



Division of Trauma and Injury Prevention Trauma Times (May/June 2022)

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Division Updates

Staffing Updates

Laura Hollowell is now our new Naloxone Program Manager! Previously, Laura served as a Drug Overdose Prevention Community Outreach Coordinator. Thank you for all the work you do, Laura!

Contact Information:
Email: lhollowell@health.in.gov
Phone: 317-234-2811

Our newest team members are Mariah Kirksey (Drug Overdose Prevention Program Coordinator) and Sely-Ann Headley (State Unintentional Drug Overdose Reporting System Epidemiologist). We are very excited to have them join our division!

Contact Information:
Mariah Kirksey — mkirksey@health.in.gov
Sely-Ann Headley — sheadley@health.in.gov

Naloxone for Local Health Departments Grant Opportunity

IDOH is accepting grant applications to provide emergency Opioid Rescue Kits to local health departments (LHDs) that will then be distributed to the community. The goal of this grant is to expand the number of LHDs that participate in the distribution of Opioid Rescue Kits.

All grants are contingent on the availability of funding. The total amount available for this program is anticipated to be \$1,500,000. Individual awardee naloxone kit totals will be determined based on the geographic service area and the need identified by the awardee within that specific area per approved application.

Applicants were encouraged to submit their application by April 15, 2022; applications beyond this date will still be reviewed based on available funding. Doses will be available on a first-come, first-serve basis. Applications will be accepted on a rolling basis, but entities are encouraged to apply early, to guarantee doses for their organization.

Please visit the application link to apply and find additional information about this grant opportunity: <https://redcap.isdh.in.gov/surveys/?s=M7YCKDDT0R>

Naloxone for Rural First Responder Agencies Grant Opportunity

The Indiana Department of Health (IDOH) is accepting grant applications to provide first responders in rural counties intranasal naloxone. Only first responders who provide services in rural counties are eligible to receive the naloxone doses. For grant activities, first responders include (professional and volunteer): firefighters, law enforcement officers, paramedics, emergency medical technicians and other legally organized and recognized volunteer organizations that respond to adverse opioid-related incidents. IDOH will provide naloxone administration training for grant applicants upon request. IDOH encourages all agencies to be trained in naloxone administration, regardless of whether they have been trained in the past. The source of the grant funds for this program is the Substance Abuse Mental Health Services Administration (SAMHSA) First Responder Comprehensive Addiction and Recovery Act grant. Please visit the application link to apply and view the full project description: <https://redcap.isdh.in.gov/surveys/?s=EgMK3T7WPA>. A list of eligible counties can be found below.

Adams	Blackford	Cass	Clinton	Crawford
Daviess	Decatur	DeKalb	Dubois	Fayette
Fountain	Franklin	Fulton	Gibson	Grant
Greene	Henry	Huntington	Jackson	Jay
Jefferson	Jennings	Knox	Kosciusko	Lagrange
Lawrence	Marshall	Martin	Miami	Montgomery
Noble	Orange	Parke	Perry	Pike
Pulaski	Randolph	Ripley	Rush	Spencer
Starke	Steuben	Switzer-land	Tipton	Wabash
Warren	Wayne	White	Union*	

*Union County is eligible even though it is designated a metropolitan county. All census tracts in the county qualify as rural.

Bolded counties are eligible for this grant opportunity and have not applied.

Coroner Mini-Grant

The 2022 Coroner Mini-grant opportunity will open for submissions on July 1, 2022, and will be available here: <https://www.in.gov/health/trauma-system/coroners/coroner-resources/>

Any questions can be directed to Morgan Sprecher msprecher@isdh.in.gov or John OBoyle JOBoyle@IDOH.in.gov.

Project Description:

The IDOH has been awarded a grant from the Centers for Disease Control and Prevention (CDC) to collect and disseminate surveillance data on homicides, suicides, deaths of undetermined manner and unintentional firearm deaths to improve the planning, implementation and evaluation of violence prevention programs. As part of these efforts, IDOH aims to improve drug specificity and completeness on death certifications by providing more precise and comprehensive death data. As such, IDOH hopes to increase coroner participation in the Indiana Coroner Case Management System (ICCMS), a repository in which coroners can manage their cases, by providing funds to cover supplies that are critical in supporting investigation efforts.

Funding:

The total funding amount available for this program is to be determined. A table will be sent that indicates the average number of overdose and violent deaths for each county for the last four years. Based on this information, each county is allotted a certain dollar amount that can be spent on supplies. Please select supplies based on your maximum funding amount.

Eligibility:

Respondents must be the county coroner or a designated representative from the coroner’s office.

If you have a data sharing agreement with IDOH to supply Indiana Violent Death Reporting System (INVDRS) cases and overdose cases and have not provided the requested reports to IDOH, you are not eligible for this grant. Once records have been received and you have been sent a confirmation email, funding will be released for your county.

Indiana State Trauma Care Committee Meeting—March 18

The State Trauma Care Committee (ISTCC) met virtually on March 18, 2022. In this session, Chief Medical Officer, Dr. Lindsay Weaver provided updates from discussions with the Governor’s Public Health Commission about emergency preparedness, EMS, and trauma care. The ISTCC will work to provide recommendations to support the state’s trauma system. Dr. Kaufmann also presented on reasons for trauma patient transfer delay, leading into discussions about strategies to collect clearer data about reasons for transfer delay.

Other conversations involved redefining critical head trauma patients to include those who have a Glasgow Coma Scale number that is less than 14 to capture more patients at high risk. This was voted on and passed unanimously during the meeting. Moreover, Dr. Kaufmann highlighted a legislative update pertaining to HEA 1314, as well as the release of the annual Indiana Department of Homeland Security report and NASEMSO’s (The National Association of State EMS Officials) evidence-based guidelines.

The next ISTCC meeting will be May 20, 9 a.m.-1 p.m. at the Indiana Government Center – South, Conference Room B.

May is Child Passenger Safety Technician Month

Come Take Part in the 2022 Indiana Child Passenger Safety Conference!

The Automotive Safety Program and Safe Kids Indiana are hosting the 2022 Indiana Child Passenger Safety Conference and the 28th Annual Child Safety Advocate Awards. The annual Indiana Child Passenger Safety Conference is attended by over 150 child passenger safety professionals from throughout the state and surrounding states and provides a forum to deliver relevant and timely information regarding child safety.

The conference will take place on Wednesday and Thursday, May 4-5 from approximately 8 a.m. to 5:30 p.m. at Ivy Tech Community College Culinary and Conference Center.

Child passenger safety technicians (CPSTs) attending the conference are invited to participate in the annual car seat clinic. The clinic will allow CPSTs an opportunity to help families while honing skills and earning community education hours toward recertification. If time allows, CPST instructors will also be on hand for CPSTs in need of seat check sign-offs.

The 2022 Annual Car Seat Clinic will be held on Wednesday, May 4, from 4:30 p.m. to 6:30 p.m. at Ivy Tech Community College, Parking Lot 9, located west of the North Illinois Center (208 W. 28th St., Indianapolis, IN 46208). Families/caregivers will be assisted on a first-come, first-serve basis. Children must be present to receive a car seat.

For questions about the conference, contact Windi Hornsby at whornsby@iui.edu.

For more information about the Car Seat Clinic, call 317-274-2977.

Release from the White House Addressing Addiction and the Overdose Epidemic

[Provisional data from CDC](#) indicates that in the 12-month period ending in November 2021, there were over 102,000 drug overdose deaths in the United States. This is up from about 74,000 reported deaths at the start of the COVID-19 pandemic in the United States, in March 2020.

With drug overdose deaths reaching unprecedented levels, [President Biden outlined his Administration’s comprehensive approach](#) to address substance use disorder and the overdose epidemic at the start of March 2022.

This approach includes a budget for the 2022 fiscal year that proposes \$23.5 billion to fund public health approaches to reduce substance use and its effects. President Biden has also declared a goal to provide universal access to medication for opioid use disorder and remove barriers to accessing and prescribing FDA-approved medications. The Biden-Harris Administration is also emphasizing the use of harm reduction strategies to combat the overdose epidemic by collecting the input of the people who use drugs in developing harm reduction strategies, funding harm reduction efforts, and working to reduce barriers to accessing naloxone across the country. Finally, the administration’s efforts to combat illicit drug trafficking include funding initiatives such as the Office of National Drug Control Policy’s (ONDCP’s) High Intensity Drug Trafficking Areas (HIDTA) Program to address emerging threats in different regions throughout the United States.

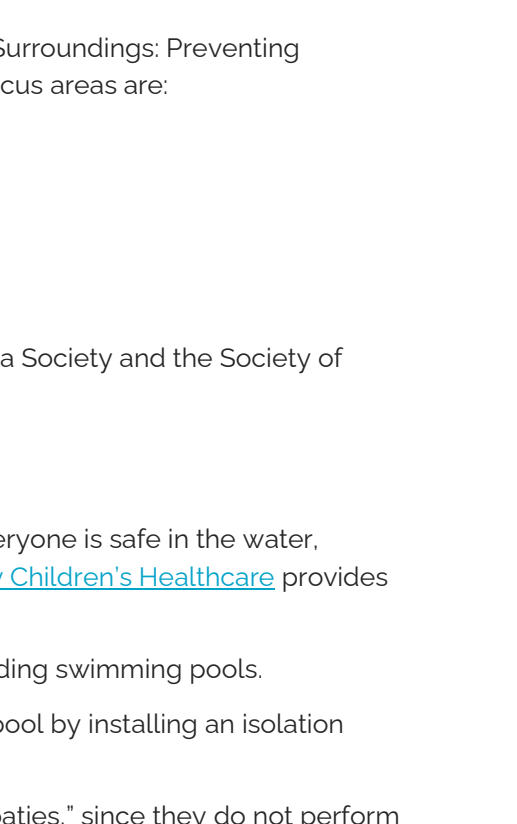
Thank You, Spring 2022 Interns!

As our spring 2022 interns are closing out their time with the Division of Trauma and Injury Prevention, we wanted to highlight them and their contributions to the division over the past few months. Please learn more about our stellar interns and their takeaways from their time with us below!

Heidi Bultema

A few fun facts about Heidi Bultema are that she loves the show *Friends*, she loves traveling to Michigan in the summer, and she got engaged this past year! Heidi is in her last year of school at the University of Indianapolis studying public health education and promotion and is one of the current Trauma and Injury Prevention interns at the Indiana Department of Health.

"I have found this position rewarding because I learned more about individual divisions of public health. Even though I was in the Trauma and Injury Prevention Division, I was exposed to numerous other divisions, such as maternal health, branches of epidemiology, and women’s health. Each division is unique in their tasks, which provided me a well-rounded experience at IDOH. I also improved other skills related to interpreting data, article writing, and professional communication. This internship helped me figure out which population I would like to serve once I graduate in May, which has been one of the most beneficial experiences that I’ve had here. One of my favorite memories has been talking with my supervisors, Emma and Trinh, and my co-intern, Nicolette, about not only the internship, but also getting to know them personally. After this internship, I will be on my way to the next chapter. I will be attending an accelerated nursing program at Marian University in the fall. I’m excited to use my background in public health alongside my future nursing degree. I am hoping to work as a postpartum nurse once I graduate that program so that I can care for both new mothers and infants. I’m excited to see what the future holds, and I am thankful that I was able to further my experience in public health at IDOH!"



Nicolette Schlup

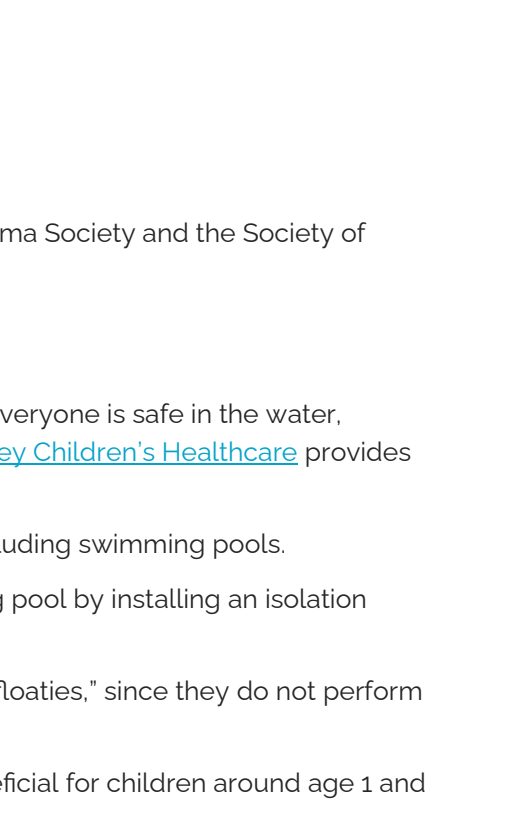
Nicolette is graduating in May with an undergraduate degree in public health education and promotion. This upcoming fall, she will continue her education at the University of Indianapolis in their Doctor of Physical Therapy program. She is excited about this next step in her educational journey! In her spare time, Nicolette enjoys spending time with Achilles, her recently adopted cat.

"The biggest takeaway I found from this internship is starting to be comfortable trying something completely new. Learning this internship, I had limited knowledge of state-level trauma response. Through this experience, my trauma knowledge and professional skills have grown exponentially. I am so grateful for the opportunity the trauma and injury prevention team provided me. The team took a personal stake in my experience, and I am so appreciative of their support."

Savanah Stark

Savanah studied at Indiana University-Purdue University Indianapolis, majoring in public health administration, and she graduates in May. She also works as a waitress at a restaurant and plans to continue doing that for the summer until she starts her job search in the public health field. Savanah is particularly interested in and passionate about drug overdose prevention and hopes to help people with substance use disorder in her future career.

"I learned so much from this internship. I have gained knowledge in professional communication, especially virtually, how drug overdose prevention works at the state level, and much more. One of my favorite memories involves going out to lunch with my peers. It was always fun for me to try new food places close by, and chat with people who have the same interests as me. I am leaving this internship knowing much more about drug overdose prevention and how important it is than I did before, and I truly hope I can continue my learning process in my future careers."



Children’s Mental Health Awareness Week (May 1-7)

Article by: Nicolette Schlup, Division of Trauma and Injury Prevention Intern

The perception of mental health is shifting in the country. Before the COVID-19 pandemic, the [American Psychological Association](#) found that 87% of Americans believed that having a mental health condition was nothing to be ashamed of. Now, researchers are predicting higher acceptance rates as the pandemic has unintentionally brought to light the importance of mental health concerns by creating dialogue surrounding the topic. The mental strain society unanimously felt during the start of the pandemic has pushed the world toward a more understanding place. Mental health is finally recognized on the same importance level as physical health. Accepting mental health support from those around you or a mental health professional is more feasible nowadays, due to the pandemic.

May 1-7 celebrates Children’s Mental Health Awareness Week. However, some organizations such as [The National Federation of Families](#) are opting to switch to the name to Children’s Mental Health *Acceptance Week*. The organization states that the pandemic has tested everyone’s mental health and now individuals are more accepting of mental health concerns. The term “acceptance” challenges prejudice against youth with symptoms of mental health disorders. The utilization of destigmatizing language is imperative to ensure those with mental health conditions feel protected and comfortable to access treatment and resources. After two years in a pandemic, society has shifted to a more positive perception of mental health. It is time to shift language, as well. Awareness is no longer sufficient.

Children’s mental health concerns are valid and deserve more recognition. [The Centers for Disease Control and Prevention](#) (CDC) reported on the prevalence of the most common forms of youth mental health disorders:

- ADHD: 9.8%
- Anxiety: 9.4%
- Behavior problems: 8.4%
- Depression: 4.4%

What can be done to support youth during this acceptance week? Take the time to listen to children and validate their thoughts and emotions. Support legislation that supports youth mental health. Also, take care of YOU. The best way to help others is to first help yourself.

If you are interested in learning more about Children’s Mental Health Awareness Week and what you can do to get involved, consider visiting the following sites:

- [Children’s Mental Health Network](#)
- [The Youth Mental Health Project](#)
- [National Alliance of Mental Illness - Indiana](#)
- [On Our Sleeves](#)

National Hospital Week (May 9-15)

Article by: Heidi Bultema, Division of Trauma and Injury Prevention Intern

The American Hospital Association recognizes National Hospital Week from May 8 to 14. This week provides the chance to highlight hospitals and health care workers who support and connect with the community. The first National Hospital Week was in 1921. This occurred after the Spanish flu outbreak in 1918. The community joined together to encourage and support the hospital and its staff after the outbreak. In 1953, it officially became National Hospital Week. National Hospital Week is in May because it is around Florence Nightingale’s birthday. May 12, Florence Nightingale was considered the founder of modern nursing, so having this celebration near her birthday seemed like the perfect fit.

National Hospital Week is a great time to show appreciation to all the doctors, nurses, and many other health care workers who work every day to help keep us all healthy. According to the American Hospital Association, there are 6,093 hospitals in the United States and around 920,531 beds within these hospitals that need to be staffed by healthcare workers.

There are many ways we can celebrate National Hospital Week. A few may include sending a thank you note to a special healthcare worker or bringing a special department within the hospital a sweet treat or flowers. After 2 years of the pandemic, this would be a great year to reach out to encourage and thank those working in healthcare.

For more information, visit: <https://www.aha.org/statistics/fast-facts-us-hospitals>

Upcoming Observances

May

National Trauma Awareness Month

This year’s theme for National Trauma Awareness Month 2022 is “Safe Surroundings: Preventing Violence and Promoting Peace Community by Community.” The four focus areas are:

- Intimate Partner Violence
- Firearm Injury Prevention
- Mental Health Awareness
- Community Violence Prevention.

Learn more and register for weekly webinars from the American Trauma Society and the Society of Trauma Nurses that pertain to these focus areas [here](#).

National Water Safety Month

As the weather warms up, it’s important to take measures to ensure everyone is safe in the water, especially since drowning is a leading cause of death in children. [Valley Children’s Healthcare](#) provides the following tips:

- Make sure children are always supervised near water, including swimming pools.
- Prevent children from having direct access to a swimming pool by installing an isolation fence or similar barriers.
- Avoid using air-filled toys as swimming support, such as “floaties,” since they do not perform the same way, or as well as, life jackets.
- Developmentally appropriate swimming lessons are beneficial for children around age 1 and may lower drowning rates.

National Heatstroke Prevention Day (May 11)

Heatstroke can occur if a child is left unattended in a vehicle. Some ways to avoid heatstroke-related injury and death are:

- Never leave your child unattended in a vehicle.
- Lock your vehicle when not in use, even when parked in your driveway.
- Create reminders, such as by leaving a briefcase or purse in the back seat next to your child.
- Make sure all passengers leave the vehicle when unloading.
- Take action if you see a child alone in a car – call 911.

Other [hot weather tips from CDC](#) are:

- Wear lightweight, light-colored, loose-fitting clothing.
- Try to limit your outdoor activity to when it’s the coolest, such as in the morning or evening.
- Drink plenty of fluids, regardless of how active you are. Opt for water over very sugary or alcoholic drinks.

June

PTSD Awareness Month

Understand PTSD. Post-traumatic stress disorder can develop after experiencing a traumatic, shocking, or dangerous event. Visit the [U.S. Department of Veterans Affairs](#) to learn more about the basics of PTSD.

If you may have PTSD, support is available for you. The [U.S. Department of Veterans Affairs](#) has a variety of hotlines, therapist directories, and coping strategies available for people who would like mental health support.

National Gun Violence Awareness Day (June 3)

Know the facts: According to [Be SMART](#), 4.6 million children in the United States live in homes with guns that are both loaded and unlocked. Additionally, nearly 700 children under 18 die by suicide with a gun annually.

Follow the [Be SMART guidelines](#):

- **Secure:** Adults should ensure that all guns in the home or vehicle are safely secured and that ammunition is locked away in a different place.
- **Model:** Adults must model responsible, safe behavior around guns and practice firearm safety techniques.
- **Ask:** Parents and caregivers must be proactive in asking appropriate questions about the presence of unsecured guns in other homes.
- **Recognize:** We must all take a moment to recognize the role of guns in suicide and that there is an increased risk if there are firearms in the home.
- **Tell:** Youth must not be afraid to tell their peers to be SMART.

Upcoming Events

Addressing Addiction and the Overdose Epidemic

2022 Indiana Child Passenger Safety Conference and Annual Car Clinic

Conference: May 4-5, 8 a.m.-5:30 p.m. EDT, Ivy Tech Community College Culinary and Conference Center
The Automotive Safety Program and Safe Kids Indiana are hosting the 2022 Indiana Child Passenger Safety Conference and the 28th Annual Child Safety Advocate Awards.

Clinic: May 4, 4:30 p.m.-6:30 p.m., Ivy Tech Community College, Parking Lot 9

The 2022 Annual Car Seat Clinic will be held at Ivy Tech Community College, Parking Lot 9, located west of the North Illinois Center (208 W. 28th St., Indianapolis, IN 46208). Families/caregivers will be assisted on a first-come, first-serve basis. Children must be present to receive a car seat.

For questions about the conference, contact Windi Hornsby at whornsby@iui.edu.

For more information about the Car Seat Clinic, call 317-274-2977.

Managing Stigmatizing Language in Substance Misuse Prevention

May 18, 1 p.m.-2:30 p.m. EDT

This training highlights the negative impact that our thoughtless word choices can have on our clients and highlights our professional and ethical responsibility to be mindful in how we speak to and about those living with substance use disorders.

Visit [Central East PTTC](#) to register and learn more.

EMS Week/EMSC Day Webinars – EMS for Children Day: COPE-ing with the Challenges of Behavioral and Mental Health Emergencies

May 18, 1 p.m. EDT

Two webinar events will be held: Prehospital Behavioral Health Emergency Management and Ways to “COPE” at the Scene of a Child’s Death. These webinars will review the state of pediatric behavioral health emergency care and understand the challenges faced by EMS professionals when encountering an out-of-hospital arrest or death of a child.

Registration will soon be available on the iEMSC (Indiana Emergency Medical Services for Children) [Twitter](#) and [Facebook](#) pages.

Indiana State Trauma Care Committee Meeting

May 20, 9 a.m.-1 p.m. EDT

The next ISTCC meeting will be May 20, 9 a.m.-1 p.m. at the Indiana Government Center – South, Conference Room B.

Visit the [ISTCC webpage](#) to view previous agendas, meeting notes and presentation slides.

Mental Health America 2022 Annual Conference

June 9-11

Our hybrid format will include an in-person event in Washington, DC, and a live-streamed virtual event for remote attendees featuring over 30 in-person and live-streamed workshops, plenary sessions, and special events.

Visit the [MHA National website](#) to register and learn more.

National Association of State EMS Officials (NASEMSO) Annual Meeting

June 19-23, Charleston, SC

NASEMSO is excited to resume convening in-person for the annual meeting in beautiful Charleston, South Carolina, June 19-23, 2022. The NASEMSO Annual Meeting is especially designed for the maximum benefit of its primary members who are key personnel in state offices of EMS. It is also an ideal venue for federal, association and business partners whose mission relates to emergency medical services, specialty systems of care (trauma, stroke, STEMI, over the border), disaster preparedness and related matters.

Visit the [NASEMSO website](#) to register and learn more.

