can include watery diarrhea, stomach cramps, upset stomach, slight fever, weight loss, and vomiting (more common in children). Symptoms usually begin seven days (range of 1-12 days) after a person becomes infected. In healthy people, symptoms usually last about two weeks or less. However, it is common for symptoms to fade and then return. This relapse of illness can continue for up to 30 days.

Some people with cryptosporidiosis may not have any symptoms, but they can still pass the disease to others. After infection, people can shed *Cryptosporidium* in their stool for months. People with weakened immune systems may not be able to clear the infection. This may lead to prolonged disease and even death without proper medical intervention. Recovering from infection of *Cryptosporidium* does not provide any immunity against re-infection.

Antimicrobial drugs are available for treatment. Also, there are over-the-counter medications that can ease the symptoms. Since diarrhea can cause dehydration, an infected person should drink plenty of fluids.

In general, cryptosporidiosis can be prevented by strictly adhering to the following guidelines:

- Practice good hygiene:
 - Thoroughly wash hands with soap and water after using the restroom; after assisting someone with diarrhea and/or vomiting; after contact with animals and reptiles; after swimming; before, during, and after food preparation; and after exposure to raw meat products.
 - Clean food preparation work surfaces, equipment, and utensils with soap and water before, during, and after food preparation, especially after contamination with raw meat products.

- Separate raw and cooked foods:
 - Avoid cross-contamination by keeping uncooked meat products and marinades separate from produce, ready-to-eat foods, and cooked foods.
 - Use separate equipment and utensils to handle raw foods.
- Eat safe foods and drink safe water (contaminated foods may look and smell normal):
 - Do not consume unpasteurized dairy products or juices.
 - Wash all produce before cooking or eating raw.
 - Use treated water for washing, cooking, and drinking.
 - Avoid swallowing untreated and recreational water.
 - Test your well if:
 - Members of your family or others who use the same water are becoming ill,
 - The well is located at the bottom of a hill or it is considered shallow, or
 - The well is located in a rural area where animals graze.
- Protect others:
 - Persons with diarrhea and/or vomiting should not provide health care services for others and should limit direct contact with others as much as possible.
 - Persons with diarrhea and/or vomiting should not attend a daycare facility or school.
 - Persons with diarrhea and/or vomiting shall be excluded from employment involving food handling (Indiana Retail Food Establishment Sanitation Requirements, 410 IAC 7-24-122).
 - Do not change diapers near recreational water.
 - Do not go swimming or use hot tubs if you have diarrhea and for at least two weeks after diarrhea stops.
- Handle animals safely:
 - Wash hands after contact with livestock, petting zoos, pets (including reptiles and amphibians), especially if they are suffering from diarrhea, and after contact with pet food/treats (including live or frozen rodents).
 - Keep pets out of food-preparation areas.
 - Have pets checked for parasites by your veterinarian, especially if they have diarrhea.
 - Do not clean pet or reptile cages in the kitchen sink or in the bathtub.
 - Reptiles should not be allowed to roam the house.
 - Reptiles should not be kept in daycare facilities or classrooms.
 - Children less than five years of age, pregnant women, and persons with weakened immune systems should not handle reptiles.
- Travel safely outside of the U.S.:
 - Drink bottled beverages and water, even when brushing teeth.
 - Do not eat uncooked fruits or vegetables unless you peel them yourself.
 - Do not eat foods or beverages from street vendors.
 - Do not consume local water or ice.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3 [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report cryptosporidiosis within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of cryptosporidiosis weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for cryptosporidiosis.

Epidemiology and Trends

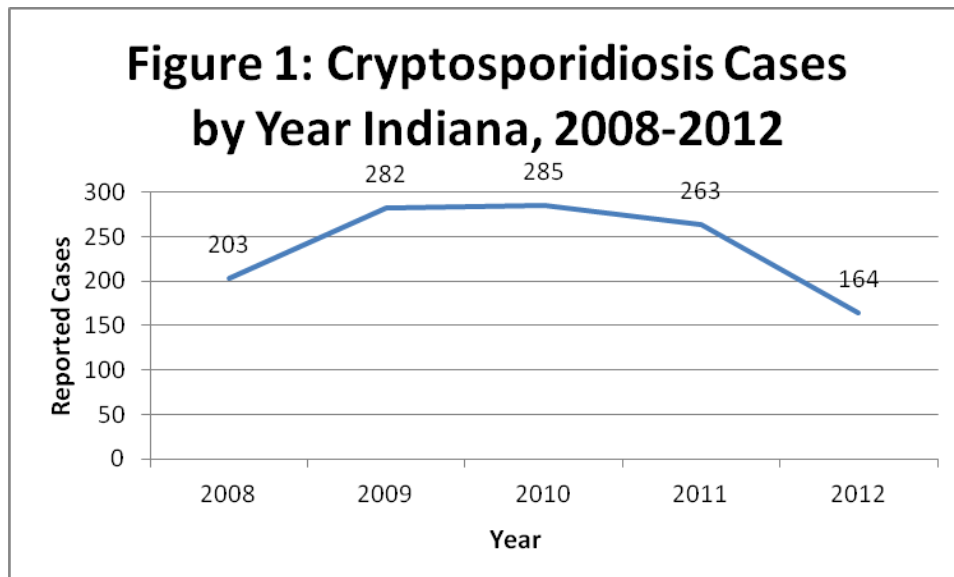
In 2012, 164 cases of cryptosporidiosis were reported in Indiana, for a rate of 2.51 cases per 100,000 population (Table 1). Females (2.68) were more likely to be reported than males (2.30). The rate for white race (2.20) was higher than that for blacks (1.36) and other (0.63); however, 28 cases (6.1%) did not report race data.

Table 1: Cryptosporidiosis Case Rate by Race and Sex, Indiana, 2012

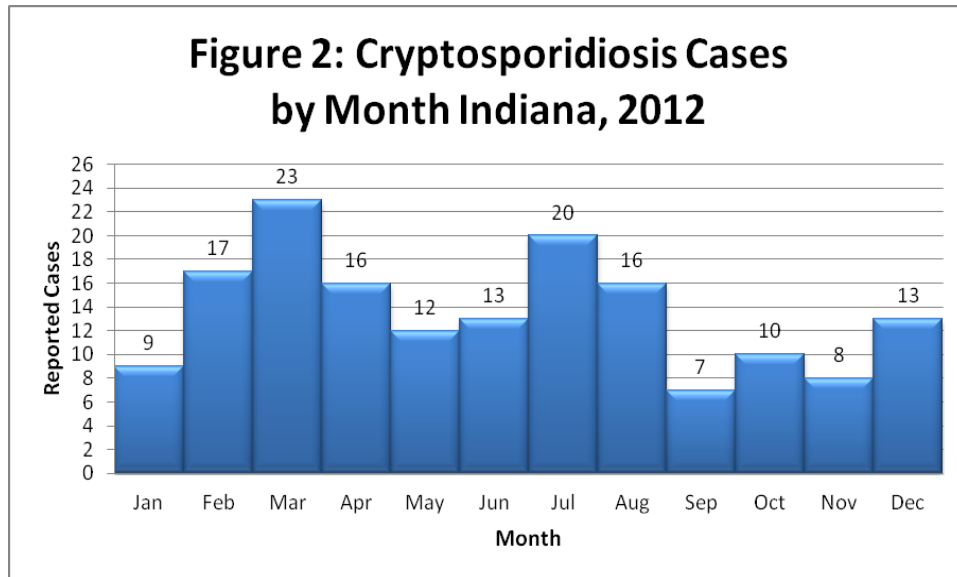
	Cases	Rate*	2008 - 2012 Total
Indiana	164	2.51	1197
Race			
Black	9	1.36	44
White	126	2.20	681
Other	1	0.63	13
Not Reported	28	-	459
Sex			
Female	89	2.68	602
Male	74	2.30	410
Unknown	1	-	185

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013

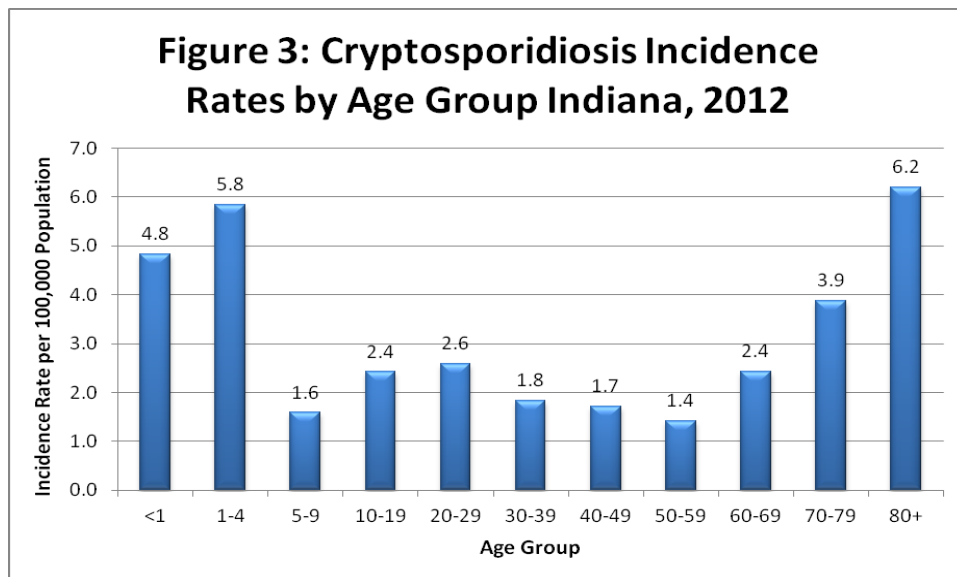
Figure 1 shows the number of reported cases each year for 2008-2012.



Disease incidence was greatest in March, April, July, and August (Figure 2).



As shown in Figure 3, age specific rates were greatest for adults over 80 years of age (6.2), preschoolers aged 1-4 years (5.8), and infants under the age of 1 year (4.8).



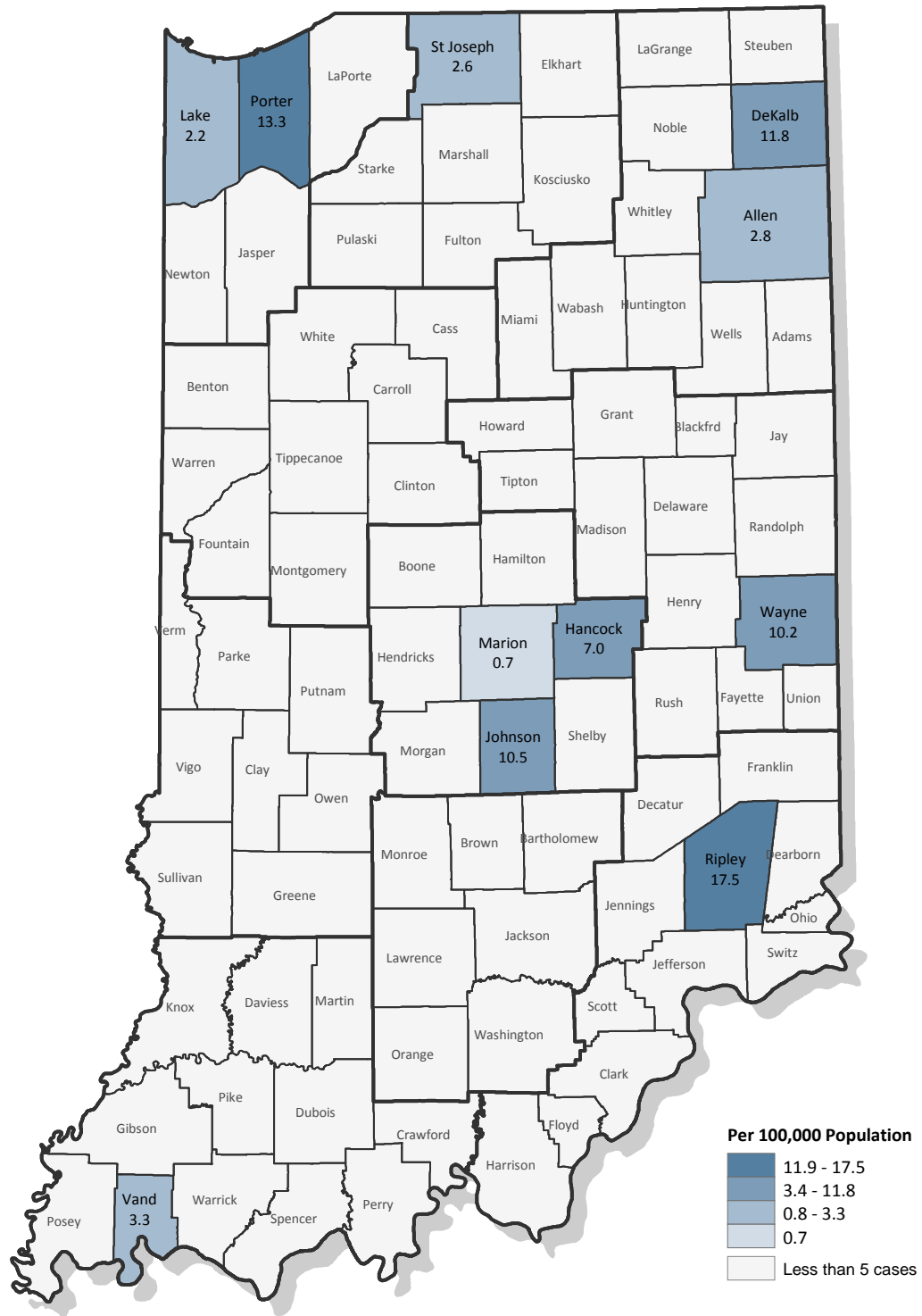
The incidence rates were highest among the following counties reporting five or more cases: Allen (2.8), DeKalb (11.8), Hancock (7.0), Johnson (10.5), Lake (2.2), Marion (0.7), Porter (13.3), Ripley (17.5), St. Joseph (2.6), Vanderburgh (3.3), and Wayne (10.2).

Figure 4 shows counties reporting five or more cases of cryptosporidiosis in 2012.

No outbreaks of cryptosporidiosis were reported in Indiana in 2012.

You can learn more about cryptosporidiosis by visiting the following Web site:
<http://www.cdc.gov/crypto/>

Figure 4: Cryptosporidiosis Cases by County - Indiana, 2012



CYCLOSPORIASIS

Cyclosporiasis is an infection caused by a one-celled parasite, *Cyclospora cayetanensis*.

Cyclosporiasis is usually found in developing countries, but in the last several years, infection rates have increased in the U.S. Cyclosporiasis remains a common cause of “traveler’s diarrhea”. Because the parasite is protected by an outer shell (cyst), it can survive outside the body and in the environment for long periods of time. Concentrations of chlorine used in routine water treatment do not kill *Cyclospora* cysts.

People become infected with *Cyclospora* by ingesting feces from an infected animal or person (fecal-oral route). *Cyclospora* needs time (days or weeks) after being passed in a bowel movement to become infectious. Therefore, it is unlikely that *Cyclospora* is passed directly from one person to another. It is not known if animals can be infected and pass the infection to humans.

There are two main ways to become infected with *Cyclospora*:

- Eating contaminated food, such as fresh produce, or drinking water, usually while traveling to countries where the parasite is common.
- Swallowing contaminated water from lakes, rivers, or streams.

The most common sources of *Cyclospora* outbreaks have been linked to various types of imported fresh produce and recreational water.

Public Health Significance

Symptoms of cyclosporiasis can include watery diarrhea (sometimes explosive), loss of appetite, increased gas, stomach cramps, nausea, vomiting, fatigue, and weight loss. Symptoms usually begin one week after exposure and last from a few days to a month or longer. If not treated with anti-parasitics, symptoms can be prolonged and can fade and then return (relapse). Some people infected with *Cyclospora* may not have any symptoms. Being infected with *Cyclospora* and recovering from the infection does not provide any immunity against reinfection.

A health care provider can prescribe medication to treat cyclosporiasis. Since diarrhea can cause dehydration, an infected person should also drink plenty of fluids.

In general, cyclosporiasis can be prevented by strictly adhering to the following guidelines:

- Practice good hygiene:
 - Thoroughly wash hands with soap and water after using the restroom; after assisting someone with diarrhea and/or vomiting; after swimming; before, during, and after food preparation.
 - Clean food preparation work surfaces, equipment, and utensils with soap and water before, during, and after food preparation.
- Separate raw and cooked foods:
 - Avoid cross-contamination by separating produce, ready-to-eat foods, and cooked foods.
 - Use separate equipment and utensils to handle raw foods.
- Eat safe foods and drink safe water:
 - Do not consume unpasteurized dairy products or juices.
 - Wash all produce before cooking or eating raw.
 - Use treated water for washing, cooking, and drinking.
 - Avoid swallowing untreated water.
 - Test your well if:
 - Members of your family or others who use the same water are becoming ill,
 - The well is located at the bottom of a hill or it is considered shallow, or

- The well is located in a rural area where animals graze.
- Protect others:
 - Persons with diarrhea and/or vomiting should not prepare food or provide health care for others and should limit direct contact with others as much as possible.
 - Persons with diarrhea and/or vomiting should not attend a daycare facility or school.
 - Do not change diapers near recreational water.
 - Do not go swimming or use hot tubs if you have diarrhea and for at least 2 weeks after diarrhea stops.
- Travel safely outside of the U.S.:
 - Drink bottled beverages and water, even when brushing teeth.
 - Do not eat uncooked fruits or vegetables unless you peel them yourself.
 - Do not eat foods or beverages from street vendors.
 - Do not consume local water or ice.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report cyclosporiasis within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of cyclosporiasis weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for cyclosporiasis.

Epidemiology and Trends

No cases of cyclosporiasis were reported in Indiana in 2012 and only five reported during the five-year reporting period 2008 - 2012.

You can learn more about cyclosporiasis by visiting the following Web site:

<http://www.cdc.gov/parasites/cyclosporiasis/index.html>

DENGUE FEVER AND DENGUE HEMORRHAGIC FEVER (DHF)

Dengue fever and dengue hemorrhagic fever (DHF), two of the most important mosquito-borne viral diseases of humans, occur in most tropical areas of the world. The disease is caused by one of four virus serotypes (DEN-1 through DEN-4) of the genus *Flavivirus*. The primary vector, the *Aedes aegypti* mosquito, is rarely seen in Indiana. However, another competent vector, *Aedes albopictus*, is present in several of Indiana's counties, most predominantly in the southern part of the state. DHF is a more severe form of dengue and can be fatal if not properly treated.

Public Health Significance

Symptoms of dengue occur 3-14 days after the infective bite. Symptoms include fever, headache, muscle aches, nausea and vomiting, and rash. Symptoms of DHF are similar to dengue but manifest into hemorrhagic symptoms, bleeding nose or gums, and possibly internal bleeding. There is no vaccine or specific antiviral medication for dengue. Dengue viruses may be introduced into areas by travelers who become infected while visiting tropical areas where dengue is endemic.

While dengue has not been transmitted in Indiana, recent cases have been acquired locally in Florida and Texas. Starting in September 2009 an outbreak occurred in Key West, Florida that affected over 65 individuals by the end of 2010; this represents the first outbreak acquired in the continental United States outside of Texas since 1945. Since 1980, seven localized outbreaks have occurred along the Texas-Mexico border. Dengue is the leading cause of acute febrile illness in US travelers returning from the Caribbean, South America, and Asia.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report arboviral disease, including dengue fever and dengue hemorrhagic fever immediately to the local health department or the ISDH. Laboratories are also required to report positive results of Dengue virus weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for dengue or dengue hemorrhagic fever.

Epidemiology and Trends

In 2012, eight cases of dengue fever and one case of dengue hemorrhagic fever were reported in residents of Indiana. For the five-year period 2008-2012, 28 cases of dengue fever were reported in Indiana. Two cases of dengue hemorrhagic fever were reported during the five-year reporting period 2008-2012. All cases were acquired during foreign travel to tropical and subtropical areas.

You can learn more about dengue and dengue hemorrhagic fever by visiting the following

Web sites:

<http://www.cdc.gov/dengue/>

<http://wwwn.cdc.gov/travel/yellowBookCh4-denguefever.aspx>

DIPHTHERIA

Diphtheria is caused by the bacterium *Corynebacterium diphtheriae*. Diphtheria may occur in any mucous membrane and is classified based on the site of the infection. Anterior nasal, pharyngeal, tonsillar, and laryngeal are all respiratory forms of the disease, and cutaneous (skin) infections also may occur. Humans are the reservoir of the organism. The more severe respiratory forms are caused by toxin-producing strains, while the cutaneous form may be caused by either toxin- or non-toxin producing strains. Cutaneous diphtheria is not a reportable disease.

The respiratory form of diphtheria is characterized by the formation of a membrane in the throat and/or on the tonsils which can obstruct the respiratory tract and interfere with respiratory function. Medical treatment is dependent on the administration of diphtheria antitoxin, available only from the Centers for Disease Control and Prevention (CDC). Antibiotics are used along with antitoxin to treat diphtheria.

Public Health Significance

Symptoms of diphtheria include sore throat, fever, and enlarged lymph nodes located in the neck. Symptoms usually begin 2-5 days after infection but may take as long as 10 days to appear. Most complications, including death, can be attributed to the toxin being absorbed into organs and tissues of the body. Myocarditis and neuritis are the most frequent complications from the infection. The overall case-fatality rate is 5-10 percent.

The typical series of vaccinations (for children 7 years old and younger) is 5 doses given at 2, 4, 6, and 15-18 months of age, and 4-6 years of age. Unvaccinated adults and children 7 years of age and older require three vaccinations. Both adults and children should receive boosters (Td vaccine) every 10 years following completion of the primary series. It is recommended at one dose of Td be replaced with Tdap vaccine to protect against pertussis. Prior to routine vaccination, as many as 200,000 cases of diphtheria, responsible for as many as 15,000 deaths, occurred each year in the United States.

Due to global travel, exposure to diphtheria is still possible. Diphtheria is still endemic in parts of Africa, South America, the South Pacific, Middle East, Eastern Europe, and Haiti. Although rare in the U.S. due to vaccination, diphtheria can infect unimmunized or partially immunized travelers visiting endemic countries.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report diphtheria immediately to the local health department or the ISDH. Laboratories are also required to report positive results of *Corynebacterium diphtheriae* weekly to ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for diphtheria. No cases of diphtheria have been reported in the United States since 2003.

Epidemiology and Trends

No cases of diphtheria have been reported in Indiana since 1996.

You can learn more about diphtheria by visiting the following Web site:

<http://wwwnc.cdc.gov/travel/yellowbook/2014/chapter-3-infectious-diseases-related-to-travel/diphtheria>

EHRlichiosis

Ehrlichiosis is a tick-borne disease that has been recognized in the U.S. since the mid-1980s. At least three species of *Ehrlichia* can cause human illness; *Ehrlichia chaffeensis*, *Ehrlichia ewingii*, and a third species provisionally called *Ehrlichia muris*-like (EML). Human monocytic ehrlichiosis (HME) is caused by the bacterium *Ehrlichia chaffeensis* and is transmitted to humans by the lone star tick, *Amblyomma americanum*. The disease occurs mostly in the southeastern and south central parts of the U.S. Human granulocytic anaplasmosis (HGA) or anaplasmosis (previously known as human granulocytic ehrlichiosis (HGE)), is caused by the bacterium *Anaplasma phagocytophilum* and is transmitted to humans by the deer tick, *Ixodes scapularis*. Anaplasmosis is currently classified with ehrlichiosis for reporting purposes.

Public Health Significance

Symptoms of ehrlichiosis are similar to Rocky Mountain spotted fever and include sudden high fever, muscle aches, headache, and tiredness. Some individuals may experience a rash but this is not a common feature in all cases. Symptoms can range from mild to serious and usually appear 3-16 days after a tick bite. If patients are not treated promptly and appropriately some individuals may die. People at highest risk of getting ehrlichiosis are those who spend time outdoors in tick-infested areas from April until October when ticks are most active.

No vaccine is available for ehrlichiosis, but the disease can be treated with antibiotics.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report ehrlichiosis within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of *Ehrlichia chaffeensis*, *Ehrlichia phagocytophila*, and *Anaplasmosis* weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for ehrlichiosis.

Epidemiology and Trends

Twenty-two confirmed case of ehrlichiosis was reported in 2012 in Indiana. From 2008-2012, 35 cases of ehrlichiosis were reported in Indiana.

You can learn more about ehrlichiosis by visiting the following Web site:

<http://www.cdc.gov/ehrlichiosis/>.

***ESCHERICHIA COLI*, SHIGA TOXIN-PRODUCING**

Escherichia coli is a bacterium that lives in the intestines of most healthy warm-blooded animals, including humans. There are hundreds of strains of *E. coli*, and most are harmless. However, several types of *E. coli*, such as O157 and other Shiga toxin-producing strains, can cause severe and contagious illness in humans. Shiga toxins are potent toxins that damage body cells and tissues. The most severe clinical manifestation of Shiga toxin-producing *E. coli* (STEC) infection is hemolytic uremic syndrome (HUS).

People become infected with STEC by ingesting feces from an infected animal or person (fecal-oral route). There are many ways to become infected with STEC:

- Eating contaminated foods:
 - Undercooked beef products, particularly ground beef.
 - Unpasteurized milk and fruit juices, including apple cider.
 - Unwashed raw fruits, vegetables, or herbs that have been contaminated by feces, raw meats, fertilizers, or untreated water.
 - Untreated water, e.g., from lakes or streams.
- Having direct contact with the stool of infected cattle, livestock, and animals at petting zoos
- Having contact with an infected person's stool:
 - Not washing hands after contact with stool from a contaminated surface or diaper/linen and ingesting the bacteria.
 - Engaging in sexual activity that involves contact with stool.

The most common sources of STEC outbreaks are inadequately cooked hamburgers, contaminated produce (such as melons, lettuce, spinach, coleslaw, apple cider, and alfalfa sprouts), and unpasteurized milk. Persons who work in certain occupations, such as food handlers, daycare providers, and health care providers, have a greater risk of transmitting infection to others.

Public Health Significance

Symptoms of STEC infection include diarrhea (bloody or non-bloody), abdominal cramps, and little to no fever. Symptoms usually begin 3-4 days (range of 2-10 days) after exposure and last for approximately 5-10 days. Some people may have only mild diarrhea or no symptoms at all. The bacteria can be passed in the stool for up to three weeks after symptoms have stopped. Most people recover from infection without medical treatment. The use of antibiotics or over-the-counter antidiarrheal agents is not recommended, as the use of these can lead to greater likelihood of developing HUS.

Approximately 6 percent of people infected with STEC (O157 and other Shiga toxin-producing strains) develop a condition called hemolytic uremic syndrome (HUS). This condition is very serious and can lead to kidney failure and death. Children less than 5 years of age and the elderly are more likely to develop HUS. Serious infections that affect the kidneys will require hospitalization and extensive medical care.

In general, STEC infection can be prevented by strictly adhering to the following guidelines:

- Practice good hygiene:
 - Thoroughly wash hands with soap and water after using the restroom; after assisting someone with diarrhea and/or vomiting; after contact with animals; after swimming; before, during, and after food preparation; and after exposure to raw meat products.
 - Clean food preparation work surfaces, equipment, and utensils with soap and water before, during, and after food preparation, especially after contamination with raw meat products.
- Separate raw and cooked foods:

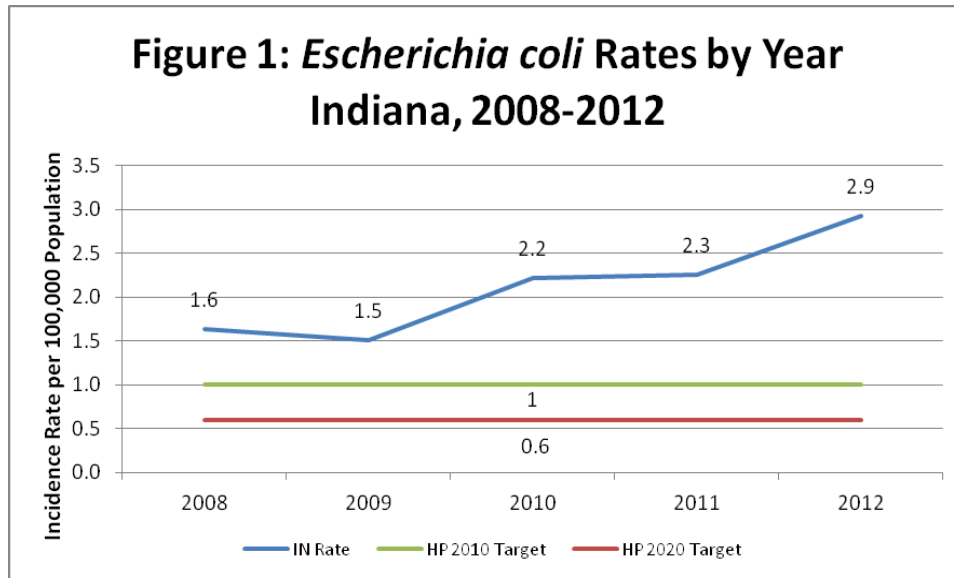
- Avoid cross-contamination by keeping uncooked meat products separate from produce, ready-to-eat foods, and cooked foods.
- Use separate equipment and utensils for handling raw foods, especially for marinades or barbeque sauce.
- Clean food-preparation work surfaces and utensils with soap and water before, during, and after food preparation, especially after contact with raw meat products.
- Maintain safe food temperatures:
 - Ensure proper temperatures are maintained during refrigeration (<40°F), freezing (<2°F), holding (keep food hot or at room temperature for no longer than 2 hours), and chilling (chill immediately and separate into smaller containers if needed).
 - Thoroughly cook all food items to USDA-recommended safe minimum internal temperatures:
 - 145°F – steaks and roasts
 - 160°F – pork and ground beef (should not be eaten pink)
- Eat safe foods:
 - Do not eat undercooked meat.
 - Do not eat foods past the expiration date.
 - Do not eat unpasteurized dairy products and fruit juices, including apple cider. It is illegal to sell unpasteurized dairy products in Indiana.
 - Wash all produce before eating raw or cooking.
 - Use treated water for washing, cooking, and drinking.
- Handle animals safely:
 - Wash hands after contact with livestock, petting zoos, and pets, especially if they are suffering from diarrhea.
- Protect others:
 - Persons with diarrhea and/or vomiting should not prepare food or provide health care for others and should limit direct contact with others as much as possible.
 - Persons with diarrhea and/or vomiting should not attend a daycare facility or school.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3[http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report *Escherichia coli* O157:H7; Shiga toxin-producing; or sorbitol negative *E. coli* cases immediately to the ISDH. Laboratories are also required to report positive results of *Escherichia coli* O157:H7; Shiga toxin-producing; or sorbitol negative *E. coli* isolates weekly to the ISDH. In addition, laboratories are required to submit isolates for *Escherichia coli* O157; Shiga-toxin-producing, or sorbitol negative *E. coli* to the ISDH Laboratory for further confirmation and subtyping.

Healthy People 2020 Goal

The Healthy People 2020 Goal for Shiga toxin-producing *Escherichia coli* O157 is 0.6 cases per 100,000 population per year. Indiana has not met this goal from 2008 to 2012 (Figure 1). Nationally, STEC cases decreased in 2004. The decrease is likely due to the USDA's Food Safety and Inspection Service implementing new safety recommendations to combat *E. coli* O157 in ground beef. Since 2004, several national outbreaks of STEC have occurred which validate the need for continuous education on effective control measures and enhanced food safety systems.



Epidemiology and Trends

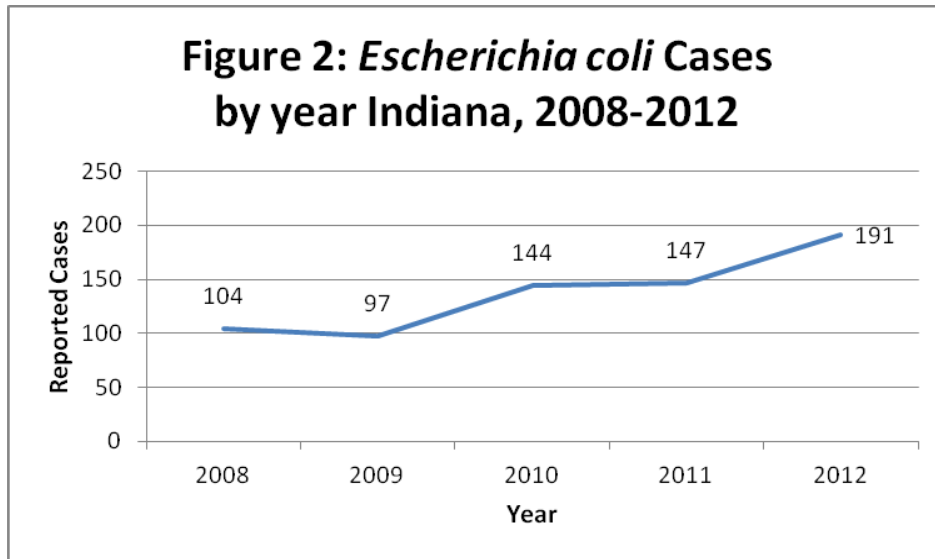
In 2012, 191 cases of Shiga toxin-producing *E. coli* infection were reported in Indiana, for a rate of 2.92 cases per 100,000 population (Table 1). Females (3.46) were more likely to be reported than males (2.36). The rate for other races was higher (3.14) than that for whites (2.43) or blacks (0.76); however, 42 cases (22.0%) did not report race data.

Table 1. Shiga toxin-producing *E. coli* Cases by Race and Sex, Indiana, 2012.

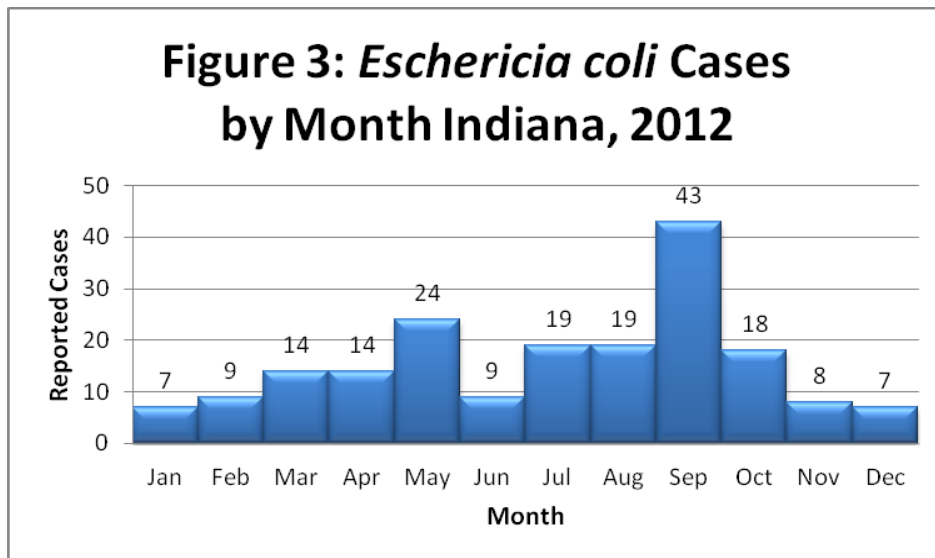
	Cases	Rate*	2008- 2012 Total
Indiana	191	2.92	683
Race			
Black	5	0.76	7
White	139	2.43	370
Other	5	3.14	11
Not Reported	42	-	295
Sex			
Female	115	3.46	354
Male	76	2.36	240
Unknown	0	-	89

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013

Figure 2 shows the number of reported cases per year for 2008-2012.



Incidence of disease was greatest during the summer months, with September having the highest number of reported cases (43). [Figure 3](#) shows the number of cases per month in Indiana for 2012.



As shown in [Figure 4](#), age-specific rates were highest among preschoolers aged 1-4 years (5.8), followed by children aged 10 to 19 years (5.6).

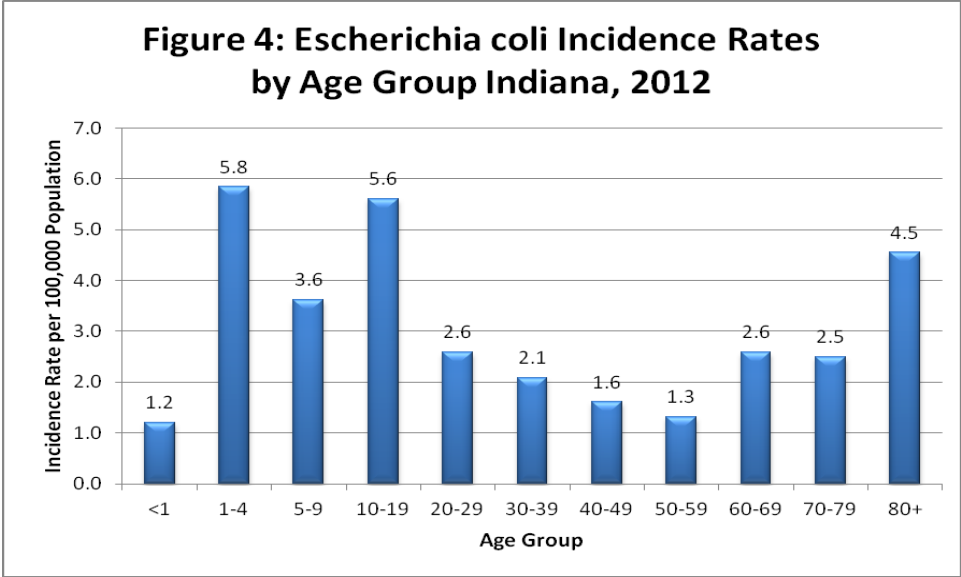
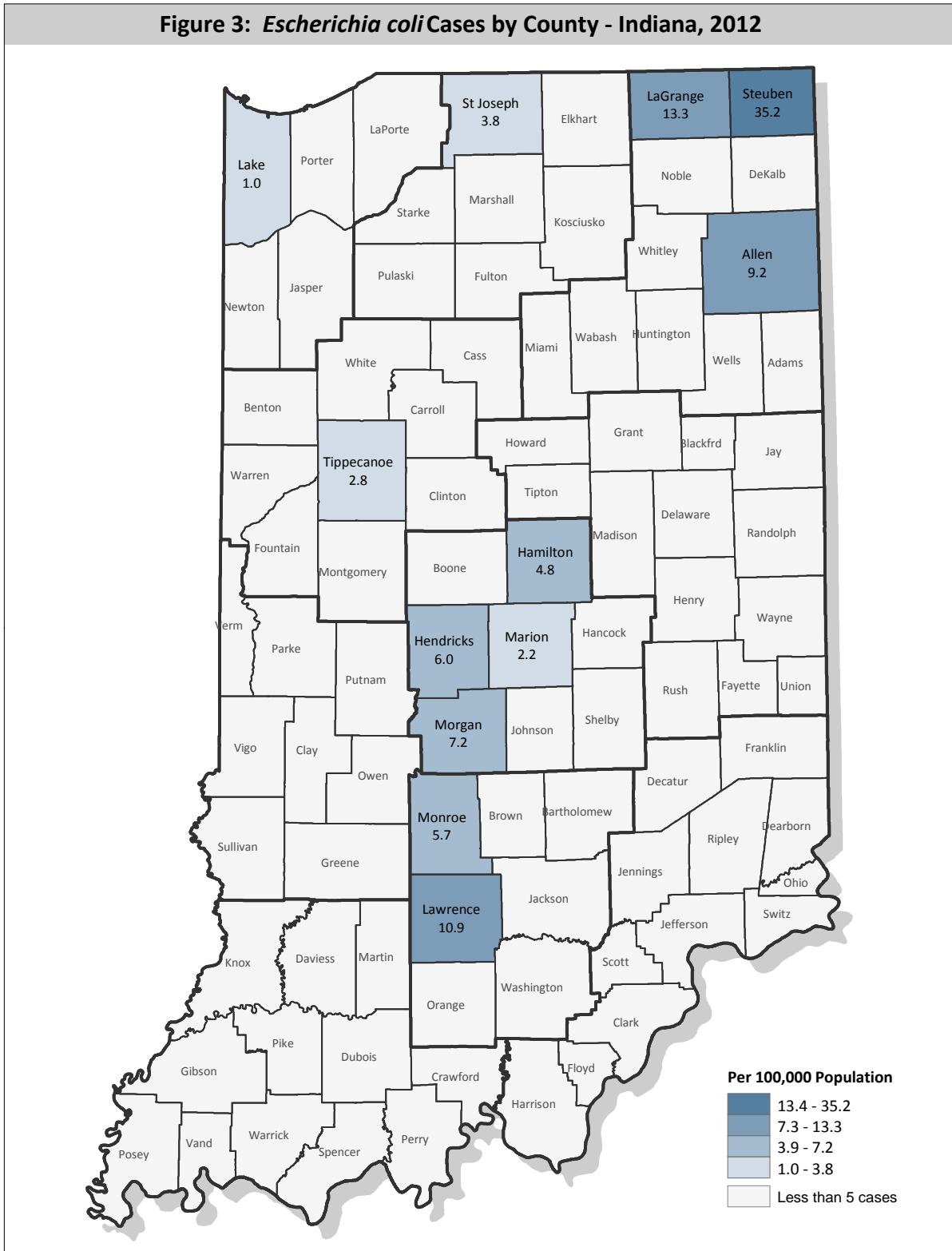


Figure 5 shows counties reporting five or more cases of Shiga toxin-producing *E. coli*. The incidence rates were highest among the following counties: Steuben (35.2), LaGrange (13.3), Lawrence (10.9), and Allen (9.2).

Figure 3: *Escherichia coli* Cases by County - Indiana, 2012



Eleven cases of HUS were reported in 2012.

GIARDIASIS

Giardiasis is a contagious disease caused by a one-celled parasite, *Giardia spp.*, which is found in the intestines of many animals. During the past two decades, *Giardia* infection has become recognized as one of the most common causes of waterborne disease (found in both drinking and recreational water) in the United States. Because the parasite is protected by an outer shell (cyst), it can survive outside the body and in the environment for long periods of time. Concentrations of chlorine used in routine water treatment do not kill *Giardia* cysts. From 2009-2012, an average of 316 cases of giardiasis was reported in Indiana every year.

Giardia is passed in the stool, and people become infected by ingesting feces from an infected animal or person (fecal-oral route).

There are several ways to become infected with *Giardia*:

- Having contact with an infected person's stool:
 - Not washing hands after contact with stool from a contaminated surface or diaper/linen and ingesting the bacteria.
 - Having sex that involves contact with stool.
- Swallowing untreated water from lakes or streams.
- Swallowing treated but unfiltered drinking or recreational water.
- Direct contact with the stool of infected cattle, livestock, and animals from petting zoos.

Giardiasis is more common in children than adults. Large community outbreaks have occurred from drinking treated but unfiltered water. Smaller outbreaks have resulted from contaminated food, person-to-person transmission in day care facilities, and contaminated recreational waters.

Public Health Significance

Symptoms of giardiasis can include diarrhea, gas, greasy stools that tend to float, bloating, stomach cramps, nausea, and constipation. Symptoms usually begin within 7-10 days (range of 3-25 days) after exposure and last 2-6 weeks. These symptoms may lead to weight loss and dehydration, but some persons infected may have no symptoms. Infected people may carry *Giardia* in their bodies for weeks or months without symptoms and unknowingly infect others.

While medications are available to treat giardiasis, they are not needed if the person does not have diarrhea. Over-the-counter drugs may relieve symptoms but will not get rid of the parasite.

In general, giardiasis can be prevented by strictly adhering to the following guidelines:

- Practice good hygiene:
 - Thoroughly wash hands with soap and water after using the restroom; after assisting someone with diarrhea and/or vomiting; after contact with animals and reptiles; after swimming; before, during, and after food preparation; and after exposure to raw meat products.
 - Clean food preparation work surfaces, equipment, and utensils with soap and water before, during, and after food preparation, especially after contamination with raw meat products.
- Separate raw and cooked foods:
 - Avoid cross-contamination by keeping uncooked meat products and marinades separate from produce, ready-to-eat foods, and cooked foods.
 - Use separate equipment and utensils to handle raw foods.
- Eat safe foods and drink safe water (contaminated foods may look and smell normal):
 - Do not consume unpasteurized dairy products or juices.
 - Wash all produce before cooking or eating raw.

- Use treated water for washing, cooking, and drinking.
- Avoid swallowing untreated and recreational water.
- Test your well if:
 - Members of your family or others who use the same water are becoming ill,
 - The well is located at the bottom of a hill or it is considered shallow, or
 - The well is located in a rural area where animals graze.
- Protect others:
 - Persons with diarrhea and/or vomiting should not provide health care services for others and should limit direct contact with others as much as possible.
 - Persons with diarrhea and/or vomiting should not attend a daycare facility or school.
 - Persons with diarrhea and/or vomiting shall be excluded from employment involving food handling (Indiana Retail Food Establishment Sanitation Requirements, 410 IAC 7-24-122).
 - Do not change diapers near recreational water.
 - Do not go swimming or use hot tubs if you have diarrhea and for at least two weeks after diarrhea stops.
- Handle animals safely:
 - Wash hands after contact with livestock, petting zoos, pets (including reptiles and amphibians), especially if they are suffering from diarrhea, and after contact with pet food/treats (including live or frozen rodents).
 - Keep pets out of food-preparation areas.
 - Have pets checked for parasites by your veterinarian, especially if they have diarrhea.
 - Do not clean pet or reptile cages in the kitchen sink or in the bathtub.
 - Reptiles should not be allowed to roam the house.
 - Reptiles should not be kept in daycare facilities or classrooms.
 - Children less than five years of age, pregnant women, and persons with weakened immune systems should not handle reptiles.
- Travel safely outside of the U.S.:
 - Drink bottled beverages and water, even when brushing teeth.
 - Do not eat uncooked fruits or vegetables unless you peel them yourself.
 - Do not eat foods or beverages from street vendors.
 - Do not consume local water or ice.

Reporting Requirements

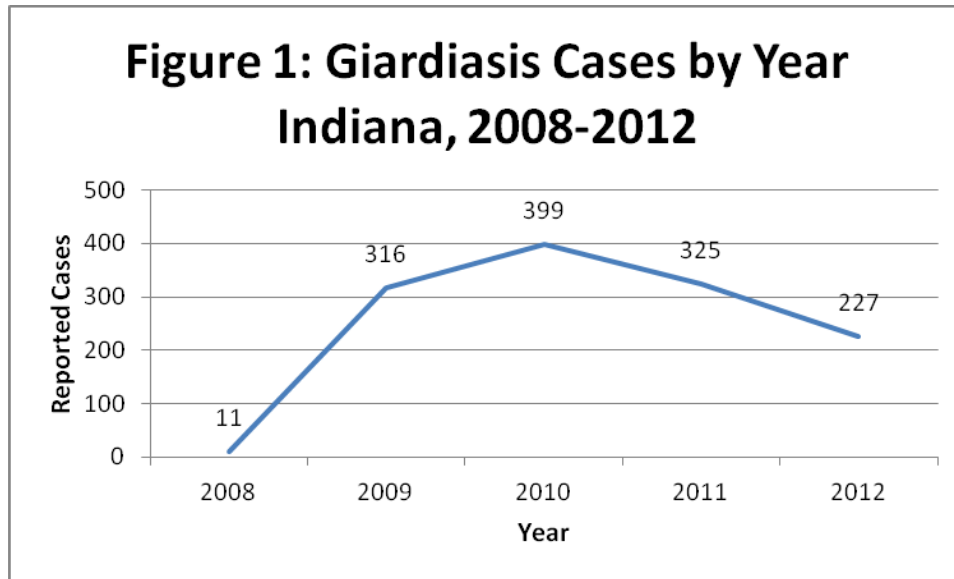
According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf) hospitals and healthcare providers must report giardiasis within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of giardiasis weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for giardiasis.

Epidemiology and Trends

In 2012, 227 cases of giardiasis were reported in Indiana, for a rate of 3.47 cases per 100,000 population (Figure 1).



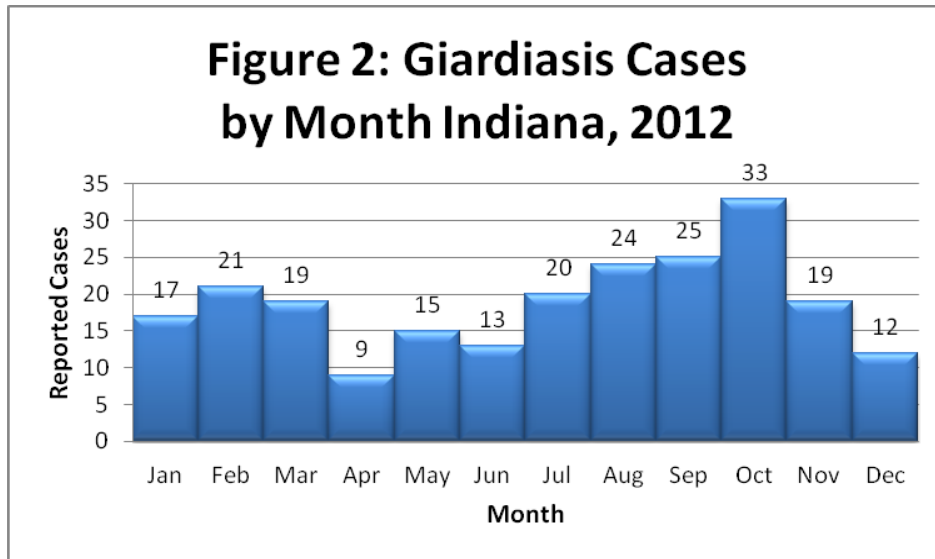
Males (3.92) were more likely to be reported than females (3.04). The rate for other races (15.06) was higher than that for blacks (4.24) or whites (2.19); however, 50 cases (22.0%) did not report race data. Giardiasis was newly reportable in 2009.

Table 1: Giardiasis Case Rate by Race and Sex, Indiana, 2012

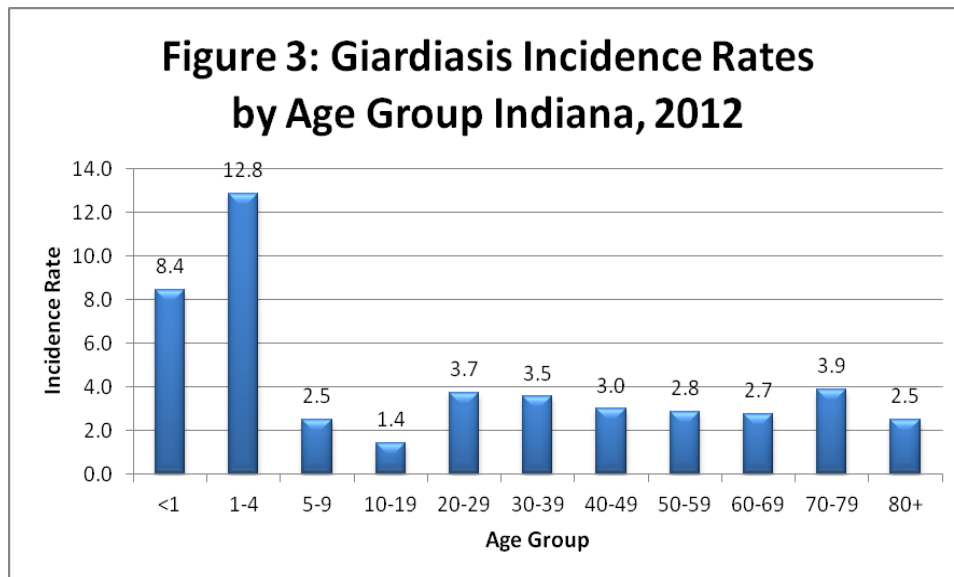
	Cases	Rate*	2008 - 2012 Total
Indiana	227	3.47	1278
Race			
Black	28	4.24	118
White	125	2.19	568
Other	24	15.06	177
Not Reported	50	-	415
Sex			
Female	101	3.04	577
Male	126	3.92	691
Unknown	0	-	2

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013

Disease incidence was greatest during the summer and fall months (Figure 2).



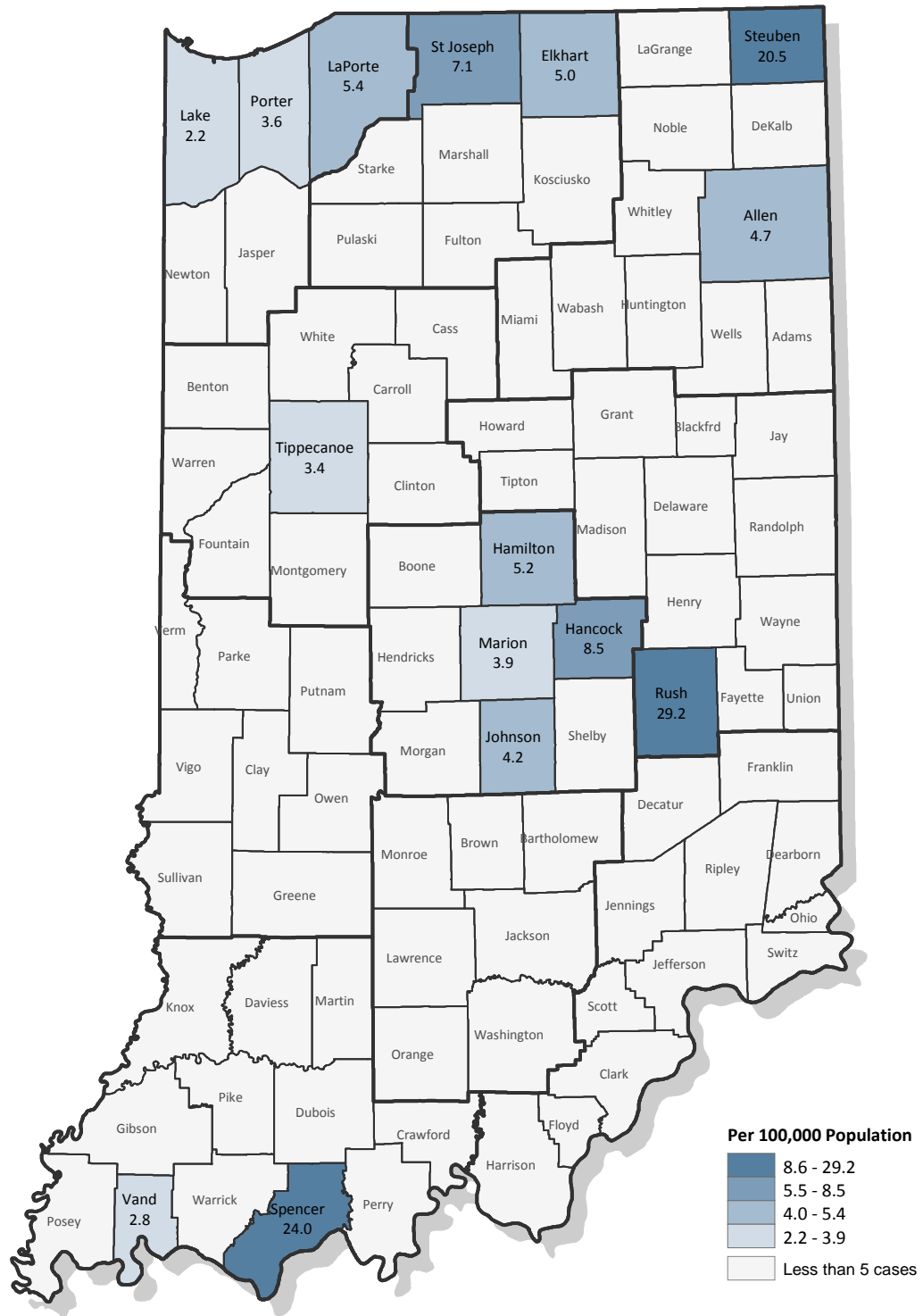
As shown in [Figure 3](#), age specific rates were greatest for preschoolers aged 1-4 (12.8), children less than one year of age (8.4), and people aged 70-79 years (3.9).



The incidence rates were highest among the following counties reporting five or more cases: Allen (4.7), Elkhart (5.0), Hamilton (5.2), Hancock (8.5), Johnson (4.2), Lake (2.2), LaPorte (5.4), Marion (3.9), Porter (3.6), Rush (29.9), Spencer (24.0), Steuben (20.5), St. Joseph (7.1), Tippecanoe (3.4), Vanderburgh (2.8). [Figure 4](#) shows counties reporting five or more cases of Giardiasis in 2012.

You can learn more about giardiasis by visiting the following Web site:
<http://www.cdc.gov/parasites/giardia/index.html>

Figure 4: Giardiasis Cases by County - Indiana, 2012



HAEMOPHILUS INFLUENZAE, INVASIVE

Invasive *Haemophilus influenzae* (*H. influenzae*) is a disease caused by a bacterium of the same name. It can be typeable (encapsulated) or nontypeable (non-encapsulated). The encapsulated form has been classified into serotypes A through F. Humans are the natural host, with up to 80 percent of healthy individuals colonized with the nontypeable form.

Public Health Significance

H. influenzae can cause a number of invasive infections, including bacteremia/sepsis, meningitis, pneumonia, epiglottitis, arthritis, and cellulitis. Symptoms of *H. influenzae* usually begin suddenly and can include fever, vomiting, lethargy, and meningeal irritation with bulging fontanelle (soft spot) in infants or stiff neck and back in older children. As the infection progresses, stupor or coma can occur.

Infections caused by the bacterium are commonly treated with antibiotics. Susceptibility tests can assist in the selection of appropriate treatment. Prevention of infection through immunization is the most effective way to reduce transmission of *H. influenzae* serotype b (Hib), which prior to routine immunization, accounted for 95% of all cases of invasive *H. influenzae*. All cases of invasive *H. influenzae* disease, regardless of age or serotype, are reportable in Indiana. Indiana requires laboratories to submit *H. influenzae* isolates for serotype analysis.

Before the widespread use of vaccines, Hib was the leading cause of bacterial meningitis in children. Since the introduction of the conjugate Hib vaccine in 1990, the incidence of Hib disease in children has decreased dramatically in both the U.S. and Indiana. Since vaccine is available to protect only against Hib, serotyping all *H. influenzae* isolates from patients (especially from children less than 5 years of age) with invasive disease is necessary to monitor the effectiveness of the vaccination program and national progress towards Hib elimination. Serotype information also is needed to measure the sensitivity of the surveillance system and to detect the emergence of invasive disease caused by types of *H. influenzae* other than type b.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report *Haemophilus influenzae* immediately to the local health department or the ISDH. Laboratories are also required to report positive results of invasive *Haemophilus influenzae* weekly to the ISDH. In addition, laboratories are required to submit isolates of invasive *Haemophilus influenzae* to the ISDH Laboratory within 5 days of isolation for further confirmation and serotyping.

Healthy People 2020 Goal

The Healthy People 2020 Goal for Hib disease is 0.27 cases of *H. influenzae* type b disease per 100,000 children under 5 years of age. In 2012, two cases of *Haemophilus influenzae* type b disease occurred in Indiana in a child less than 5 years of age for whom isolates were submitted for testing. Indiana did not meet the Healthy People 2020 goal, with 0.47 cases of Hib per 100,000 children under 5 years of age in Indiana.

Epidemiology and Trends

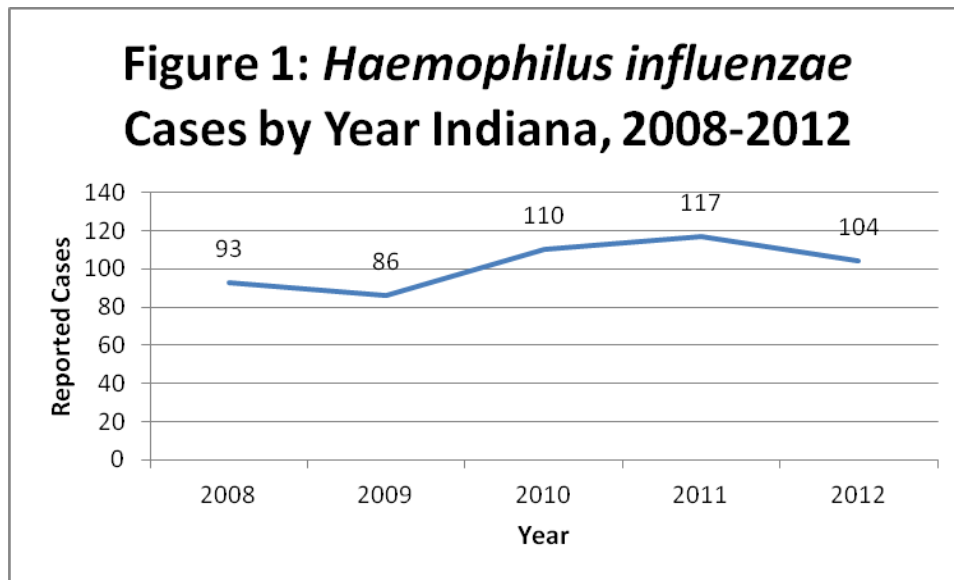
Indiana had 104 reported cases of invasive *H. influenzae* (all serotypes) disease in 2012. Females (1.63 per 100,000) (Table 1) were more likely than males (1.55 per 100,000) to acquire *H. influenzae*. The rate of illness for other races (1.88) was higher than whites (1.31 per 100,000) and blacks (1.06 per 100,000).

Table 1: *Haemophilus influenzae* Case Rate by Race and Sex, Indiana, 2012

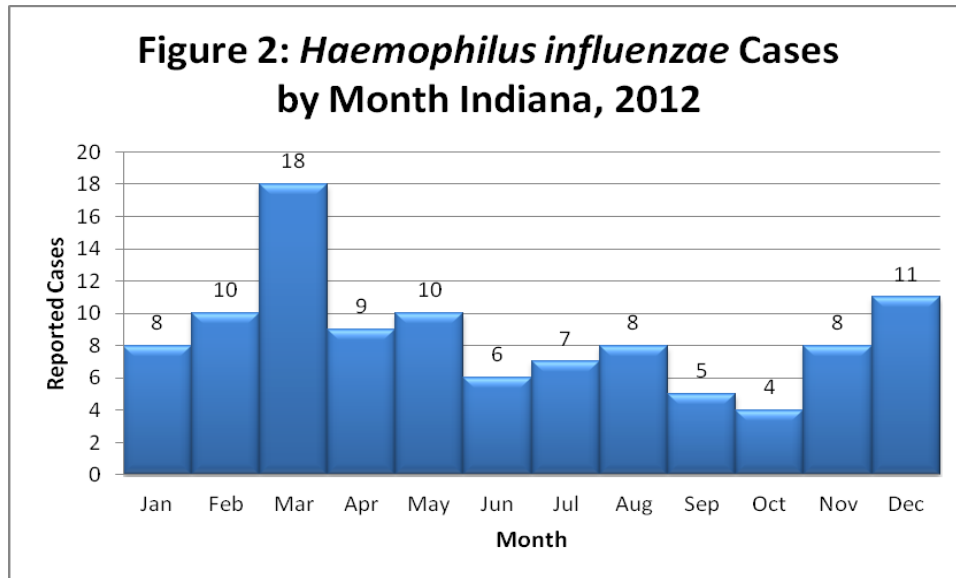
	Cases	Rate*	2008 - 2012 Total
Indiana	104	1.59	510
Race			
Black	7	1.06	34
White	75	1.31	350
Other	3	1.88	3
Not Reported	19	-	123
Sex			
Female	54	1.63	238
Male	50	1.55	208
Unknown	0	-	64

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013.

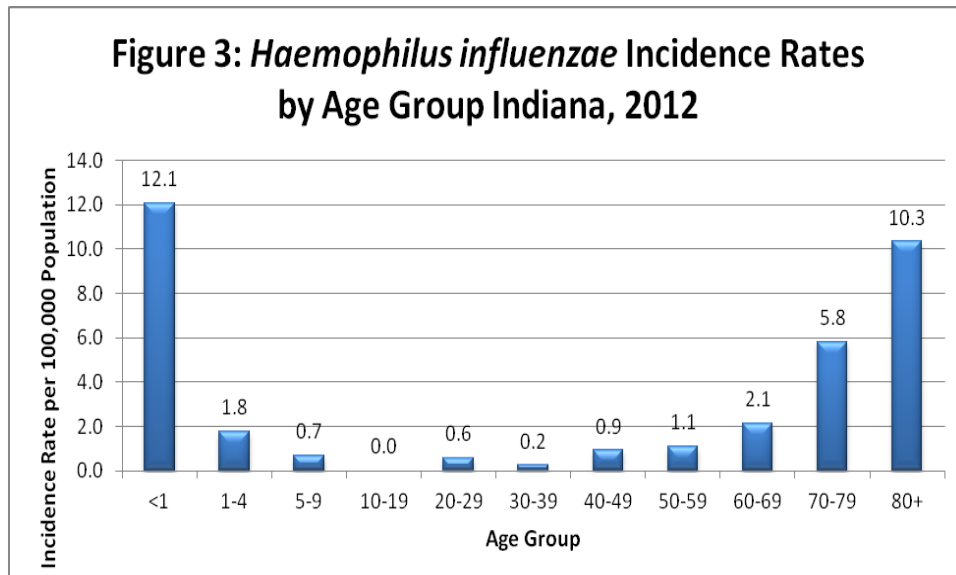
Figure 1 shows reported cases of *H. influenzae* for the five-year period 2008-2012.



H. influenzae occurred throughout the year in 2012, with the highest number of cases occurring in March and December (Figure 2).



Age-specific rates were greatest for infants less than 1 year (12.1) and adults aged 80 years and older (10.3). Figure 3 shows *H. influenzae* incidence by age group.



Although 52 counties reported cases of *H. influenzae*, only three counties (Allen, Marion, and St. Joseph) had 5 or more cases. The incidence rate among counties reporting 5 or more cases was 2.6 in St. Joseph County, followed by 2.0 in Marion County, and 1.4 in Allen County.

Of the 104 cases reported in 2012, 98 (94.2%) were serotyped. Table 2 provides a breakdown of *H. influenzae* cases by serotype.

Table 2: Percent of Reported *Haemophilus influenzae* Cases by Serotype, 2012

Type	Number	Percent
a	3	02.9%
b	4	3.8%
c	0	-
d	0	-
e	6	5.8%
f	17	16.3%
Nontypeable	68	65.4%
Not Tested/Unknown	6	5.8%
Total	104	100.0%

You can learn more about *H. influenzae* by visiting the following Web site:
<http://www.cdc.gov/hi-disease/clinicians.html>

HANTAVIRUS

Hantavirus pulmonary syndrome (HPS) is an acute respiratory disease caused by the Sin Nombre virus. Deer mice are the most common carriers of the virus. Rodents shed the virus in their urine, droppings, and saliva. The main route of transmission for humans is breathing air contaminated with the virus. The disease was first described as a clinical syndrome, and the causative agent was identified as the Sin Nombre virus in the Four Corners area (Utah, New Mexico, Colorado, Arizona) in 1993. Most cases have been reported from states west of the Mississippi River. However, 12 states east of the Mississippi have reported cases, including Indiana. Since 1993, two hantavirus cases have been reported in Indiana, resulting in one death.

Public Health Significance

The initial symptoms of hantavirus include fever, tiredness, headache, and fatigue. As the disease progresses, symptoms may include shortness of breath and coughing due to lungs filling with fluid (pneumonia). Symptoms occur 1-6 weeks after exposure to the virus. No vaccine is available for hantavirus.

People most at risk for becoming infected with hantavirus include those who visit or reside in closed spaces where infected rodents live, including campers and hikers and those who work or play outdoors. In addition, housecleaning activities such as sweeping or vacuuming can release contaminated particles into the air.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report hantavirus pulmonary syndrome (HPS) immediately to the local health department or the ISDH. Laboratories are also required to report positive results of hantavirus weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for hantavirus.

Epidemiology and Trends

No hantavirus cases were reported in Indiana in 2012 or during the five-year reporting period 2008-2012.

You can learn more about hantavirus by visiting the following Web site:

<http://www.cdc.gov/hantavirus/index.html>

HEPATITIS A

Hepatitis A is an inflammation of the liver caused by the hepatitis A virus (HAV). HAV is not normally found in animals. People become infected with HAV by coming in contact with the stool of an infected person (fecal-oral route). For this reason, the virus is easily spread in areas where there are poor sanitary conditions or where good personal hygiene is not practiced. Persons are at risk for hepatitis A infection if they have:

- Exposure to contaminated food or water, such as:
 - Consuming untreated water.
 - Consuming food prepared by an infected person.
 - Consuming raw produce or raw shellfish (e.g., oysters).
 - Traveling to countries where hepatitis A is common and where there is limited clean water or proper sewage disposal.
- Exposure to the stool or blood of an infected person who is a(n):
 - Household member or sexual partner (men who have sex with men are at higher risk).
 - Child or staff member of a daycare center (including centers for the disabled).
 - Resident or staff member of a health care center.
 - Injection drug user.

Public Health Significance

An acute hepatitis A case is characterized by: immunoglobulin M (IgM) antibody to hepatitis A virus (anti-HAV) positive, an acute illness with a) discrete onset of symptoms (enteric symptoms e.g., nausea, vomiting, diarrhea), and b) jaundice or elevated serum aminotransferase levels. Symptoms of hepatitis A usually occur suddenly and include diarrhea, nausea, vomiting, tiredness, stomach pain, fever, dark urine, pale or clay-colored stool, loss of appetite, and sometimes jaundice. People are most contagious from about two weeks before symptoms begin until two weeks after. Some people, especially children, may have no symptoms but can still spread the virus to others.

Symptoms usually begin 28-30 days (range of 15-50 days) after exposure and usually last less than two months. Sometimes a person can recover and become ill again (relapse) for as long as 12 months. However, people will eventually recover, and there is no long-term carrier state with hepatitis A infection. Death from hepatitis A is rare, 0.1-0.3 percent, and is more common in adults over 50.

There is no specific treatment for hepatitis A other than treating symptoms. People who have had hepatitis A develop lifelong immunity and cannot get hepatitis A again.

Hepatitis A can be prevented by a two-dose vaccination series. Candidates for vaccination include persons at increased risk for hepatitis A infection or its consequences including:

- Persons with chronic liver disease or clotting factor disorders
- Men who have sex with men
- Injecting drug users
- Persons traveling to or working in countries where hepatitis A infection is endemic
- Persons who work with hepatitis A virus in a research setting
- Children who live in communities with consistently elevated rates of infection

Post-exposure prophylaxis with hepatitis A vaccine or hepatitis A immune globulin is effective if received within two weeks of exposure. Indications for prophylaxis may include: people who consumed food or beverages contaminated with HAV, household or sexual contacts of someone infected with HAV,

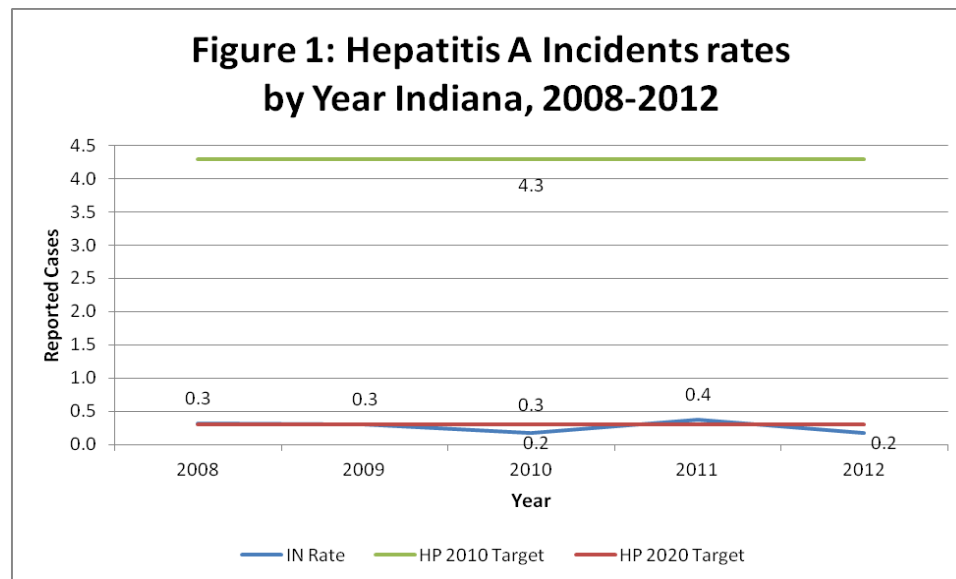
children and staff members in the same daycare room as an infected case, and residents and staff members in a health care center who have direct contact with someone infected.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report hepatitis A infection immediately to the ISDH. Laboratories are also required to report positive results of disease weekly to the ISDH.

Healthy People 2020 Goal

The Healthy People 2020 Goal for hepatitis A is 0.3 cases per 100,000 population per year. Indiana met this goal every year except 2011 for the five-year reporting period 2008-2012 (Figure 1).



Epidemiology and Trends

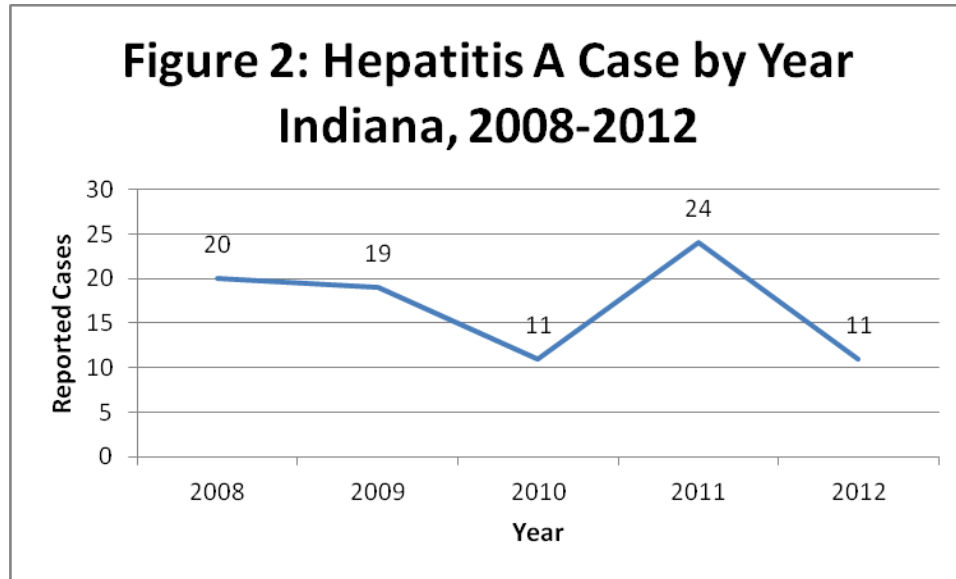
In 2012, 11 cases of hepatitis A were reported in Indiana for a rate of 0.17 cases per 100,000 population (Table 1). Males (0.16) and females (0.18) were evenly dispersed. The rate for other races (0.63) was higher than that for whites (0.14) or blacks (0.00); however, 2 cases (18.2%) did not report race data.

Table 1: Hepatitis A Case Rate by Race and Sex, Indiana, 2012

	Cases	Rate*	2008 - 2012 Total
Indiana	11	0.17	85
Race			
Black	0	0.00	3
White	8	0.14	36
Other	1	0.63	6
Not Reported	2	-	40
Sex			
Female	6	0.18	30
Male	5	0.16	35
Unknown	0	-	20

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013

Figure 2 shows the number of reported cases per year for 2008-2012.



Incidence of disease was greatest in February (Figure 3).

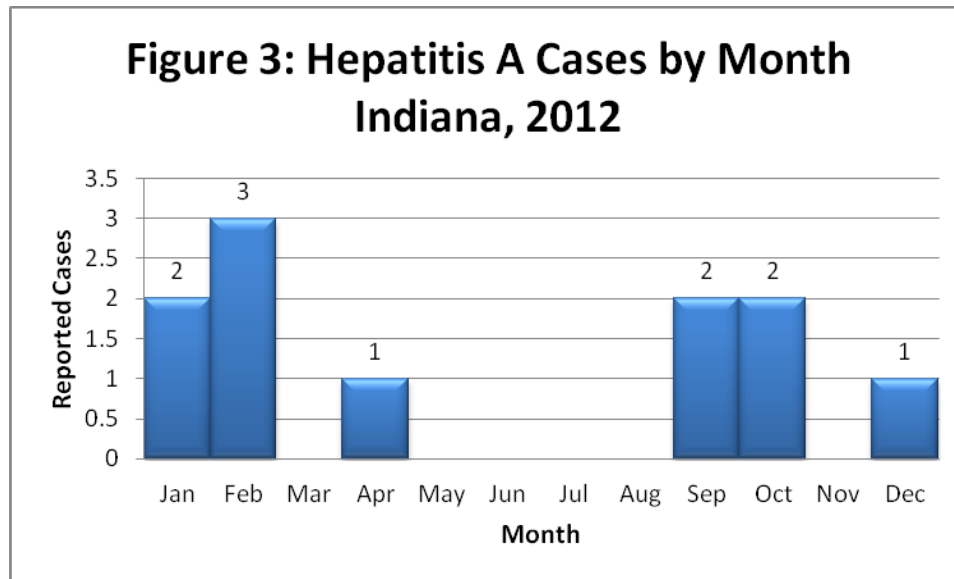
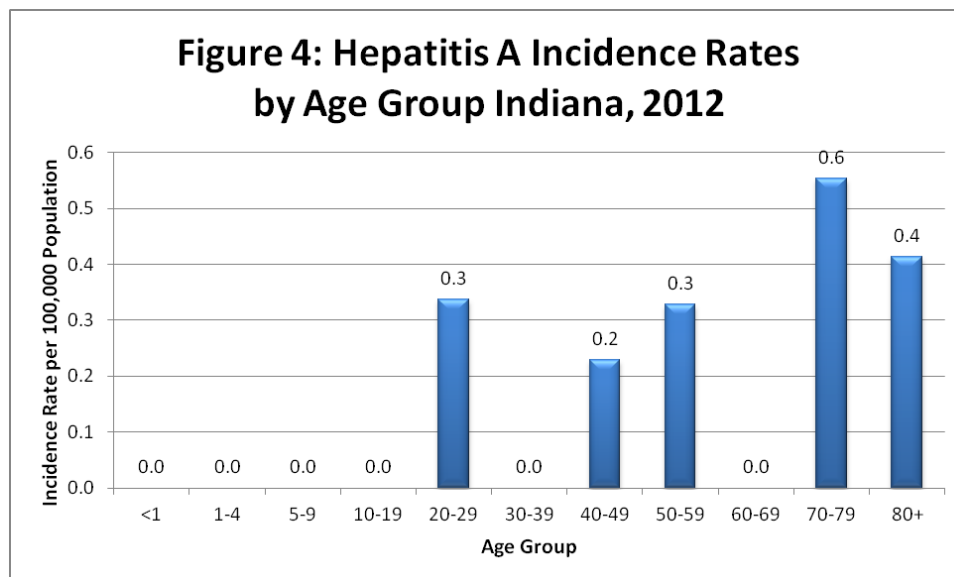


Figure 4 shows age-specific rates were greatest for adults aged 70 to 79 years (0.6) and adults aged 80 years and over (0.4).



You can learn more about hepatitis A by visiting the following Web sites:

<http://www.cdc.gov/hepatitis/index.htm>

HEPATITIS B

Hepatitis B is an infection caused by the hepatitis B virus (HBV). This serious viral disease of the liver is transmitted through parenteral or mucosal exposure to blood or body fluids of an infected person; such as through sexual or household contact with an infected person, injection drug use (IDU), perinatal transmission from mother to infant, and nosocomial exposure. Hepatitis B can be either acute or chronic. Acute HBV infection is a short-term illness that occurs within the first 6 months after someone is exposed to the HBV. An acute hepatitis B illness can range in severity from a very mild illness with few or no symptoms, to a serious condition requiring hospitalization which is characterized by multiple symptoms such as nausea, anorexia, fever, malaise, headache, myalgia, right upper quadrant abdominal pain, dark urine, skin rash and jaundice.

Approximately 50% of adults with an acute infection are asymptomatic. The incubation period of HBV ranges from 6 weeks to 6 months, with an average of 120 days. The time variation is related to the amount of virus transmitted, the mode of transmission, and host factors. All persons who are hepatitis B surface antigen (HBsAg) positive are potentially infectious. Most adult acute hepatitis B infections results in complete recovery and immunity from future infection.

An acute infection can – but does not always – lead to a chronic, or lifelong infection. Many individuals with chronic hepatitis B do not have symptoms and do not know they are infected. However, they are still capable of transmitting the virus and infecting others. A chronic infection of HBV is also associated with an increased risk for chronic liver disease, cirrhosis, liver failure, and liver cancer.

Public Health Significance

The Centers for Disease Control and Prevention (CDC) requires states to conduct surveillance and reporting of acute hepatitis B cases within their states. Clinical and laboratory definitions must be met to classify a case of hepatitis B. In 2012, the CDC changed the case definition used to classify cases for both chronic and acute hepatitis B. The 2012 acute hepatitis B definition includes: an acute illness with discrete onset of symptoms (eg. nausea, anorexia, fever, malaise, or abdominal pain) **and either** jaundice **or** elevated serum aminotransferase (ALT) levels. The reduction of the quantifiable ALT level to >100 IU/L, and the requirement of the presence of **either** jaundice **or** an elevated ALT level represent the most significant change to the 2012 clinical description portion of the case definition. Laboratory criteria for confirmation of acute HBV in the 2012 definition includes the requirement of a positive hepatitis B surface antigen (HBsAg), **and** a positive Immunoglobulin M (IgM) antibody to hepatitis B core antigen (IgM anti-HBc), but only if that test was performed. The exemption of the required positive IgM anti-HBc represents a minor change in this portion of the case definition in 2012.

Risk for hepatitis B infection varies with occupation, lifestyle, or environment where there is contact with blood from infected persons. Populations at high risk for hepatitis B infection include: immigrants from areas with endemic rates, institutionalized developmentally disabled individuals, IDU, men who have sex with men (MSM), hemodialysis patients, and household contacts of infected persons. Populations at intermediate risk include: prisoners, health care workers, staff for developmentally disabled individuals, and heterosexuals with multiple partners.

Safe and effective vaccines have been available for hepatitis B since 1981. After three intramuscular doses of hepatitis B vaccine, more than 90% of healthy adults and more than 95% of infants, children, and adolescents will develop adequate immunity. The dosage of vaccine varies with the age of the recipient and type of vaccine.

Since 1991, a comprehensive strategy for the elimination of HBV transmission in the United States has included: universal vaccination of infants beginning at birth; routine screening of all pregnant women for hepatitis B infection and immunoprophylaxis to infants born to infected women or women of unknown status; routine vaccination of previously unvaccinated children and adolescents; and the vaccination of high risk adults. Hepatitis B vaccination programs addressing each of these priorities will ultimately eliminate domestic hepatitis B transmission.

Control measures used to prevent exposures to blood and body fluids, another mechanism for the transmission of hepatitis B, include use of universal precautions and disinfection of contaminated equipment. Contacts that have been exposed to blood and body fluids should be immunized, and when appropriate, given hepatitis B immune globulin (HBIG).

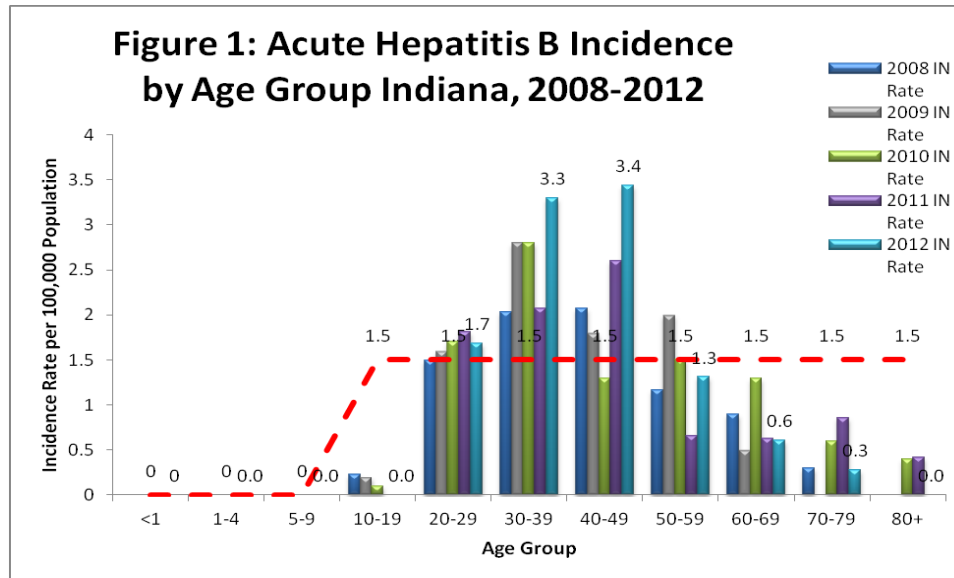
Reporting Requirements

As detailed in the Communicable Disease Reporting Rule, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), the Indiana State Department of Health (ISDH) requires hospitals, healthcare providers and laboratories to provide prompt reporting of positive hepatitis B serologic results to the local health department or the ISDH. Hospitals and healthcare providers must report their findings within 72 hours. Laboratory reporting enables identification of asymptomatic persons infected with the virus, as well as those displaying symptoms. The ISDH uses standardized case definitions to classify the appropriate diagnosis for each individual.

Healthy People 2020 Goal

The Healthy People 2020 objectives for hepatitis B are to reduce both new and chronic infections in a variety of populations. The first goal addressing hepatitis B infections is to reduce new infections in adults aged 19 and older to 1.5 cases per 100,000. The reduction of new infections in the high-risk population group of injection drug users (IDU) to 215 cases is the next Healthy People 2020 goal. The goal to reduce new hepatitis B infections among the high-risk population group of MSM to 45 cases is the final goal of Healthy People 2020. MSM and IDU rates can be found in [Table 2](#). [Figure 1](#) shows Indiana's incidence rates per 100,000 population, per age group; as well as both the Healthy People 2010 and 2020 goals for reducing new infections in adults aged 19 and older for the reporting periods of 2008 through 2012. As is evidenced by the table, Indiana met the Healthy People 2010 goal of reducing new infections in adults aged 19 and older during the reporting period of 2008-2011. However, as also noted in the table, Indiana did not meet this same Healthy People 2020 goal in 2012 for each of the age groups listed. Initially, it is apparent that one obvious reason for not meeting this Healthy People 2020 goal is the significantly lower threshold rate that has been identified for the 2020 goal. An increase in the incidence rates for the 30 – 39, 40 – 49 and 50 – 59 age groups is also noted for 2012. This change can be attributed to an increase in the reporting and surveillance of hepatitis B throughout the state as more local health departments and hospitals began using the Indiana National Electronic Disease Surveillance

System (I-NEDSS) in 2012. Ongoing refresher trainings in the use of the electronic reporting system for I-NEDSS users also contributed to the increased use of the system and accuracy of reporting.



Epidemiology and Trends

In 2012, 89 confirmed cases of acute hepatitis B disease were reported in Indiana (Table 1). No confirmed cases resulted in death. An increase in reported acute cases of hepatitis B found in the male population in 2012 (Table 1) can also be attributed, as mentioned earlier in this report, to the expanded and more proficient use of I-NEDSS.

It should be noted that the data presented in this report does **not** include the burden of disease caused by chronic infection with HBV which certainly remains a substantial public health problem, both nationally and in Indiana.

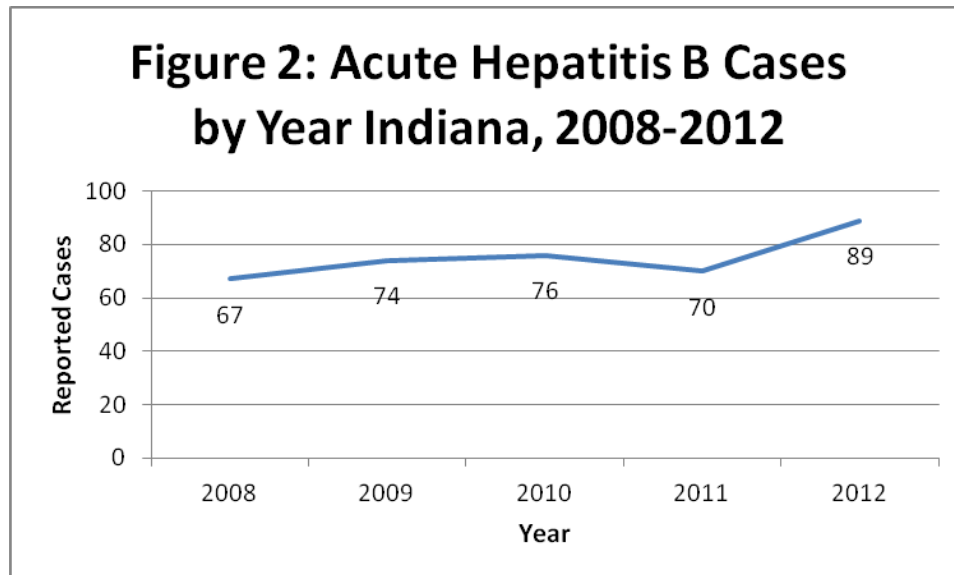
Table 1: Hepatitis B Case Rate by Race and Sex, Indiana, 2012

	Cases	Rate*	2008-2012 Total
Indiana	89	1.35	376
Race			
Black	7	1.06	37

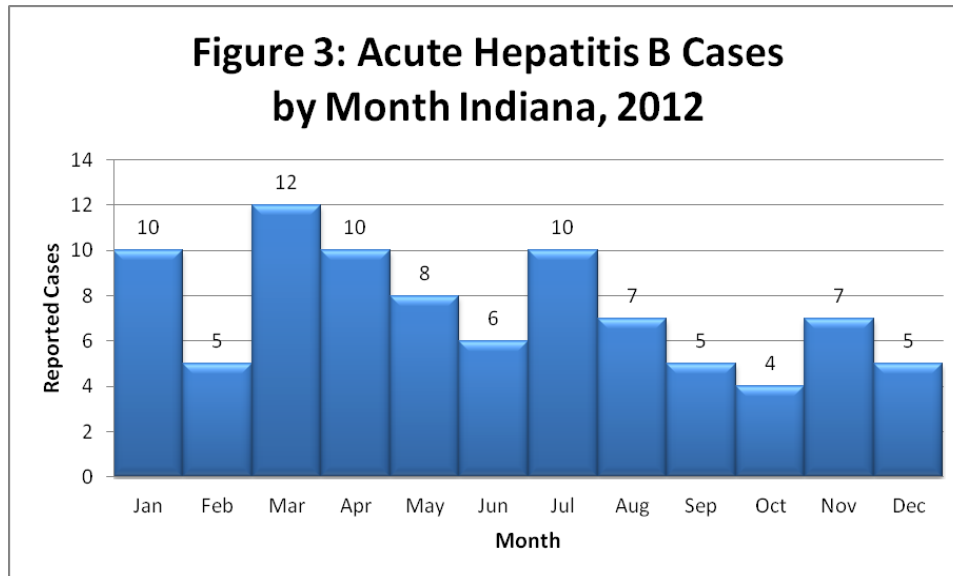
White	60	1.05	217
Other	3	1.88	8
Not Reported	19	-	114
Sex			
Female	25	0.75	113
Male	64	1.99	209
Unknown	0	-	54

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013

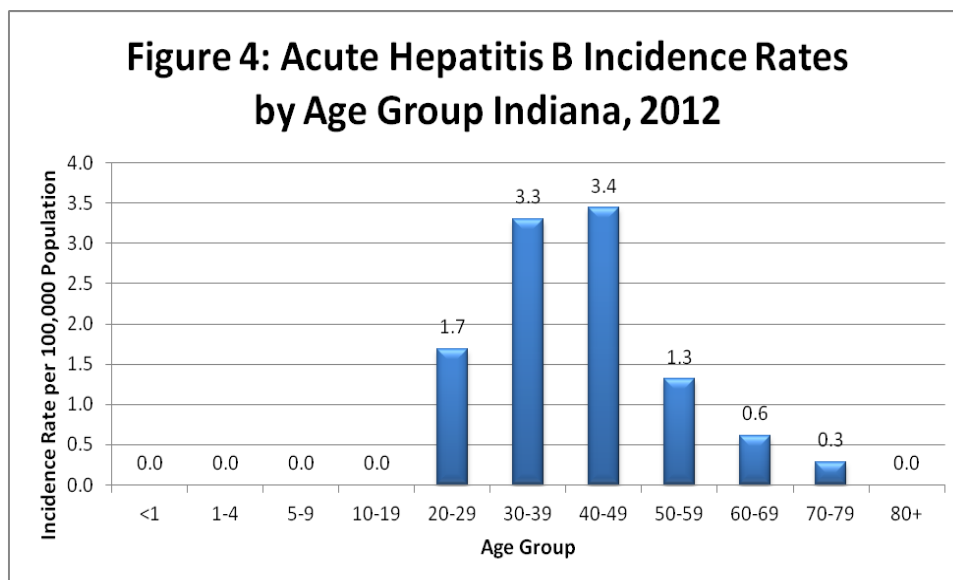
Figure 2 shows reported cases of acute hepatitis B for the five-year period 2008-2012. In 2012 there was an increase in the number of reported cases of acute hepatitis B as compared to 2011 (70). Eighty cases in 2006 remained the highest number of cases of acute hepatitis B reported annually until 2012. As was stated earlier in this report, this rise in the number of reported cases of acute hepatitis B can be attributed to the increased reporting and investigating that is occurring by local health departments, laboratories and hospitals throughout the state.



Acute hepatitis B cases occurred during each month in 2012 without specific seasonality (Figure 3).



The number of reported cases of hepatitis B varied with age. [Figure 4](#) shows acute hepatitis B incidence rates by age group per 100,000 population. In Indiana, as well as nationally, higher rates of hepatitis B disease continue among adults, particularly males 30-39 and 40-49 years of age, and persons with identified risk factors (ie. IDU, MSM, and persons with multiple sex partners) ([Table 2](#)). This data emphasizes the need to vaccinate adults and provide preventative counseling, especially for those who are at higher risk for acquiring hepatitis B infection.



[Table 2](#) highlights the identified risk factors in 2012 for the acute hepatitis B cases in Indiana. Completeness of the reporting of risk factor information varies. The most common risk factors identified continue to be: individuals with multiple sex partners; those who have contact with a known hepatitis B

case; those who have received a tattoo; IDU; and individuals self-identified as MSM. No healthcare associated transmission was associated to reported cases.

Table 2. Hepatitis B Risk Factors – Indiana, 2012

Risk Factor	Number of Cases (Percent of Cases)
Multiple Sex Partners	22 (25.88%)
Application of a Tattoo	9 (10.59%)
Injection Drug Use	16 (18.82%)
Homosexual/Bisexual	16 (18.82%)
Medical Employment	2 (2.35%)
History of Dental Work	6 (7.06%)
History of Surgery	4 (4.71%)
Contact of a Case	10 (11.76%)

In 2012, 34 Indiana counties reported at least one case of acute hepatitis B. This represents an increase from reported acute cases in 2011 (22). The incidence rates, per 100,000 population, were highest among the following counties reporting five or more cases: Monroe (3.5), and Marion (2.8). [Figure 5](#) shows acute hepatitis B incidence rates by county per 100,000 population.

Individuals with chronic hepatitis B infection may be asymptomatic and unaware of their infection for many years before developing clinical evidence of illness. Serologic testing identifies infected persons, allowing for treatment and the identification and vaccination of their contacts. These actions contribute significantly to the prevention of secondary infections. The CDC recommends HBsAg testing to identify chronic hepatitis B infection for all foreign-born persons from countries or regions with an HBV prevalence of 2.0% or greater. In 2012 the testing and reporting of the hepatitis B status of refugees residing in Indiana continued, especially in Marion and Allen counties where Refugee Centers are located.

Indiana law requires the reporting of perinatal HBV infection. In 2012, no perinatal cases were reported. The goal of the ISDH perinatal hepatitis B program is to ensure appropriate prophylactic treatment of infants born to HBV infected mothers.

You can learn more about hepatitis B by visiting the following Web sites and links:

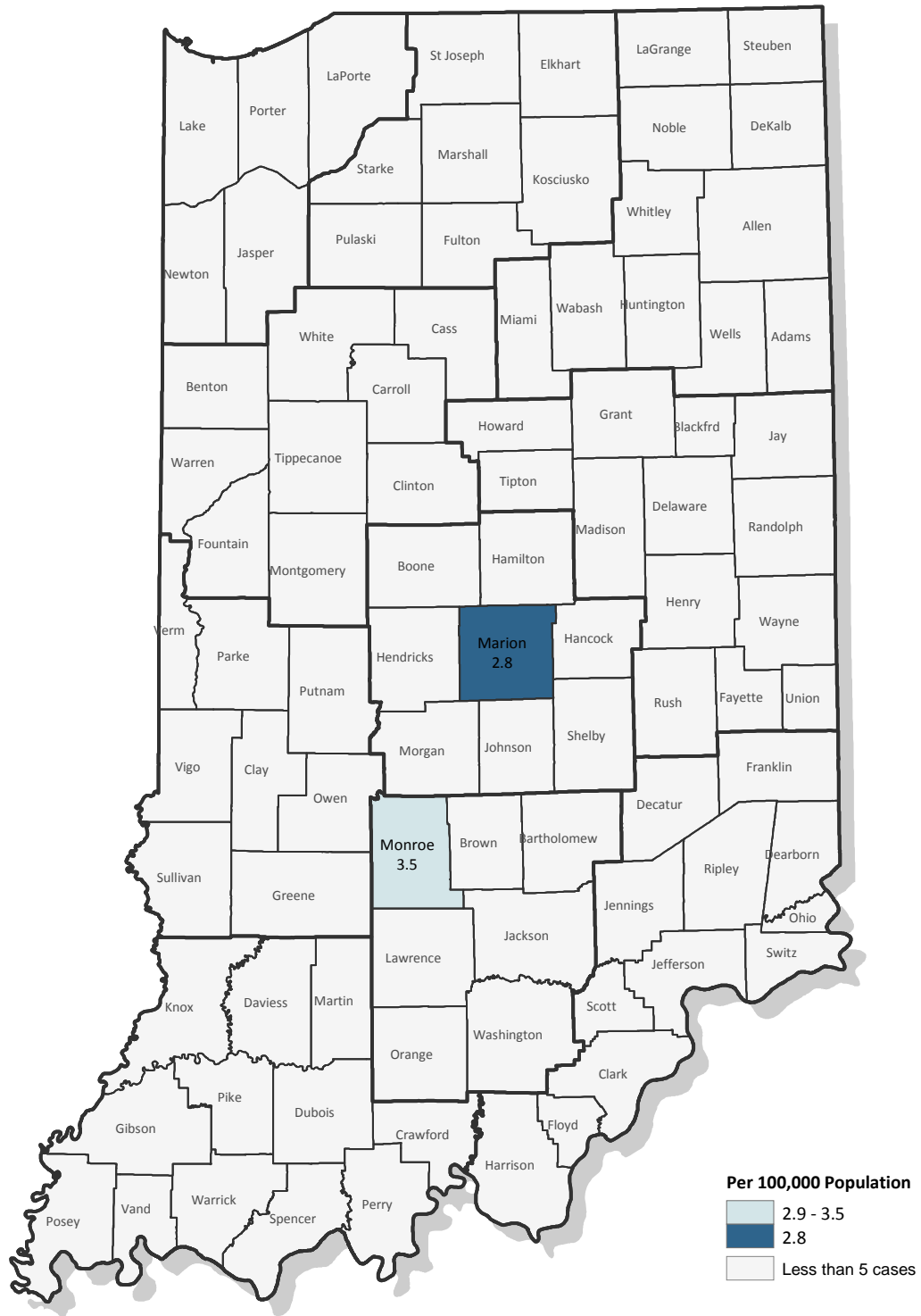
ISDH Hepatitis B Quick Facts: http://www.in.gov/isdh/files/HBV_QF2010.pdf

CDC Viral Hepatitis Home Page: <http://www.cdc.gov/hepatitis/ChooseB.htm>

Hepatitis B Foundation: <http://www.hepb.org>

Hepatitis Foundation International: www.hepfi.org

Figure 5: Hepatitis B Cases by County - Indiana, 2012



HEPATITIS C

Hepatitis C is an infectious blood-borne disease caused by the hepatitis C virus (HCV). The virus infects the liver, causing inflammation. Infections may range from mild illness lasting several weeks to serious, lifelong illness. Hepatitis C is the leading chronic blood-borne disease in the United States. The number of reported cases is determined by the number of positive hepatitis C tests reported for the first time during a given year. Cases are defined as either acute or chronic and are classified using case definitions published by the CDC. Acute cases were reportable in 2012, but data is also collected and reported on chronic cases in order to assess risk factors when feasible. Reporting positive test results for hepatitis C virus was not required in Indiana until October, 2000. Investigation of chronic hepatitis C cases contributes to the reduction in the spread of disease by increasing the percentage of persons aware they have a hepatitis C infection and educating infected individuals. Case definitions for both acute and chronic hepatitis C are available on the CDC website, through one National Notifiable Diseases Surveillance System (NNDSS) page:

<http://www.cdc.gov/nndss/>

Public Health Significance

In 2012, the CDC launched a national campaign in which all Americans born between 1945 and 1965 (also known as baby boomers) were encouraged to be tested for hepatitis C. The campaign was designed to raise increased awareness about hepatitis C, which is now considered a silent epidemic in the United States. This movement was a departure from previous campaigns where only baby boomers who exhibited past or present high risk behavior for exposure to HCV were targeted. Baby boomers were targeted in particular because they are five times more likely to be infected with hepatitis C than other adults. More information about the campaign, including resources and tools, (fact sheets, posters, multi-media information) can be seen by going to <http://www.cdc.gov/knowmorehepatitis/About-KMH.htm>.

The number of acute cases of hepatitis C increased from 87 cases in 2011 to 112 cases in 2012. Most likely because of increased reporting through the Indiana National Electronic Disease Surveillance System (INEDSS), and increased testing efforts. Between 15 to 20 percent of these acute cases will spontaneously clear the virus and individuals will no longer be considered infected. The remaining infected individuals may be asymptomatic for years or even decades, becoming chronic cases. Symptoms that may be present during infection include abdominal pain, fatigue, fever, joint pain, jaundice, loss of appetite, dark urine, light stool, nausea, and/or vomiting. Populations most at risk include injection drug users and recipients of blood transfusions and organ transplants prior to 1992.

Twenty percent of cases will develop serious liver damage from hepatitis C, and 25 percent of those will need a liver transplant, develop liver cancer, or die. Antibodies can be found in 7 out of 10 persons when symptoms begin and in 9 out of 10 people within three months after symptoms begin. No vaccine is available for hepatitis C; treatment for hepatitis C is available. New treatments with higher success rates than those seen in previous years have been developed. However these treatments often carry adverse side effects of their own and can be very costly. New treatment technologies available and their duration of use should be discussed thoroughly with a health care provider.

Indiana Partnership Efforts

The ISDH continues to partner with behavioral health organizations that conduct surveillance and provide testing, consultation and recovery services in a variety of locations (e.g., correctional facilities, drug treatment centers, homeless shelters, etc.). These efforts extend throughout various regions of the state.

With these continuing partnerships, effective management strategies for hepatitis C can be realized. These organizations include: Aspire Indiana, Corizon, the Aliveness Project of Northwest Indiana and Positive Link.

Reporting Requirements

In 2012, the case definition for acute hepatitis C was changed. This action was undertaken through the National Notifiable Diseases Surveillance System, in partnership with the CDC and the Council of State and Territorial Epidemiologists (CSTE). The CSTE is tasked with the responsibility of defining and recommending which diseases and conditions are reportable within states and which of these diseases and conditions will be voluntarily reported to CDC. The change resulted in less restriction (testing for hepatitis A and B is not a requirement as before).

As part of CDC's National Notifiable Disease Surveillance System (NNDSS), viral hepatitis case-reports are received electronically from state health departments via CDC's National Electronic Telecommunications System for Surveillance (NETSS). Although surveillance infrastructure is in place for reporting of acute infection, reports of chronic hepatitis B and C, which account for the greatest burden of disease, are not submitted by all states. Surveillance capacity to monitor both acute and chronic viral hepatitis is limited at the state and local levels, resulting in underreporting and incomplete variable quality data that is insufficient for understanding the magnitude of viral hepatitis. Data for 2012 is currently unavailable; to see the most current statistical summary, go to: <http://www.cdc.gov/hepatitis/Statistics/2011Surveillance/index.htm>

Epidemiology and Trends

In 2012, 112 cases of acute hepatitis C infection were reported, for an incidence rate of 1.71 cases per 100,000 population. The incidence rate for acute hepatitis C infection among males was 1.42 cases per 100,000 males while the rate among females was 2.02 per 100,000 females.

For chronic hepatitis C infection, 5,680 cases were reported for a prevalence rate of 86.89 cases per 100,000 population (Table 1); however prevalence may be higher because reporting of chronic cases is not required. Males had a prevalence rate of 111.09 per 100,000 males and females had a prevalence rate of 62.79 per 100,000 females (Table 1). In 2012, race was not reported for almost 15 % of hepatitis C cases.

Table 1: Hepatitis C Cases by Race and Sex, Indiana 2012

	Acute		Chronic		2008-2012
	Cases	Rate*	Cases	Rate*	Total Cases
Indiana	112	1.71	5,680	86.89	25,680
Race					
Black	4	0.61	550	83.30	2,177
White	83	1.45	3,344	58.48	11,480
Other	1	0.63	92	57.73	370
Unknown	24	-	1,694	-	11,653
Sex					
Female	47	1.42	2,084	62.79	7,722
Male	65	2.02	3,575	111.09	13,930
Unknown	0	-	21	-	400

*Rate per 100,000 population based on Vintage 2012 Bridge-Race Postcensal Population Estimates data as of June 13, 2013

Table 2 highlights the risk factors identified in 2012 for acute hepatitis C cases in Indiana. Completeness of reporting risk factor information varies.

Table 2. Acute Hepatitis C Risk Factors – Indiana, 2012

Risk Factor	Number of Cases (%)
Use street drugs but not inject.	38 (76.0%)
Injected drugs not prescribed by doctor	50 (100%)
Contact of a person with confirmed or suspected hepatitis C infection	25 (50.0%)

Figure 1 shows the number of total reported cases of hepatitis C infection for the five-year period 2008-2012.

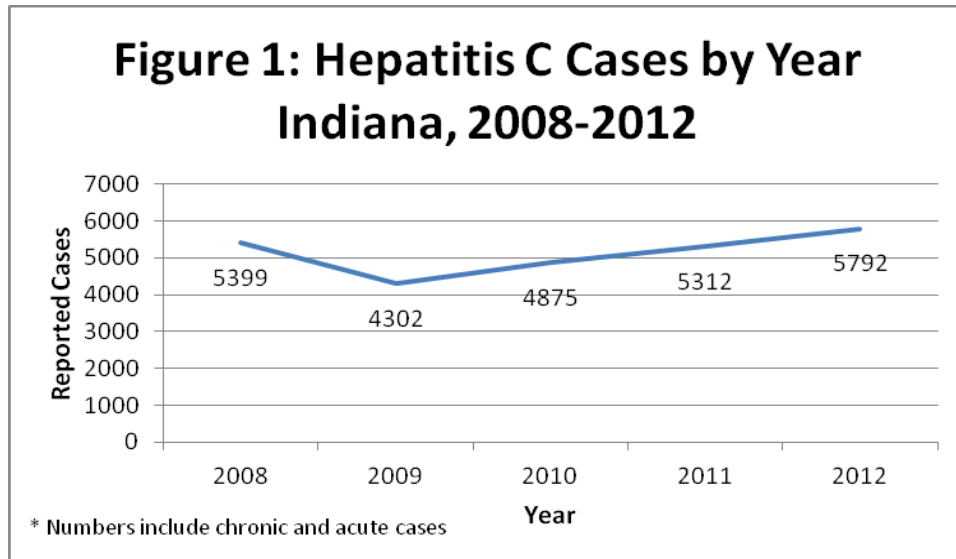


Figure 2 shows age-specific incidence rates for all cases of hepatitis C infection. Rates were highest among adults age 50-59 (116.5) followed by the 20-29 (115.5) year age group.

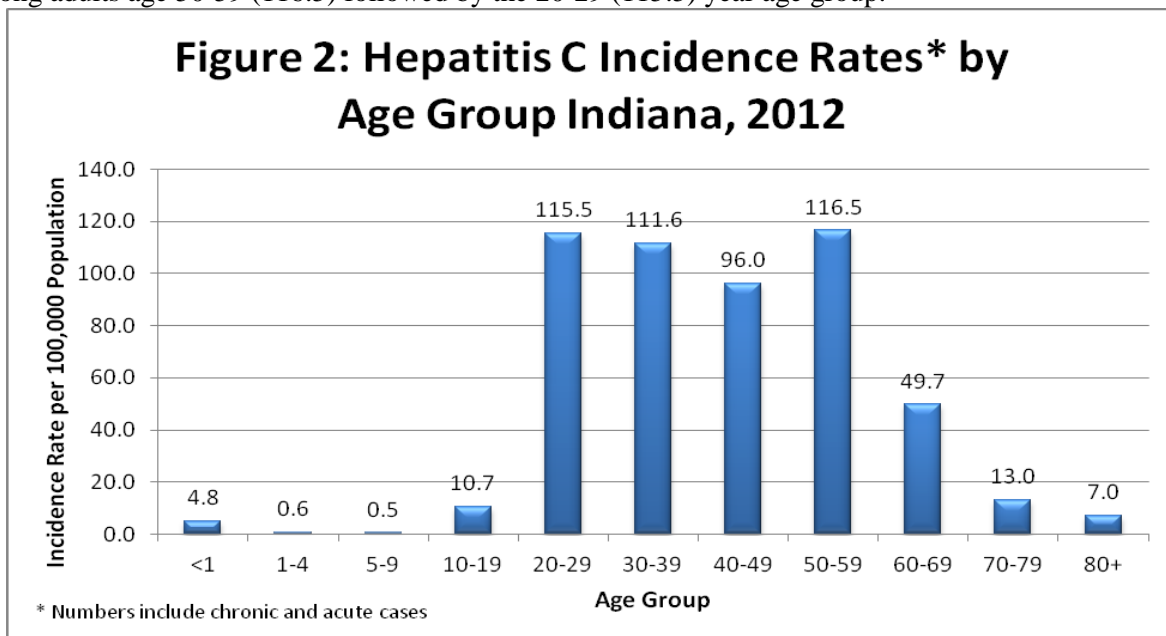


Table 3 shows the number of newly reported cases of hepatitis C infection within the Indiana Department of Corrections (IDOC). 2009 was the first year that these cases have been differentiated from the general public. IDOC cases were not separated out in previous years because the data point was not captured prior to the use of INEDSS. The larger number of cases seen for Hendricks and Parke counties is due to varying factors, mostly the locations of Regional Diagnostic Centers for male and female offenders within the Indiana Department of Corrections (IDOC) facilities are in those two locations. Offenders are tested for bloodborne diseases, such as hepatitis C, at these facilities, but likely reside in other Indiana counties.

Table 3: Newly Reported Cases of Hepatitis C Infection in the IDOC - Indiana, 2012

County of Facility	Cases*
Allen	7
Cass	14
Clark	94
Hendricks	800
Henry	53
Jefferson	31
Johnson	37
LaPorte	30
Madison	80
Marion	505
Miami	31
Noble	**
Parke	241
Perry	9
Putnam	33
St. Joseph	104
Wabash	9
Total	2078

*These cases will no longer be included in the state map displaying county rates.

**Actual cases in DOC counties totaling less than 5 will not be listed in an effort to protect patient confidentiality.

In 2012, at least one case of hepatitis C infection was reported in each of the 92 counties. [Figure 3](#) is a state map displaying the prevalence of hepatitis C infections by county for individuals, excluding the IDOC.

Treatment Technologies

The U.S. Food and Drug Administration (FDA) approved no new drugs for treatment of hepatitis C in 2012. The two drugs approved in 2011, boceprevir and telaprevir, continue to prove both successful and effective for many who are infected with the HCV virus. Many direct-acting antiviral drugs (DAAs) are being developed for treatment.

You can learn more about hepatitis C by visiting the following Web site:

<http://www.in.gov/isdh/25474.htm>

HEPATITIS D

Hepatitis D, also known as delta hepatitis, is a liver disease caused by the hepatitis D virus (HDV). HDV is an incomplete virus that requires the helper function of the hepatitis B virus (HBV) to replicate. People may become infected with HDV at the same time they acquire HBV (co-infection), or people may acquire the virus after infection with HBV (superinfection). The modes of transmission for HDV are similar to those for HBV. HDV is transmitted by percutaneous or mucosal exposure through contact with infected blood or other body fluids. Most cases are acquired by exposure to contaminated needles. Symptoms of HDV infection resemble those of HBV infection and usually occur 2-8 weeks after exposure.

Public Health Significance

Superinfection with HDV is usually more severe than HBV infection alone and more likely to result in severe disease. Since HDV is transmitted by similar methods as HBV (e.g., exposure to infected blood and contaminated needles), those most at risk of becoming infected with HDV are chronic HBV carriers and those who have not been immunized against HBV.

Although there is a vaccine for HBV, there is no vaccine for HDV. Since HDV is dependent on HBV infection, preventing HBV infections will prevent HDV infections. No treatment is currently available for HDV.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report hepatitis D within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of hepatitis D weekly to the Indiana State Department of Health (ISDH). Laboratory reporting enables identification of asymptomatic persons infected with the virus as well as those displaying symptoms. The ISDH uses standardized case definitions to classify the appropriate diagnosis for each individual.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for hepatitis D.

Epidemiology and Trends

In 2011, hepatitis D was not nationally notifiable to the Centers for Disease Control and Prevention (CDC). However, as noted above the Communicable Disease Reporting Rule for Physicians, Hospitals, and Laboratories (410 IAC 1-2.3) in Indiana does require the reporting of this disease to the ISDH. One case of hepatitis D was reported in Indiana in 2012. Two additional hepatitis D cases were reported during the 4-year reporting period 2008-2011.

You can learn more about hepatitis D by visiting the following Web sites:

ISDH Hepatitis D Quick Facts: http://www.in.gov/isdh/files/HDV_QF2010.pdf

CDC Viral Hepatitis: <http://www.cdc.gov/ncidod/diseases/hepatitis/d/index.htm>

HEPATITIS E

Hepatitis E is an inflammation of the liver caused by the hepatitis E virus (HEV). HEV rarely causes long-term liver damage or death but can cause very serious infection in pregnant women, especially during the last three months of pregnancy. Hepatitis E is rare in the U.S. and is almost always related to travel to a country where hepatitis E is common, such as Mexico, Africa, the Middle East, India, and China.

People become infected with HEV by coming in contact with the stool of an infected person (fecal-oral route). Most outbreaks have been associated with contaminated drinking water. For this reason, the virus is easily spread in areas where there are poor sanitary conditions or where good personal hygiene is not practiced.

Public Health Significance

Symptoms of hepatitis E include diarrhea, nausea, vomiting, tiredness, stomach pain, fever, dark urine, pale/clay-colored stool, loss of appetite, and jaundice. Symptoms usually occur suddenly. Some people, especially children, may have no symptoms but can still spread the virus to others. Symptoms usually begin 26-42 days (range of 15-64 days) after exposure. Death from hepatitis E is rare, but mortality may be as high as 20 percent among pregnant women in their third trimester. Premature deliveries due to infection have a 33 percent infant mortality rate. People are most contagious from about two weeks before symptoms begin until two weeks after symptoms begin.

No cure is available for hepatitis E. However, people infected with the virus develop lifelong immunity. Unlike hepatitis A, no vaccine or immune globulin is available (IG) to prevent infection.

Persons are at risk for hepatitis E infection if they have:

- Exposure to contaminated food or water:
 - Consuming untreated water.
 - Consuming food prepared by an infected person.
 - Consuming raw produce or raw shellfish (e.g., oysters).
 - Traveling to countries where hepatitis E is common and where there is little clean water or proper sewage disposal.
- Exposure to the stool or blood of an infected person who is a:
 - Household member or sexual partner (men who have sex with men are at higher risk).
 - Child or staff member of a daycare center (including centers for the disabled).
 - Resident or staff member of a health care center.

Casual contact, as in the usual workplace or school setting, does not spread HEV. However, most cases of hepatitis E have an unknown exposure due to the length of time from exposure to the time symptoms begin (range of 15-64 days).

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report hepatitis E immediately to the Indiana State Department of Health. Laboratories are also required to report positive results of hepatitis E weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for hepatitis E.

Epidemiology and Trends

Three cases of hepatitis E were reported in Indiana in 2012 and 14 cases were reported during the five-year period 2008-2012.

You can learn more about hepatitis E by visiting the following Web sites:

<http://www.cdc.gov/hepatitis/index.htm>

HISTOPLASMOSIS

Histoplasmosis is caused by *Histoplasma capsulatum*, a saprophytic soil fungus. The primary route of transmission is inhalation of infectious spores made airborne by the disturbance of contaminated soil. The presence of *Histoplasma capsulatum* has been associated with soil enriched with bird feces, especially from blackbirds, starlings, chickens, and pigeons. Birds are not carriers of histoplasmosis, but accumulation of bird feces provide the organic enrichment needed for *Histoplasma* growth. Bat guano may also contain the organism. Some studies have indicated that different clay minerals in soil may influence growth and activity of bacteria and fungi. Histoplasmosis was confirmed in 48 counties in Indiana during 2012. The counties with the highest rates of infection with five or more cases were Shelby (49.5), Howard (12.1), Hancock (8.5), Madison (4.6), Vanderburgh (3.9), Hamilton (3.8), St. Joseph (3.4), Marion (2.2), and Lake (1.8) Counties respectively. Histoplasmosis is endemic in Indiana, and the CDC reports between 50% and 80% of people who live in areas where *Histoplasma capsulatum* is common in the environment will show evidence of having been exposed to the fungus at some point in their lifetime. In these areas, 10% to 25% of HIV-infected people will develop disseminated histoplasmosis.

Histoplasmosis is reportable in Indiana as well as Kentucky, Minnesota, Illinois, Mississippi, Michigan, and Pennsylvania.

Public Health Significance:

Approximately 90 percent of *Histoplasma capsulatum* infections are asymptomatic. Clinically recognized histoplasmosis can be characterized into one of three forms: 1) acute, pulmonary histoplasmosis; 2) disseminated histoplasmosis; and 3) chronic, cavitary histoplasmosis. Symptoms of histoplasmosis cases are flu-like with nonproductive cough, chest pains, and difficult breathing (acute, pulmonary histoplasmosis). More severe disease may result in fever, night sweats, weight loss, and bloody sputum. Severe cases may result in *Histoplasma* organisms being disseminated to many body organs (disseminated histoplasmosis). Symptoms occur within 3-17 days after exposure to the fungus. Antifungal medication is available for histoplasmosis, although mild infections usually resolve without medication.

People most at risk for developing histoplasmosis include poultry workers, farmers, landscapers and gardeners, and those who have contact with bats or bat caves.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report histoplasmosis within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of histoplasmosis weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2010 Goal for histoplasmosis.

Epidemiology and Trends

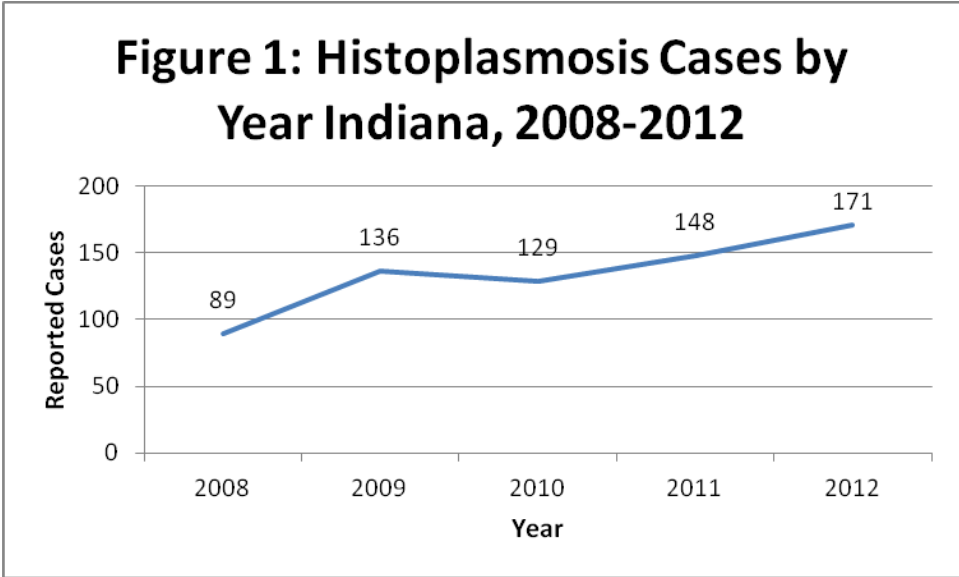
In 2012, 171 confirmed cases of histoplasmosis were reported in Indiana, for an incidence rate of 2.62 cases per 100,000 population (Table 1). Males (3.01) were more likely to be reported with histoplasmosis infection than females (2.23).

Table 1: Histoplasmosis Case Rate by Race and Sex, Indiana, 2012

	Cases	Rate*	2008 - 2012 Total
Indiana	171	2.62	673
Race			
Black	12	1.82	44
White	107	1.87	356
Other	4	2.51	13
Not Reported	48	-	260
Sex			
Female	74	2.23	247
Male	97	3.01	345
Unknown	-	-	81

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013.

Figure 1 illustrates the number of cases by year for 2008-2012.



Histoplasmosis occurred throughout the year in 2012, with the largest number of cases occurring in the fall and winter months (Figure 2).

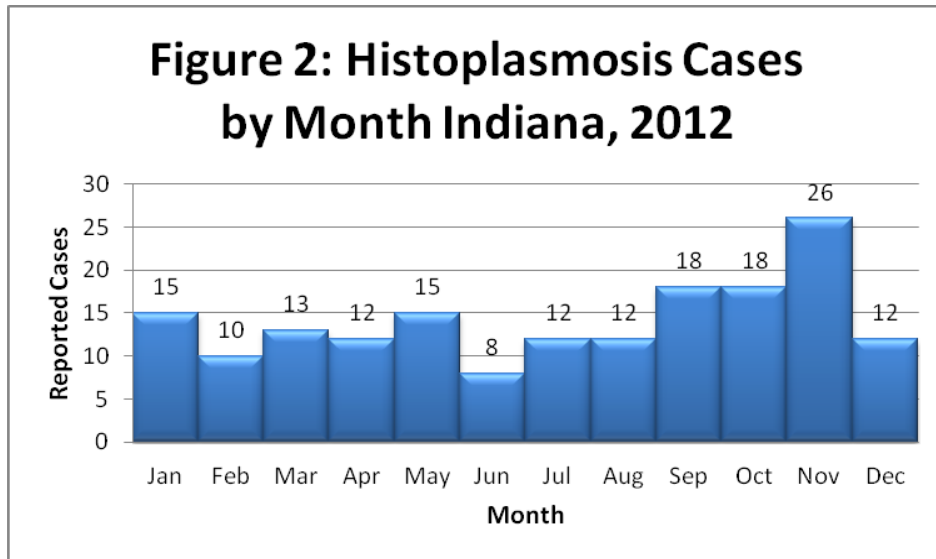
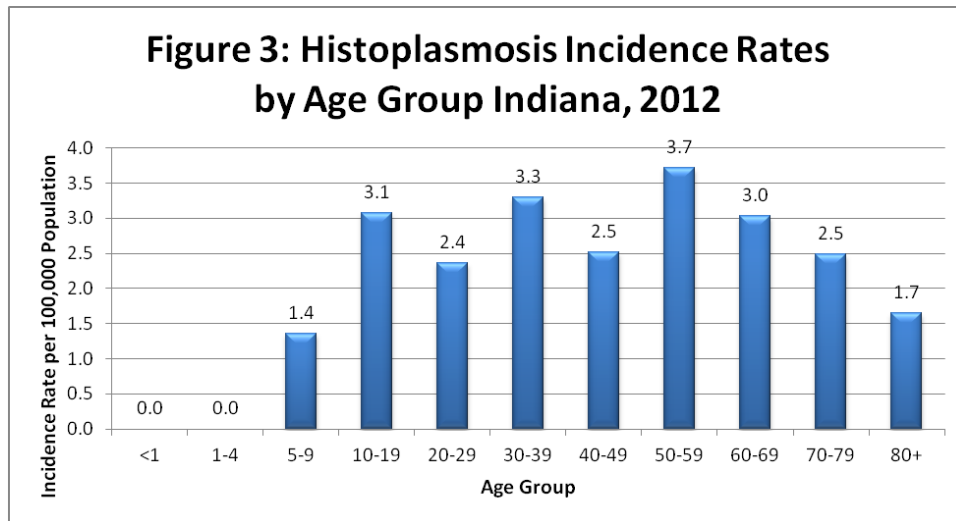
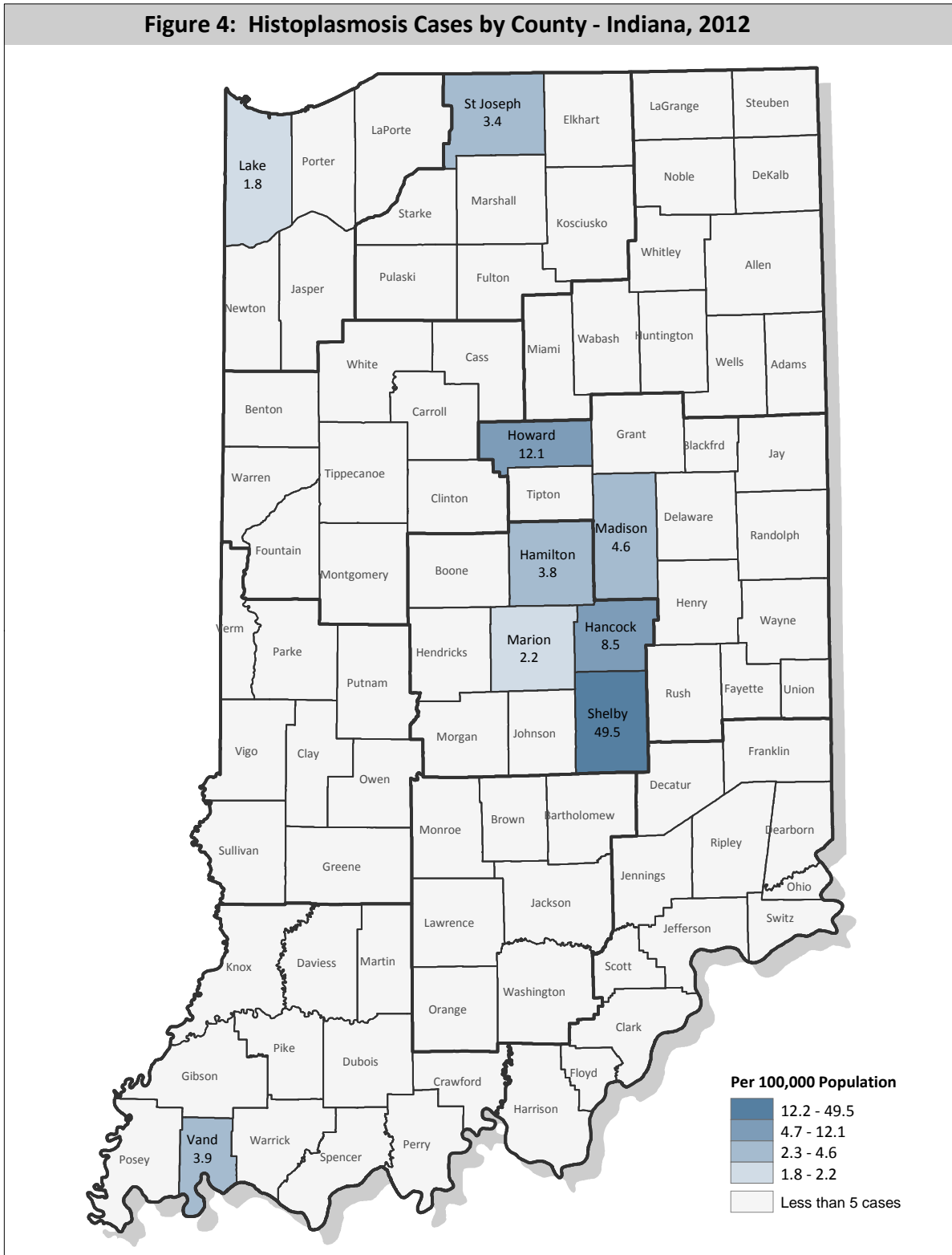


Figure 3 shows the distribution of cases by age group. Age-specific rates were greatest among adults aged 40-49 years of age (3.4).



In 2012, 48 counties reported at least one case of histoplasmosis in Indiana. Incidence rates were highest among the following counties reporting 5 or more cases: Shelby (49.5), Marion (2.2), Hamilton (3.8), Howard (12.1), St. Joseph (3.4), Lake (1.8), Vanderburgh (3.9), Hancock (8.5) and Madison (4.6) (Figure 4).

Figure 4: Histoplasmosis Cases by County - Indiana, 2012



There was a documented outbreak of histoplasmosis in Shelby County in 2012. The outbreak occurred at

a barn.

You can learn more about histoplasmosis by visiting the following Web site:

<http://www.cdc.gov/nczved/divisions/dfbmd/diseases/histoplasmosis/>

http://www.in.gov/isdh/files/2011QuickFact_Histoplasmosis.pdf

LA CROSSE ENCEPHALITIS

La Crosse encephalitis is a mosquito-borne viral infection found primarily in the eastern United States where hardwood forests exist. The disease is maintained in nature in a cycle between the tree-hole mosquito, *Aedes triseriatus*, and small woodland mammals such as squirrels and chipmunks. Although La Crosse virus is endemic in Indiana, the disease is relatively rare because humans are not an essential component of the viral life cycle.

Public Health Significance

Symptoms of La Crosse encephalitis include headache, fever, nausea, vomiting, drowsiness, and disorientation. Severe cases may result in seizures or coma. Symptoms appear 5-15 days after a bite from an infected mosquito. Cases are rarely fatal but may result in learning disabilities in recovered individuals. For every symptomatic case, approximately 1,500 asymptomatic cases occur. Clinically recognized infections occur mainly in children under 16 years of age. No specific treatment exists for La Crosse encephalitis. People most at risk for developing La Crosse encephalitis include children younger than 16 years of age, those residing in or near woodlands where tree-hole mosquitoes reside, and those involved in outdoor water activities.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report arboviral disease including La Crosse (California) encephalitis immediately to the local health department or the ISDH. Laboratories are also required to report positive results of California serogroup (CAL) virus weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for La Crosse encephalitis.

Epidemiology and Trends

In 2012, three cases of La Crosse encephalitis were reported in Indiana. During the five-year period 2007-2010, seven cases of La Crosse encephalitis were reported in Indiana ([Table 1](#)).

Table 1: La Crosse Encephalitis cases, 2008-2012

	Cases
2012	3
2011	3
2010	0
2009	1
2008	0
Five-year total	7

You can learn more about La Crosse encephalitis by visiting the following Web site:

<http://www.cdc.gov/lac/>

LEGIONELLOSIS

Legionellosis is a respiratory infection caused by *Legionella* bacteria, most commonly *Legionella pneumophila*. These bacteria are transmitted by contaminated water aerosols, which are then inhaled. *Legionella* can be found in any type of water system. They have been found in the environment in creeks and ponds and potted soil. The bacteria are prevalent in warm stagnant water such as those found in most plumbing systems, hot water tanks, water in cooling towers, and evaporative condensers.

Public Health Significance

Legionnaires' disease is a severe infection, most commonly characterized by pneumonia. Other symptoms include high fever, cough, chills, muscle aches, and headache. Symptoms usually begin about 2-14 days after exposure. Chest X-rays are needed to confirm the presence of pneumonia, and other tests can be performed on sputum (phlegm), as well as blood and urine to find evidence of the bacteria in the body.

People most at risk of getting sick from the bacteria are:

- older people (usually 65 years of age or older)
- smokers
- people with chronic lung disease (like emphysema)
- people with weakened immune systems from diseases like cancer, diabetes, or kidney failure
- people who take drugs that suppress (weaken) the immune system (such as organ transplants or chemotherapy)

A milder infection caused by the same type of *Legionella* bacteria is Pontiac Fever. The symptoms of Pontiac Fever usually last for 2 to 5 days and may also include fever, headaches, and muscle aches; however, there is no pneumonia. Symptoms resolve on their own without treatment and without causing further problems. Neither infection is transmissible person-to-person. Pontiac Fever and Legionnaires' disease may both be called "legionellosis."

Outbreaks occur when two or more people become ill in the same place at about the same time, such as hospitalized patients. Hospitals or large buildings have complex water systems, and many people in hospitals already have illnesses that increase their risk for *Legionella* infection. Other outbreaks have been linked to aerosol sources in the community, cruise ships, and hotels, with the most likely sources being whirlpool spas, cooling towers (air-conditioning units from large buildings), and water used for drinking and bathing.

Legionnaires' disease can be treated with antibiotics. Supportive therapy may be needed to aid breathing function. No vaccine is available for legionellosis.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report legionellosis within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of legionellosis weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2010 Goal for legionellosis.

Surveillance Case Definitions

Legionellosis cases must meet clinical definition and one of the following laboratory requirements:

Confirmed:

- Culture: isolation of any *Legionella* organism from respiratory secretions, lung tissue, pleural fluid, or other normally sterile fluid.
- Urinary antigen: detection of specific *Legionella pneumophila* serogroup 1 antigen in urine using validated reagents. This is the fastest way to confirm the diagnosis.
- Seroconversion: fourfold or greater rise in specific serum antibody titer to *Legionella pneumophila* using validated reagents. This is not recommended due to the time required to obtain both acute and convalescent sera.

Epidemiology and Trends

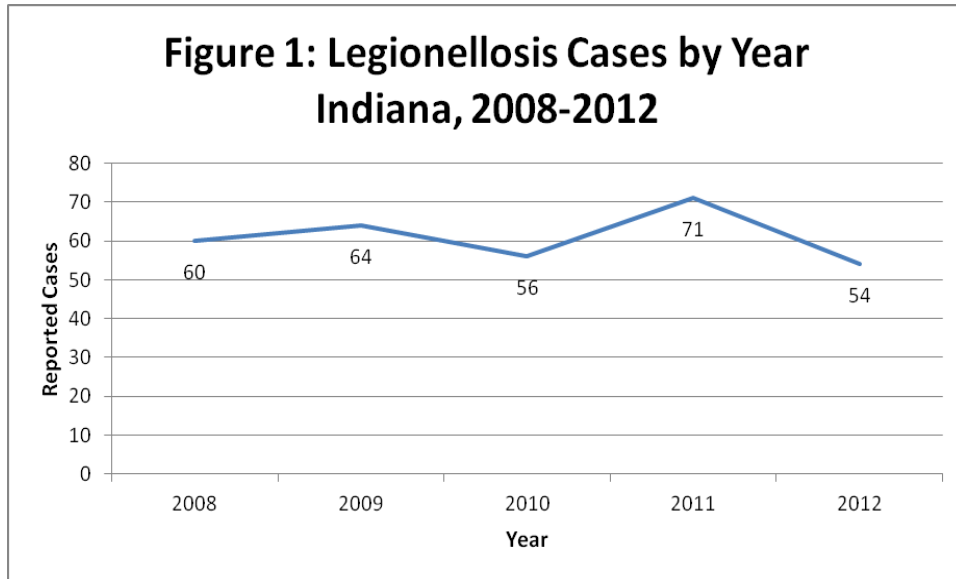
In 2012, 54 confirmed cases of legionellosis were reported in Indiana (Table 1), for a case rate of 0.83 per 100,000. In 2012, blacks (1.06) were at higher risk for legionellosis than whites (0.65). Additionally, males (1.06) were at higher risk than females (0.60).

Table 1: Legionellosis Case Rate by Race and Sex, Indiana, 2012

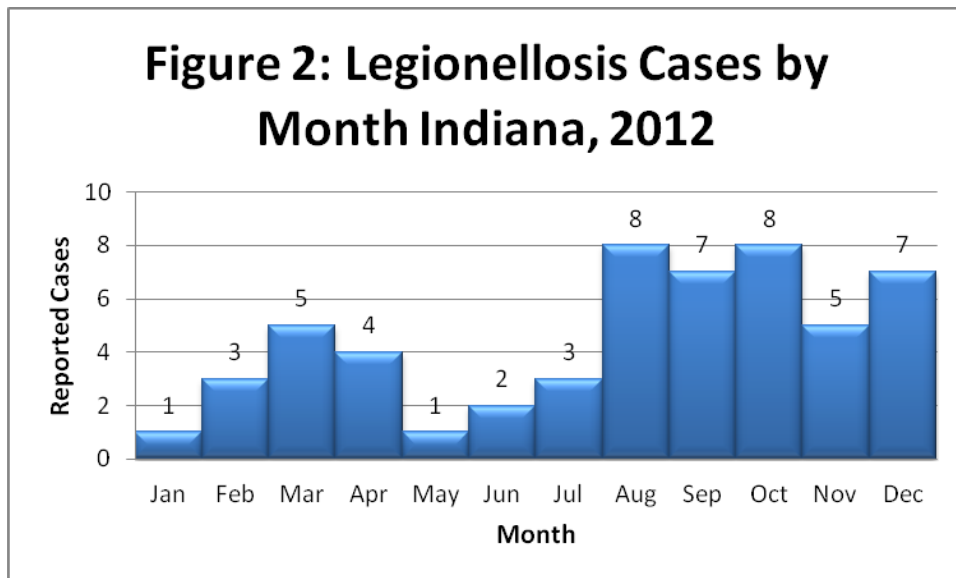
	Cases	Rate*	2008 - 2012 Total
Indiana	54	0.83	305
Race			
Black	7	1.06	36
White	37	0.65	155
Other	0	0.00	0
Not Reported	10	-	44
Sex			
Female	20	0.60	87
Male	34	1.06	162
Unknown	0	-	0

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013.

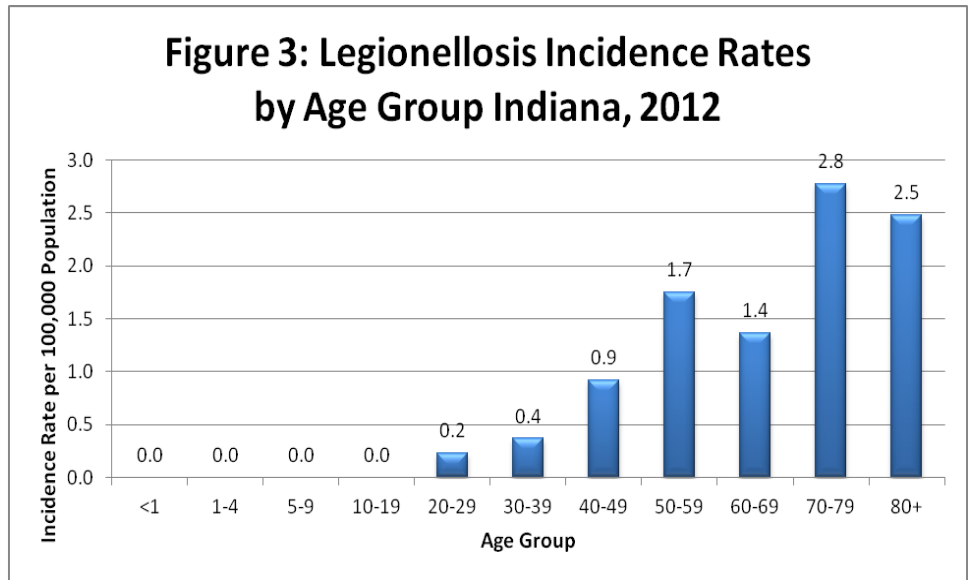
Figure 1 shows the number of cases by year for 2008-2012.



Incidence of legionellosis usually climbs in the summer. Figure 2 indicates an increase of incidence in late summer and fall of 2012.



Cases of legionellosis disease tend to occur more frequently in adults 70-79-69 years old (2.8), followed by those 80 and over (2.5) and 50-59 year age groups (1.7) respectively, seen in Figure 3.

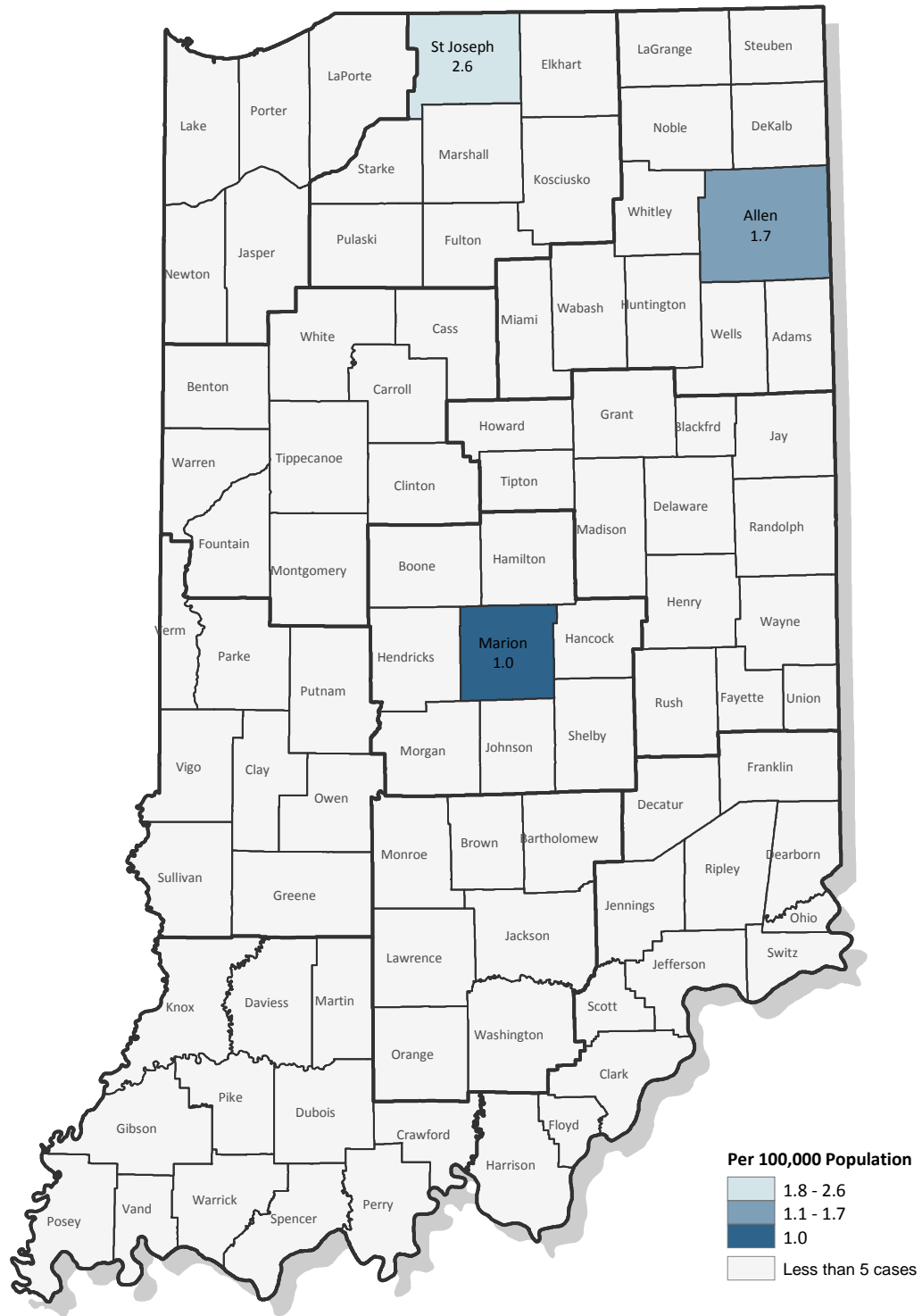


Of the 24 counties reporting cases in 2012, incidence rates were highest among the following counties reporting 5 or more cases: St. Joseph (2.6) Allen (1.7) and Marion (1.0) (Figure 4).

You can learn more about legionellosis by visiting the following Web sites

- http://www.in.gov/isdh/files/2011QuickFact_Legionella.pdf
- http://www.cdc.gov/legionella/patient_facts.htm

Figure 4: Legionellosis Cases by County - Indiana, 2012



LEPROSY (HANSEN'S DISEASE)

Leprosy, or Hansen's Disease, is a chronic disease caused by the bacterium *Mycobacterium leprae*, which affects the skin, mucous membranes, and peripheral nerves. The World Health Organization (WHO) classifies the disease based upon the presence of bacteria and the appearance of cells in skin biopsy. Cases with less than five lesions are typically considered paucibacillary and cases with more than five skin lesions are multibacillary. This classification system is used in the determination of the appropriate duration and type of antibiotic drug therapy used in treatment. Symptoms of leprosy include hypopigmented or reddish skin lesions that may appear as plaques or nodules that are not painful, as well as loss of sensation in the extremities and nose from peripheral nerve involvement and nasal congestion. Symptoms of the disease do not typically appear for several years after contact with an infected person. The mode of transmission is uncertain, but the bacteria are thought to be spread through the contact with nasal mucosa of infected persons. It is estimated that 95% of the world's population is naturally immune to the bacteria, as leprosy is not a highly transmissible disease.

Public Health Significance

Persons at greatest risk for the disease include household contacts of a case. Most cases in the United States occur in immigrants and refugees who acquired the disease in their native country. Leprosy is more common in temperate, tropical, and subtropical climates. A genetic study at the National Hansen's Disease Program reports that armadillos may be a source of infection in the southern United States. The Program states that the risk of transmission from animals to humans is low, but should be handled with proper precautions.

Early diagnosis and treatment of the disease is critical in curing the disease and in preventing permanent damage to the skin and nerves. A multi-drug regimen taken over an extended period is used to treat the disease, and it is recommended that direct observation therapy be utilized to ensure compliance with the medication regimen. While prophylaxis of close contacts is not recommended, current household contacts should be examined immediately by a health care provider and then annually for five years following last contact with the infectious patient. The average incubation period for the disease is about three years.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report leprosy within 72 hours to the local health department or the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for leprosy.

Epidemiology and Trends

No cases of leprosy were reported in Indiana during 2012. Two cases were reported during the five year reporting period 2008 – 2012. Nationally, 82 cases were reported in 2012. Approximately 70% of those cases were reported from California, Florida, Hawaii and Texas (57 cases).

You can learn more about leprosy by visiting the following Web sites:

http://www.cdc.gov/nczved/divisions/dfbmd/diseases/hansens_disease/technical.html/

<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5953a1.htm>

<http://www.hrsa.gov/hansensdisease/>

LEPTOSPIROSIS

Leptospirosis is a bacterial disease of animals and humans caused by *Leptospira* bacteria, most commonly *Leptospira interrogans*. The primary reservoir of the bacteria is rodents. However, infected domestic animals such as cattle, sheep, goats, pigs, dogs, and cats can pose an additional threat to humans. Humans generally become infected by direct contact with infected animals or from exposure to water contaminated with urine from infected animals.

Public Health Significance

Symptoms of leptospirosis may appear abruptly and include fever, chills, severe headache, body aches, and vomiting. If leptospirosis is left untreated, kidney damage, liver failure, and respiratory distress can occur. Symptoms occur 2-28 days after exposure to the bacteria. Antibiotics are used to treat the infection.

Leptospirosis can be an occupational disease risk for individuals who work with animals or who have exposure to contaminated soil or water. Groups at increased risk include farmers, veterinarians, coal miners, meat handlers, and sewer workers. At least one large leptospirosis outbreak in the U.S. has been linked to the recreational use of a lake.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report leptospirosis within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of *Leptospira species* weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for leptospirosis.

Epidemiology and Trends

No cases of leptospirosis were reported in Indiana in 2012. No cases of leptospirosis were reported during the five year reporting period, 2008-2012.

You can learn more about leptospirosis by visiting the following Web site:

<http://www.cdc.gov/leptospirosis/index.html>

LISTERIOSIS

Listeriosis is a contagious disease caused by *Listeria monocytogenes* bacteria. These bacteria are found in soil, untreated water, and the intestines of some animals. These animals are not sick but can pass the bacteria into the soil through manure. Most often, people get listeriosis by eating food contaminated with *Listeria* bacteria. *Listeria* is killed by pasteurization and cooking. However, in certain ready-to-eat foods, such as luncheon meats, contamination may occur after cooking but before packaging. Raw produce may become contaminated by contact with soil or manure. Unlike other bacteria found in food, *Listeria* can multiply in food even while refrigerated. Foods at high risk for listeriosis include: raw vegetables, uncooked meats and seafood, ready-to-eat meats, soft cheeses, and unpasteurized dairy products. The only way listeriosis can be spread from person to person is from mother to baby during pregnancy. It cannot be spread by other person-to-person contact.

Outbreaks of listeriosis have been attributed to unpasteurized dairy products, soft cheeses, raw vegetables, and ready-to-eat meats.

Public Health Significance

Symptoms of listeriosis include fever, headache, muscle aches, nausea, vomiting, abdominal cramps, and diarrhea. Symptoms usually begin 21 days (range of 3-70 days) after exposure. Duration of symptoms depends on the health of the infected person; symptoms can last several days or several weeks. Healthy people usually do not have any symptoms, while others may have a mild illness. Pregnant women are about 20 times more likely than other healthy adults to get listeriosis. About one-third of listeriosis cases occur during pregnancy. If infection occurs when a woman is pregnant, antibiotics given promptly can often prevent infection of her baby. Otherwise, infected pregnant women may experience only a mild, flu-like illness; however, infections during pregnancy can lead to miscarriage or stillbirth, premature delivery, or infection of the newborn. Illness can be very serious in pregnant women, newborns, elderly persons, and persons with weakened immune systems.

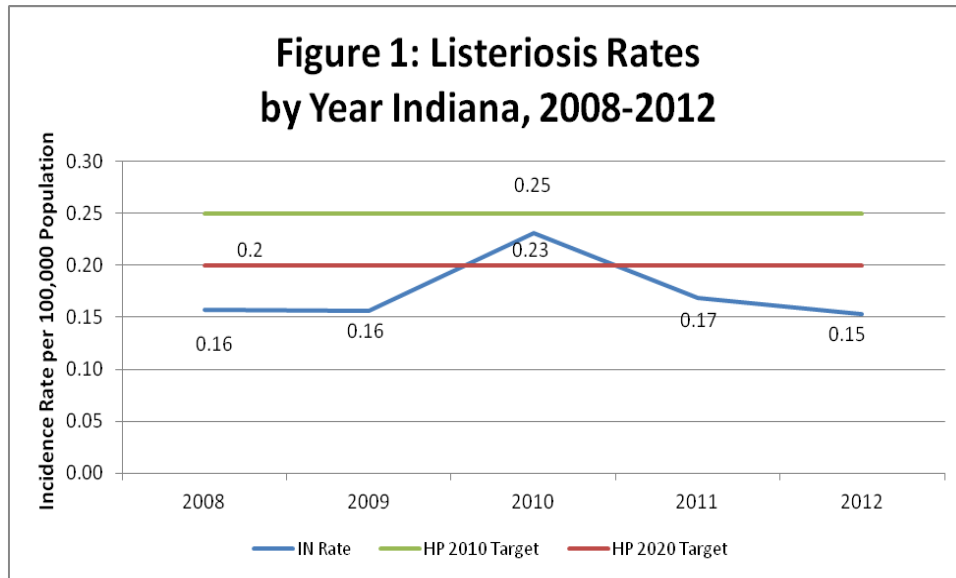
Antibiotics are available to treat the infection in all persons, regardless of age.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report listeriosis within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of listeriosis weekly to the ISDH. In addition, for listeriosis, laboratories are required to submit isolates received to the ISDH Laboratory for further confirmation and subtyping.

Healthy People 2020 Goal

The Healthy People 2020 Goal for listeriosis is 0.2 cases per 100,000 population. During the five-year reporting period, Indiana met the Healthy People 2020 goal in 2008, 2009, and 2011 (Figure 1). The cause for the elevated rate of cases in 2007 and 2010 is unknown.



Epidemiology and Trends

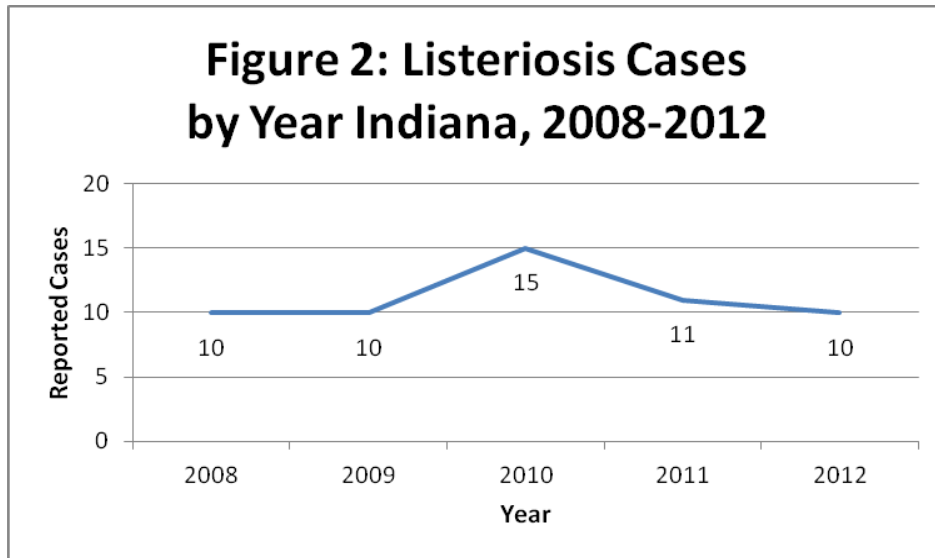
In 2012, ten cases of listeriosis were reported in Indiana, for a rate of 0.15 cases per 100,000 population (Table 1).

Table 1: Listeriosis Case Rate by Race and Sex, Indiana, 2012

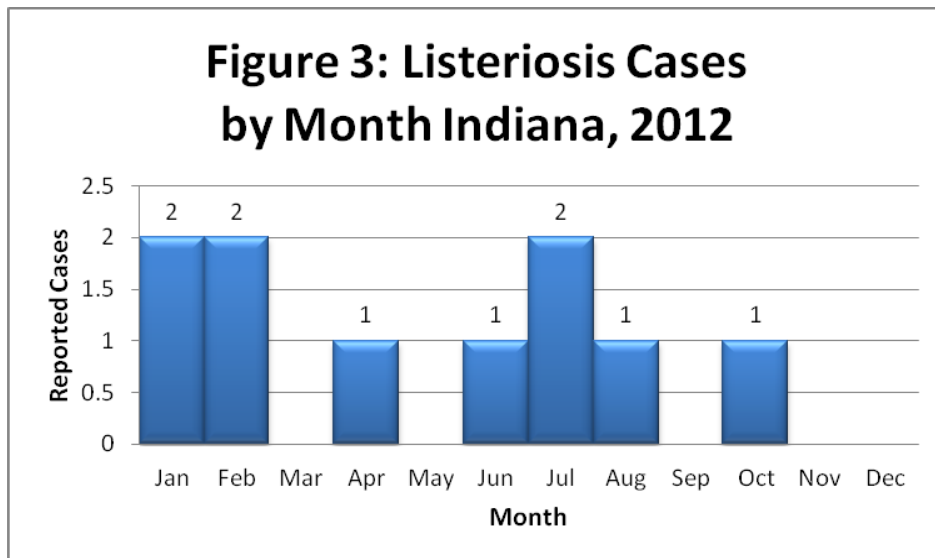
	Cases	Rate*	2008 - 2012 Total
Indiana	10	0.15	64
Race			
Black	2	0.30	1
White	4	0.07	45
Other	1	0.63	2
Not Reported	3	-	16
Sex			
Female	5	0.15	30
Male	5	0.16	34
Unknown	0	-	0

*Rate per 100,000 population based on U.S. Census Bureau's population data as of July 1, 2010

Figure 2 shows reported listeriosis cases by year for 2008-2012.

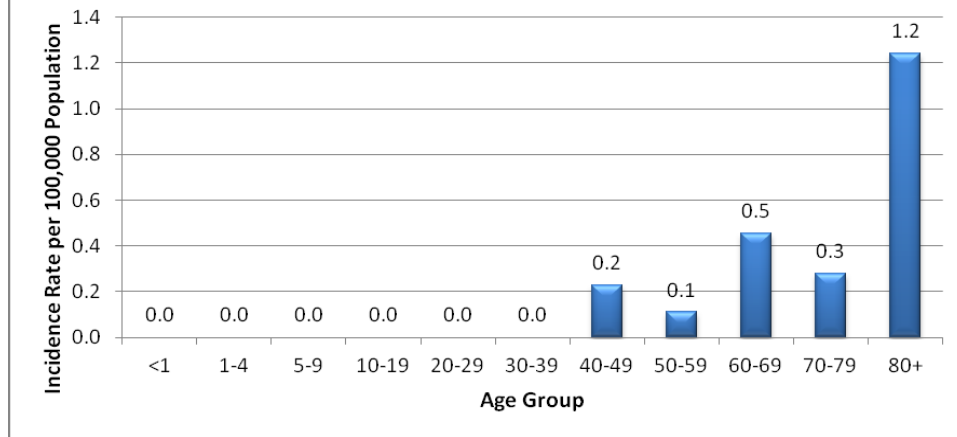


Incidence of disease was highest in September (Figure 3).



As shown in Figure 4, age specific rates were greatest for infants less than one year of age (2.38), followed by adults 60-69 (0.78), adults 70-79 (0.57) and adults aged 80 years and older (0.41).

Figure 4: Listeriosis Incidence Rates by Age Group Indiana, 2012



Eleven counties reported having at least one listeriosis case in 2011 and no county reported 5 or more cases.

You can learn more about listeriosis by visiting the following Web sites:

<http://www.cdc.gov/listeria/index.html>

<http://www.fda.gov/Food/FoodSafety/FoodborneIllness/FoodborneIllnessFoodbornePathogensNaturalToxins/BadBugBook/ucm070064.htm>

LYME DISEASE

Lyme disease is caused by the bacterium *Borrelia burgdorferi* and is the most commonly diagnosed tick-borne disease in the United States. It is transmitted by the black legged tick (*Ixodes scapularis*). Small wild rodents serve as the reservoir species. Transmission can occur after the tick has been attached and feeding for approximately 36 hours.

Public Health Significance

Symptoms of Lyme disease appear 3-30 days after exposure to the infected tick but generally occur 7-14 days after exposure. Symptoms often include a “bullseye” skin rash known as erythema migrans. In some cases, more severe symptoms of joint pain and arthritis can last from months to years. Lyme disease can be successfully treated with antibiotics, especially if treatment is started early. Untreated infections of *Borrelia burgdorferi* can lead to various health problems including arthritis, neurologic disease, meningitis, loss of muscle tone (Bell’s palsy) and/or dermatological (skin) conditions.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report Lyme disease within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of *Borelli burgdorferi* weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for Lyme disease.

Epidemiology and Trends

In 2012, 65 cases of Lyme disease were reported in Indiana, for a rate of less than 1 case per 100,000 population. For the five-year reporting period from 2008-2012, 313 cases of Lyme disease were reported.

You can learn more about Lyme disease by visiting the following Web site:

<http://www.cdc.gov/ncidod/dvbid/lyme/index.htm>

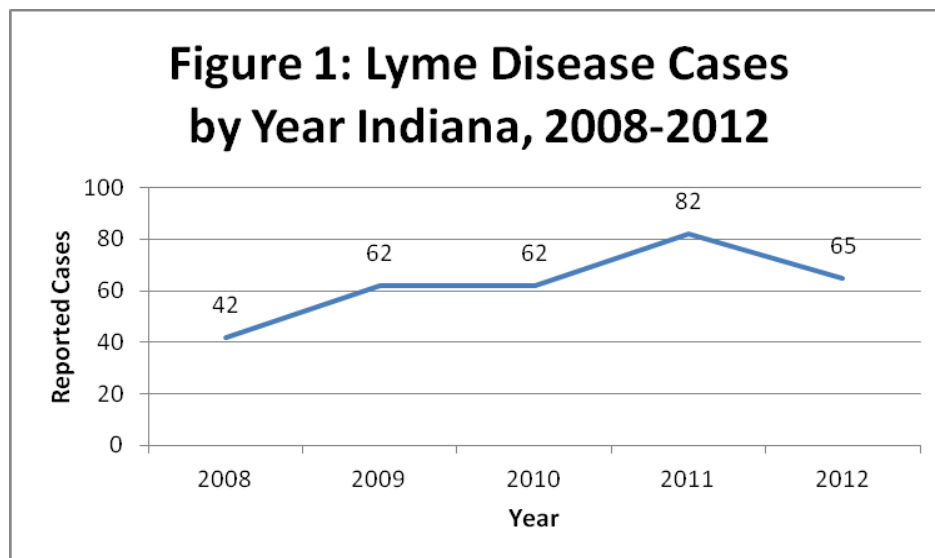


Figure 2: Lyme Disease Cases by Month Indiana, 2012

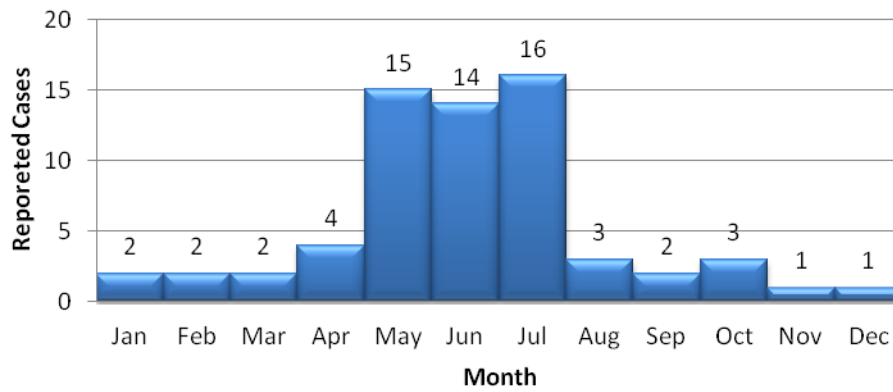
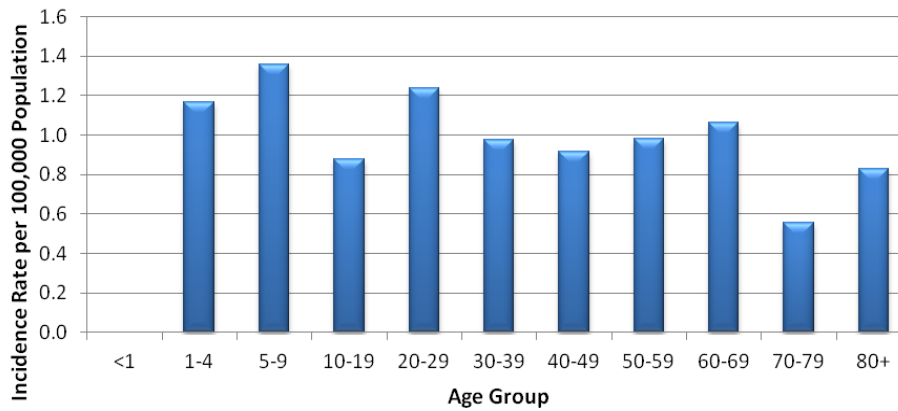


Figure 3: Lyme Disease Incidence Rates by Age Group Indiana, 2012



MALARIA

Malaria is a serious, sometimes fatal, blood disease caused by one of four *Plasmodium* parasite species (*falciparum*, *vivax*, *ovale*, *malariae*) and transmitted by the bite of an infected female *Anopheles* mosquito. In the U.S., cases of malaria are normally acquired by international travel to malaria high-risk areas. Malaria risk in specific countries is dependent on various factors that can change rapidly and from year to year, such as local weather conditions, mosquito vector density, and prevalence of infection, which can markedly affect local malaria transmission patterns. In general, malaria transmission occurs in large areas of Central and South America, the island of Hispaniola (the Dominican Republic and Haiti), Africa, Asia (including South Asia, Southeast Asia, and the Middle East), Eastern Europe, and the South Pacific.

Public Health Significance

Malaria symptoms are similar to influenza and may include chills, headache, muscle aches, and tiredness. The indicative symptoms of malaria are cyclic fevers and chills. Symptoms develop 7-30 days after the infective bite. Antimalarial drugs taken for prophylaxis can delay malaria symptoms. Delays between exposure and development of symptoms can result in misdiagnosis or delayed diagnosis because of reduced clinical suspicion by the health care provider.

Prior to traveling to malaria risk areas, travelers should always see a health care provider to obtain anti-malarial medications to prevent malaria infection. The type of anti-malarial medication needed will vary depending on travel destination. This is due to resistance to anti-malarial medication in many parts of the world. No vaccine is currently available.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report malaria within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of *Plasmodium species* weekly to the ISDH.

Healthy People 2020 Goal

The Healthy People 2020 Goal for malaria is to reduce the number of cases reported in the United States. Malaria is one of three diseases that accounts for a large proportion of illness and disability for international travelers. In 2008 1,298 new cases of malaria were reported in the US. The 2020 target goal is to reduce that number to 999.

Epidemiology and Trends

In 2012, 22 cases of malaria were reported in Indiana. A total of 79 cases of malaria were reported during the five-year reporting period 2008-2012. All were acquired outside of the United States. Malaria cases were reported in Indiana following international travel or re-location from Sub-Saharan Africa, tropical (northern) South America, Central America, the Caribbean (Haiti and Dominican Republic), and parts of South and Southeast Asia.

You can learn more about malaria by visiting the following Web sites:

<http://www.cdc.gov/malaria/>

MEASLES

Measles is a highly contagious viral illness transmitted through the air when an infected person coughs or sneezes. It also may spread through contact with nose or throat drainage of an infected person or articles contaminated by an infected person.

Public Health Significance

Symptoms of measles usually begin to appear 10-12 days after exposure to the virus. Symptoms of measles begin with tiredness, fever, cough, coryza (runny nose), and conjunctivitis. A maculopapular rash begins 3-4 days later, typically beginning on the hairline of the forehead and gradually proceeding downward over the entire body. The rash lasts a minimum of 3 days, but on average lasts 4-7 days. Persons with measles usually appear to be very ill at least 2 days before to 2 days after rash onset. Though historically considered a mild childhood disease, it can lead to serious complications. Measles infection may cause ear infections, pneumonia, encephalitis, vision damage, and even death. Fever may last 2-4 days and can peak as high as 103-105°F.

Measles virus is communicable prior to the appearance of the classical rash, thus following infection control guidelines and exclusion rules are important when exposed to an infected person.

No medications are currently used to treat measles. Vaccination is the most effective measure to prevent measles. Measles can spread quickly in unimmunized populations. Two doses of measles, mumps, and rubella (MMR) vaccine typically prevent infection. Children receive the first dose of MMR at 12 months of age and the second dose of MMR at 4-6 years of age following the routine schedule. All adults should receive at least one dose of MMR vaccine, but two doses at least 28 days apart are recommended for health care workers, international travelers, and adults enrolled in secondary education.

Prior to routine measles vaccination, more than 500,000 measles cases and 500 associated deaths were reported annually in the United States. The actual number of measles cases per year was estimated to be 3-4 million. Measles incidence in the United States decreased more than 98% following the vaccine's licensure in 1963, but outbreaks still occur when the measles virus is introduced to unimmunized pockets of the population. According to the World Health Organization, an estimated 158,000 measles deaths occurred globally, in 2011.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report measles immediately to the local health department or the ISDH. Laboratories are also required to report positive results of measles weekly to the ISDH.

Healthy People 2020 Goal

The Healthy People 2020 Goal for measles fewer than 30 cases of US-acquired measles cases per year nationwide (0.0096 cases per 100,000 population). Indiana did not meet this goal in 2012 since the rate of US-acquired measles in the state was 0.20 cases per 100,000 population. Indiana had 13 US-acquired cases in 2012 (plus 2 internationally-acquired cases). Achieving and maintaining high levels of vaccination coverage in Indiana is an effective way to accomplish this goal. The risk of importation of measles virus through international travel remains, thus prevention through vaccination is necessary until the virus is globally eradicated.

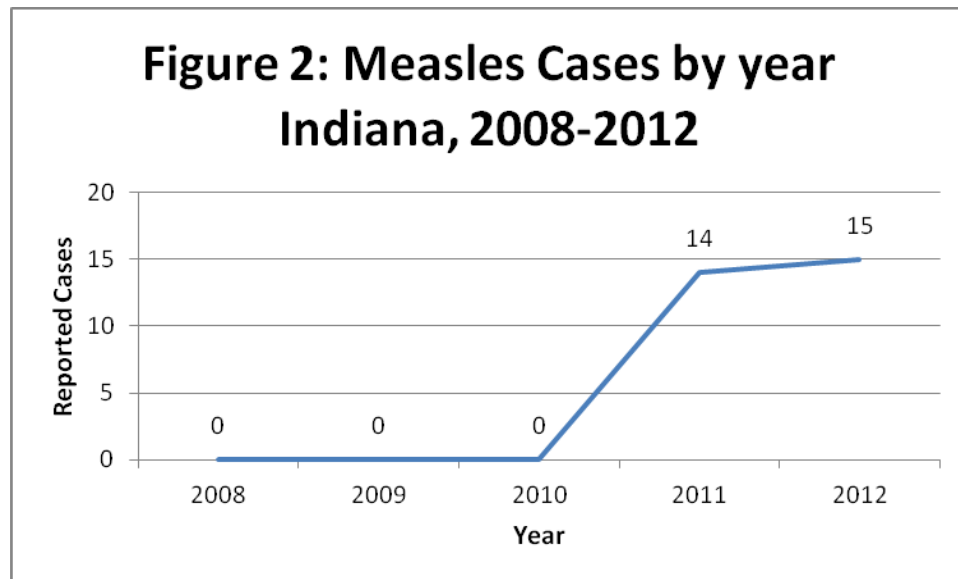
Epidemiology and Trends

Fifteen cases of measles were reported in 2012 in Indiana. Of the 15 cases, 14 cases were associated with a family who returned to central Indiana with children adopted from an endemic country (some of the

adoptees were incubating disease upon arrival in Indiana). Exposure to the adoptees led to cases in 4 other households, and subsequent exposures.

The unrelated case occurred in a different part of the state. The case returned from a trip to a different African country. No documented spread from this case was reported. Ten of the 15 cases were unvaccinated, 4 cases had an unknown vaccination history, and 1 case had received 2 valid doses of MMR vaccine. Nine of the 15 cases were male and the average age of the cases was 22 years old.

Figure 2 shows reported cases of measles for the five-year period 2008-2012.



During 2012, a total of 55 measles cases nationwide were reported to CDC, compared with a median of 87 (range: 37–220) cases reported annually during 2004–2011.

You can learn more about measles by visiting the following Web sites:

<http://wwwnc.cdc.gov/travel/yellowbook/2014/chapter-3-infectious-diseases-related-to-travel/measles-rubeola>

<http://www.cdc.gov/vaccines/vpd-vac/measles/default.htm>

MENINGOCOCCAL DISEASE

Meningococcal disease is a life-threatening illness which occurs when *Neisseria meningitidis* bacteria invade a site in the body that is normally sterile, such as the blood or fluid surrounding the brain and spinal cord. The bacteria are transmitted from person-to-person through direct contact with nose and throat secretions of an infected person. The definition of a confirmed case of *N. meningitidis* is the isolation of the organism from a sterile body site or from purpuric lesions. It is estimated that at least 10% of U.S. residents may be colonized with the bacteria in the nasopharynx but have no symptoms of infection. Invasive disease is most commonly manifested as meningitis, bacteremia, meningococemia (meningococcal sepsis), or septic arthritis, although the disease can also cause pneumonia in older adults. Meningococcal infections often begin with a sudden onset of fever, headache, stiff neck, rash, photophobia, nausea, and vomiting. Prompt antibiotic therapy can reduce the risk of long-term effects and improve survival, although case fatality rates range from 10-14%. Meningococemia is the most severe form of the infection and is fatal in up to 40% of cases. Only cases of invasive disease are reportable in Indiana.

Public Health Significance

Certain segments of the population are at increased risk for the disease due to risk factors within the host or in the environment. These groups include:

- College freshmen living in dormitories
- Persons working in or attending child-care facilities
- Microbiologists
- U.S. military recruits
- Persons who travel to or reside in countries where *N. meningitidis* is epidemic, especially if there will be prolonged contact with the local population
- Persons who have certain immune system disorders
- Persons who do not have a functional spleen

It is recommended that all children should be vaccinated with meningococcal (MCV4) at entry to 6th grade (11-12 years of age). The CDC recommends that all teens also receive a booster dose of MCV4 at age 16 years. For those who receive the first dose at age 13 through 15 years, a one-time booster dose should be administered, preferably at age 16 through 18 years, before the peak in increased risk. Adolescents who receive their first dose of MCV4 at or after age 16 years do not need a booster dose (<http://www.cdc.gov/vaccines/vpd-vac/mening/default.htm>). Vaccination is also recommended for other at-risk populations, and education on the importance of receiving the vaccine is a primary strategy for reducing incidence of the disease. Revaccination for individuals who remain at high risk is recommended. In April 2011, the Food and Drug Administration approved the use of the quadrivalent meningococcal vaccine for children in the 9 through 23 months age group that are at high risk for disease, http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6040a4.htm?s_cid=mm6040a4_e%0d%0a. Booster guidance was published in January, 2012 for persons aged 2 through 10 years. These updates are available at http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6030a3.htm?s_cid=mm6030a3_e%0d%0a. Three vaccines are currently available to protect against meningococcal disease, with the vaccine Menveo licensed in 2010. All vaccines protect against four of the five encapsulated serogroups of the bacteria which cause invasive disease (A, C, Y, W-135). No vaccine is available in the United States to protect against serogroup B or serogroup Z disease.

Increased hospital, provider, and laboratory awareness of the condition may improve clinical outcomes. Immediate recognition and treatment of suspected cases is crucial. Suspected cases should be treated prior

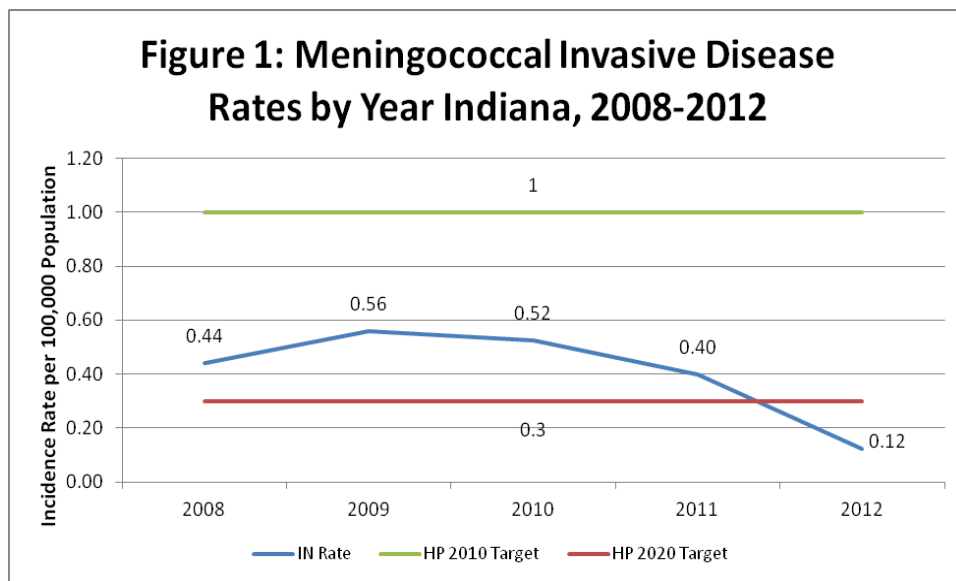
to lab confirmation. Health care providers and local health departments must immediately report suspected and confirmed cases to ensure proper control measures can be implemented to prevent secondary cases. The Indiana State Department of Health should be immediately involved with each case investigation. Individuals with direct exposure to the respiratory droplets of a case are at greater risk for contracting the disease within the few days following symptom onset. Antibiotic prophylaxis is recommended for all high-risk close contacts and should be administered as soon as possible. Due to effective prophylaxis, secondary cases and outbreaks of meningococcal disease are rare, and as a result almost all cases in the U.S. are sporadic.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report meningococcal disease immediately to the local health department or the ISDH. Laboratories are also required to report positive results of *Neisseria meningitidis* weekly to the ISDH. In addition, laboratories are required to submit isolates received to the ISDH Laboratory for further evaluation.

Healthy People 2020 Goal

The Healthy People 2020 Goal for meningococcal disease is an incidence of 0.3 cases per 100,000 population per year. Indiana met the Healthy People 2020 Goal for 2012 (see Figure 1).



Epidemiology and Trends

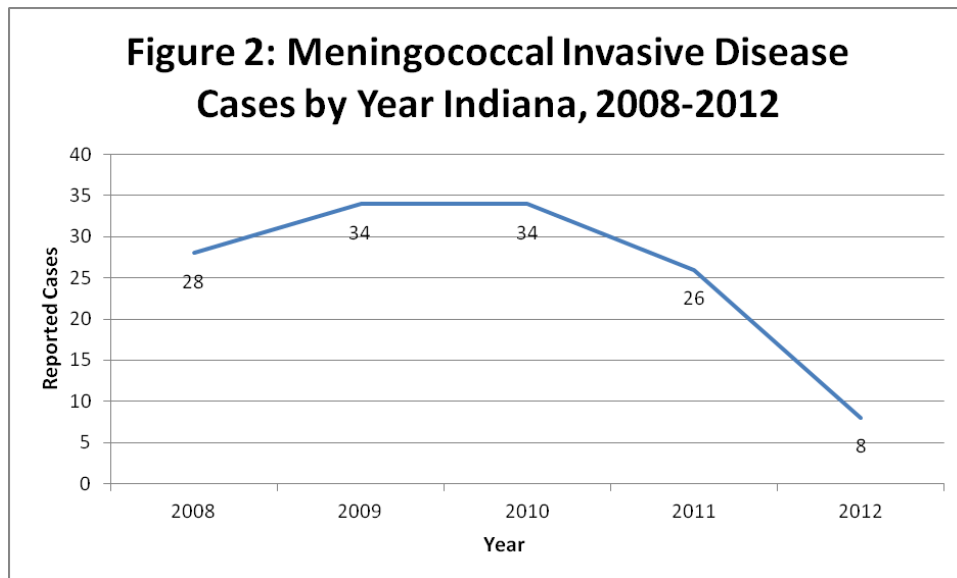
In 2012, eight confirmed and probable cases of invasive meningococcal disease (Table 1) were reported, with no reported deaths in Indiana.

Table 1: Meningococcal Cases Rate by Race and Sex, Indiana, 2012

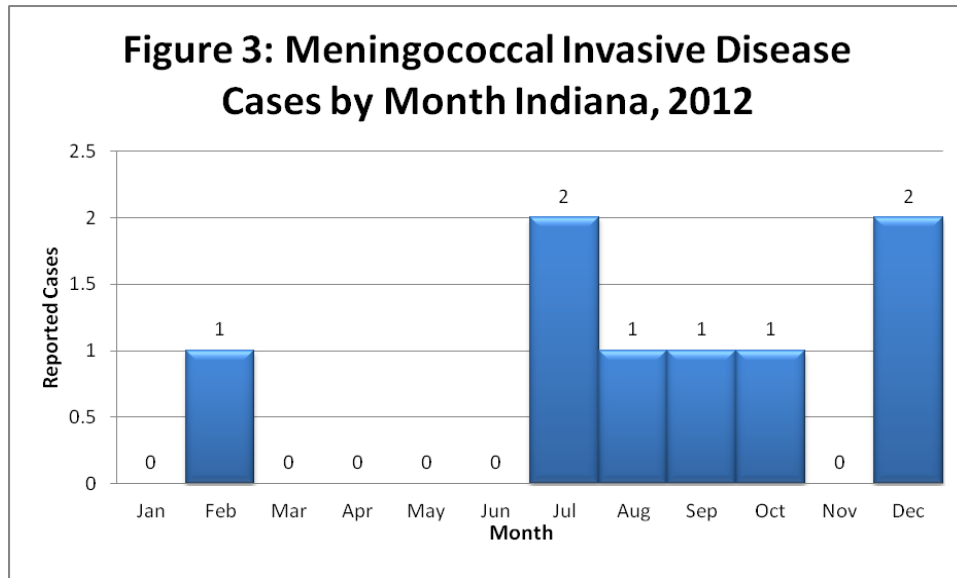
	Cases	Rate*	2008 - 2012 Total
Indiana	8	0.12	130
Race			
Black	1	0.15	10
White	5	0.09	77
Other	1	0.63	2
Not Reported	1	-	41
Sex			
Female	4	0.12	56
Male	4	0.12	49
Unknown	0	-	25

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013

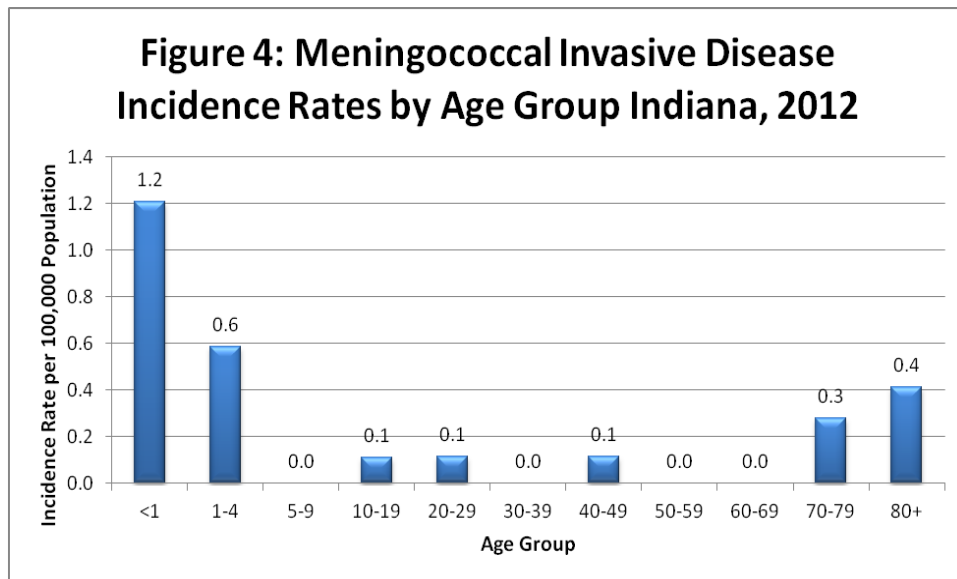
Nationally cases of meningococcal disease decreased from the previous year, from 759 cases in 2011 to 551 in 2012. Indiana also experienced a decline in disease, from 26 cases in 2011 to 8 cases in 2012. [Figure 2](#) displays the number of confirmed cases by year for the previous 5 years.



Meningococcal disease shows some seasonality. Case rates in the U.S. are highest during the late winter and early spring. [Figure 3](#) demonstrates the Indiana trend with the number of cases by month. The highest number of cases occurred in July and December 2012.



The highest incidence of meningococcal disease occurs in infants, young adults and the elderly. During 2012, incidence rates were the highest among infants <1 (1.2) followed by children 1–4 years of age (0.6) and adults over the age of 80(0.4). [Figure 4](#) shows meningococcal incidence rates for all age groups in the state of Indiana.



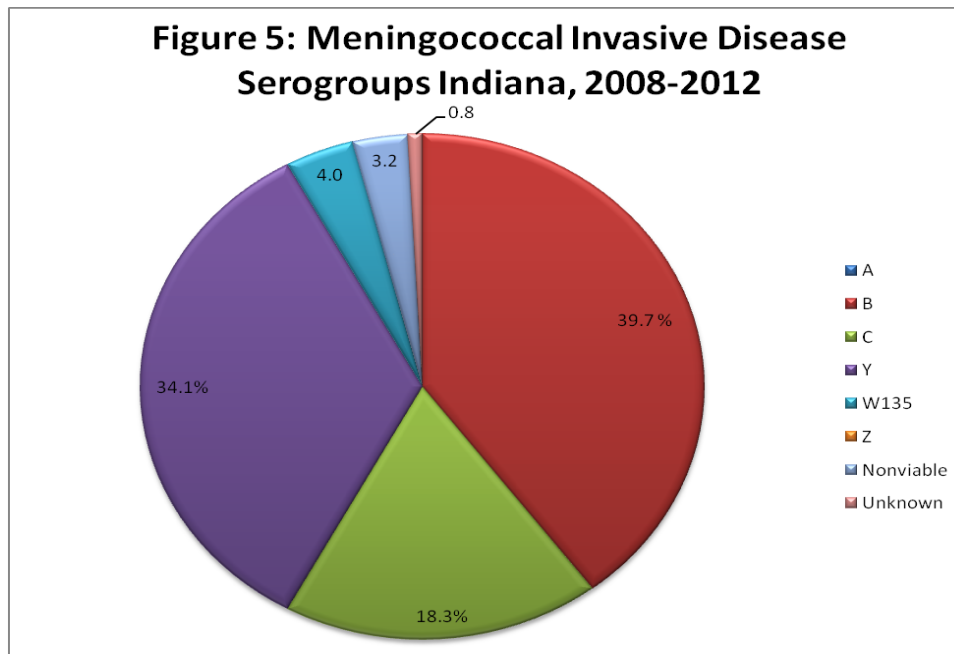
Six counties reported confirmed cases during 2012. None of the counties reported 5 or more cases.

In the U.S., *Neisseria meningitidis* serogroups B, C, and Y are most frequently associated with invasive disease. The Indiana Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, requires laboratories to submit isolates from invasive sites to the ISDH Laboratory for confirmation and serogrouping followed by susceptibility testing and molecular typing at the CDC meningitis laboratory. Polymerase chain reaction testing (PCR) can be also performed on specimens of suspected cases to provide serogrouping results at the CDC.

In 2012, serogroup B accounted for 75 % (6/8) of all cases compared to 25 % (2/8) for serogroup Y. Serogroup B had the highest proportion of cases from 2008 – 2012 (40%) followed by serogroup Y with 34%. [Table 2](#) gives the total numbers for Indiana serogroups for the past five years. [Figure 5](#) displays the total percentage of serogroup results available from 2008 to 2012.

Table 2: 5 year totals (2008 -2012) for Indiana *Neisseria meningitidis* serogroups:

Serogroup	2008	2009	2010	2011	2012	Total
A	-		-	-	-	
B	8 (28.6%)	16 (47.1%)	8 (24.2%)	12 (48%)	6 (75%)	50
C	6 (21.4%)	4 (11.8%)	10 (30.3%)	3 (12%)	-	23
Y	11 (39.3%)	11 (32.3%)	13 (39.4%)	8 (32%)	2 (25%)	43
W135	1 (3.6%)	1 (2.9%)	2 (6.1%)	1 (4%)	-	5
Z	-		-	-	-	-
Nonviable	1 (3.6%)	2 (5.9%)	-	1 (4%)	-	4
Unknown	1 (3.6%)	-	-	-	-	1



You can learn more information on Meningococcal disease, by visiting the following Web sites:

<http://www.in.gov/isdh/25455.htm>

<http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5407a1.htm>

<http://www.cdc.gov/meningococcal/pubs-tools/publications.html>

http://www.cdc.gov/osels/ph_surveillance/nndss/casedef/meningococcalcurrent.htm

<http://www.cdc.gov/print.do?url=http://www.cdc.gov/vaccines/vpd-vac/mening/vac-mening-fs.htm>

MUMPS

Mumps is an acute viral illness transmitted through airborne transmission or direct contact with infected droplet nuclei or saliva.

Public Health Significance

Mumps illness causes parotitis in approximately 30-40 percent of infected individuals. Swelling of the parotid glands can be unilateral or bilateral when it is present other common symptoms of mumps include muscle pain, loss of appetite, malaise, headache, and low-grade fever. Up to 20 percent of mumps infections may be asymptomatic. Although mumps may present as a mild disease, it may also lead to severe complications. More severe complications that have been documented include hearing loss, encephalitis, pancreatitis, sterility, permanent sequelae, and death.

The most effective means of preventing mumps virus is vaccination. Children should receive one dose of measles, mumps, rubella (MMR) vaccine at 12 months of age and a second dose at 4-6 years of age according to the routine immunization schedule. All adults should have at least one dose of MMR vaccine; healthcare workers, international travelers, and students enrolled in secondary education should receive two doses of MMR vaccine at least 28 days apart.

It is difficult to distinguish mumps from other forms of parotitis. Therefore, appropriate laboratory testing is strongly recommended for all sporadically reported cases. Appropriate testing includes a serum specimen and a viral specimen (buccal, throat, or nasopharyngeal swab) collected as early as possible following onset of parotitis. Although Indiana has a relatively low incidence of mumps cases, health care providers should consider mumps diagnosis and testing when parotitis of two days or longer has occurred.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report mumps within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of mumps weekly to the ISDH.

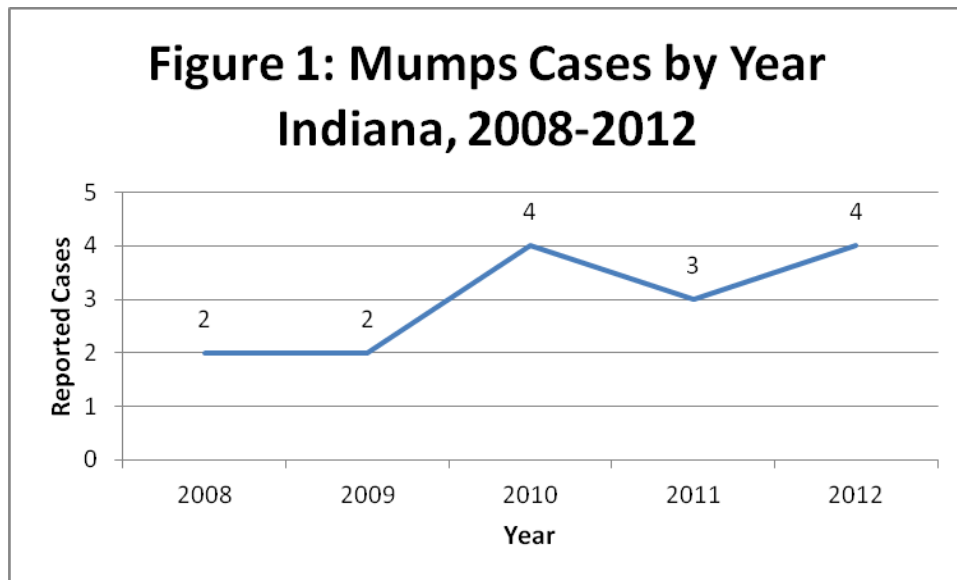
Healthy People 2020 Goal

The Healthy People 2020 Goal for mumps is fewer than 500 cases of US-acquired mumps per year nationwide (0.16 per 100,000 population). Indiana met the Healthy People 2020 Goal in 2012 with 4 cases (a rate of mumps of 0.06 per 100,000 population). Achieving and maintaining high levels of vaccination coverage is an effective way to accomplish this goal. International travel poses a risk of imported cases exposing travelers as well as residents; therefore, prevention through vaccination is necessary until the virus is globally eradicated.

Epidemiology and Trends

In 2012, four cases of mumps were reported in Indiana. Fourteen cases were reported during the 5-year period 2008-2012.

Figure 1 shows reported cases by year for 2008-2012. The four reported cases in 2012 were comparable to case reports in recent years.



The source of the virus was unknown for all four cases and there was no known spread from any of the cases occurred.

You can learn more about mumps by visiting the following Web site:

<http://www.cdc.gov/vaccines/vpd-vac/mumps/default.htm>

PERTUSSIS

Pertussis (whooping cough) is an acute respiratory disease caused by the toxin-producing bacterium *Bordetella pertussis*. Transmission most commonly occurs through contact with respiratory droplets or airborne droplets of respiratory secretions. Pertussis is highly communicable with a secondary household attack rate of 80% among susceptible persons.

Public Health Significance

The illness is characterized by the onset of coryza (runny nose), sneezing, low-grade fever, and a mild cough. The cough usually becomes more severe during the second week of illness as the patient experiences bursts, or paroxysms, of numerous, rapid coughs. During these attacks, the patient may become cyanotic and inspiratory “whoop” sound may be heard. Vomiting and exhaustion commonly follow such an episode. Following this paroxysmal phase, which may last 1-10 weeks, a convalescent stage occurs where the coughing spells become less severe and less frequent.

Prior to routine vaccination, more than 200,000 cases of pertussis were reported in the United States each year. Pertussis incidence has decreased more than 80% since the prevaccine era. However, pertussis incidence, unlike other vaccine-preventable diseases, has increased in recent years. Infants are at increased risk for severe complications, including pneumonia, seizures, encephalopathy, and death. The vaccines currently available that provide protection from pertussis are DTaP and Tdap. The DTaP vaccine is licensed to be administered at 2, 4, 6, and 15-18 months of age with an additional dose administered between 4 and 6 years of age. The DTaP vaccine should not be administered to persons over 7 years of age. Two Tdap vaccines are currently available for adolescents and adults from ages 10 and older. It is recommended that adults who have not received Tdap should receive a single dose of Tdap to protect against pertussis and reduce likelihood of transmission. A single dose of Tdap may be given instead of Td (tetanus and diphtheria) vaccine. In addition, pregnant women should receive a dose during every pregnancy (preferably between 27-36 weeks gestation). The introduction of the Tdap vaccine may help to reduce the rate of pertussis in adult and adolescent populations, which tend to be responsible for infecting most infants.

While antibiotics are used to reduce the transmission of pertussis, they often have little impact on reducing the intensity of the coughing symptoms.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report pertussis immediately to the local health department or the ISDH. Laboratories are also required to report positive results of *Bordetella pertussis* weekly to the ISDH.

Healthy People 2020 Goal

The Healthy People 2020 Goals for pertussis are fewer than 2,500 cases of pertussis nationwide in children under 1 year of age (63.4 cases per 100,000 population) and fewer than 2,000 cases in adolescents aged 11-18 years (6.0 cases per 100,000 population). Indiana did not meet those goals for children under 1 years of age (90.4 cases per 100,000 population-75 cases) or adolescents aged 11-18 years (11.5 cases per 100,000 population-83 cases) in 2012.

Epidemiology and Trends

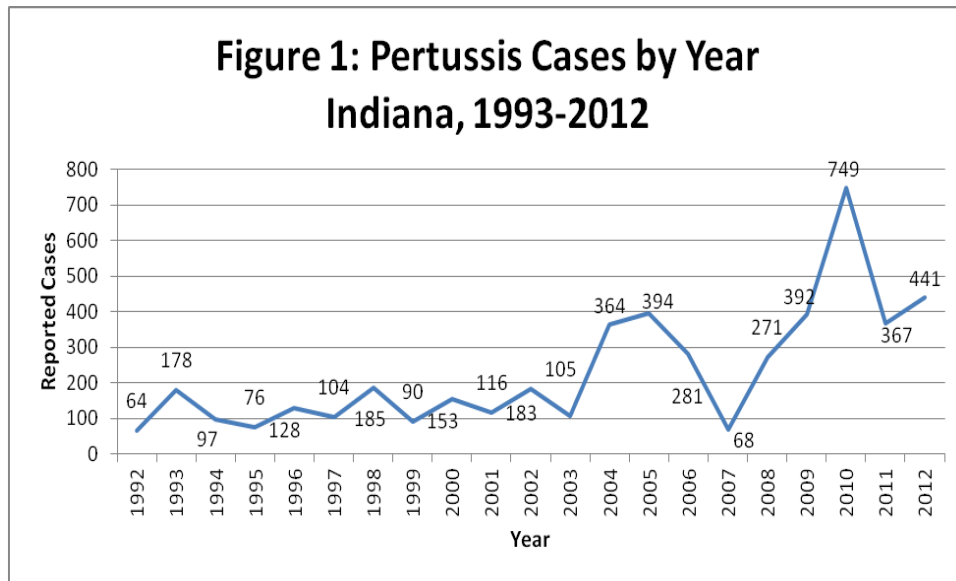
Indiana had 441 reported cases of pertussis in 2012, for a rate of 6.72 cases per 100,000 population (Table 1). Females (6.81) had a slightly higher incidence rate than males (6.68). The rate for whites (6.66) was higher than for blacks (1.82) and for other races (5.02).

Table 1: Pertussis Case Rate by Race and Sex, Indiana, 2012

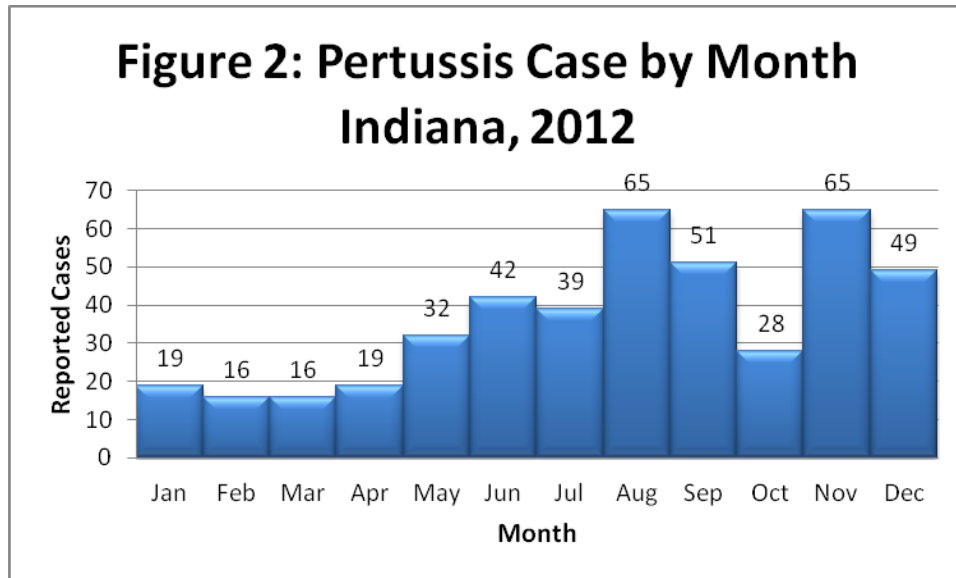
	Cases	Rate*	2008 - 2012 Total
Indiana	441	6.75	2215
Race			
Black	12	1.82	71
White	381	6.66	1916
Other	8	5.02	65
Not Reported	40	-	163
Sex			
Female	226	6.81	1176
Male	215	6.68	1039
Unknown	0	-	0

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013.

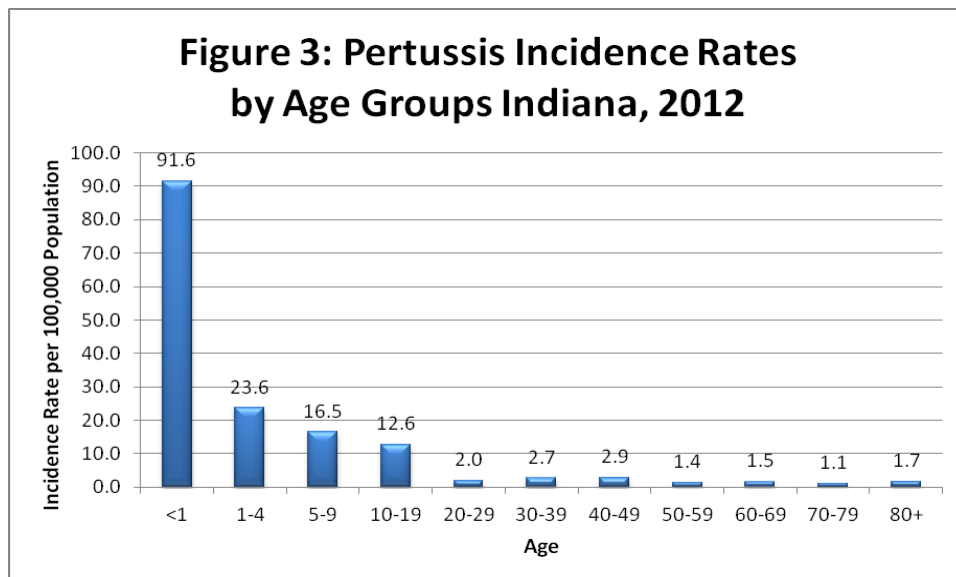
Pertussis incidence, unlike other vaccine-preventable diseases, has increased overall since the 1980s. Pertussis incidence is cyclic, with increases and decreases every 3-5 years. [Figure 1](#) illustrates this cycle.



In 2012, disease incidence was highest during November, August, and by September, but pertussis can occur anytime during the year (Figure 2).



Pertussis is the most frequently reported vaccine-preventable disease among children under 5 years of age. In 2012, 35.4% of all cases occurred in children less than 5 years of age. Incidence rates were highest for infants less than 1 year of age (91.6), followed by children ages 5-9 years (23.6) and children ages 1-4 years (16.5). School aged-children, 5-18 years of age, accounted for 42.2% of cases in 2012. The proportion of pertussis cases reported in school-age children in 2012 is related to community-wide pertussis outbreaks and ongoing transmission within schools and households as well as self-limited school outbreaks. Figure 3 shows incidence rates for all age groups.



In 2012, 62 counties reported at least one case, and 27 counties reported 5 or more cases of pertussis. The incidence rates were highest among the following counties reporting five or more cases (Figure 4): LaGrange (64.0), Fayette (41.6), and Orange (30.5).

In 2012, 41 of the 441 (9.3%) reported cases in Indiana were hospitalized, and 110 of the 441 cases (24.9%) visited the emergency department. In 2012, 34 of the 75 cases (45.3%) in infants less than 1 year of age were hospitalized. The average length of stay for hospitalized infants was 6.8 days. Infants less than 1 year of age are at greatest risk for severe disease as evidenced by the proportion of cases hospitalized. No deaths were reported in Indiana in 2012 due to pertussis.

Unvaccinated children are at highest risk for severe disease, but appropriately immunized children may also develop illness. Table 2 reflects the vaccination history at time of illness for selected age groups.

Table 2: Vaccination History of Selected Age Groups and Number (Percent), Indiana, 2012

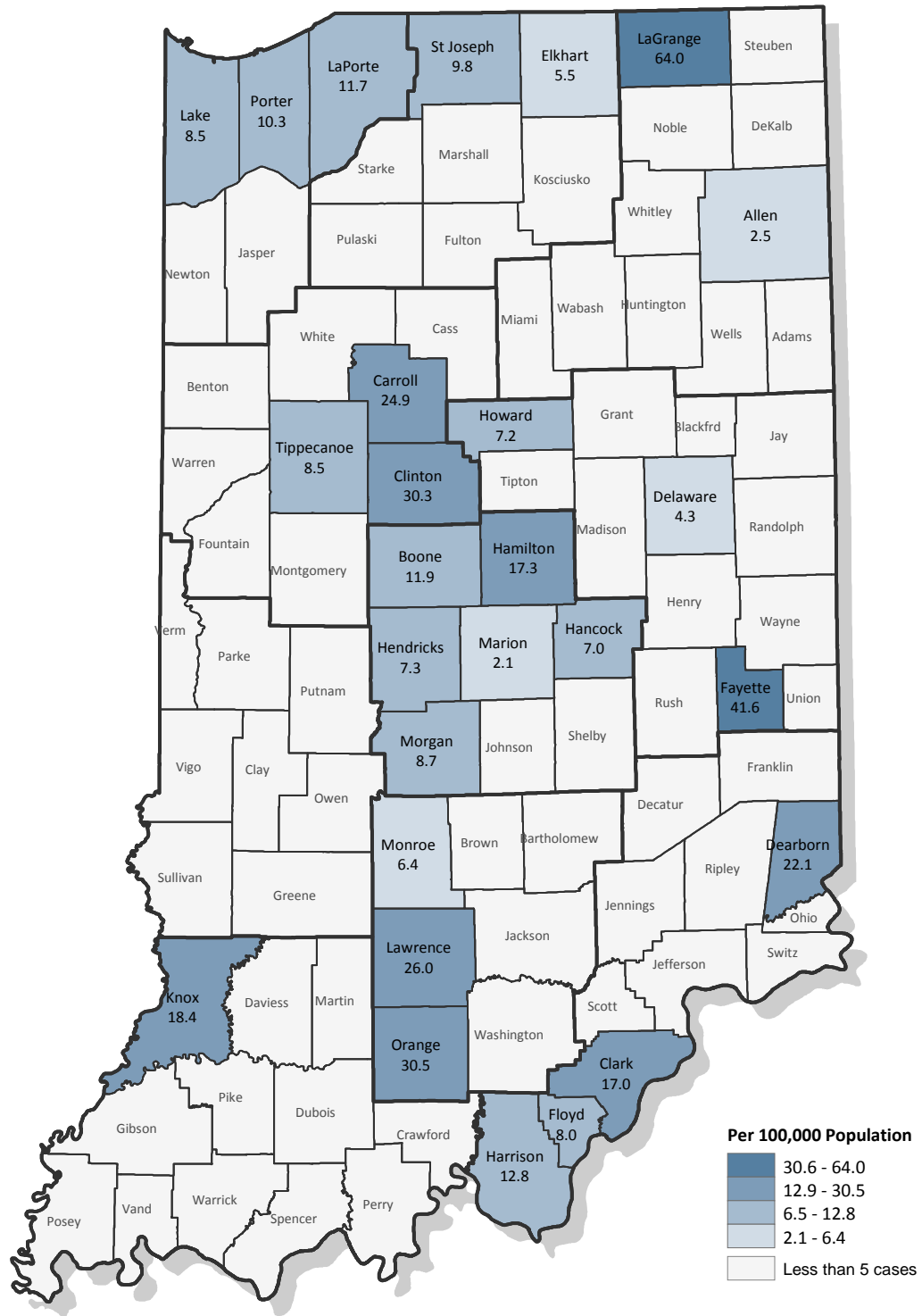
Age Group	Total Cases	Unknown	0 doses	1-2 doses	3+ doses
6-11 Months	24	1 (4.2%)	11 (45.8%)	6 (25.0%)	6 (25.0%)
1-4 Years	81	2 (2.5%)	33 (40.7%)	3 (3.7%)	43 (53.1%)
5-9 Years	74	1 (1.4%)	13 (17.6%)	3 (4.1%)	57 (77.0%)
Total (6 mo-9 yrs)	179	4 (2.2%)	57 (31.8%)	12 (6.7%)	106 (59.2%)

Laboratory confirmation was obtained through culture and/or PCR for 255 (57.8%) of the reported pertussis cases. Since other illness have similar symptoms, it is important for physicians to test potential cases. PCR and culture are the preferred testing methods. However, physicians should not wait for test results before treating a suspected case of pertussis.

You can learn more about pertussis by visiting the following Web site:

<http://www.cdc.gov/vaccines/vpd-vac/pertussis/default.htm>

Figure 4: Pertussis Cases by County - Indiana, 2012



PLAGUE

Plague is caused by the bacteria *Yersinia pestis*. Bacteria are present in the fleas of wild rodents (ground squirrels, prairie dogs, and other burrowing rodents) of the western U.S., where 10-15 cases of human plague occur annually. Plague does not occur naturally in Indiana.

Plague is transmitted by an infected flea bite, direct contact with a sick or dead animal, or from respiratory droplets from a sick animal. Three forms of the disease can occur: 1) bubonic plague, an infection of lymph nodes; 2) septicemic plague, a systemic bloodstream infection; or 3) pneumonic plague, an infection of the lungs. If not treated rapidly, bubonic or pneumonic plague can develop into septicemic plague. Mortality rates can be as high as 100% for both pneumonic and septicemic plague. Early treatment with appropriate antibiotics prevents the high mortality associated with plague.

Public Health Significance

Each form of plague has different symptoms. The incubation period is 2-5 days after exposure to bacteria. Bubonic plague symptoms appear suddenly and include swollen lymph nodes (called “buboes”), high fever, chills, malaise, muscle pain, and headache. The bacteria can invade the bloodstream if not treated. Septicemic plague is a more severe form of plague and results when infection spreads directly to the bloodstream. Symptoms include nausea, vomiting, diarrhea, abdominal pain, and organ failure. Death may result before symptoms occur. Pneumonic plague is the most dangerous and the least common. Symptoms appear suddenly and include severe cough, bloody sputum, and difficulty breathing. Populations at increased risk for infection include veterinarians, pet owners, hunters, and campers or hikers in areas with outbreaks of animal plague. Most cases of the plague occur in the southwestern U.S.

Plague is classified as a Category A potential bioterrorism agent* because of its ability to be transmitted via aerosolization as a weapon and secondarily by respiratory droplets from infected individuals. Plague was used as a weapon of mass destruction during WWII.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report plague immediately to the local health department or the ISDH. Laboratories are also required to report positive results of *Yersinia species*, including *pestis* weekly to the ISDH.

Epidemiology and Trends

No cases of plague have been reported in Indiana to date.

You can learn more about plague by visiting the following Web sites:

<http://www.cdc.gov/plague/>

*Bioterrorism Agent List:

<http://www.bt.cdc.gov/agent/agentlist-category.asp>

PNEUMOCOCCAL DISEASE

Pneumococcal disease is caused by the bacterium *Streptococcus pneumoniae* and causes significant illness and death in the U.S. The major clinical syndromes of pneumococcal disease include pneumonia and otitis media; however, more serious life-threatening illnesses such as bacteremia and meningitis can occur when the bacteria invade a site in the body where bacteria are not normally found. Pneumococcal bacteria, of which there are over 90 serotypes, are found in the nose and throat of healthy people and are rarely spread through contact with respiratory droplets of an infected person. Only cases of invasive disease are reportable in Indiana.

Public Health Significance

Symptoms of pneumococcal pneumonia generally include an abrupt onset of fever, chills or rigors, pleuritic chest pain, productive cough, rusty sputum, difficulty breathing, rapid heart rate, and fatigue. The treatment for pneumococcal disease is the administration of appropriate antibiotics. Treatment for invasive pneumococcal infections is based on empiric therapy followed by the specific susceptibility of the strain acquired. Strains have been identified that are not susceptible to penicillin, cefotaxime, ceftriaxone, and other antimicrobial agents. In some areas the rates of resistance are as high as 30%.

Since the licensure of a 7-valent pneumococcal conjugate vaccine for children under 5 years of age in 2000, Indiana has seen a decrease in cases in this age group. However, a high rate of invasive pneumococcal disease still occurs among young children, especially those younger than 2 years of age, and the most common serotypes were not included in the 7-valent vaccine. The current pneumococcal conjugate vaccine for administration to children less than 5 years of age is a 13-valent pneumococcal conjugate vaccine (PCV13), which was licensed in 2010. The vaccine contains capsular polysaccharides from thirteen *S. pneumoniae* serotypes which are known to cause the majority of bacteremia, meningitis, and otitis media associated with invasive pneumococcal infections. The 23-valent polysaccharide vaccine (PPSV23) is licensed for routine use in adults age 65 and older and may be used in other individuals with certain risk factors.

Pneumococcal disease is not easily spread from person to person; therefore, the control measures for contacts of a known case of invasive pneumococcal disease are minimal under most circumstances. On rare occasions, outbreaks have occurred in settings where close contact is common, such as daycare centers and correctional facilities. Proper hygiene habits when coughing, sneezing, and hand washing will help prevent the spread of infection.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report invasive pneumococcal disease within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive cultures of *Streptococcus pneumoniae* disease weekly to the ISDH. In addition, laboratories are required to submit isolates of *Streptococcus pneumoniae* in children less than 5 years of age to the ISDH Laboratory within 5 days of isolation for further confirmation and subtyping.

Healthy People 2020 Goal

The Healthy People 2020 lists several goals for pneumococcal disease. The Healthy People 2020 goal is 12 cases per 100,000 population for children under age 5 years and 31 cases per 100,000 population for adults aged 65 years and older. Indiana met the Healthy People 2020 Goal for children less than 5 years of age in 2011 with an incidence rate of 9.21 cases per 100,000 population. Indiana did not meet the Healthy People 2020 Goal for adults aged 65 years and older; the incidence rate for this population was 42.44 cases per 100,000 population in 2011. Two additional Healthy People 2020 goals examine the rate of

penicillin resistant invasive *Streptococcus pneumoniae*. The Healthy People 2020 goal for penicillin resistant invasive pneumococcal disease is 3 cases per 100,000 population for children under age 5 years and 2 cases penicillin resistant cases per 100,000 population for adults aged 65 years and older. Indiana met the goal with 0.71 cases per 100,000 children under age 5 years with penicillin resistant pneumococcal disease in 2011. Indiana also met the goal with 1.80 cases per 100,000 adults aged 65 years and older with penicillin resistant pneumococcal disease in 2012.

Epidemiology and Trends

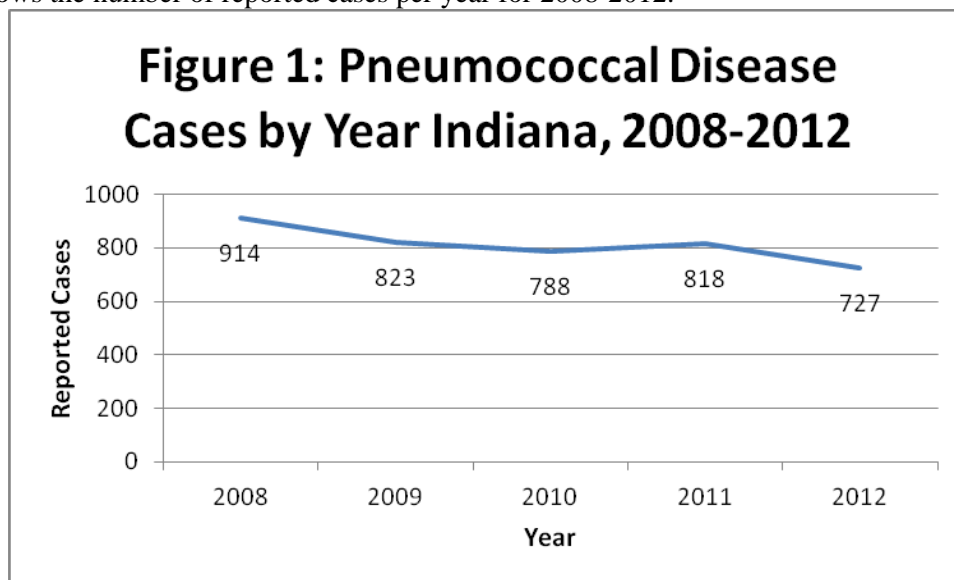
In 2012, 727 cases of pneumococcal disease were reported in Indiana for a case rate of 11.12 per 100,000 population, a slight decrease from 2011. In 2012, the incidence rate among the black population (12.57) was higher than that of the white population (9.27). The rates of disease in males (11.19) were higher than females (11.06) in 2012.

Table 1: Pneumococcal Disease Case Rate by Race and Sex, Indiana, 2012

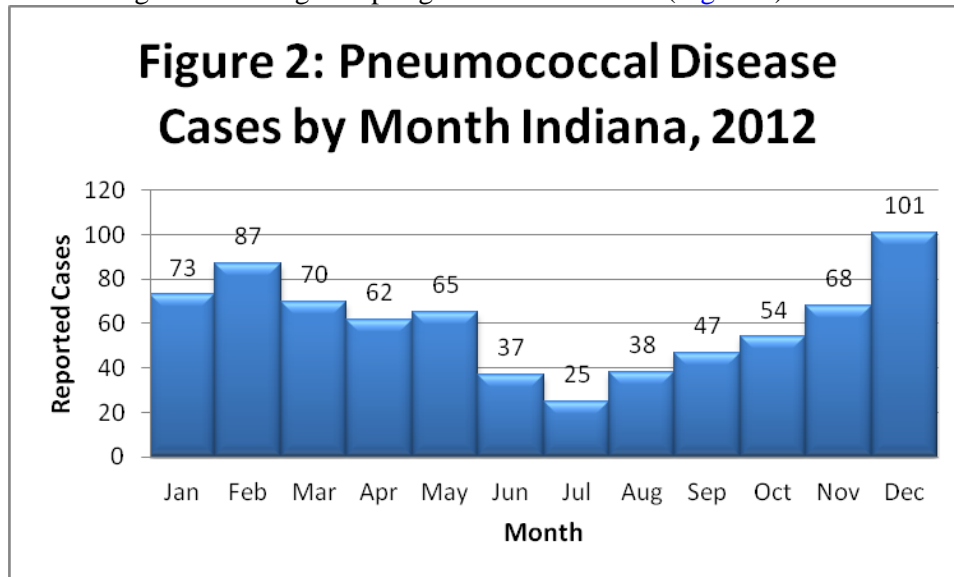
	Cases	Rate*	2008 - 2012 Total
Indiana	727	11.12	4070
Race			
Black	83	12.57	308
White	530	9.27	2124
Other	7	4.39	33
Not Reported	107	-	1605
Sex			
Female	367	11.06	1513
Male	360	11.19	1445
Unknown	0	-	1112

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013.

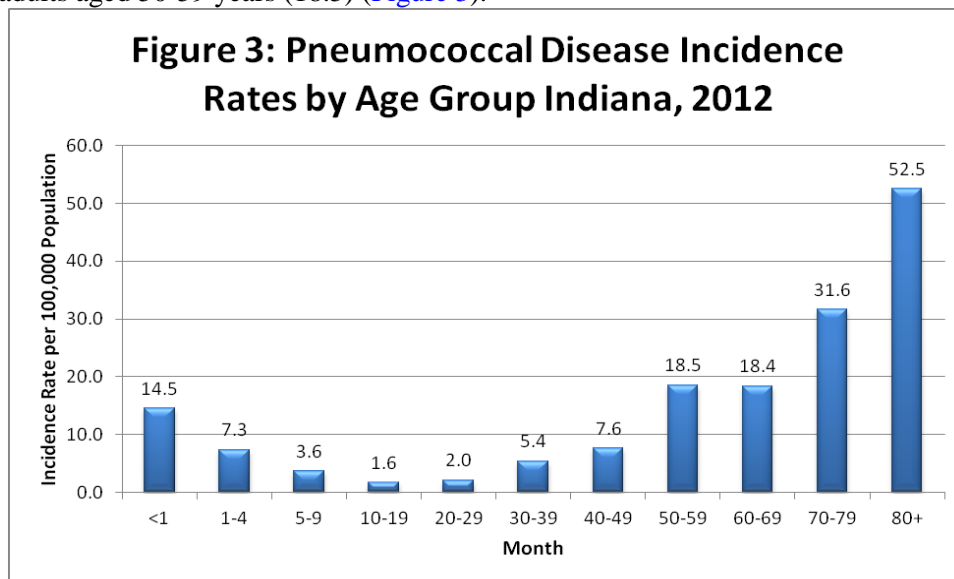
Figure 1 shows the number of reported cases per year for 2008-2012.



Disease incidence was greatest during the spring and winter months (Figure 2).



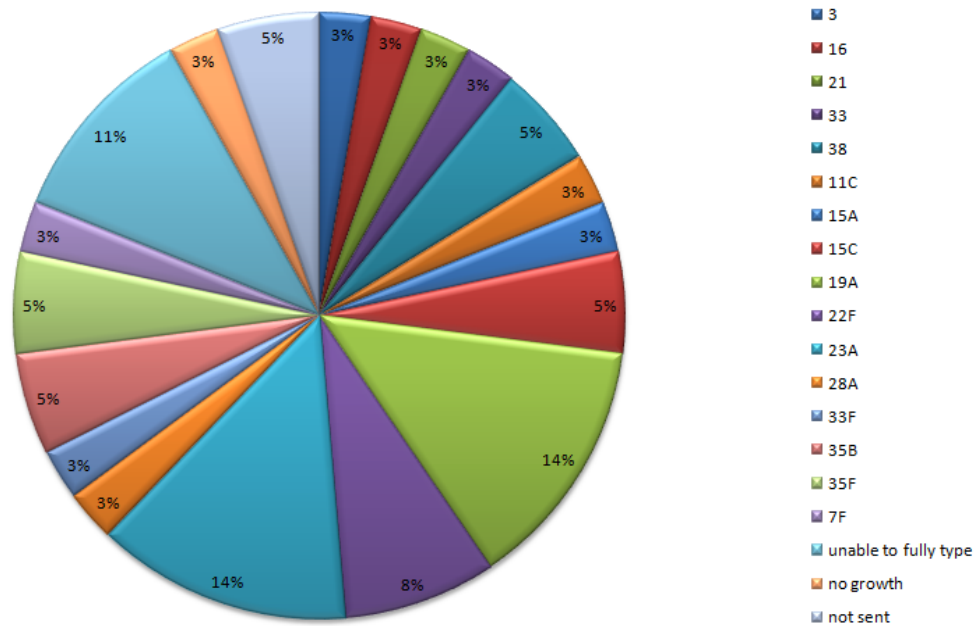
Incidence of invasive pneumococcal disease varies considerably with age. In 2012, the incidence rate for adults aged 80 years and older was 52.5 per 100,000 population, followed by adults aged 70-79 years (31.6), and adults aged 50-59 years (18.5) (Figure 3).



In 2012, 82 counties reported at least one case, and 41 counties reported 5 or more cases of invasive pneumococcal disease (Figure 4). The incidence rates were highest among the following counties reporting five or more cases: Tipton (31.9), Orange (25.4), and Scott (25.2).

Laboratories, 410 IAC 1-2.3, requires laboratories to submit isolates from invasive sites for all cases under the age of 5 years for serotyping. Of the 37 cases under the age of 5 years, 35 had viable isolates that were sent to the Indiana State Department of Health for serotyping. Of these 35 isolates, 30 isolates were successfully serotyped. Predominant serotypes were 19A (13.5%), 23A (13.5%), and 22F (8.1%). Only serotype 19A is included in the 13-valent conjugate vaccine. (Figure 5).

Figure 5: Pneumococcal Serotypes, Children Under 5 Years Old, Indiana 2012



You can learn more about pneumococcal infections by visiting the following Web site:
<http://www.cdc.gov/vaccines/vpd-vac/pneumo/default.htm>

POLIOMYELITIS

Poliomyelitis (polio) is a viral disease that infects the intestinal tract. Cases can be asymptomatic, experience mild gastrointestinal infection, meningitis, or in the most severe cases, exhibit acute flaccid paralysis. Death may result if respiratory muscles are affected. While transmission of wild poliovirus has been interrupted in most of the world, polio transmission has never been interrupted in Afghanistan, Nigeria, and Pakistan. Further spread of the illness into other unvaccinated groups is possible due to international travel.

Poliovirus is mainly transmitted by fecal-oral and respiratory routes. The virus enters the environment through feces and throat secretions of infected people and then is passed to others, especially in environments where hygiene is poor.

Public Health Significance

Approximately 95 percent of polio infections are asymptomatic, resulting in the ability to spread undetected unless confirmed by laboratory analysis. Once it is introduced into largely unvaccinated populations, polio spreads easily.

Poliomyelitis reporting serves to: 1) detect importation of wild poliovirus into the U.S. and 2) detect the presence of vaccine-derived poliovirus in the U.S. Due to the severity of this potentially paralytic disease, timely reporting of suspected cases is extremely important. Disease reporting by clinicians is often delayed because it is only after other differential diagnoses are ruled out that the diagnosis of poliomyelitis is considered. Efforts should be made to promote physicians' awareness of the importance of prompt reporting of suspected cases to the state and local health departments, as well as the need to obtain stool and serum specimens early in the course of the disease.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report poliomyelitis (polio) immediately to the local health department or the ISDH. Laboratories are also required to report positive results of poliomyelitis (polio) weekly to the ISDH.

Healthy People 2020 Goal

The Healthy People 2020 Goal for polio is to eliminate all US-acquired paralytic polio from persons of all ages. Indiana has met this goal since the late 1950s.

Epidemiology and Trends

Polio incidence fell rapidly following the introduction of the inactivated polio vaccine (IPV) in 1955 and the live polio vaccine (OPV) in the 1960s. Due to successful vaccination efforts, the world is almost polio free today. The last indigenous case of wild poliovirus in the U.S. occurred in 1979. The Americas were declared polio free in 1994. Polio is still endemic in Afghanistan, Nigeria, and Pakistan, and has re-established transmission in some African countries, such as Somalia and Kenya.

You can learn more about polio by visiting the following Web sites:

<http://wwwnc.cdc.gov/travel/yellowbook/2014/chapter-3-infectious-diseases-related-to-travel/poliomyelitis>

<http://wwwnc.cdc.gov/travel/pdf/polio-map-may-2013.pdf>

<http://www.cdc.gov/vaccines/pubs/pinkbook/downloads/polio.pdf>

<http://www.who.int/topics/poliomyelitis/en/>

PSITTACOSIS

Psittacosis, often called parrot fever, is caused by the bacteria *Chlamydophila psittaci* (formerly *Chlamydia psittaci*). Humans acquire the disease through inhalation of dried secretions from infected birds. Wild and domestic birds are the natural reservoirs of this agent and are most often involved in transmission to humans. Cattle, sheep, goats, and cats can also become infected with a mammalian strain and develop severe debilitating disease. Large outbreaks of psittacosis in humans have been associated with infected feces and respiratory excretions from domestic poultry flocks.

Public Health Significance

Human symptoms of psittacosis include fever, nonproductive cough, headache, and malaise. More severe illness may result in heart inflammation, hepatitis, and encephalopathy. The incubation period is 5-19 days with symptoms persisting for 7-10 days. Bird symptoms include ruffled appearance, diarrhea, and poor appetite. Some birds may be asymptomatic. Groups most at risk for contracting psittacosis are bird owners, pet shop employees, and veterinarians. It may also be found in farmers and slaughterhouse workers who process turkeys. Psittacosis can be diagnosed with serum antibody tests and treated with antibiotics.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report psittacosis within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of *Chlamydia psittaci* weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for psittacosis.

Epidemiology and Trends

There were no reported cases of psittacosis in Indiana during the five-year period 2008-2012.

You can learn more about psittacosis by visiting the following Web site:

http://www.cdc.gov/ncidod/dbmd/diseaseinfo/psittacosis_t.htm

Q FEVER

Q fever is caused by the bacterium *Coxiella burnetii* and is a zoonotic disease affecting several species of animals, including humans. Ticks are the primary reservoir and maintain disease cycles in rodents, other mammals, and birds. Cattle, sheep, and goats can carry the infection without signs or symptoms and shed high levels of bacteria when birthing. Birth products (placenta and fluids) are often highly contaminated. The bacteria are highly resistant to natural degradation and can persist in the environment for weeks to months. Q fever may result from infection by a single organism, and the low infectious dose enhances transmission efficiency.

Human infections generally occur through inhalation of aerosols from contaminated barnyard dust, handling of birthing products from shedding animals, or drinking unpasteurized milk. Humans may have an asymptomatic, acute, mild, or severe disease that can be highly fatal or result in chronic infection that can cause significant morbidity if untreated.

Public Health Significance

Symptoms of Q fever usually appear 2-3 weeks after exposure and can include high fever, severe headache, muscle aches, chills, nausea and vomiting, and a non-productive cough. Fifty percent of those infected may not have any symptoms. Antibiotics are available for the treatment of Q fever. Treatment is most effective when initiated within the first three days of illness. People most at risk of becoming infected with Q fever are veterinarians, meat processing plant workers, livestock handlers, and dairy farmers. While there is a vaccine for Q fever, it is not available in the U.S.

Q fever is classified as a Category B potential bioterrorism agent* because of its ability to cause infection with a low number of organisms, resistance to environmental degradation, and the ability to cause infection via aerosolization.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report Q fever immediately to the local health department or the ISDH. Laboratories are also required to report positive results of *Coxiella burnetii* weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for Q fever.

Epidemiology and Trends

No cases of Q fever were reported and confirmed in Indiana in 2012. One case was reported and confirmed during the five year reporting period from 2008-2012.

You can learn more about Q fever by visiting the following Web sites:

<http://www.cdc.gov/qfever/index.html>

*Bioterrorism Agent List:

<http://www.bt.cdc.gov/agent/agentlist-category.asp>

RABIES

Clinical rabies is caused by a virus from the genus *Lyssavirus*. Within the *Lyssavirus* genus, a number of other viruses have been identified that infect mammalian hosts (animal and human) causing fatal encephalitis. Rabies virus is the *lyssavirus* associated with rabies in bats and terrestrial mammals around the world. Other *lyssaviruses* have been identified in bats in Europe, Africa, Asia, and Australia. Rabies is transmitted from animal to animal through transfer of virus-contaminated saliva by bites or mucous-membrane exposures. In the U.S., rabies virus subtypes have become associated with the mammalian species in which the subtype is generally found. In Indiana, the North Central Skunk virus and numerous bat subtypes of rabies virus have been identified in the past. In 2012, 1138 animals of various species were tested for rabies in Indiana. Twenty of those animals were found to be positive for rabies; all were bats.

In 2012, 6162 cases of animal rabies and one human case were reported to the Centers for Disease Control and Prevention from 49 states and Puerto Rico (Hawaii is the only state that is considered rabies free). The total number of reported cases increased 2.1% from those reported in 2011 (6031 animal cases and six human cases).¹

Public Health Significance

In humans, early symptoms of rabies infection are non-specific but may be similar to influenza (the flu) and may include headache, fever, and malaise. As the disease rapidly progresses, symptoms include numbness/tingling at the site of the bite, anxiety, confusion, hallucinations, excessive salivation, and difficulty swallowing. The virus infects the central nervous system resulting in death, often within days of symptom onset. Symptoms usually occur one to three months after exposure.

Rabies post-exposure prophylaxis is available in the form of immunoglobulin and vaccination. Treatment has not been shown to be effective if given after the development of clinical signs; the vaccine must be given before clinical signs develop.

Although anyone can be at risk for rabies, people who work with rabies virus in research laboratories and vaccine production facilities are at the highest risk. Other groups at risk include veterinarians, animal control and wildlife officers, rehabilitation specialists, and bat handlers.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report rabies immediately to the local health department or the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for rabies.

Epidemiology and Trends

Rabies is a rare disease of humans in the United States; no human cases were reported in Indiana in 2012. In the five-year reporting period from 2008-2012, one human case of rabies was reported in Indiana. Since 1990, bats have been the predominant species testing positive for rabies at the Indiana State Department of Health Laboratory (the only Indiana laboratory that performs rabies testing). Bats continued that trend in 2012, being the only animal species found positive that year: 20 bats tested

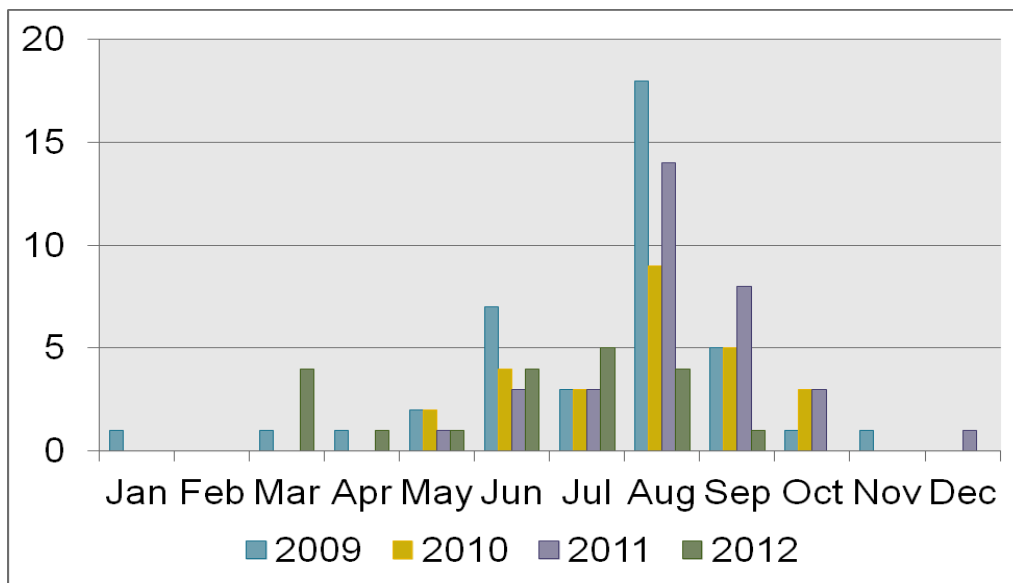
¹ (Jessie L. Dyer, 2013)

positive ([Table 1](#)). The last domestic animal to be infected was a horse in 2002 that was found to have a bat strain of rabies virus. The most recent Indiana human rabies cases in 2006 and 2009 were also infected with a bat strain of the virus.

Table 1. Rabies Cases by Animal Species, Indiana, 2012

	2012	2008 – 2012 Total
Cases	20	129
Species		
Bat	20	129
Skunk	0	0
Horse	0	0

Graph 1: Positive Bats by Month of Collection, Indiana, 2009-2012



You can learn more about rabies by visiting the following Web sites:

<http://www.cdc.gov/ncidod/dvrd/rabies/>

<http://www.in.gov/isdh/20518.htm>

<http://avmajournals.avma.org/doi/pdf/10.2460/javma.243.6.805>

ROCKY MOUNTAIN SPOTTED FEVER

Rocky Mountain spotted fever (RMSF) is caused by the bacterium *Rickettsia rickettsii*. RMSF is transmitted in Indiana by the dog tick (*Dermacentor variabilis*), which lives in wooded areas and tall, grassy fields.

Public Health Significance

RMSF occurs 5-10 days after a bite from an infected tick. Symptoms of RMSF include high fever, severe headache, nausea, vomiting, muscle and joint pain, and lack of appetite, followed by a rash. Early treatment with antibiotics ensures recovery.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report Rocky Mountain spotted fever within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of *Rickettsia* species weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for RMSF.

Epidemiology and Trends

In 2012, four cases of Rocky Mountain spotted fever were reported and confirmed in Indiana. During the five-year period 2008-2012, 17 cases of RMSF were reported and confirmed in Indiana. While the disease is most common in the spring and summer months when ticks are active, RMSF can occur anytime during the year. RMSF can occur in all areas of Indiana, but most cases occur in the southern portion of the state. Cases are reported by county of residence and may not always reflect the site of tick exposure.

You can learn more about Rocky Mountain spotted fever by visiting the following Web site:

http://www.cdc.gov/ticks/diseases/rocky_mountain_spotted_fever/

RUBELLA

Rubella, also known as German measles, is an infectious viral disease caused by the rubella virus. Rubella is spread from person to person via airborne transmission or droplets shed from respiratory secretions of infected persons.

Public Health Significance

Symptoms of rubella include rash, low-grade fever, malaise, lymphadenopathy, and upper respiratory symptoms. Symptoms of rubella typically appear 12-23 days after exposure, and as many as 50 percent of infections may be subclinical or inapparent. In children and adults, rubella generally is a mild illness.

Congenital rubella syndrome (CRS), however, can lead to severe, long-term outcomes. CRS can occur when a woman becomes infected with rubella during pregnancy. CRS can affect virtually all organ systems, with severity and long term sequelae largely dependent on the time of gestation at which infection occurs. Fetal death, spontaneous abortion, premature delivery, deafness, eye defects, cardiac defects, and neurologic abnormalities can occur. Prevention of CRS is the primary objective of rubella vaccination programs.

At least one dose of rubella-containing vaccine is recommended for all children 12 months of age or older. The first dose of measles-mumps-rubella (MMR) vaccine is administered after 12 months of age, while a second dose is routinely administered at 4 to 6 years of age. Children and adults who have not received two doses of MMR vaccine should receive two doses at least 28 days apart.

Prior to routine vaccination, the United States experienced the greatest number of rubella cases in 1969 with 57,686 cases reported (58 cases per 100,000 population). The largest annual total of reported cases of CRS occurred in 1970 with 67 cases.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report rubella immediately to the local health department or the ISDH. Laboratories are also required to report positive results of rubella weekly to the ISDH.

Healthy People 2020 Goal

The Healthy People 2020 Goal for congenital rubella syndrome is to eliminate all cases of CRS from children less than one year of age. Indiana met this goal during the five-year reporting period 2008-2012. The Healthy People 2020 for rubella is 10 US-acquired cases per year. Indiana met this goal during the five-year reporting period 2008-2012. One case was reported in Indiana in 2012, but it is unknown where the case acquired the disease.

Epidemiology and Trends

One case of rubella was reported in Indiana in 2012. The case had an unknown vaccination status and had travelled to several places during the incubation period. The last case of rubella in Indiana prior to 2012 was in 1999.

You can learn more about rubella by visiting the following Web site:

<http://www.cdc.gov/vaccines/vpd-vac/rubella/default.htm>

SALMONELLOSIS

Salmonellosis is a contagious disease caused by *Salmonella* bacteria, which are found in the intestines of many healthy animals, including poultry, farm animals (cattle, pigs, chicks, and ducklings), domestic animals (dogs, cats, and birds), wild birds, reptiles, and amphibians. There are thousands of types of *Salmonella* bacteria, most of which can infect humans. People become infected with *Salmonella* by ingesting feces from an infected animal or person (fecal-oral route).

The most common sources of *Salmonella* outbreaks are raw or undercooked eggs and poultry, unpasteurized dairy products, untreated water, and contaminated raw fruits, vegetables, or herbs. Pet food and treats have also been implicated in outbreaks. Persons who work in certain occupations, such as food handlers, daycare providers, and health care providers, have a greater risk of transmitting infection to others.

Public Health Significance:

Symptoms of *Salmonella* can include diarrhea, stomach cramps, fever, nausea, or vomiting. Symptoms usually begin 12-36 hours (range of 6-72 hours) after exposure and last 4-7 days. Infected people may carry *Salmonella* in their bodies for weeks or months without symptoms and unknowingly infect others. Rarely, *Salmonella* can enter the blood stream and infect organs such as the heart, lungs, and bones. Death from salmonellosis is rare. Children less than 5 years of age, the elderly, and people with weakened immune systems are at the greatest risk for severe complications. Most people recover within 5-7 days without medical treatment, but antibiotics are available if indicated. Since diarrhea can cause dehydration, an infected person should drink plenty of fluids. No vaccine is available for salmonellosis.

In general, salmonellosis can be prevented by strictly adhering to the following guidelines:

- Practice good hygiene:
 - Thoroughly wash hands with soap and water after using the restroom; after assisting someone with diarrhea and/or vomiting; after contact with animals, amphibians, and reptiles; after swimming; before, during, and after food preparation; and after exposure to raw meat products.
 - Clean food preparation work surfaces, equipment, and utensils with soap and water before, during, and after food preparation, especially after contamination with raw meat products.
- Separate raw and cooked foods:
 - Avoid cross-contamination by keeping uncooked meat products separate from produce, ready-to-eat foods, and cooked foods.
 - Use separate equipment and utensils for handling raw foods.
 - Clean food-preparation work surfaces and utensils with soap and water before, during, and after food preparation, especially after contact with raw meat products.
- Maintain safe food temperatures:
 - Ensure proper temperatures are maintained during refrigeration (<40°F), freezing (<2°F), holding (keep food hot or at room temperature for no longer than 2 hours), and chilling (chill immediately and separate into smaller containers if needed).
 - Thoroughly cook all food items to USDA recommended safe minimum internal temperatures:
 - 145°F – steaks, roasts, and fish
 - 160°F – pork, ground beef, and egg dishes
 - 165°F – chicken breasts and whole poultry

- Eat safe foods and drink safe water:
 - Do not eat undercooked meat, poultry, or eggs.
 - Do not eat foods past the expiration date.
 - Do not eat unpasteurized dairy products; it is illegal to sell unpasteurized dairy products in Indiana.
 - Wash all produce before eating raw or cooking.
 - Use treated water for washing, cooking, and drinking.

- Handle animals safely:
 - Wash hands after contact with livestock, petting zoos, pets (including reptiles and amphibians), especially if they are suffering from diarrhea, and after contact with pet food/treats (including live or frozen rodents).
 - Keep pets out of food-preparation areas.
 - Do not clean pet or reptile cages in the kitchen sink or in the bathtub.
 - Reptiles should not be allowed to roam the house.
 - Reptiles should not be kept in daycare facilities or classrooms.
 - Children less than 5 years of age, pregnant women, and persons with weakened immune systems should not handle reptiles.

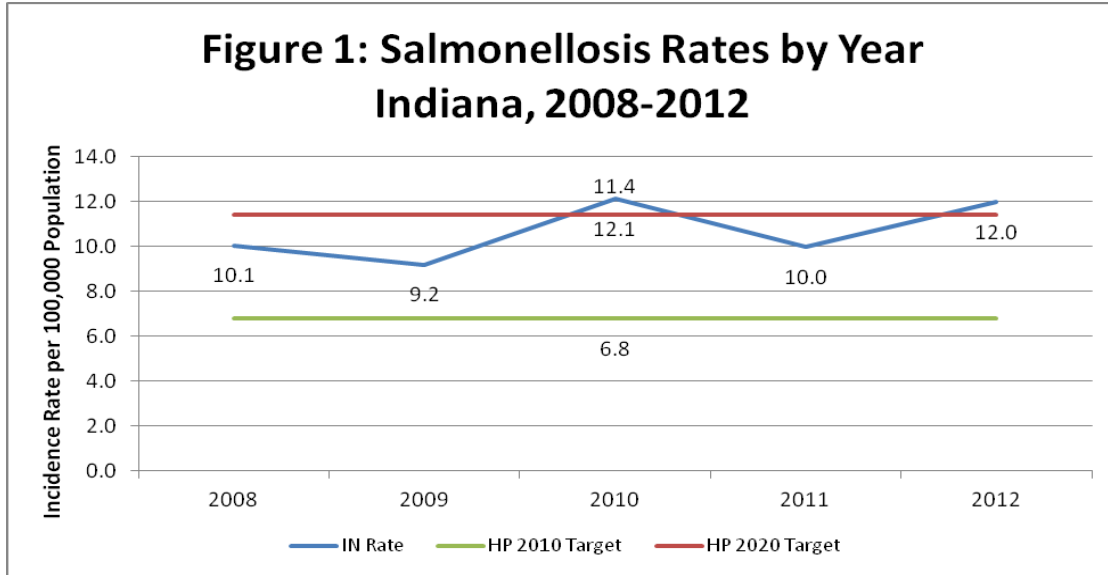
- Protect others:
 - Persons with diarrhea and/or vomiting should not prepare food or provide health care for others and should limit direct contact with others as much as possible.
 - Persons with diarrhea and/or vomiting should not attend a daycare facility or school.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report salmonellosis within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of salmonellosis weekly to the ISDH. In addition, for *Salmonella* isolated from stool, urine, blood, or other sterile sites, laboratories are required to submit isolates received to the ISDH Laboratory for further confirmation and subtyping.

Healthy People 2020 Goal

The Healthy People 2020 Goal for salmonellosis is 11.4 cases per 100,000 population per year. Indiana met this goal in 2008, 2009, and 2011, but did not meet this goal in 2010 or 2012 during the five-year reporting period 2008-2012 (Figure 1).



Epidemiology and Trends

In 2012, 782 cases of salmonellosis were reported in Indiana, for a rate of 11.92 cases per 100,000 population (Table 1). Females (12.53) were more likely to be reported with salmonellosis than males (11.25). Other races (18.20) were more likely to be reported than whites (8.95) or blacks (3.94); however, 212 cases (27.1%) did not report race data.

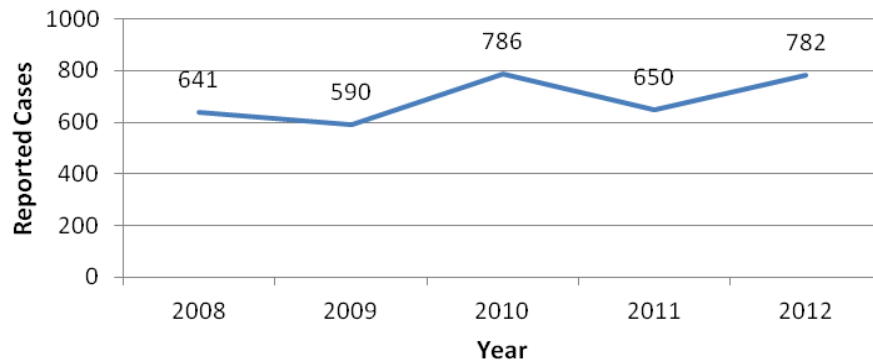
Table 1: Salmonellosis Case Rate by Race and Sex, Indiana, 2012

	Cases	Rate*	2008 - 2012 Total
Indiana	782	11.92	3449
Race			
Black	26	3.94	122
White	515	8.95	1645
Other	29	18.20	80
Not Reported	212	-	1602
Sex			
Female	418	12.53	1577
Male	363	11.25	1270
Unknown	1	-	602

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013

Figure 2 shows the number of reported cases for 2008-2012.

Figure 2: Salmonellosis Cases by Year Indiana, 2008-2012



The incidence was greatest during the summer months (Figure 3).

Figure 3: Salmonellosis Cases by Month Indiana, 2012

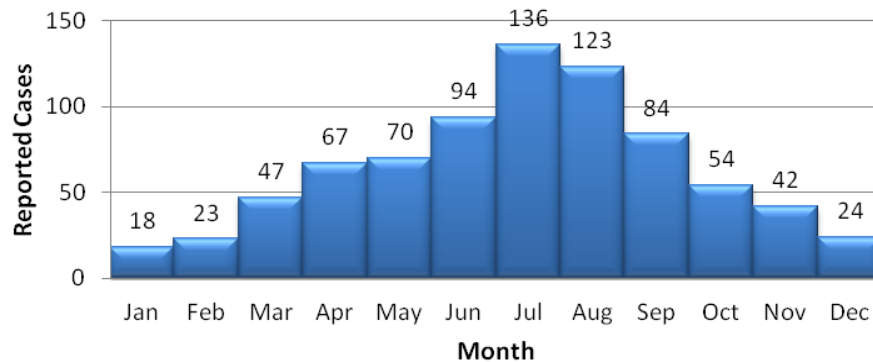
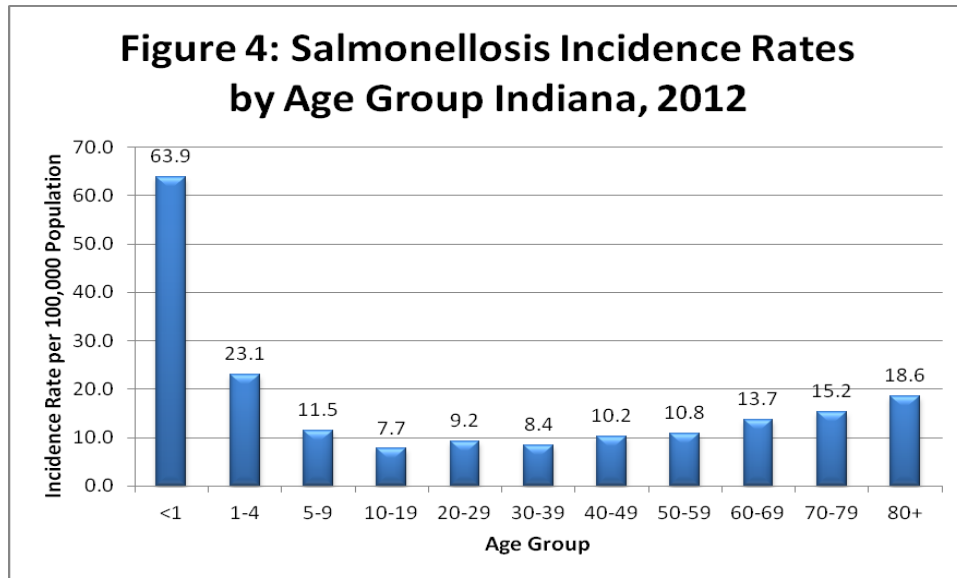


Figure 4 shows age-specific rates were greatest among infants less than 1 year of age (63.9), followed by preschoolers aged 1-4 years (23.1), and adults aged 80 years and older (18.6).



There are over 2,500 different *Salmonella* serotypes that differ in somatic and flagellar antigens. Table 2 shows the top three *Salmonella* serotypes in Indiana for 2012. These values are from the 775 isolates of *Salmonella* species reported in 2012.

Table 2: Top Three Reported Serotypes for Salmonellosis Cases, Indiana, 2012

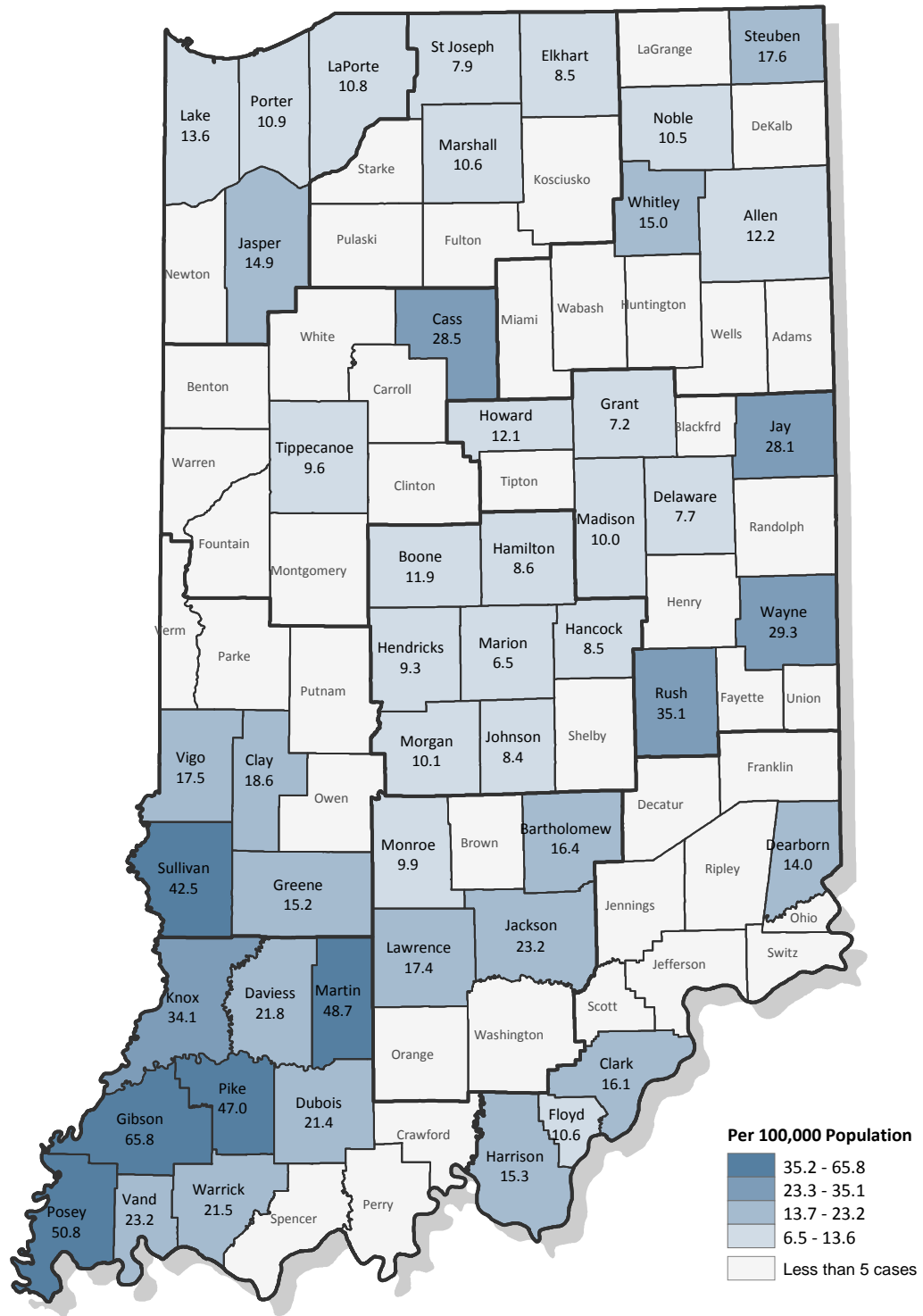
Serotype	Number	Percent
Enteritidis	138	17.8%
Typhimurium	153	19.7%
Newport	95	12.3%

Figure 5 shows Indiana counties reporting five or more cases. The following counties had the highest incidence rates of salmonellosis in 2012: Gibson (65.8), Posey (50.8), Martin (48.7), Pike (47.0), Sullivan (42.5), Rush (35.1), Knox (34.1), Wayne (29.3), Cass (28.5), and Jay (28.1).

You can learn more about salmonellosis by visiting the following Web sites:

<http://www.cdc.gov/salmonella/>

Figure 5: Salmonellosis Cases by County - Indiana, 2012



SHIGELLOSIS

Shigellosis is a contagious diarrheal illness caused by *Shigella* bacteria. There are four species of *Shigella* bacteria: *sonnei*, *flexneri*, *boydii*, and *dysenteriae*. *Shigella sonnei* is the most common species identified in the US and Indiana; other species are most often associated with travel to endemic countries. *Shigella* bacteria are found mainly in humans, and the infection is very easily passed from person to person. Shigellosis is very serious in babies, the elderly, and people with weakened immune systems.

People become infected with *Shigella* by having contact with stool from an infected person (fecal-oral route). Infection may be transmitted in several ways:

- Consuming food or beverages prepared by an infected person.
- Hand-to-mouth exposure to the stool or vomit of an infected person, such as:
 - Handling or cleaning up stool or vomit.
 - Touching a contaminated surface or object.
 - Having close contact with an ill household member.
 - Engaging in sexual activity that involves contact with stool.

Public Health Significance

Symptoms of shigellosis include diarrhea, sudden stomach pain, cramps, fever, and vomiting. Symptoms usually begin 24-72 hours (range of 12 hours to 5 days) after exposure and last about 4-7 days. Some people may have no symptoms but can still spread the infection to others. Antibiotics are usually used to treat shigellosis. However, some strains of *Shigella* bacteria are resistant to certain antibiotics.

Persons who work in certain occupations, such as food handlers, daycare providers, and health care providers, have a greater risk of transmitting infection to others. *Shigella* bacteria are not naturally found in foods of animal origin.

In general, shigellosis can be prevented by strictly adhering to the following guidelines:

- Practice good hygiene:
 - Thoroughly wash hands with soap and water after using the restroom; after assisting someone with diarrhea and/or vomiting; after swimming; and before, during, and after food preparation.
 - Clean food preparation work surfaces, equipment, and utensils with soap and water before, during, and after food preparation.
- Eat safe foods and drink safe water:
 - Wash all produce before eating raw or cooking.
 - Use treated water for washing, cooking, and drinking.
- Protect others:
 - Persons with diarrhea and/or vomiting should not prepare food or provide health care for others and should limit direct contact with others as much as possible.
 - Persons with diarrhea and/or vomiting should not attend a daycare facility or school.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report shigellosis immediately to the local health department or the ISDH. Laboratories are also required to report positive results of shigellosis weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for shigellosis.

Epidemiology and Trends

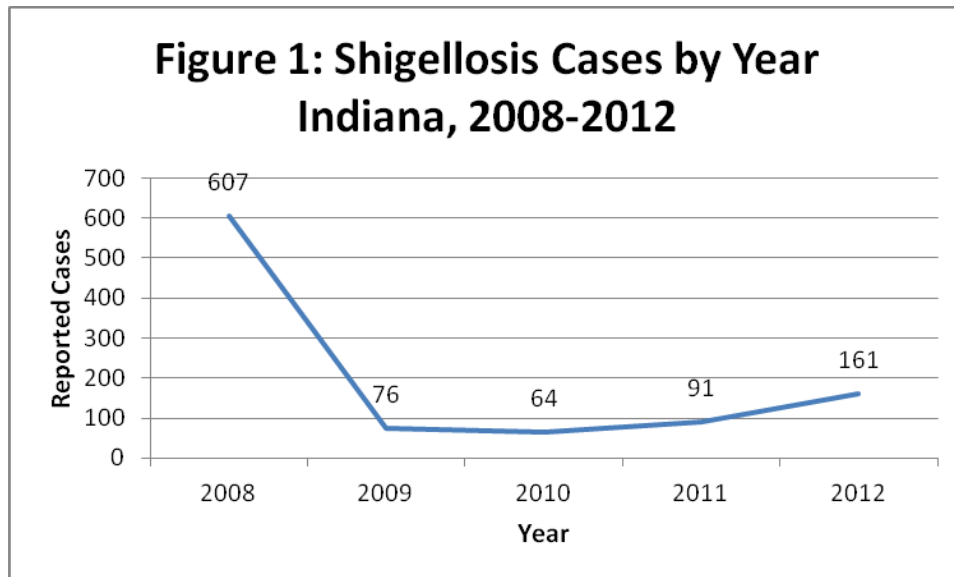
In 2012, 161 cases of shigellosis were reported in Indiana, for a case rate of 2.46 cases per 100,000 population (Table 1). Males (2.18) were less likely to be reported than females (2.74). The rate of illness among blacks (7.42) was higher than the rate for other races (5.65) and whites (0.93); however, 50 cases (31.1%) did not report race data.

Table 1: Shigellosis Case Rate by Race and Sex, Indiana, 2012

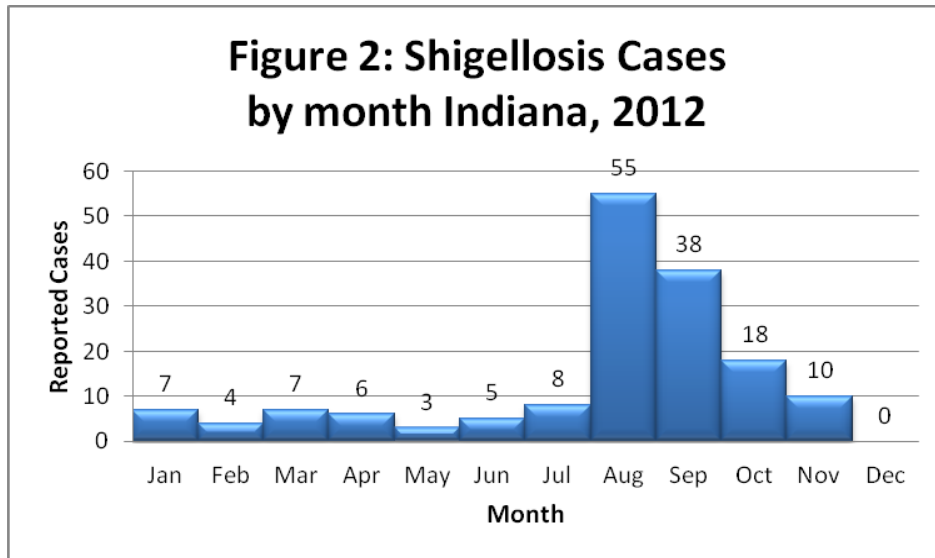
	Cases	Rate*	2008 - 2012 Total
Indiana	161	2.46	999
Race			
Black	49	7.42	82
White	53	0.93	165
Other	9	5.65	23
Not Reported	50	-	729
Sex			
Female	91	2.74	219
Male	70	2.18	183
Unknown	0	-	597

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013

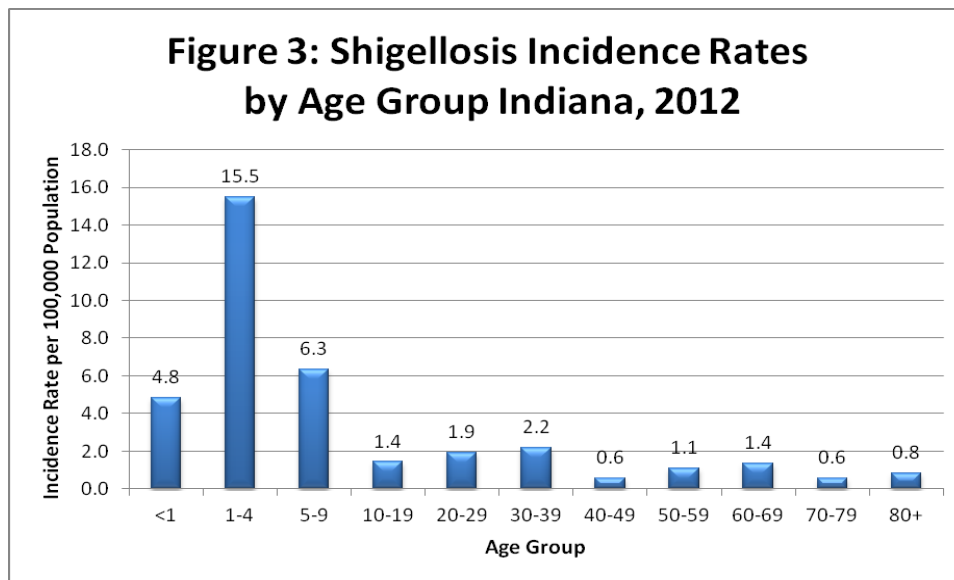
Figure 1 shows the number of reported cases per year for 2008-2012.



The incidence of shigellosis was highest during late summer and fall months (Figure 2).



As shown in Figure 3, age-specific rates were highest among preschoolers ages 1-4 years (15.5), followed by children ages 5-9 years (6.3), and infants less than one year old (4.8).



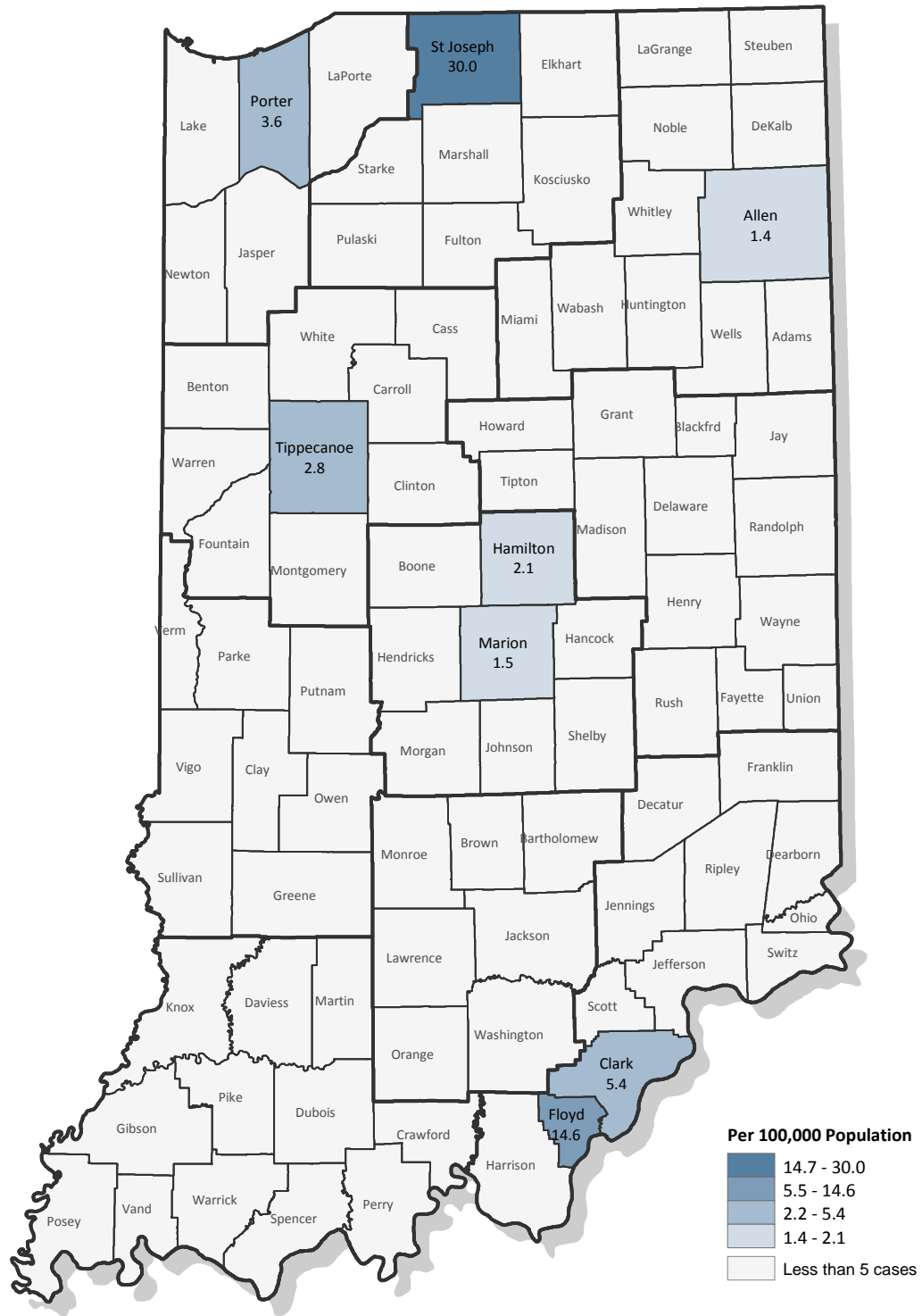
The incidence rate was highest in Allen (1.4), Clark (5.4), Floyd (14.6), Hamilton (2.1), Marion (1.5), Porter (3.6), St. Joseph (30.0), and Tippecanoe (2.8) among counties reporting five or more cases. Figure 4 shows Indiana counties reporting five or more cases.

There were two outbreaks of shigellosis reported in 2012 in schools and daycares.

You can learn more about shigellosis by visiting the following Web sites:

<http://www.cdc.gov/nczved/divisions/dfbmd/diseases/shigellosis/>

Figure 4: Shigellosis Cases by County - Indiana, 2012



SMALLPOX

Smallpox is an acute infectious disease caused by the variola virus, which infects the oropharyngeal or respiratory mucosa. The virus localizes in the blood vessels of the dermis and oral and pharyngeal mucosa, resulting in the characteristic maculopapular rash, which evolves into vesicles, then pustules. The fatality rate for smallpox is about 30 percent.

Public Health Significance

Past use of smallpox in bioweapons programs and recent political instability in some areas of the world have led political and scientific leaders to consider the possibility that smallpox virus could be utilized as a Category A biological weapon.* Therefore, extensive national and state plans have been adopted in the event that variola virus is released. In 2003, a national effort was made to vaccinate a corps of medical responders to provide care for initial cases in the event of a smallpox virus release. Routine vaccination of the public was discontinued in 1972 after smallpox was declared eradicated in the United State.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report suspect smallpox immediately to the local health department or the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for smallpox.

Epidemiology and Trends

In Indiana, no cases of smallpox have been reported in over 60 years. The last case of smallpox worldwide was identified in 1977 and the last case of smallpox in the U.S. was reported in 1949. Smallpox disease was declared to be eradicated worldwide in 1980.

You can learn more about smallpox by visiting the following Web sites:

<http://www.bt.cdc.gov/agent/smallpox/disease/>

*Bioterrorism Agent List:

<http://emergency.cdc.gov/agent/agentlist-category.asp>

STREPTOCOCCUS, GROUP A

Group A streptococcal (GAS) disease is caused by the bacterium *Streptococcus pyogenes* and is manifested as many types of illness including strep throat, scarlet fever, wound infections, and impetigo. More serious and life-threatening illnesses such as streptococcal bacteremia/sepsis, streptococcal toxic shock syndrome, and necrotizing fasciitis can occur when the bacteria invade a site in the body where bacteria are not normally found, such as the blood or muscle tissue. Necrotizing fasciitis ("the flesh-eating disease") is a rapidly progressive infection which destroys muscle, fat and skin tissue. Streptococcal toxic shock syndrome (STSS) causes septic shock, resulting in a rapid drop in blood pressure and multi-organ failure. The bacteria are transmitted through direct contact with nose and throat secretions of persons who are infected or by touching infected hands. Spread may also occur by contact with infected wounds or sores on the skin, such as when a person has chickenpox lesions. Antibiotics are used to treat GAS disease. Only cases of invasive disease are reportable in Indiana.

Public Health Significance

Symptoms of GAS disease vary depending on the manifestation of the illness. Bacteria spread more easily in crowded settings, such as dormitories, barracks, child-care centers or correctional facilities.

Persons at greatest risk for the disease include:

- Children with chickenpox
- People with suppressed immune systems
- Burn victims
- Elderly people with cellulitis, blood vessel disease or cancer
- People taking steroid treatments or chemotherapy
- Intravenous drug users

The risk of GAS infection can be reduced by good personal hygiene. Proper hand cleaning is one of the best ways to prevent GAS infections. All wounds should be kept clean and watched for signs of redness, swelling, drainage and pain at the site. A person with signs of an infected wound, especially if fever is present, should seek medical attention immediately. Health care providers may recommend that people who are exposed to someone with invasive disease or those who are identified as carriers in outbreak situations take antibiotics to prevent the spread of infection.

Provisional data from the Centers for Disease Control and Prevention (CDC) Active Bacterial Core Surveillance (ABC) Program estimate national rates of group A streptococcus invasive disease at 3.4 cases per 100,000 population, <http://www.cdc.gov/abcs/reports-findings/survreports/gas12.html>.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report streptococcus group A within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of streptococcus group A weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for invasive group A streptococcus infections.

Epidemiology and Trends

In 2012, 200 cases of invasive GAS disease were reported in Indiana for a rate of 3.06 cases per 100,000 persons (Table 1). Incidence rates for males (3.01) and females (3.10) were similar. Whites (2.43) had lower rates than blacks (3.48), although low case numbers among minorities make rates comparisons

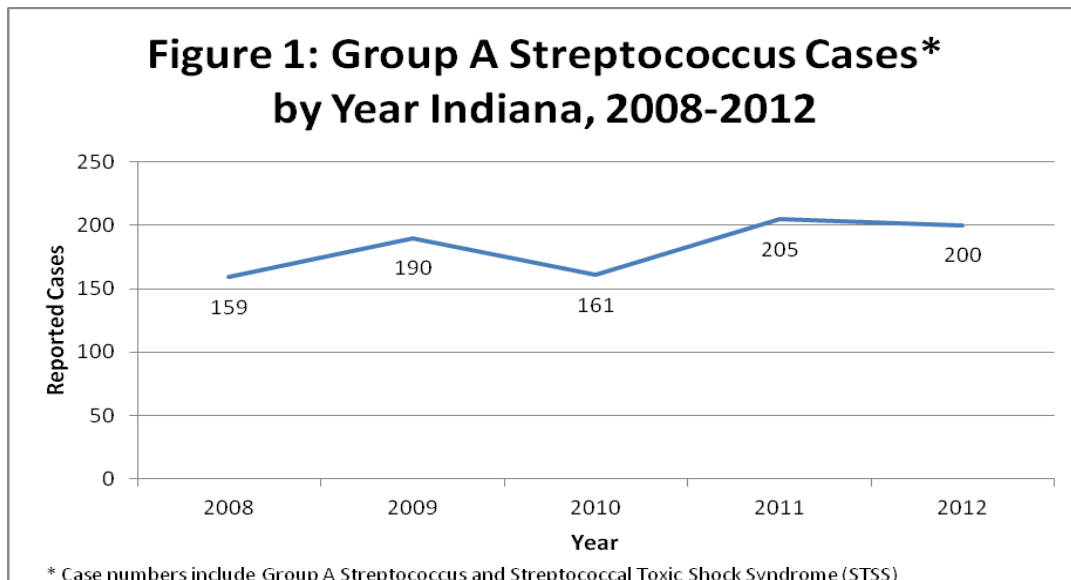
problematic from year to year. Of these cases, 9% (18/200) had manifestations of streptococcal toxic shock syndrome (STSS). Prior to 2007, confirmed cases of STSS were not included in the annual report; however, these most severe cases of GAS have been incorporated in the data and are included in the five-year reporting totals.

Table 1: Group A Streptococcus Case Rate by Race and Sex, Indiana, 2012

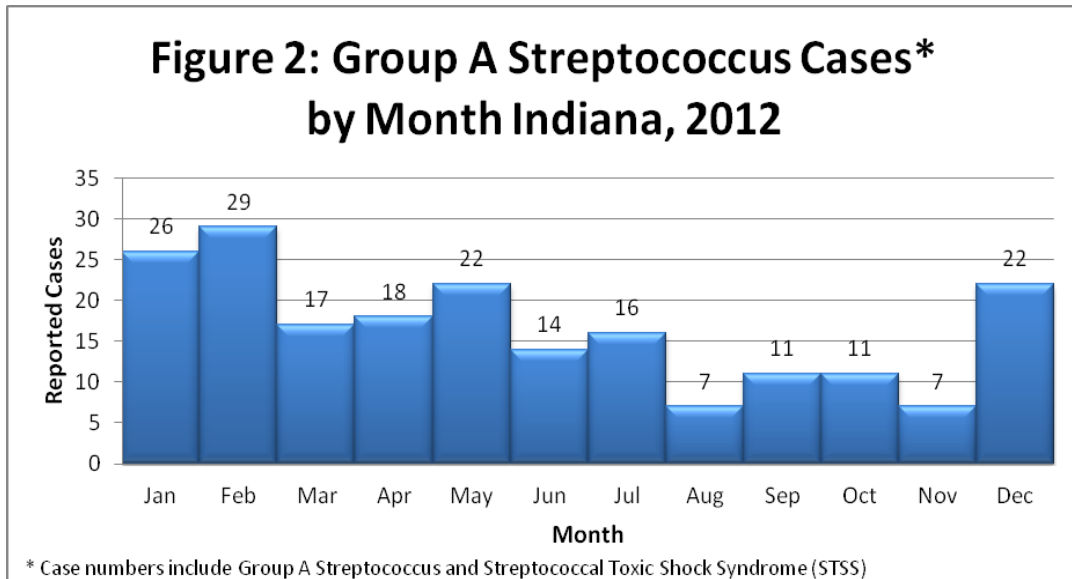
	Cases	Rate*	2008 – 2012 Total
Indiana	200	3.06	915
Race			
Black	23	3.48	83
White	139	2.43	525
Other	7	4.39	22
Not Reported	31	-	285
Sex			
Female	103	3.10	370
Male	97	3.01	390
Unknown	0	-	155

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013

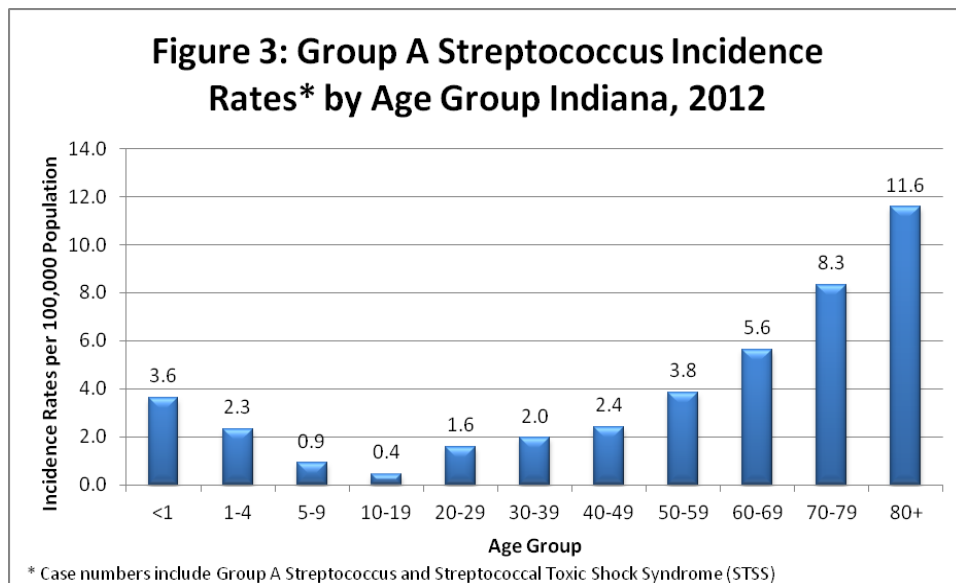
Figure 1 shows reported cases by year for the five-year reporting period 2008-2012. Electronic reporting through Indiana National Electronic Disease Surveillance System (INEDSS) was fully operational in 2009.



In 2012, incidence of invasive GAS peaked in the late winter and early spring as shown in [Figure 2](#).



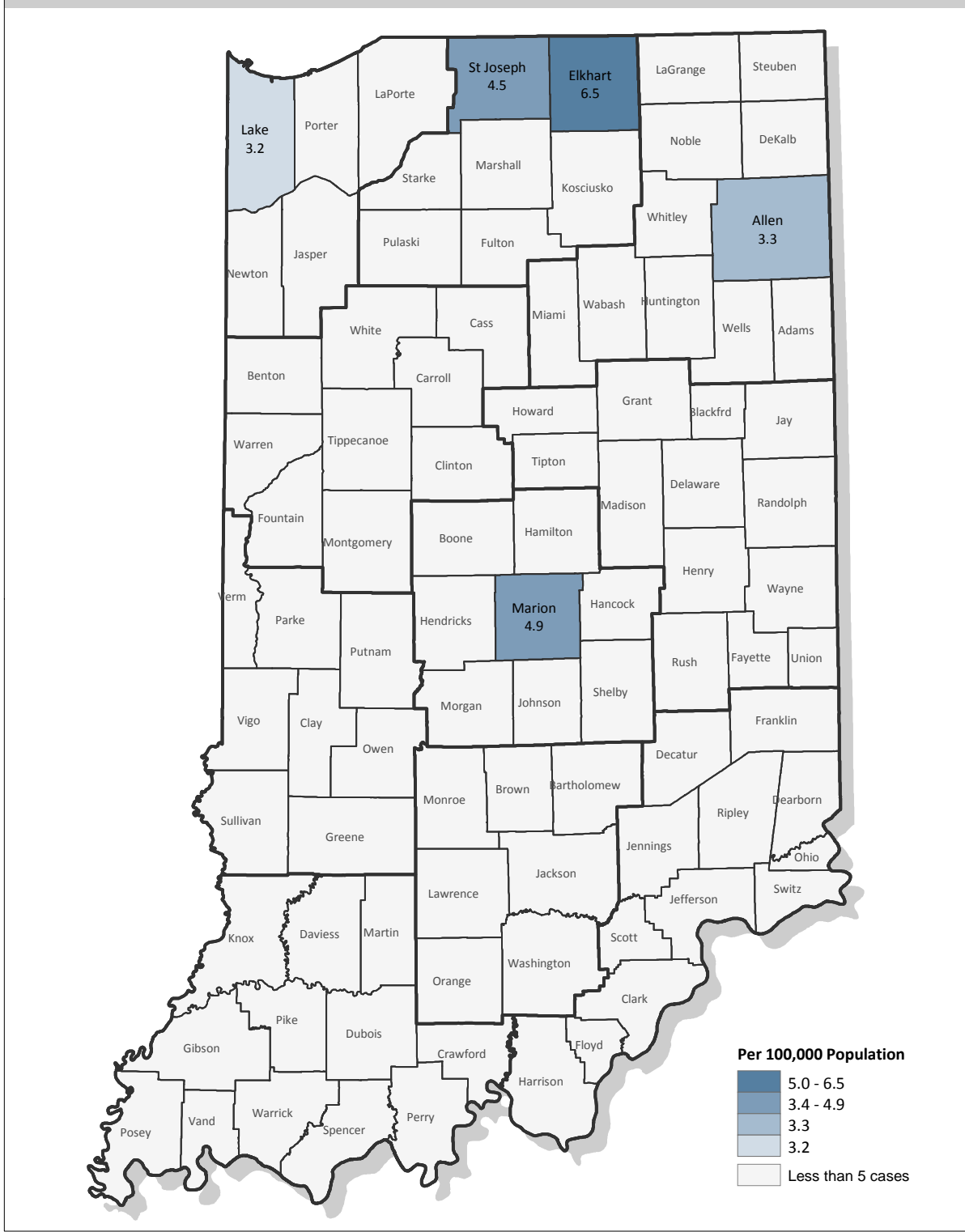
Very young infants and older adults are more likely to suffer from a compromised immune system or have underlying chronic medical conditions such as diabetes or cancer that predisposes them to GAS disease. As shown in [Figure 3](#), age-specific incidence rates were greatest for adults over the age of 80 (11.6) followed by adults 70-79 years of age (8.3).



Group A streptococcal infection was reported in 53 counties. Incidence rates were highest among the following counties reporting 5 or more cases during the year: Elkhart (6.5), Marion (4.9), St. Joseph (4.5), Allen (3.3) and Lake (3.2) ([Figure 4](#)).

You can learn more about group A streptococcus disease by visiting the following Web site: http://www.cdc.gov/ncidod/dbmd/diseaseinfo/groupastreptococcal_g.htm

Figure 4: Streptococcus Group A Invasive Disease Cases by County - Indiana, 2012



STREPTOCOCCUS, GROUP B

Group B streptococcal (GBS) disease is caused by the bacteria *Streptococcus agalactiae* and is manifested as many types of illness, including urinary tract infections. More serious and life-threatening illness including meningitis, bacteremia, sepsis or joint infections, can occur when the bacteria invade a site in the body that is sterile, such as the blood, cerebrospinal fluid or joint fluid. Cases most often occur in young infants and adults with chronic medical conditions. Symptoms of GBS for the newborn include sudden fever, difficulty feeding, fussiness and fatigue. Approximately 10%-30% of women carry GBS in their rectum or vagina but show no signs of illness. Newborns (< 7 days of age) acquire the bacteria from their mother just before or during birth, but the transmission of GBS in adults and infants one week or older is not clearly understood. Antibiotics are used to treat GBS disease. Only cases of invasive disease are reportable in Indiana.

Public Health Significance

Cases occurring in infants less than 0 to 6 days of age are considered “early-onset” disease; cases occurring in infants 7 – 89 days old are considered “late-onset” disease.

Persons at greatest risk for the disease include:

- Infants born to mothers who are GBS carriers
- Adults with chronic medical conditions including cancer, liver failure, and diabetes

In 2010, the American College of Obstetricians and Gynecologists (ACOG) and the American Academy of Pediatrics (AAP) issued revised guidelines for the prevention of early-onset GBS disease. These guidelines include universal screening (consisting of a urogenital swab) of all women at 35 – 37 weeks gestation for group B colonization and the administration of intrapartum antibiotics to women identified as carriers. Although case rates have decreased due to appropriate screening and therapy, GBS is still the most common cause of life-threatening infections in newborns.

Following standard infection control practices, especially for patients in hospitals and healthcare facilities, will reduce the risk of patients or residents acquiring GBS disease.

According to the Centers for Disease Control and Prevention (CDC) Active Bacterial Core Surveillance (ABC) Emerging Infections Programs Network for GBS in 2010, provisional findings estimate the disease rates at approximately 9.0 cases per 100,000 persons. This estimate includes all invasive cases of GBS. Live-birth data is used in the calculations of early-onset and late-onset disease. National estimates of early-onset disease were 0.24 cases per 1,000 live-births; estimates of late-onset disease were 0.32 cases per 1,000 live-births.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report streptococcus group B within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of streptococcus group B weekly to the ISDH.

Healthy People 2020 Goal

The Healthy People 2020 Goal for early-onset group B streptococcus disease is 0.25 cases per 1,000 live-births per year. Indiana met that goal for 2012 with a rate of 0.19 cases of early-onset disease per 1,000 live-births (2011 Indiana state natality data). This finding should be interpreted with caution as 2011 natality data was used in the calculation.

Epidemiology and Trends

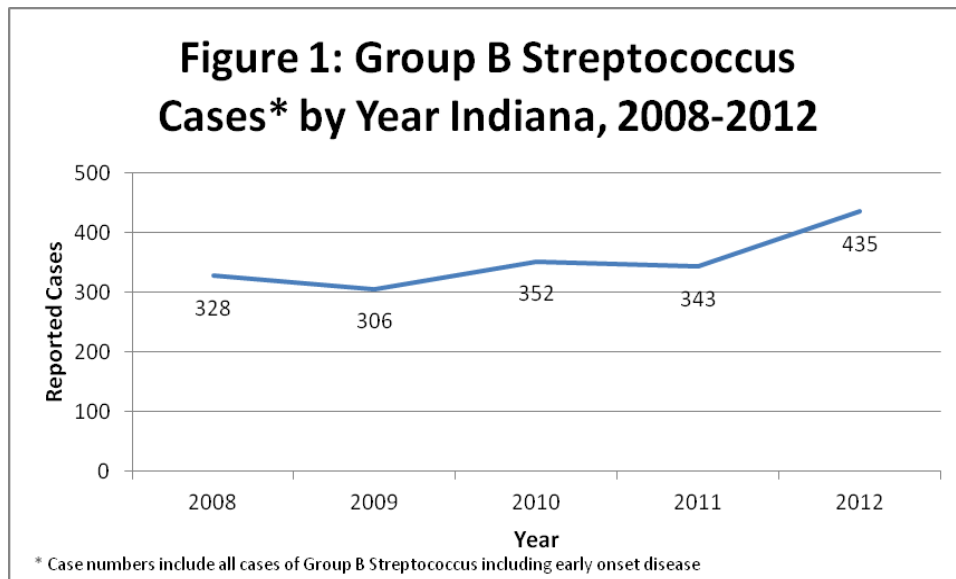
In 2012, 435 cases of GBS were reported in Indiana, for a rate of 6.65 cases per 100,000 persons (Table 1). Rates of disease in blacks (8.18) were greater than that of whites (4.49). The rates of males (7.08) exceeded the rate in females (6.21). Thirty-eight of the 435 cases occurred in newborns less than 3 months of age, with 16 cases of early-onset disease.

Table 1: Group B Streptococcus Case Rate by Race and Sex, Indiana, 2012

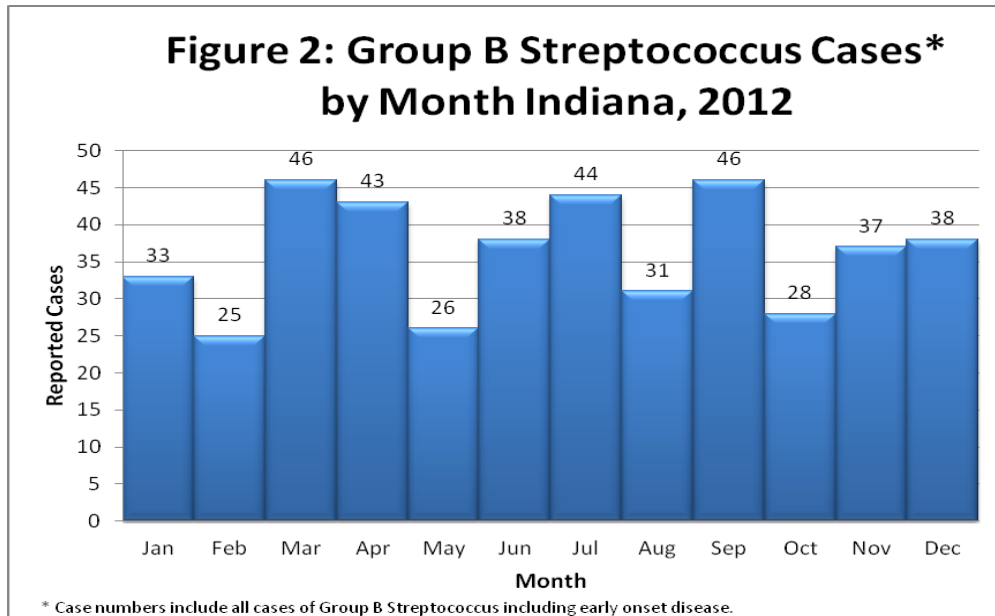
	Cases	Rate*	2008 - 2012 Total
Indiana	435	6.65	1764
Race			
Black	54	8.18	174
White	275	4.49	930
Other	8	5.02	27
Not Reported	98	-	633
Sex			
Female	206	6.21	668
Male	228	7.08	771
Unknown	1	-	325

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013.

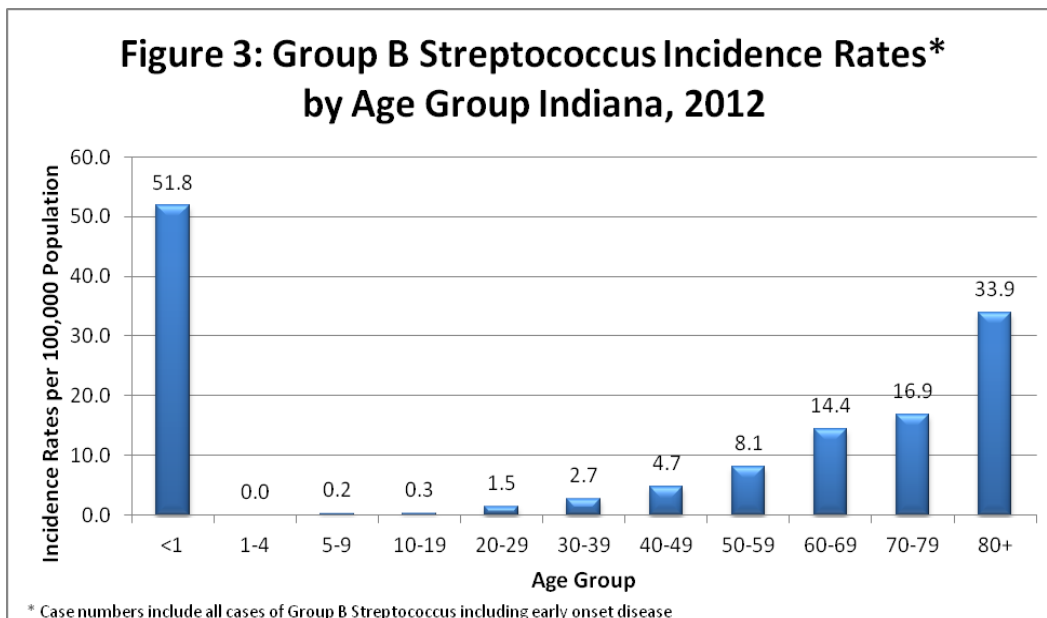
Figure 1 shows reported cases by year for 2008 – 2012. Cases have steadily increased over the last four years; this could be due to electronic reporting. The Indiana National Electronic Disease Surveillance System (INEDSS) was fully functional in 2009.



GBS infections can occur anytime during the year as displayed in Figure 2.



Rates of disease in 2012 were highest among at-risk groups and blacks. Age specific rates were highest for infants less than 1 year of age (51.8) followed by older adults aged at least 80 years (33.9) and adults 70-79 years (16.9) as demonstrated in Figure 3.



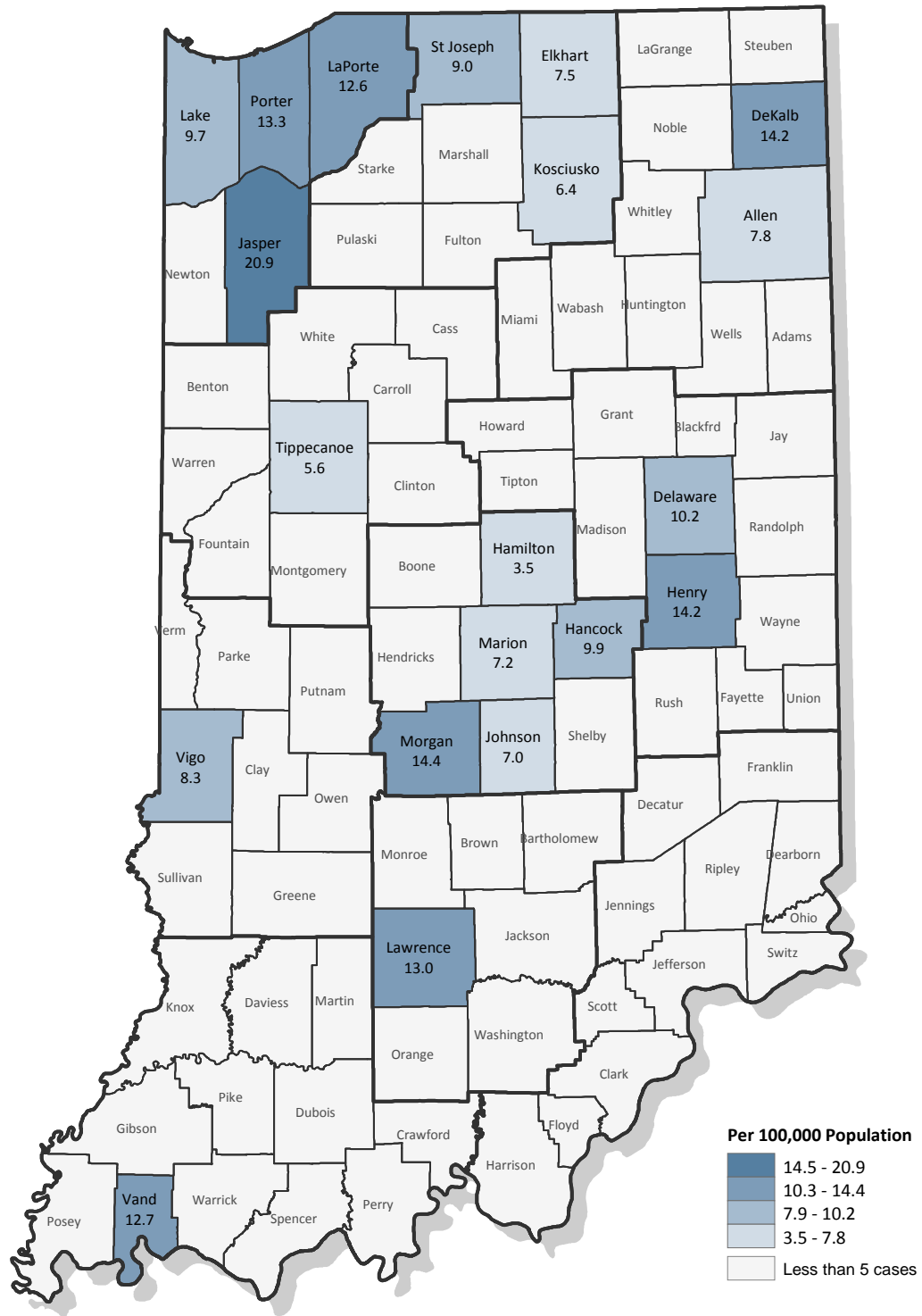
Twenty counties reported 5 or more cases during the year. Incidence rates were highest among the following counties reporting 5 or more cases: Jasper (20.9), Morgan (14.4), Henry (14.2), Porter (13.3), Lawrence (13.0), Vanderburgh (12.7) and LaPorte (12.6) (Figure 4).

You can learn more about group B Streptococcus by visiting the following Web sites:

<http://www.in.gov/isdh/25426.htm>

<http://www.cdc.gov/groupbstrep/index.html>

Figure 4: Streptococcus Group B Cases by County - Indiana, 2012



TETANUS

Tetanus is an acute, often fatal disease caused by a toxin produced by the bacterium *Clostridium tetani*. It is characterized by generalized rigidity and convulsive spasms of skeletal muscles. The muscle contractions usually involve the jaw (lockjaw) and neck and then become generalized. Tetanus bacteria are found in the environment, primarily soil. Tetanus is not contagious from person to person; transmission occurs primarily through contaminated wounds.

Public Health Significance

The initial symptoms of tetanus are lockjaw and facial spasms, followed by neck stiffness, difficulty swallowing, stiff abdominal muscles, fever, and elevated blood pressure. Symptoms appear 3-21 days after infection. Antibiotics are available for the treatment of tetanus.

The typical series of vaccinations for tetanus (for children 7 years old and younger) is 5 doses given at 2, 4, 6, and 15-18 months, and 4-6 years of age. Unvaccinated adults and children 7 years of age and older require three vaccinations. Both adults and children should receive boosters (Td vaccine) every 10 years following completion of the primary series. It is recommended at one dose of Td be replaced with Tdap vaccine to protect against pertussis. Prior to routine vaccination, 500-600 cases of tetanus were reported in the United States each year. In the US, an all-time low of 18 cases (0.01 cases per 100,000 population) were reported in 2009. In recent years, the case-fatality rate has decreased from 30 percent to approximately 10 percent.

Achieving high immunization rates for adults as well as infants and children will help to eliminate tetanus. Although the illness is rare in the U.S., it is still common in some countries.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report tetanus within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of *Clostridium tetani* weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for tetanus.

Epidemiology and Trends

Two cases of tetanus were reported in Indiana in 2012. During the five-year period 2008-2012, four cases of tetanus were reported in Indiana (two in 2009 and two in 2012). The two cases in Indiana in 2012 were unvaccinated. Almost all cases of tetanus reported nationally occur in persons who have either never been vaccinated or have not had a booster in the 10 years preceding the illness.

One death was reported in Indiana in 2012 due to tetanus.

You can learn more about tetanus by visiting the following Web site:

<http://www.cdc.gov/vaccines/vpd-vac/tetanus/default.htm>

TOXIC SHOCK SYNDROME

Toxic shock syndrome (TSS) is caused by *Staphylococcal aureus* bacteria and occurs when the bacteria invade a sterile site in the body and produce a toxin. Symptoms of TSS include sudden onset of high fever, vomiting, profuse, watery diarrhea, and muscle pain followed by hypotension, and in severe cases, shock. A sun-burn like rash that peels may be present during the acute phase of illness. TSS is not spread from person to person; however, staphylococcal bacteria colonize the nasopharynx and skin of healthy people. The bacteria are spread through contact with respiratory secretions of an infected person carrying a pathogenic strain or through contact with drainage from an infected wound. Antibiotics are available for the treatment of TSS.

Public Health Significance

TSS most often occurs in women of child-bearing age and is associated with the use of vaginal tampons, barrier contraceptive devices, or infection following childbirth or abortion. Although rare, anyone can develop TSS in the course of a *Staphylococcus aureus* infection. The risk of menstrual TSS can be reduced by avoiding the use of highly absorbent vaginal tampons or using tampons intermittently. Drainage of wounds or removal of wound packing may also decrease the risk of infection.

Reporting Requirements

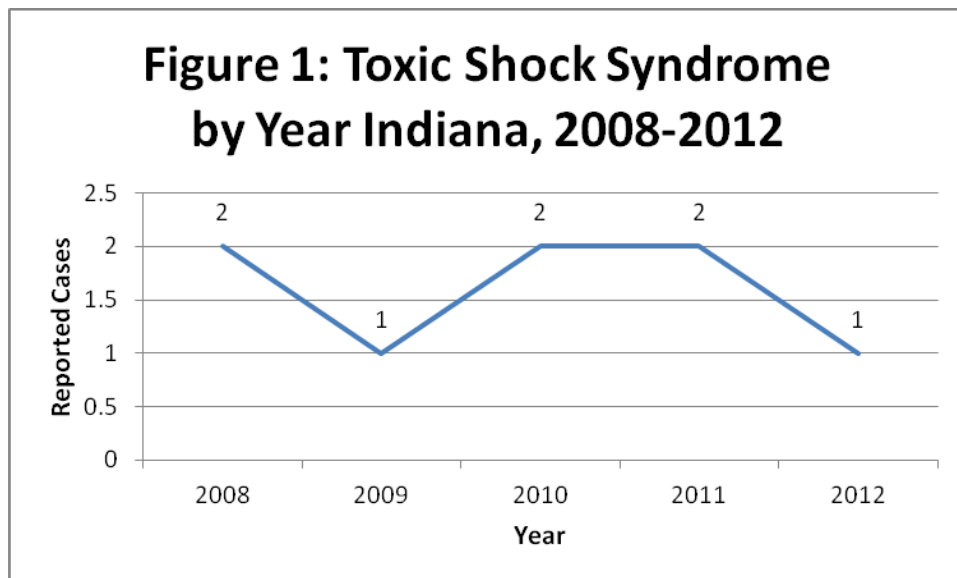
According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report toxic shock syndrome within 72 hours to the local health department or the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for toxic shock syndrome.

Epidemiology and Trends

One case of toxic shock syndrome was reported in Indiana in 2012. The case was a white female in the 10-19 year age range. Eight cases were reported during the five-year period 2008-2012 (Figure 1).



You can learn more about toxic shock syndrome by visiting the following Web site:

<http://www.in.gov/isdh/25423.htm>

http://www.cdc.gov/ncidod/dbmd/diseaseinfo/groupastreptococcal_g.htm

TRICHINOSIS

Trichinosis is caused by parasites from the genus *Trichinella*. There are several species in this genus, but the one with the most historical association with human illness is *T. spiralis*, which is widely disseminated and has been reported in up to 150 animal species. Human infections have been traditionally related to consumption of undercooked pork products containing the cysts of infective larvae. The parasite larva matures in the small intestine, releasing larvae that penetrate the intestinal wall and migrate to muscle tissue where they encyst.

Public Health Significance

Symptoms of trichinosis in humans are nausea, vomiting, fatigue, fever, and abdominal discomfort. Symptoms of muscle infection include headache, fever, chills, cough, eye swelling, aching joints, muscle pain, and itchy skin. Antiparasitic medication can be used to treat the infection in the early stages; however once the parasite has invaded the muscles, treatment is limited to supportive care. Modern swine farming practices have reduced the presence of this parasite in pork, and with education on proper cooking and/or freezing of pork; the incidence of trichinosis has been greatly reduced.

Prevention can be accomplished by cooking meat products to a safe internal temperature. All poultry products should be cooked to an internal temperature of 165 degrees Fahrenheit. Ground meats (excluding poultry) should be cooked to an internal temperature of 160 degrees Fahrenheit, while whole cuts of meats (excluding poultry) may be cooked to an internal temperature of 145 degrees Fahrenheit. Freezing pork products, less than six inches thick, at 5 degrees Fahrenheit for 20 days will also kill the *Trichinella* parasite that infects swine. Freezing of wild game meats, unlike freezing pork products, may not always kill the parasites associated with those animals because some worm species are freeze-resistant. Salting, drying, smoking, and/or microwaving are not reliable methods of destroying infective cysts. Cooking of garbage fed to swine, as well as preventing swine from consuming rat carcasses, are important practices in reducing the infection in swine.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for trichinosis.

Epidemiology and Trends

No cases of trichinosis were reported in Indiana in 2012. This was the only case of trichinosis reported during the five-year period 2008-2012.

You can learn more about trichinosis by visiting the following Web site:

<http://www.cdc.gov/parasites/trichinellosis/index.html>

TULAREMIA

Tularemia is caused by the bacterium *Francisella tularensis* and can be transmitted by ticks, biting flies, handling tissues of infected animals, contaminated water, soil, and vegetation, and by inhalation of aerosols. The normal reservoirs include a variety of small mammals such as rabbits, hares, squirrels, voles, mice, and rats. Although rare, tularemia is highly infectious, and as few as 10 organisms are thought to cause infection.

Public Health Significance

Tularemia can infect the skin, mucous membranes, gastrointestinal tract, lungs, or disseminate throughout the body. It is not transmissible from person to person. Symptoms of tularemia may include sudden fever, chills, headache, joint pain, diarrhea, and dry cough. Most people experience symptoms of tularemia within 2-10 days of exposure to the bacteria. Treatment with antibiotics is available for tularemia. No vaccine is currently available in the U.S.

Tularemia most often occurs in the rural western and south-central states. Although anyone can develop tularemia, people most at risk include hunters, wildlife management personnel, landscapers, and veterinarians. Tick season (usually April–October) and hunting season are peak times for exposure. The best way to prevent tularemia infection is to wear rubber gloves when handling or skinning rodents, avoid ingesting uncooked wild game and untreated water sources, wear long-sleeved clothing, and use insect repellent when outdoors.

The tularemia bacterium is classified as a Category A potential bioterrorism agent,* since it is easily aerosolized and highly infective.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report tularemia immediately to the local health department or the ISDH. Laboratories are also required to report positive results of *Francisella tularensis* weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for tularemia.

Epidemiology and Trends

Four cases of tularemia were reported in Indiana in 2012. Nine cases were reported during the five-year reporting period 2008-2012.

You can learn more about tularemia by visiting the following Web sites:

<http://www.bt.cdc.gov/agent/tularemia/index.asp>

*Bioterrorism Agent List:

<http://www.bt.cdc.gov/agent/agentlist-category.asp#a>

TYPHOID FEVER

Typhoid fever is a life-threatening, highly contagious disease caused by *Salmonella Typhi* bacteria, which are found in the stool of infected persons. Unlike other *Salmonella* bacteria, *S. Typhi* is not found in animals. Typhoid fever is extremely rare in the U.S. and is almost always related to travel to an area where typhoid fever is common, such as Asia, Africa, and Latin America.

People become infected with *S. Typhi* by ingesting feces from an infected person (fecal-oral route), usually because of poor hand hygiene after using the restroom. Transmission can occur through person-to-person contact, handling food, and touching items such as soiled diapers or linens and then touching your mouth. Water can also be contaminated with *S. Typhi* by raw sewage and, thus, can contaminate raw produce.

Public Health Significance

Symptoms of typhoid fever include fever, chills, weakness, headache, abdominal pain, loss of appetite, nausea, vomiting, diarrhea or constipation, and flat, rose-colored rash. Symptoms usually begin within 8-14 days (range of 3-60 days) after exposure. The illness can be mild with a low-grade fever or severe with multiple complications. Persons given antibiotics usually begin to feel better within 2-3 days. Infected people may carry *S. Typhi* in their bodies for weeks or months without symptoms and unknowingly infect others.

Antibiotics are available to treat the illness. Most people who take medication recover completely. A vaccine is available for typhoid fever and is recommended for people traveling to endemic areas.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report Typhoid fever (cases and carriers) immediately to the Indiana State Department of Health. Laboratories are also required to report positive results of typhoid fever weekly to the ISDH. In addition, for typhoid fever, laboratories are required to submit isolates received to the ISDH Laboratory for further confirmation and subtyping.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for typhoid fever.

Epidemiology and Trends

In 2012, four cases of typhoid fever were reported in Indiana and ten reported cases during the five-year period 2008-2012. All cases of typhoid fever reported in Indiana for 2012 were associated with travel to endemic areas.

There were no outbreaks associated with typhoid fever in 2012.

You can learn more about typhoid fever by visiting the following Web sites:

http://www.cdc.gov/nczved/divisions/dfbmd/diseases/typhoid_fever/
www.cdc.gov/vaccines/vpd-vac/typhoid/default.htm

TYPHUS FEVER

The term typhus fever refers to three different bacterial diseases: epidemic, scrub, and murine typhus. Epidemic typhus fever is caused by *Rickettsia prowazekii* bacteria and is transmitted human to human by the human body louse, *Pediculus humanus corporis*. Scrub typhus, which occurs in Southeast Asia, is caused by *Rickettsia tsutsugamushi* and is transmitted to humans by certain mites that also serve as the reservoir. Murine typhus (also called “endemic typhus”) occurs in Indiana and is caused by *Rickettsia typhi*.

Traditionally, murine typhus has been transmitted from the natural reservoir, rats, by the rat flea. Fleas from other animals such as opossums and cats may also be involved in the transmission of typhus. Prior to eliminating and controlling rats in the U.S., murine typhus was frequently reported. Now, fewer than 100 typhus cases are reported per year in the U.S.

Public Health Significance

Symptoms of murine typhus include headache, muscle pain, high fever, rash, and dry cough and usually last 2-3 weeks. People at greatest risk for murine typhus include those exposed to infected rat fleas and feces, or exposure to other infected animals such as cats, opossum, raccoons, and skunks. No vaccine is available in the U.S. Murine typhus can be successfully treated with antibiotics.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report typhus within 72 hours to the local health department or ISDH. Laboratories are also required to report positive results of *Rickettsia species* weekly to the ISDH

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for typhus.

Epidemiology and Trends

There was no reported case of typhus in Indiana in 2012. Two cases were reported during the five-year period 2008-2012.

You can learn more about typhus by visiting the following Web sites:

<http://wwwn.cdc.gov/travel/yellowBookCh4-Rickettsial.aspx>

VARICELLA

Primary varicella infection (also known as chickenpox) is caused by the varicella-zoster virus, a member of the herpesvirus family. The virus is transmitted from person-to-person through direct contact, droplet, or airborne spread of respiratory secretions or through contact with the fluid from vesicular lesions.

Varicella is commonly considered a childhood illness; however, anyone who does not have a history of varicella or even those who have received two valid doses of the vaccine can become infected. Varicella is typically a mild infection, but it can cause serious complications including pneumonia, encephalitis, viral meningitis, bacterial skin infections, and even death in immune-suppressed individuals.

Public Health Significance

The varicella rash first appears as flat, red lesions, which become itchy, raised and blister-like (vesicles). The lesions are most evident on the trunk and present in several stages of development over several days. Other symptoms of varicella, including fever, abdominal pain, sore throat, and headache, may even occur before rash onset. Onset of symptoms usually occurs 10-21 days after initial exposure. Hospitalizations and deaths due to varicella still occur in Indiana.

Vaccines are available to protect individuals from acquiring varicella. Some children and adults who receive one or even two doses of the vaccine may have a mild case of “break-through” varicella disease. Some individuals as well as health care providers, view varicella as a mild childhood illness and choose not to vaccinate; thus the incidence of varicella infections has reached a plateau and outbreaks remain common in schools and other residential facilities.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report varicella within 72 hours to the local health department or the ISDH.

Healthy People 2020 Goal

The Healthy People 2020 Goal for varicella is fewer than 100,000 cases nationally for persons less than 18 years of age. This translates to a rate of 135.6 per 100,000 population. Indiana met this goal in 2012. There were 433 cases of varicella in children under the age of 18 in Indiana. The rate of varicella in Indiana children under the age of 18 years was 27.2 per 100,000 population.

Epidemiology and Trends

In 2012, 462 cases of varicella (not hospitalized) were reported in Indiana for a rate of 7.07 cases per 100,000 population (Table 1). The rate of varicella disease was higher in other race (10.67) than either whites (6.77) or blacks (4.54). A higher rate was observed in males (7.12) than in females (7.02).

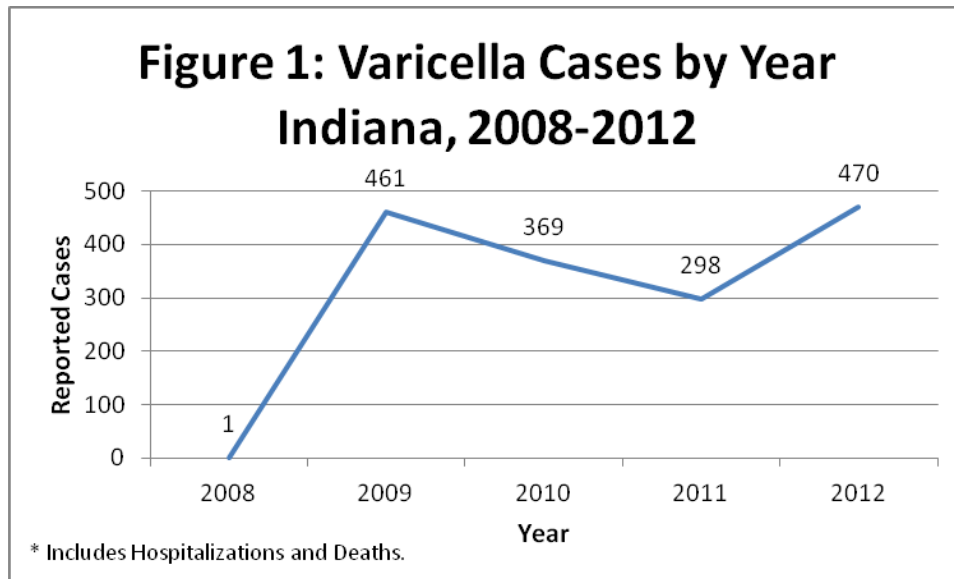
In addition to the 462 cases that did not result in hospitalization or death, 8 cases were hospitalized with no reported deaths. The rate of hospitalizations was 0.12 per 100,000 populations (Table 1). The rate of varicella hospitalizations for females (0.15) was higher than that of males (0.09). Four of the hospitalized cases in 2012 were white and four were black.

Table 1. Varicella Cases by Race and Sex, Indiana 2012

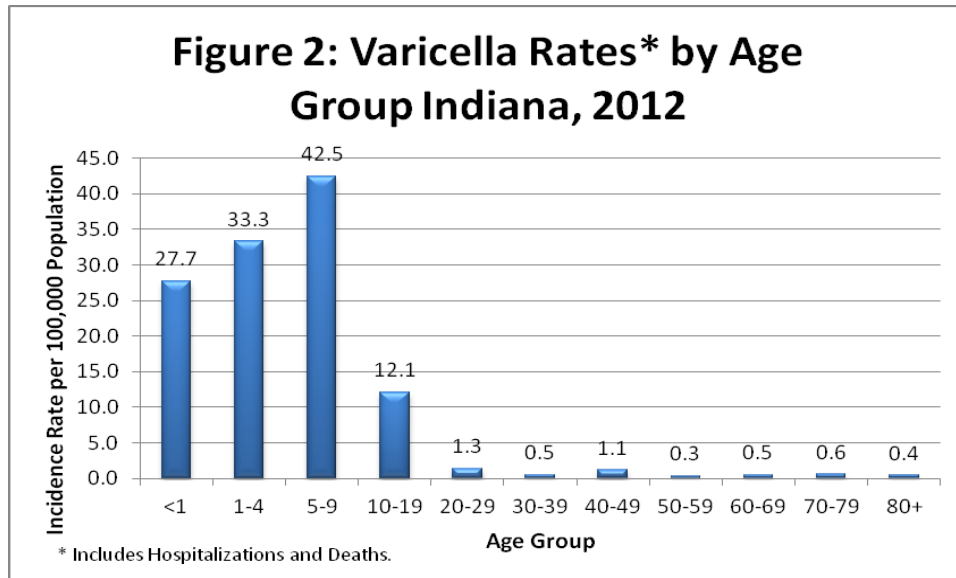
	Hospitalized cases		Varicella (not hospitalized)	
	Cases	Rate*	Cases	Rate*
Indiana	8	0.12	462	7.07
Race				
Black	4	0.61	30	4.54
White	4	0.07	368	6.44
Other	0	0.00	17	10.67
Not Reported	0	-	47	-
Sex				
Female	5	0.15	233	7.02
Male	3	0.09	229	7.12
Unknown	0	-	0	-

**Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013.

Figure 1 shows total reported varicella cases by year from 2008-2012. Individual cases of varicella were not reportable until December 2008.



Incidence of varicella varies considerably with age. In 2012, the incidence rate for children 5-9 years old was 42.5 per 100,000 population, followed by children aged 1-4 years old (incidence of 33.3 per 100,000 population). Few cases of chickenpox were reported in adults over the age of 50 years. (Figure 2).



The total number of cases was highest in October (73 cases) and lowest in the summer (17-18 cases per month). The number then increased after the 2012-2013 school year began (Figure 3).

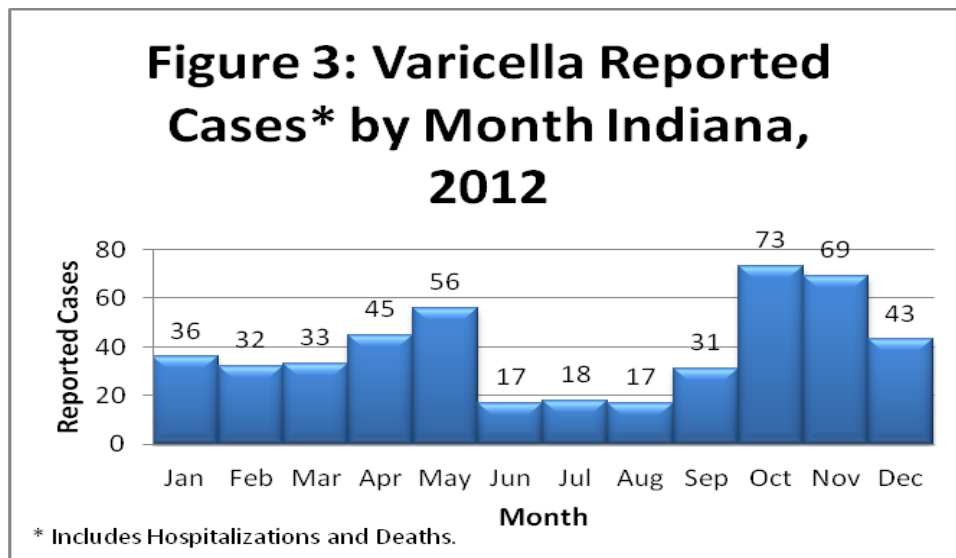
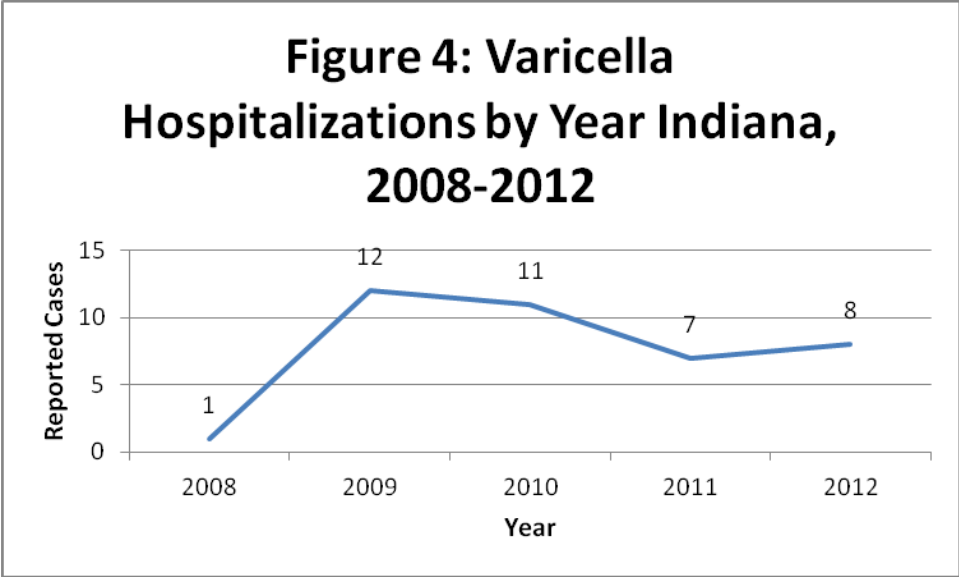
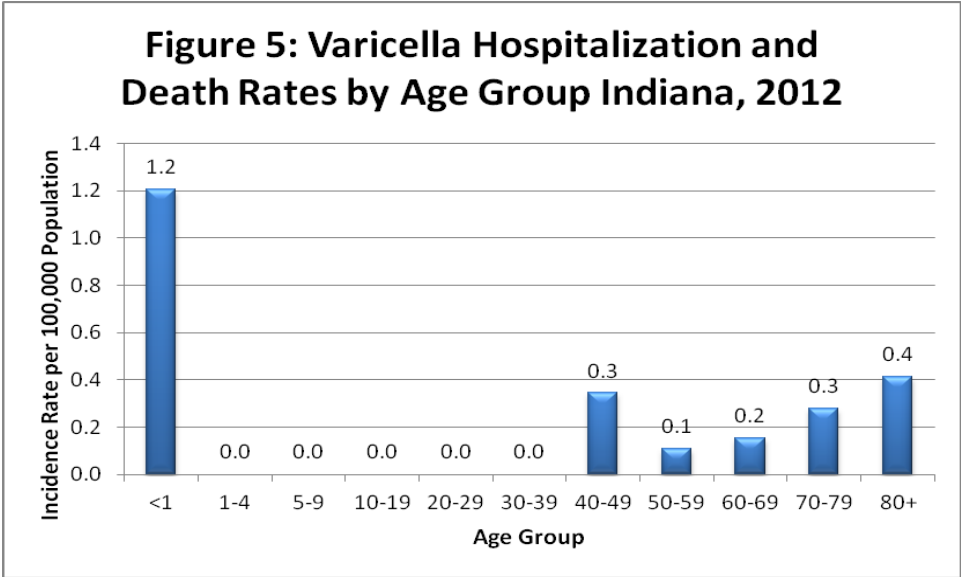


Figure 4 shows reported hospitalized cases by year from 2008-2012, the number of which has remained steady over the past 4 years.



As Figure 5 shows, age-specific hospitalization rates were greatest for children under the age of 1 year (1.2) followed by those ages 80 years and older (0.4).



In 2012, 55 counties reported at least one case, and 21 counties reported 5 or more cases varicella (Figure 6). Incidence rates were highest among the following counties reporting 5 or more cases during the year: Vigo (101.4), Vermillion (99.8, and Parke (41.0). A large multi-school outbreak occurred in these three counties in 2012.

You can learn more about varicella by visiting the following Web site:
<http://www.cdc.gov/vaccines/vpd-vac/varicella/default.htm>

VIBRIOSIS

Vibriosis is an illness caused by a variety of *Vibrio* bacteria, the most common being *Vibrio parahaemolyticus*. The bacteria normally live in warm seawater and cause disease in those who eat contaminated seafood or have an open wound exposed to seawater. The bacteria are more common in warmer months; thus, fish and shellfish are more likely to be contaminated in the summer.

Public Health Significance

Ingestion of *Vibrio parahaemolyticus* can cause vomiting, diarrhea, fever, and abdominal cramps. The illness is usually mild or moderate and runs its course in 2-3 days. In severe cases, hospitalization may be required. Symptoms usually occur 12-24 hours after eating contaminated food. Most cases of vibriosis are self-limited; however, antibiotics are available for severe cases. Although anyone can become infected with the bacterium, people who eat seafood, especially fish and shellfish, are at greatest risk for infection. Wound infections can be severe if the person is immunocompromised or has a liver disease. *Vibrio vulnificus* infections can result in bloodstream infections, characterized by fever, chills, decreased blood pressure, and blistering skin lesions; high mortality rates are associated with *V. vulnificus* infections.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report Vibriosis within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of Vibriosis weekly to the ISDH.

Healthy People 2020 Goal

The Healthy People 2020 Goal for vibriosis is 0.2 cases per 100,000 population per year. Indiana met this goal in 2012 (0.03).

Epidemiology and Trends

In 2012, two cases of vibriosis were reported in Indiana, and 19 cases were reported during the five-year period 2008-2012.

You can learn more about vibriosis by visiting the following Web site:

<http://www.cdc.gov/nczved/divisions/dfbmd/diseases/vibriop/>

<http://www.cdc.gov/nczved/divisions/dfbmd/diseases/vibriov/>

WEST NILE VIRUS

West Nile virus (WNV) infection was first identified in Indiana in 2001, when WNV was confirmed in seven counties (47 birds and 1 horse). In 2012, Indiana was one of 48 states to report human WNV cases. Nationally in 2012, 5674 human cases were reported, with 43 deaths. Indiana had 77 reported cases with eight deaths. Most infections are contracted through the bite of an infected mosquito.

Public Health Significance

Symptoms of WNV include fever, headache, body aches, and skin rash. Although rare, WNV can enter the brain and cause inflammation either of the brain or the tissue that surrounds the brain. Most people infected with WNV usually have very mild or no symptoms. Symptoms of WNV usually appear 3-14 days after exposure. No specific treatment or vaccine is available for WNV in humans.

In addition to passive human surveillance the Indiana State Department of Health conducts active mosquito surveillance. Throughout the mosquito breeding season (normally May through October), mosquitoes are trapped, collected, separated by species, and tested for arbo-viral diseases including West Nile Virus.

According to the Centers for Disease Control and Prevention, the easiest and best way to avoid WNV is to prevent mosquito bites by adhering to the following practices:

- Use insect repellent.
- Wear long sleeves and long pants when mosquitoes are most active, usually at dusk and dawn, or consider staying indoors during these hours.
- Keep window and door screens free from tears and in good working condition.
- Eliminate mosquito-breeding sites by emptying standing water from flower pots, buckets, and barrels. Change the water in birdbaths and other containers at least weekly. Drill holes in tire swings so water drains out. Keep children's wading pools empty and upright when not in use.

WNV is endemic in Indiana, and virus activity will continue to occur during the mosquito-breeding season in future years. The extent of activity will depend on the weather, presence of mosquito and bird populations for virus amplification, equine vaccination rates, and human activities to prevent transmission.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report arboviral disease including West Nile virus immediately to the local health department or the ISDH. Laboratories are also required to report positive results of WNV weekly to the ISDH.

Healthy People 2020 Goal

There is no Healthy People 2020 Goal for WNV.

Epidemiology and Trends

In 2012, Indiana reported 77 cases of WNV with eight deaths. In the five-year reporting period from 2008-2012, 109 human cases of WNV, including 11 deaths, were reported (Table 1).

Table 1: WNV human cases and deaths, 2008-2012

	Cases	Neuro-invasive Disease	Non Neuro-invasive Disease	Deaths
2012	77	46	31	8
2011	11	8	3	1
2010	13	6	7	1
2009	4	2	2	1
2008	4	3	1	0
Five-year total	109	67	44	11

In 2012, mosquito samples were submitted from all 92 Indiana counties; a total of 137,393 mosquitoes divided into 1941 pools were tested for West Nile Virus. In 2012, 737 pools statewide tested positive and were collected from 91 different counties (the highest number every recorded) (Table 2).

Table 2: WNV positive mosquitoes, 2012

	2012
Number of Mosquitoes Collected	137,393
Number of Pools Tested	1941
WNV Positive Pools	737
Number of Counties with WNV Positive Mosquitoes	91

You can learn more about West Nile virus by visiting the following Web site:

<http://www.cdc.gov/ncidod/dvbid/westnile/index.htm>

YELLOW FEVER

Yellow fever is a viral disease transmitted to humans by infected mosquitoes. The disease occurs in tropical and subtropical areas including West and Central Africa and in parts of South America. Yellow fever is a very rare cause of illness in U.S. travelers to endemic areas.

Public Health Significance

Symptoms of yellow fever may include influenza-like symptoms such as fever, headache, and vomiting to more severe symptoms such as shock, liver and kidney failure, and bleeding. Symptoms usually appear 3-6 days after becoming infected.

Yellow fever can be prevented by vaccination, and people traveling to countries where yellow fever infection occurs should be vaccinated. The vaccine for yellow fever is only administered in designated vaccination centers – and a list of designated Indiana travel clinics may be found at <http://www.in.gov/isdh/17199.htm> Many countries have regulations and vaccine requirements that must be met before travelers are allowed to enter.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report Yellow fever within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of yellow fever virus weekly to the ISDH.

Healthy People 2010 Goal

There is no Healthy People 2020 Goal for yellow fever.

Epidemiology and Trends

No cases of yellow fever were reported in Indiana during the five-year period 2008-2012.

You can learn more about yellow fever by visiting the following Web site:

<http://www.cdc.gov/yellowfever/>

YERSINIOSIS

Yersiniosis is a disease caused by *Yersinia enterocolitica* bacteria, which live in livestock and domestic animals and can be found in untreated water. The bacteria are also found in unpasteurized milk and raw or undercooked meat. People become infected with *Yersinia* by consuming water and raw produce contaminated with animal or human feces (fecal-oral route). Infection can also occur after contact with symptomatic, infected animals through person-to-person contact, handling food to be eaten by others, and touching items such as soiled diapers or linens and then touching the mouth. Infected persons can shed the bacteria in their stool for several months if untreated. Children are infected more often than adults.

Public Health Significance

Symptoms of yersiniosis include fever, abdominal pain, diarrhea, and vomiting. Symptoms usually begin 3-7 days (up to 10 days) after exposure and last 1-3 weeks. In older children and adults, pain in the lower right side and fever can be the main symptoms and may be confused with appendicitis. Some people may also have a sore throat. Most people recover within 5-7 days without medical treatment. A doctor may prescribe antibiotics for people with severe infection.

Reporting Requirements

According to the Communicable Disease Reporting Rule for Physicians, Hospitals and Laboratories, 410 IAC 1-2.3, [http://www.in.gov/isdh/files/comm_dis_rule\(1\).pdf](http://www.in.gov/isdh/files/comm_dis_rule(1).pdf), hospitals and healthcare providers must report yersiniosis within 72 hours to the local health department or the ISDH. Laboratories are also required to report positive results of yersiniosis weekly to the ISDH.

Healthy People 2020 Goal

The Healthy People 2020 Goal for yersiniosis is 0.3 cases per 100,000 population per year. Indiana met this goal in 2012 (0.15).

Epidemiology and Trends

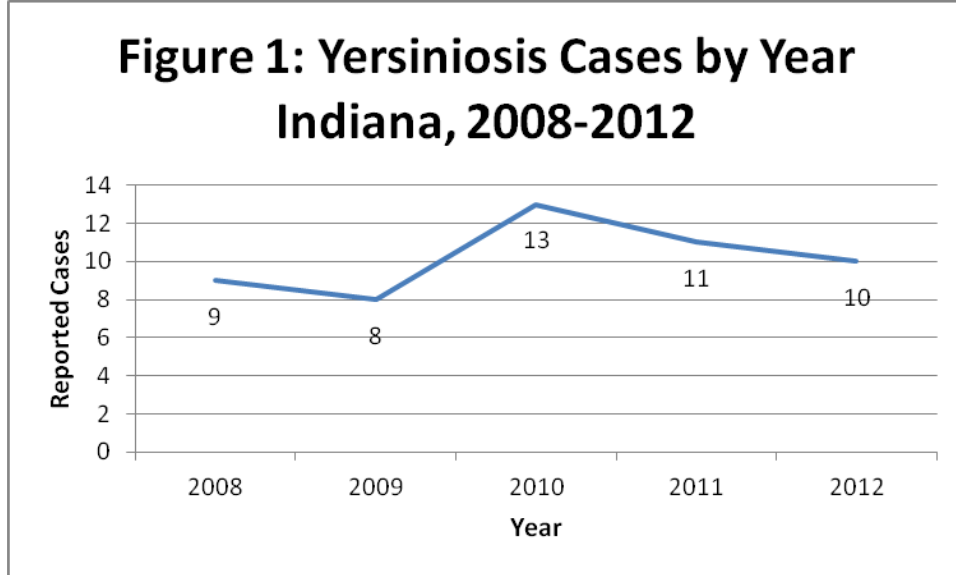
In 2012, 10 cases of yersiniosis were reported in Indiana, for a rate of 0.15 cases per 100,000 population (Table 1).

Table 1. Yersiniosis Cases by Race and Sex, Indiana, 2012

	Cases	Rate*	2008 - 2012 Total
Indiana	10	0.15	51
Race			
Black	2	0.30	9
White	5	0.09	15
Other	0	0.00	3
Not Reported	3	-	24
Sex			
Female	6	0.18	24
Male	4	0.12	18
Unknown	0	-	0

*Rate per 100,000 population based on Vintage 2012 Bridged-Race Postcensal Population Estimates data as of June 13, 2013

Figure 1 shows reported cases by year for 2008-2012.



Although yersiniosis has a winter seasonal pattern, incidence of disease can occur at any time (Figure 2).

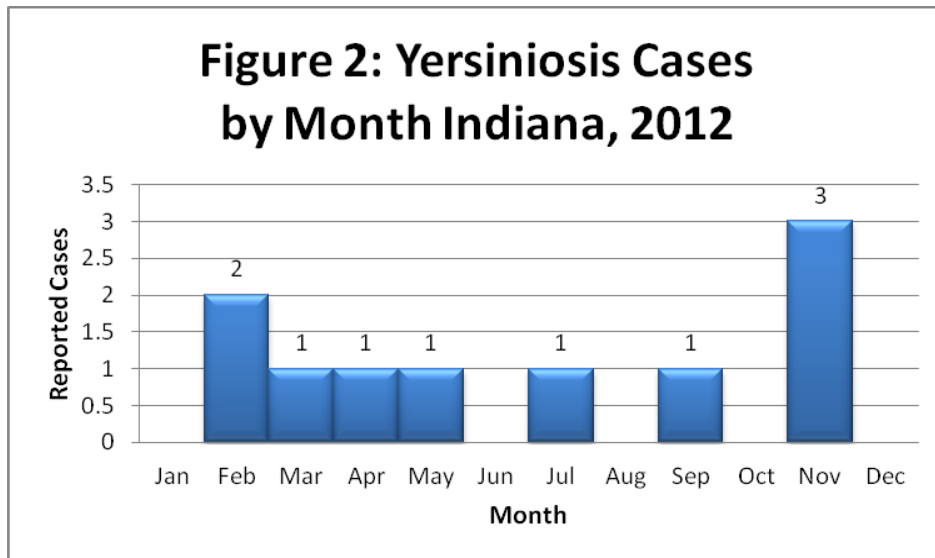
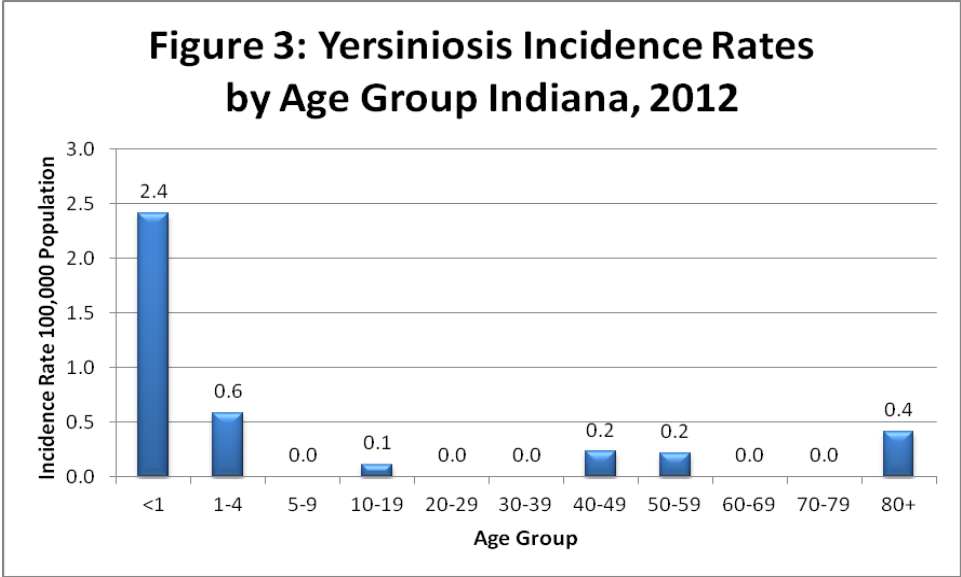


Figure 3 shows age-specific rates were greatest for infants less than 1 year of age (2.4) and children ages 1-4 (0.6), followed by those over 80 years old (0.4).



No outbreaks of yersiniosis were reported in Indiana in 2012.

You can learn more about yersiniosis by visiting the following Web sites:

http://www.cdc.gov/ncidod/dbmd/diseaseinfo/yersinia_g.htm