



Trauma Times

September/October 2022

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Division updates

Naloxone program

September 2022 marks the end of the first year of IDOH's naloxone grant opportunity for rural first responders. At the end of one year, IDOH has distributed over 4,700 doses of naloxone to rural EMS, fire, and law enforcement departments. Agencies were located in 37 of the 49 designated rural counties.

Eligible rural first responder agencies may apply for the next year of this grant opportunity once it is published in October 2022.

In addition to naloxone distribution to rural first responders, through a partnership with the Division of Mental Health and Addiction, IDOH is fulfilling naloxone awards to local health departments throughout the state. This marks the eighth year of naloxone distribution to local health departments for IDOH. Over 40,000 doses of naloxone have been awarded to 46 health departments as part of the current grant cycle.

Learn more about the naloxone program by clicking the link below.

[CLICK THIS LINK](#)

Indiana's second trauma system consultation

The Indiana State Trauma Care Committee is preparing for Indiana's second Trauma System Consultation by the American College of Surgeons (ACS) in November. As part of this consultation, the ACS Committee on Trauma will evaluate the current state of Indiana's trauma system and provide guidance for its continued development.

Indiana's first consultation took place at the end of 2008, and you will find the final report of the 2008 ACS consultation visit [here](#). This document provides more information about past recommendations for improvement and the development of the trauma system over time.

To prepare for this visit, the members of the Indiana trauma system have provided feedback on the ACS's pre-review questionnaire, which covers topics such as the trauma system plan, trauma registry, a multidisciplinary advisory group, and more. This information will be synthesized to provide the ACS review team with background information about the history and current state of Indiana's trauma system.

The in-person stakeholder meeting will take place from 8 a.m. to 4:30 p.m. EDT Monday, Nov. 7 at the Indiana Government Center South auditorium, and there will be a virtual exit presentation from 10-11 a.m. Thursday, Nov. 10.

Black & Minority Health Fair recap

The Indiana Department of Health hosted the 2022 Indiana Black & Minority Health Fair: Commit to be Fit from July 14 to 17. Each year, the fair provides more than \$2,500 in free health care, resources, and education to minoritized communities at higher risk for poor health. It was even more important this year to provide care to people who have fallen behind on routine immunizations or have delayed treatment during the COVID-19 pandemic.

As in previous years, the Division of Trauma and Injury Prevention supported the health fair's efforts by providing injury prevention information and resources. The division provided naloxone administration training, distributed naloxone doses, and offered education about child passenger safety.



2022 INDIANA BLACK & MINORITY HEALTH FAIR

Public Health Commission

The Governor's Public Health Commission was created by Governor Eric Holcomb Aug. 18, 2021 to identify the strengths and weaknesses of the state's public health system and to create recommendations to improve it. Last month, the Governor's Public Health Commission released its final report of recommendations for the public health system. These recommendations will form the basis of proposed legislation for the 2023 legislative session.

Key recommendations include:

- Providing additional state support to ensure every local health department can provide foundational public health services
- Providing stable, recurring and accessible funding
- Enhancing workforce recruitment, training and retention efforts
- Enhancing data analytics resources for local health departments
- Improving emergency preparedness and filling gaps in EMS workforce
- Increasing the number of school nurses to improve access to school-based health services

Read the full report and get more information about the Governor's Public Health Commission by clicking the link below.

[CLICK THIS LINK](#)

Raising awareness

August 1 was annual [International Overdose Awareness Day](#). This observance was initiated in 2001 by Sally J. Finn, and its purpose is to raise awareness about overdose, encourage the prevention of drug overdose, and acknowledge the grief of families and friends affected by drug overdose.

In 2021, there was a 15% increase in drug overdose deaths, amounting to more than 100,000 deaths. In light of this, the [White House](#) proclaimed Aug. 28 to Sept. 3 Overdose Awareness Week to combat stigma and to promote prevention, treatment, and recovery.

Events commemorating International Overdose Awareness Day were held throughout the country and the State of Indiana. Indiana Rural Opioid Consortium (InROC) held a YouTube event focused on International Overdose Awareness Day that highlighted real-life stories of hardship, displacement, and recovery. A recording of the event is still viewable [here](#).

Other events throughout the state included an awareness event in Seymour, vigil events in Logansport and St. Joseph County, a butterfly release in Lafayette, among many other community-led observances.

September/October observances

September

National Alcohol & Drug Addiction Recovery Month

The Harm Reduction Program within IDOH's Division of HIV, STD, and Viral Hepatitis is starting a new campaign called [Stitching Away Stigma](#) to support people with substance use disorder and those who love them. Learn more about how you can participate in this program [here](#).

Baby Safety Month

September is Baby Safety Month! Whether you are expecting your first baby, adding to your growing family, or are a grandparent, now is an ideal time to put into action some simple steps to keep baby safe. If you want to learn about what steps you can take, the Juvenile Products Manufacturers Association (JPMA) has provided tips about:

- [Car seat safety](#)
- [Locks and latches](#)
- [Safe sleep](#)
- [Safety & sustainability](#)

National Suicide Prevention Week (Sept. 4-10)

Suicide is a serious public health issue that has significant impacts on families and communities. According to the Centers for Disease Control and Prevention (CDC), suicide rates have increased, and with nearly 46,000 deaths by suicide in 2020 it is the 12th leading cause of death in the United States. Visit the American Foundation for Suicide Prevention to learn more about:

- [How to process the death of a loved one and find support for those who may be at risk for suicide](#)
- [How to support someone who may be struggling with their mental health](#)
- [How to advocate for suicide prevention and mental health](#)
- [How to join a community walk to raise awareness for suicide](#)
- [How to get support if you are considering suicide](#)

October

Domestic Violence Awareness Month

According to CDC's National Intimate and Sexual Violence Survey, about one in four women and nearly one in 10 men reported some form of intimate partner violence (IPV) – including sexual violence, physical violence, and stalking. Survivors may experience mental health problems and chronic health conditions. Some things you can do to prevent IPV and support survivors:

- Learn how you can support survivors of intimate partner violence from [Rape, Abuse & Incest National Network](#) and [Collaborative Commission on Domestic Violence](#).
- Recognize the [warning signs](#) someone may be experiencing intimate partner violence.
- Know where to get help for yourself or others:
 - The [National Domestic Violence Hotline](#) can be reached at 800-799-7233 and can help you identify local and legal resources. You may also [create a safety plan](#) using their interactive tool.
 - The [Indiana Coalition Against Domestic Violence](#) (ICADV) has local batterer's intervention and housing programs available as well.

National Protect Your Hearing Month

When you hear sounds that are too long, you may experience long-term hearing damage. Hearing damage can happen at any age. The [National Institute on Deafness and Other Communication Disorders](#) provides the following tips to protect your hearing:

- Lower the volume. Noises at or above 85 decibels can cause hearing damage. If you use headphones or earbuds, keep the volume low.
- Move away from the noise. If you cannot lower the volume, put some distance between you and the source.
- Wear hearing protectors, such as earplugs or earmuffs, when you're involved in a noisy activity, such as mowing the lawn, using power tools, playing loud music, or attending a concert or loud sporting event.
- Protect the ears of children who are too young to protect their own.

Upcoming events

Indiana State Trauma Care Committee meeting

When: 10 a.m. - noon EDT, Sept. 16

Where: Indiana Department of Health – Adams Auditorium (and virtually)

The Indiana State Trauma Care Committee will meet to discuss ongoing goals for the state's trauma system and to prepare for the American College of Surgeons Consultation Visit in November.

Midwest Injury Prevention Alliance Virtual Summit - Learning and Adapting for the Future

When: 9 a.m. - 3:30 p.m. EDT, Sept. 21

The Midwest Injury Prevention Alliance (MIPA) is an organization of injury professionals from states in Federal Health and Human Services Region V (Illinois, Indiana, Minnesota, Michigan, Ohio, and Wisconsin) that works collaboratively to reduce unintentional and intentional injury-related death and disability. The summit will include discussions about current research, innovative programs, new strategies, and policies, as well as opportunities to connect – to establish new linkages and strengthen existing friendships and relationships.

- **Register for this free, virtual summit [here](#)**

14th Indiana Annual Recovery Month Symposium

When: Sept. 26-27

The Indiana Annual Recovery Month Symposium (INARMS), hosted by the Division of Mental Health and Addiction, in partnership with Overdose Lifeline, Inc., will take place Sept. 26 and 27 as a hybrid conference with space for 400 in-person attendees at the Embassy Suites Plainfield. Session speakers will focus on topics addressing recovery, criminal justice, prevention, substances of misuse, re-entry following incarceration, and children and families.

- **Register for INARMS [here](#)**
- **Learn more about the event [here](#)**

2022 NAMI Indiana State Conference

When: 9 a.m. - 4 p.m. EDT Sept. 30

The 2022 state conference will highlight the youth mental health crisis and explore ideas on navigating mental health in various stages and for different demographics. Individuals living with mental illnesses will share hope through their own experiences, and experts will introduce treatment methods and resources you may have not considered.

- **Learn more about the event and register [here](#)**

Indiana Coalition Against Domestic Violence Fall Conference

When: Oct. 4 – 5

Where: Indianapolis Marriot East Hotel & Conference Center (and virtually)

The Fall Conference's theme is "Centering Equity in Our Work." The conference agenda features two days of workshops focused on expanding our understanding of the intersections of trauma and healing, isolation and connectedness, oppression and equity. We will also focus on building skills necessary to help the survivors we serve as well as ourselves find justice and healing.

- **Learn more about the event and register [here](#)**

NAADAC 2022 Annual Conference & 50th Anniversary Celebration

When: Oct. 7 – 12

Where: Indianapolis JW Marriott

Join nationally-recognized speakers, NAADAC and NCC AP leadership, and more than a thousand fellow addiction professionals for the NAADAC 2022 Annual Conference & 50th Anniversary Celebration at the JW Marriott in Indianapolis. Training sessions during the conference will include practice management, recovery support, cultural humility, and more.

- **Visit the conference website to register and see the schedule [here](#)**

American College of Surgeons consultation visit

When: 8 a.m. - 4:30 p.m. EDT Nov. 7

Where: Indiana Government Center South – auditorium

The American College of Surgeons review team will be in attendance to evaluate and provide the guidance on the development of the state's trauma system. A follow-up virtual exit presentation will be held the following Thursday.

To **promote, protect,** and **improve** the health and safety of all Hoosiers

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