

Why is PRAMS important?

The PRAMS survey is important because it provides data about health behaviors of Indiana moms before, during and after their pregnancy. Indiana's information can be compared to the other 47 participating states. PRAMS allows us to keep improving programs currently available to moms and babies.

How can I tell my story to PRAMS?

Names are selected by chance, like a lottery, from the state birth certificate registry. Only a small number of women will be chosen to participate in the study. **When we receive your completed survey, we will send you a \$20 gift card as a token of our appreciation.** The survey is available in both English and Spanish.

Who is going to use PRAMS data?

PRAMS data is maintained by the Indiana Department of Health. PRAMS data will be used by state and local agencies to plan and improve current programs aimed at reducing health problems among Indiana moms and babies.

Will my answers be kept private?

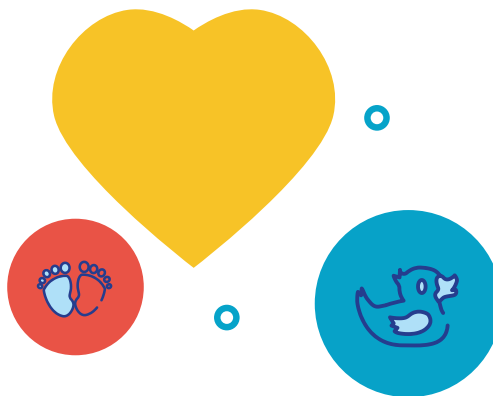
Yes – all answers are kept completely private and will be grouped together to give us information on Indiana mothers of new babies. In reports from this survey, no woman will be identified by name.



When can you expect the survey?

Moms chosen to complete the survey will receive the survey by mail 2 to 6 months after their baby is born.

If you are selected, please take the time to fill out the survey. It helps to make a difference in the lives of Indiana moms and babies.



Is it really important that I answer these questions?

Yes! With the information you give us, we may be able to improve health care for women and children in Indiana.

We need to know what went right as well as what went wrong during your pregnancy. Your help is really important to the success of our program.

What topics are on the survey?

- Breastfeeding
- Prenatal care
- Stress
- Insurance
- Birth control
- Depression
- and many more

If you choose to complete and return the survey, you will receive a \$20 gift certificate to thank you for your time.

What is PRAMS?

PRAMS is a joint research project between the Indiana Department of Health and the Centers for Disease Control and Prevention (CDC). Our purpose is to find out why some babies are born healthy and others are not. **We need your help to find out why.**



*Everyone has a story.
PRAMS allows us to
hear it.*

For more information:

Call the Indiana PRAMS Coordinator:
(844) 624-6667

Visit these websites:

www.IN.gov/health/mch/maternal-health/pregnancy-risk-assessment-monitoring-system-prams/
www.cdc.gov/prams/



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Indiana
Department
of
Health

www.in.gov/health

Indiana PRAMS

Pregnancy Risk Assessment
Monitoring System



Indiana
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of
Health